

The background features a teal-to-blue gradient with faint, overlapping circular patterns and a scale on the left side. The scale has markings from 140 to 260 in increments of 10. The text is centered in a white, serif font.

SYSTEM OF CARE

**SELF-DIRECTED RESPITE CARE
FOR YOUTH AND FAMILIES**

What is Self-Directed Respite Care

A self-directed program empowers individuals to have more control in developing their service plans and selecting service providers to better meet their needs.

SELF-DIRECTED RESPITE CARE PUTS THE FAMILY IN CHARGE OF THEIR OWN CARE

- The family is the employer, and the caregiver is the employee
- The respite provider can be a friend, family member, or from a provider
- GT Independence, the financial management service, will assist the family with the process along the way

HOW TO SUBMIT A REFERRAL

- The case manager sends the completed referral forms to System of Care. Please Email SOC@dcfs.nv.gov or contact Deidre Manley at (775) 432-4055 for application and/or questions

- An instruction sheet and application will be emailed upon request
- Case manager must include the treatment plan or care plan that includes respite care as a need/strategy in the plan

DURING THE ENROLLMENT PROCESS

Once a referral is received:

SOC staff will review request, determine eligibility and notify the case manager of the decision. If additional information is needed, this will be requested at the time of notification

Once approved, SOC staff will submit application to GT Independence

- Family will be contacted by GT Independence within two business days to complete additional paperwork and have the process explained
- Please be sure to maintain communication with families regarding GT's follow-up
- In partnership with University of Nevada, Reno (UNR), System of Care (SOC) is gathering data to better understand whether respite services are meeting the needs of youth and families in Nevada. This data collection is a requirement of funding.
- The process includes an interview (by phone) with the parent/guardian. Interviews are conducted every six months. Personal identifying information will not be connected to the results. The questions are related to the family's experiences with respite services and how they have impacted the family. The interview will take 15 minutes or less.
- As a thanks for their participation in the interview, they will be provided a \$20 gift card for every interview increment (initial interview and every six months until discharge). Please encourage your families to partake in the interview.

ONCE ENROLLED: ROLES AND RESPONSIBILITIES

The Family:

- Recruits, interviews, hires, manages and terminates employees
- Sets employee schedule and tasks
- Trains employee on care needs
- Manages timesheets
- Family determines schedule of payments
 - ❖ GT has a Caregiver App for easy tracking of and submitting of service hours (If necessary and easier for the family, paper-tracking can be arranged)

ONCE ENROLLED: ROLES AND RESPONSIBILITIES (CONTINUED)

Case Manager:

- Submits application with treatment plan or care plan
- Check-in on how family is doing and manages services
- Submits reauthorization forms before the end of the 90-day authorization period for continued funding

GT Independence:

- Criminal background checks can be completed upon the request of the family (*this cost can be covered by the family's allotted respite funds*)
- Receive timesheets, issue employee payments and withhold taxes for employee
- File employee taxes
- Process billing for utilized services
- Provide monthly reports with budget
- Provide direct customer service to family and respite provider

ADDITIONAL INFORMATION

- Care is provided for youth ages 3-21
- Youth must be SED or at risk of SED/SMI
- Respite funds request is open to youth and families served through DCFS Wraparound in Nevada, DCFS Mobile Crisis Response Team-Intensive Step-down Program, DPBH Rural Mobile Crisis Response Team, DPBH Rural Clinics or Tribal Health Clinics
- Once approved, the funding period will be effective for a 90-day period
- For continued and uninterrupted funding, a reauthorization application must be completed by case manager before the 90-day period ends

QUESTIONS?