



# **System of Care**

## **Self-Directed Respite Funding**

### **WHAT**

Parenting a child or youth with mental health needs can be challenging emotionally, financially and physically. Self-directed respite care funding puts the family in charge of their own care and allows the family to choose a person or agency that they trust to provide care for their child or youth. Respite gives parents temporary care for their child or youth with mental health needs.

### **WHO**

Respite funding is available to families of children and youth ages 3-21 who are being served by:

- DCFS Wraparound in Nevada
- DCFS Children's Mental Health Services
- DCFS Mobile Crisis Response Team-Intensive Step-down Program
- DPBH Rural Mobile Crisis Response Team
- DPBH Rural Clinics
- Tribal Health Clinics
- Rural and Frontier Certified Community Behavioral Health Centers

### **HOW**

Families can request respite funding through these providers. The provider will submit the application and once reviewed by the System of Care, the family will receive notification and next steps. For more information, please contact the System of Care Grant Unit at [SOC@dcfs.nv.gov](mailto:SOC@dcfs.nv.gov) or (775) 432-4055.

**Respite funds are grant-funded and are distributed on a first-come, first-served basis**