



# NEVADA MEDICAID DELIVERY MODEL RECOMMENDATION REPORT

Nevada Division of Health Care Financing and Policy

*DRAFT*  
*January 3, 2017*

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## Section 1: Executive Summary

In June 2015, Governor Sandoval approved Senate Bill 514, which allows the Department of Health and Human Services to enroll certain additional populations into Medicaid managed care organizations (MCOs), upon approval from the Nevada Legislature. The Division of Health Care Financing and Policy (DHCFP) contracted with Navigant Consulting, Inc. to evaluate options for modifying Nevada's Medicaid delivery model, including expanding the MCO program to include additional populations, services and geographic areas.

Navigant's assessment considered a full range of Medicaid delivery model options that have a reasonable opportunity of effecting change and addressing challenges raised by stakeholders. These are:

1. Expand the MCO program statewide
2. Carve in additional populations to MCOs
3. Contract with a managed long-term services and supports MCO
4. Contract with an administrative services organization
5. Develop accountable care organizations
6. Implement a patient-centered medical home (PCMH) program
7. Maintain current delivery systems

We presented these potential options to stakeholders for input at listening sessions and specialized focus groups that were representative of populations under consideration for mandatory managed care enrollment. We also requested input from these stakeholders about what is working well and what is not working well in the Nevada Medicaid program.

A common theme expressed by stakeholders is that it is necessary to address issues with the current system, such as challenges with provider access, provider reimbursement rates, MCO performance and satisfaction measures and MCO compliance with State and federal requirements before expanding the MCO program to additional, more vulnerable populations. Interviews and stakeholder communications suggest that there may be managed care program features that could benefit additional Nevada Medicaid populations and service areas, if implemented appropriately. These program features include care and case management programs; an emphasis on integrated care across the physical health, behavioral health and long-term care settings; support to providers; and assistance in accessing the most appropriate care and services within a complex healthcare delivery system. Stakeholders also expressed concern that other managed care program features might be detrimental to some Nevada Medicaid populations, particularly the most vulnerable.

Based on stakeholder input, available data about Nevada's Medicaid programs and experience with models used in other states, we recommend a phased approach to Medicaid delivery system changes in Nevada. This phased approach will allow DHCFP to implement program modifications gradually, while addressing a number of systemic issues identified by stakeholders and known by DHCFP. Such an approach will permit additional stakeholder involvement and time for adequate preparation of providers, Medicaid recipients, state divisions and other stakeholders regarding the program changes – a key element in successful

implementations. The following recommended phases are designed to address performance, access and satisfaction issues that exist in the current program, and build upon positive program elements:

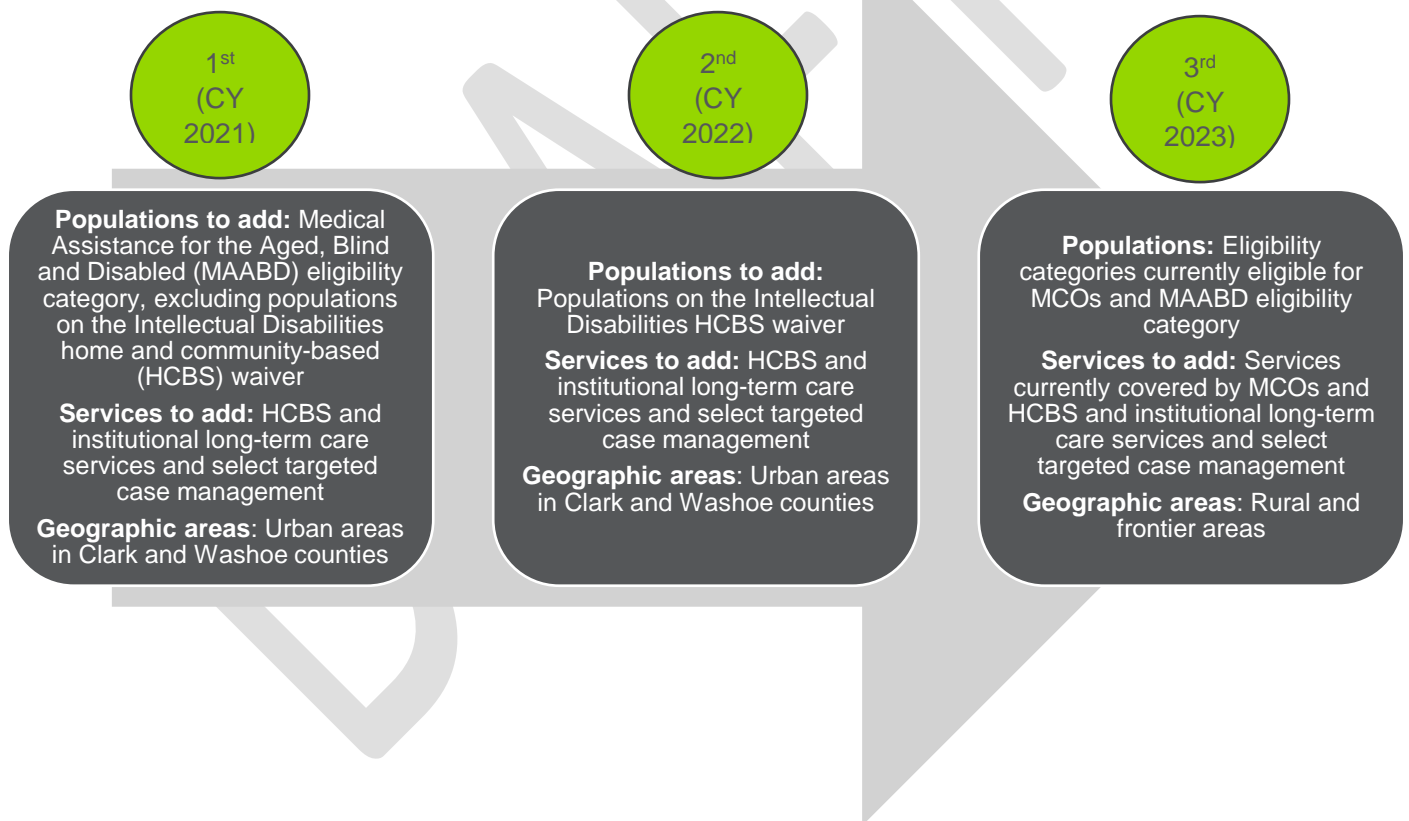
- **Phase 1.** Build state capacity for additional oversight to assure that the current MCO program is compliant with State and federal requirements and encourages appropriate utilization, enhances continuity of care, ensures a medical home for recipients and confirms that recipients can access high quality, comprehensive healthcare services. Central to this phase is implementing enhanced procedures to collect and analyze data on population sub-groups currently served by Nevada Medicaid MCOs and closely monitoring this data over time.
- **Phase 2.** Develop a strategy and implement changes to improve access to Medicaid services by making it easier for providers to actively participate in Medicaid, evaluating Medicaid reimbursement rates and promoting use of telemedicine to expand the reach of providers.
- **Phase 3.** Develop and enhance the capabilities of Nevada providers to offer high quality, integrated care to patients in the most appropriate setting by supporting primary care providers (PCPs) to become PCMHs and equipping providers to enter into value-based payment arrangements with payers.
- **Phase 4.** Offer care management, case management and support services to fee-for-service (FFS) populations, while increasing MCOs' experience with these populations, by developing a new managed FFS program. This managed FFS program would replace the existing care management program, the Health Care Guidance Program, and would address that program's limitations. As one or more MCOs would serve as the managed FFS vendor, this program would be significantly different from other programs tested in Nevada, and would serve as pathway to prepare MCOs to take on full-risk for additional populations and services. The new managed FFS program would provide additional services to all FFS populations, without limiting their choice of providers or requiring providers to contract with MCOs, and would support other state and county case management services. The new managed FFS program would also impact some of the services provided by Hewlett Packard Enterprise (e.g., prior authorization).

Although Phase 4 is designed, in part, to prepare MCOs to take on full-risk in rural and frontier areas and for the aged, blind and disabled population in the future, we do not recommend that DHCFP expand the scope of MCOs until there are sustained improvements in MCO performance measure rates, access and availability of appropriate providers and satisfaction among recipients and providers. We recommend the following timetable for these four phases. Many of the phases would operate concurrently between calendar year (CY) 2017 and CY 2020.

| Phase   | 2017 | 2018 | 2019 | 2020 |
|---------|------|------|------|------|
| Phase 1 |      |      |      |      |
| Phase 2 |      |      |      |      |
| Phase 3 |      |      |      |      |
| Phase 4 |      |      |      |      |

If DHCFP sees sustained improvement in MCO performance measure rates, access and availability of appropriate providers and satisfaction among recipients and providers, we suggest the following sample strategy for expansion of populations and services into the MCO program. We do not recommend expanding the scope of full-risk MCOs prior to CY 2021, and we only recommend this expansion if there are sustained program improvements.

### Example Progression of MCO Expansion



Note: Dates provided for discussion purposes only; only recommended after sustained improvements in the MCO program

Expansion of the MCO program will have significant impacts on the State divisions, and to a lesser extent, the county agencies providing case management services, and will require some State and county employees to lose their jobs or be reassigned to new positions. In addition, expansion of the MCO program will have a financial impact on providers participating in

supplemental payment programs and certified public expenditure programs. This report provides a summary of those impacts. Although there are options available to diminish the effect of MCO expansion on the supplemental payment programs, DHCFP will need to weigh the advantages in budget predictability and potential improvements in quality outcomes and integrated care that an expanded MCO program can bring, with the potential negative financial impact to State division revenue, county revenue and provider revenue. The report also recognizes the additional funding that the State will need to provide to support implementation.

The next steps for Nevada's Medicaid delivery system will be based upon the direction the Nevada Legislature provides. For any delivery system modification, DHCFP will need to conduct a planning process to further determine all key design features. Continued use of a deliberate decision making strategy, combined with thorough planning and robust communication with stakeholders, will help DHCFP prepare for and implement modifications to the Nevada Medicaid delivery system to achieve its objectives.

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## Section 2: Overview of Report Objectives

Governor Sandoval approved Senate Bill 514 on June 11, 2015. Among other changes, this Bill allowed for the transfer of funds between DHCFP and the Aging and Disability Services Division (ADSD) for the purpose of implementing a managed care program for the waiver population. Prior to the establishment of such a program, the Bill requires an analysis of the impact of transitioning the waiver population to a managed care program.

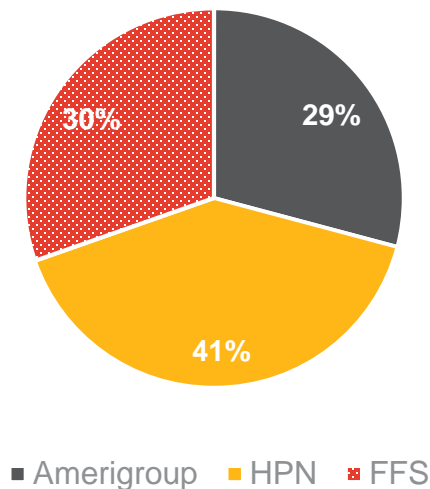
DHCFP contracted with Navigant Consulting, Inc. to evaluate options for modifying Nevada's Medicaid delivery model. This includes not only implementing a managed care program for the waiver population as described in Senate Bill 514, but also expanding the managed care program for other populations receiving services through the FFS system. We also considered other modifications to Nevada's Medicaid delivery system to address challenges identified in the current system and build upon successful program components.

This report first presents an overview of the current Medicaid delivery systems in Nevada and special considerations that impact the way Medicaid services are delivered and financed in the State. Next, the report summarizes input from providers, Medicaid recipients and their families, advocacy organizations, State divisions and county agencies regarding the current systems and suggestions for modifications. Finally, the report provides a recommended "go-forward" approach for addressing stakeholder considerations and meeting DHCFP objectives related to the Medicaid system.

## Section 3: Current Medicaid Delivery Systems in Nevada

DHCFP serves as the lead division in Nevada for healthcare planning and purchasing, operating a Medicaid program that serves nearly 650,000 low-income individuals. DHCFP administers the Medicaid program through a combination of MCOs and FFS providers. Two MCOs, Amerigroup and Health Plan of Nevada (HPN), jointly enroll approximately 450,000 Medicaid recipients, or 70 percent of all Medicaid recipients. Beginning in July 2017, two more MCOs – Aetna Better Health of Nevada and SilverSummit Healthplan – will also join the MCO program. The addition of two more MCOs will create more options for recipients and could also help promote competition among the MCOs.

Figure 1. Medicaid enrollment by MCO and FFS (as of March 2016)



In addition, DHCFP oversees the Health Care Guidance Program (HCGP), a care management program for recipients with designated chronic diseases. Appendix A provides a comparison of select program features across the MCO, FFS and Health Care Guidance Programs.

Other state divisions – namely ADSD, the Division of Public and Behavioral Health (DPBH) and the Division of Child and Family Services (DCFS) – are also involved in the financing and care delivery for certain Medicaid populations. In addition, Clark and Washoe counties provide some direct Medicaid services and also play a role in the financing of the Medicaid program. These relationships are discussed more within Section 4: Special Considerations for Nevada.

### MCO Program

DHCFP has contracted with MCOs to deliver Medicaid services since 1997. The MCO program operates in the urban areas of Nevada's two most populous counties – Clark and Washoe counties. Within the urban areas of these counties, MCOs enroll most children, pregnant women and low-income adults on a mandatory basis. Individuals in the Medical Assistance for the Aged, Blind and Disabled (MAABD) eligibility category are excluded from MCO enrollment. In addition, the following groups have the option to enroll in MCOs if they live in the urban areas of Clark or Washoe counties – otherwise they receive services through the FFS program:

- Native Americans
- Children receiving foster care or adoption assistance
- Children with special healthcare needs
- Children defined as Severely Emotionally Disturbed
- Adults defined as Seriously Mentally Ill (unless they are part of the Medicaid expansion population, in which case they must enroll in an MCO)



## MCO Covered Services

Most physical, behavioral health and pharmacy services are covered through the MCO program, while long-term care services are generally excluded and instead provided through the FFS program. In addition, non-emergency transportation (NET) services are excluded from the MCO program and provided by two vendors – MTM and Paratransit. Beginning in July 2017, dental services will be excluded from the MCO program and provided through a dental prepaid ambulatory health plan.

As illustrated in Table 1, for some excluded services, individuals are not eligible for MCO enrollment if they need that service. For example, if a Medicaid recipient has a nursing facility stay over 45 days, he will be disenrolled from his MCO and will receive his Medicaid services through the FFS program. For other excluded services, individuals remain enrolled in their MCO, but receive those excluded services through the FFS program.

**Table 1. Services Excluded from the MCO Program**

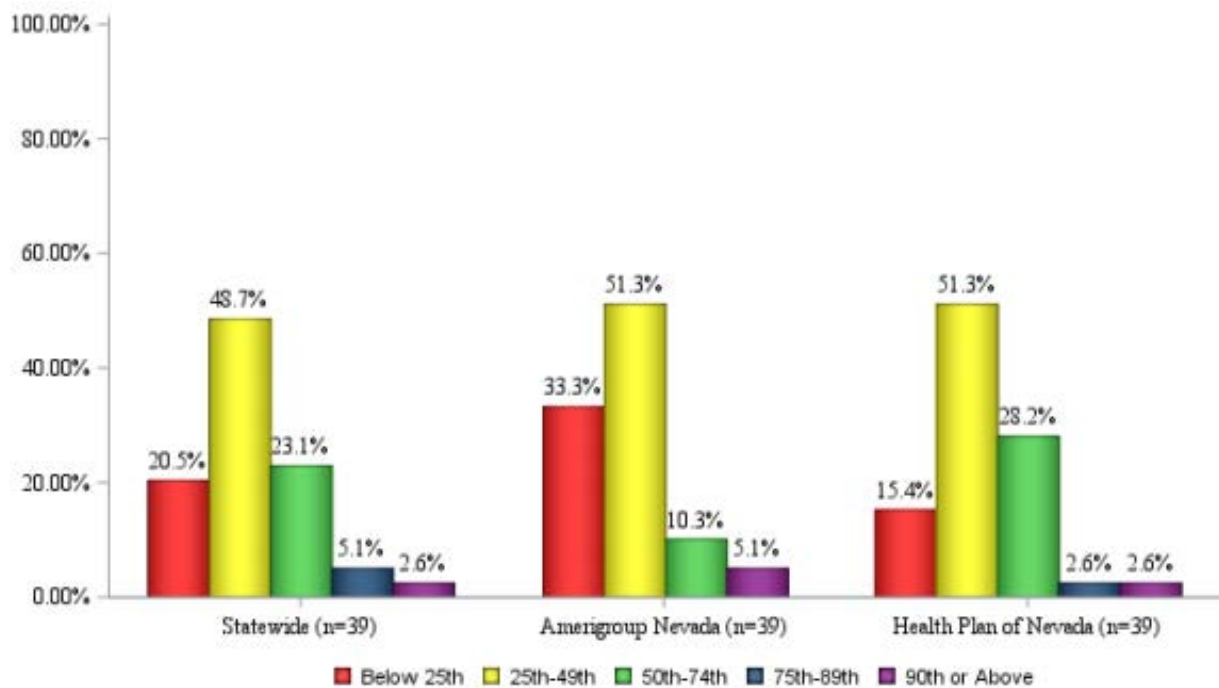
|  |  |
|--|--|
| <b>Excluded Services (if individual requires these services, he is excluded from MCO enrollment)</b> | <ul style="list-style-type: none"> <li>• Long-term care services                             <ul style="list-style-type: none"> <li>– Home and community-based waiver services</li> <li>– Hospice</li> <li>– Intermediate care facility for individuals with intellectual disabilities</li> <li>– Nursing facility stays over 45 days</li> <li>– Residential treatment center (for Medicaid recipients only)</li> </ul> </li> <li>• Swing bed stays in acute hospitals over 45 days</li> </ul> |
| <b>Excluded Services (individual remains in MCO, but service is paid for through FFS)</b>            | <ul style="list-style-type: none"> <li>• Long-term care services                             <ul style="list-style-type: none"> <li>– Adult day healthcare</li> </ul> </li> <li>• Targeted case management</li> <li>• NET</li> <li>• School-based child health services</li> <li>• Orthodontic services</li> <li>• Dental services (beginning in July 2017 to be provided by a dental prepaid ambulatory health plan)</li> </ul>   |

## MCO Program Performance

MCOs are required to report on select Healthcare Effectiveness Data and Information Set (HEDIS) measures on an annual basis. In 2016, DHCFP's external quality review organization found that Amerigroup and HPN demonstrated mixed performance on HEDIS measures. While MCOs performed above the national 50<sup>th</sup> percentile for several HEDIS measures, the majority of HEDIS measures were below the national 50<sup>th</sup> percentile. Most of the MCOs' performance measure rates from HEDIS 2015 to HEDIS 2016 remained relatively stable. The following figure shows the performance for Amerigroup and HPN, as well as the statewide performance (Amerigroup and HPN combined) on the measures, as compared to HEDIS national Medicaid percentiles.<sup>1</sup>

<sup>1</sup> Health Services Advisory Group. (October 2016). *Division of Health Care Financing and Policy State Fiscal Year 2015–2016 External Quality Review Technical Report*. Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfpnavgov/content/Members/BLU/NV2015-16\\_EQR\\_TechRpt\\_F1.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfpnavgov/content/Members/BLU/NV2015-16_EQR_TechRpt_F1.pdf).

Figure 2. Comparison of Nevada MCO Medicaid Performance Measures to HEDIS Medicaid National Percentiles, 2016



Source: Health Services Advisory Group. 2016.

In Section 7: Recommended Improvements to Nevada's Medicaid Delivery System, we provide recommended steps to support improved performance on HEDIS measures.

### MCO Member Satisfaction

MCOs also are required to conduct member satisfaction surveys on an annual basis. The surveys ask MCO members to report on and evaluate their experiences with healthcare, and cover topics such as the communication skills of providers and the accessibility of services. In 2016, the MCOs' rates were lower than the Medicaid national averages for the majority of satisfaction measures, however some satisfaction rates increased over the previous year. Results from the 2016 survey are summarized below.

Table 2. MCO Member Satisfaction among Amerigroup and HPN Members, 2016

|                              | Amerigroup |          | HPN    |          |
|------------------------------|------------|----------|--------|----------|
|                              | Adults     | Children | Adults | Children |
| <b>Composite Measures</b>    |            |          |        |          |
| Getting Needed Care          | 77.6%      | 77.5%    | 73.1%  | 80.6%    |
| Getting Care Quickly         | 76.4%      | 83.3%    | 70.4%  | 85.9%    |
| How Well Doctors Communicate | 87.5%      | 88.5%    | 86.5%  | 89.5%    |
| Customer Service             | 84.7%      | 87.2%    | NA     | 90.1%    |
| Shared Decision Making       | 80.0%      | 77.3%    | NA     | 78.4%    |
| <b>Global Ratings</b>        |            |          |        |          |
| Rating of All Health Care    | 44.2%      | 68.6%    | 44.6%  | 68.5%    |
| Rating of Personal Doctor    | 58.6%      | 69.2%    | 54.3%  | 74.4%    |

|                                      | Amerigroup |          | HPN    |          |
|--------------------------------------|------------|----------|--------|----------|
|                                      | Adults     | Children | Adults | Children |
| Rating of Specialist Seen Most Often | 58.6%      | 80.0%    | NA     | NA       |
| Rating of Health Plan                | 45.9%      | 64.5%    | 52.5%  | 74.9%    |

Note: A minimum of 100 responses is required for a measure to be reported as a survey result. Measures that do not meet the minimum number of responses are denoted as Not Applicable (NA)

Source: Health Services Advisory Group. 2016.

In Section 7: Recommended Improvements to Nevada's Medicaid Delivery System, we provide recommended steps to support improved member satisfaction.

## MCO Quality Initiatives

Nevada's Medicaid MCOs have initiated a number of strategic quality initiatives and value-added services to improve care for their members. A limited sample of these initiatives and value-added services are:<sup>2</sup>

- Continued My Advocate Program, which provides text and verbal messaging as vehicles for proactive and culturally appropriate communication and coaching to pregnant women
- Continued a transition care program in which a team of nonclinical coordinators serves as surrogate family members to individuals who were hospitalized and assists members with obtaining medications, setting appointments for follow-up care, coordinating transportation and coordinating housing to promote stabilization for the member after discharge from the hospital
- Facilitated medical director one-on-one meetings with physicians to discuss missed opportunities and approaches to improve performance measure rates
- Issued Citibank cards to incentivize children to receive well-care visits and seek medical attention at the pediatrician's office
- Implemented Now Clinic, a telemedicine service where recipients may see a provider face-to-face through a mobile device
- Conducted the Willing Hands Program, an 11-bed facility designed to support homeless members' post-discharge care by providing home health, a social worker, case manager and others

## FFS Program

Individuals not enrolled in an MCO are considered part of the FFS program. The FFS program serves many of Nevada's Medicaid members with the most complex needs, including individuals who are aged, blind or have disabilities and children receiving foster care. In addition, all Medicaid recipients in areas other than the urban areas of Clark and Washoe counties receive their Medicaid services through the FFS program. Below, we briefly describe the subpopulations served by the FFS program.

<sup>2</sup> Health Services Advisory Group. (October 2016). *Division of Health Care Financing and Policy State Fiscal Year 2015–2016 External Quality Review Technical Report*. Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfpnavgov/content/Members/BLU/NV2015-16\\_EQR\\_TechRpt\\_F1.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfpnavgov/content/Members/BLU/NV2015-16_EQR_TechRpt_F1.pdf).

## *Medical Assistance for the Aged, Blind and Disabled*

Medical Assistance for the Aged, Blind, and Disabled (MAABD) is the name of a Nevada Medicaid eligibility category. Individuals in this category include those who are eligible for and/or may be receiving Supplemental Security Income (SSI), persons who qualify for home and community-based services (HCBS) waivers, certain persons who qualify for Medicare coverage in addition to Medicaid coverage and certain disabled children who would be eligible for nursing facility placement but who receive care in their home, referred to as Katie Beckett eligibility option participants.

Below we provide brief descriptions of three of the groups within the MAABD eligibility category: HCBS waiver participants, persons who qualify for Medicare and Medicaid coverage and Katie Beckett eligibility option participants.

### *HCBS Waiver Participants*

Nevada has three HCBS waiver programs, as shown in Table 3 below. These HCBS waivers allow a greater portion of recipients needing long-term care services to receive services in non-institutional settings as opposed to nursing facilities. DHCFP has oversight responsibility of the HCBS waiver slots, while ADSD is responsible for all HCBS waiver operations. Individuals receiving services through HCBS waivers typically have case managers. ADSD has a unique billing protocol for providers working with consumers on the Waiver for Persons with Intellectual Disabilities and Related Conditions to ensure that services come in a timely and effective manner, so that there is no lapse in care for this vulnerable population.

**Table 3. HCBS Waiver Participation**

| HCBS Waiver  | No. of Members | No. on Waiting List |
|--|----------------|---------------------|
| Waiver for Persons with Physical Disabilities                            | 755            | 119                 |
| Waiver for Persons with Intellectual Disabilities and Related Conditions | 2,081          | 825                 |
| Waiver for the Frail Elderly   | 1,924          | 214                 |

### *Persons who Qualify for Medicare and Medicaid Coverage*

Approximately 75 percent of individuals in the MAABD eligibility category are eligible for both Medicare and Medicaid.<sup>3</sup> This population is sometimes referred to as “dual eligibles.” Medicare is the primary payer and covers most of the acute care costs for this subpopulation.

### *Katie Beckett Eligibility Option Participants*

Under the Katie Beckett eligibility option, DHCFP provides Medicaid benefits to children with disabilities who would not ordinarily qualify for SSI benefits because of the parents’ income or resources. These children must require a level of care that would make them eligible for

<sup>3</sup> Division of Health Care Financing and Policy. (April 4, 2015). *Executive Agency Fiscal Note AB 310*.

institutional placement, but instead receive services in the home.<sup>4</sup> There are approximately 600 children who receive services under the Katie Beckett eligibility option in Nevada.

## ***Children Receiving Foster Care***

Nevada DCFS is responsible for supervising and administering child protective and welfare services, including targeted case management, in the 15 rural and frontier counties in Nevada, while the Washoe County Department of Social Services and the Clark County Department of Family Services do so in their respective counties.<sup>5</sup> As of December 2015, there were 4,632 children in out-of-home foster care placements.<sup>6</sup> Since July 2016, children receiving foster care have had the option to enroll in a MCO if they live in the urban areas of Clark and Washoe counties, however this option has not yet been implemented or requested.

## ***Other Populations with an Option to Participate in Medicaid Managed Care Programs***

Other populations that may choose to receive services through the FFS program or the MCO program include:

- Native Americans
- Children with special healthcare needs
- Children defined as Severely Emotionally Disturbed
- Adults defined as Seriously Mentally Ill (unless part of Medicaid expansion population, in which case they must enroll in an MCO)

## ***FFS Program Performance and Quality Initiatives***

DHCFP monitors FFS utilization and FFS recipient complaints and grievances.<sup>7</sup> However, DHCFP does not conduct quality measure monitoring or recipient satisfaction surveys for FFS recipients, therefore there is limited data available about FFS program quality performance.

DHCFP has engaged in a number of quality initiatives over the past several years including:<sup>8</sup>

- **State Innovation Model.** A grant from 2015-2016 that provided financial and technical support to design multi-payer healthcare payment and service delivery models. Nevada did not receive federal funding to implement its designed models.
- **Balancing Incentive Payments Program.** A Centers for Medicare and Medicaid Services (CMS) grant-funded program, with the goal of making structural changes to the

<sup>4</sup> Division of Health Care Financing and Policy. (February 2016). *Katie Beckett*. Retrieved from: <http://dhcfp.nv.gov/Pgms/LTSS/LTSSKatieBeckett/>.

<sup>5</sup> Division of Child and Family Services. *Nevada's Child Welfare and Child Protective Services*. Retrieved from: <http://dcfs.nv.gov/Programs/CWS/>.

<sup>6</sup> State of Nevada, Department of Health and Human Services. (February 2016). *DHHS Fact Book*. Retrieved from: <http://epubs.nsla.nv.gov/statepubs/epubs/31428003093214-2016-02.pdf>.

<sup>7</sup> Division of Health Care Financing and Policy. *Quality Assessment and Performance Improvement Strategy: 2016-2017*. Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Members/BLU/NV2016-17\\_QAPIS\\_Report\\_F1.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Members/BLU/NV2016-17_QAPIS_Report_F1.pdf).

<sup>8</sup> Division of Health Care Financing and Policy. *Quality Assessment and Performance Improvement Strategy: 2016-2017*. Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Members/BLU/NV2016-17\\_QAPIS\\_Report\\_F1.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Members/BLU/NV2016-17_QAPIS_Report_F1.pdf).



way individuals access long-term services and supports to rebalance institutional care with HCBS.

- **Money Follows the Person.** A CMS grant-funded program, with the goal of rebalancing and redesigning long-term care systems and transitioning individuals from qualified institutional settings to qualified residences in communities.
- **Medicaid Incentives for Prevention of Chronic Disease.** A grant to perform a study to measure how incentives for the Medicaid population affected achievement and maintenance of health outcomes.

## Health Care Guidance Program

DHCFP implemented the HCGP on June 1, 2014. The HCGP is a care management program available to select FFS Medicaid recipients to help them better manage their health. To be eligible for HCGP, recipients must have a qualifying diagnosis, such as asthma, heart disease, HIV/AIDS or a mental health disorder. Even if a recipient has a qualifying diagnosis, they are excluded from the HCGP if they are:

- Enrolled in an MCO
- Eligible for Medicare and Medicaid
- Receive targeted case management
- Receive case management services through HCBS waivers
- In Nevada Check Up
- In the juvenile justice or foster care programs
- Receive emergency Medicaid
- Residents of intermediate care facilities for individuals with intellectual disabilities

This program is authorized by a Section 1115 demonstration waiver, which is approved through June 30, 2018. According to the most recent HCGP compliance review, as of October 31, 2014, there were 39,543 individuals enrolled in the HCGP and the vendor had completed an assessment and a care management plan for slightly less than 5 percent of them, in an average of 72 days between the date of HCGP enrollment and the date of assessment.<sup>9 10</sup> There have not been any similar reviews of the proportion of HCGP enrollees with a completed assessment and care management plan or the average number of days between HCGP enrollment and assessment dates since AxisPoint Health became the vendor.

## HCGP Performance

DHCFP evaluates the HCGP program using both savings targets and HEDIS performance measures as compared to a baseline. Thirty of the performance measures are pay for performance (P4P) measures, while the remainder are not tied to payments. If the vendor achieves savings and meets quality improvements specified in the contract, the vendor is eligible for a bonus. For HCGP's first year (June 1, 2014 to May 31, 2015), the program reduced

<sup>9</sup> Health Services Advisory Group. (March 2015). *FY 2014-2015 Compliance Review of McKesson Technologies, Inc.* Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Pgms/IHS/FY2014-15\\_CMO\\_CompRev\\_Rpt\\_Final\\_website%20version.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfpnvgov/content/Pgms/IHS/FY2014-15_CMO_CompRev_Rpt_Final_website%20version.pdf).

<sup>10</sup> The HCGP had been operating for five months as of October 31, 2014, and McKesson was the vendor at the time of the compliance review. On June 2, 2015, Comvest Partners purchased McKesson Technologies, Inc.'s care management business, which is now doing business as AxisPoint Health.

costs by the guaranteed amount (a net reduction in costs of at least \$5,100,000), but did not achieve the contracted quality improvements. The vendor was, therefore, not eligible for the P4P bonus.

An evaluation of the program completed in November 2016 found that the HCGP reduced costs by approximately \$9.9 million, after accounting for management fees associated with the contract. Further, HCGP achieved the performance measure targets for three of the 30 P4P measures and achieved an overall quality score of 2.4 percent (a quality score of at least 50 percent is required to qualify for the P4P bonus).<sup>11</sup> Although not P4P measures, the HCGP vendor reported meeting performance targets for the acute care hospitalization rate for conditions where appropriate ambulatory care prevents or reduces the need for hospital admissions, avoidable emergency room visits, members receiving well-child visits and children receiving select immunizations, among several other measures.<sup>12</sup>

In Section 7: Recommended Improvements to Nevada's Medicaid Delivery System, we provide recommendations to support improved performance for FFS populations through a managed FFS program, to replace the HCGP.

## Section 4: Special Considerations for Nevada

There are a number of unique issues in Nevada that must be considered relative to any changes in its Medicaid delivery system. These include:

- Frontier nature of the State and limited provider access
- Relationships with State divisions and counties
- Supplemental payment programs
- Certified public expenditure programs
- Provider payment issues

We discuss each of these considerations below.

### **Frontier Nature of the State and Limited Provider Access**

Fourteen of the 17 counties in Nevada are considered rural or frontier. According to the National Center for Frontier Communities, frontier areas are the most remote and geographically isolated areas in the United States, and are usually sparsely populated and face extreme travel time to services of any kind.<sup>13</sup> The rural and frontier nature of the State contributes to challenges accessing healthcare providers.

The federal Health Resources and Services Administration designates Health Professional Shortage Areas (HPSAs). HPSAs may be designated as having a shortage of primary medical

<sup>11</sup> Milliman. (November 11, 2016). *Program Year 1 Quality Measures and Savings*.

<sup>12</sup> AxisPoint Health. (November 3, 2016). *Program Year 1 Non-P4P Clinical Rate Observations (July 2014 – May 2015)*.

<sup>13</sup> University of Nevada School of Medicine. (January 2015). *Nevada Rural and Frontier Health Data Book*. Retrieved from: [http://med.unr.edu/Documents/unsom/statewide/rural/data-book-2015/Nevada\\_Rural\\_and\\_Frontier\\_Health\\_Data\\_Book\\_2015DraftEmbedOpt.pdf/](http://med.unr.edu/Documents/unsom/statewide/rural/data-book-2015/Nevada_Rural_and_Frontier_Health_Data_Book_2015DraftEmbedOpt.pdf/).

care, mental health or dental providers.<sup>14</sup> The table below illustrates how many Nevada residents live in an HPSA, as well as the number of counties considered single-county HPSAs.<sup>15</sup>

**Table 4. HPSAs in Nevada**

| Type of HPSA       | Population Living in HPSA<br>Number (percent of residents in area) |                   | Counties with<br>Single County<br>HPSA<br>Designation |
|--------------------|--|-------------------|---|
|                    | Rural/Frontier   | Urban             |   |
| Primary Care HPSA  | 142,476 (50.6%)  | 911,684 (33.7%)   | 9   |
| Mental Health HPSA | 286,251 (100%)   | 1,500,000 (53.3%) | 16  |
| Dental HPSA        | 145,426 (51.4%)  | 903,241 (31.7%)   | 8   |

Approximately 75 percent of Nevada physicians participate in the Medicaid program, which was the 21<sup>st</sup> highest rate compared to other states. However, Nevada ranks 49<sup>th</sup> out of 50 states when considering the number of Nevada physicians accepting Medicaid per 100,000 population.<sup>16</sup> Because there is a lower number of physicians per capita in Nevada, it ranks poorly compared to other states when considering both Medicaid participation rates and the per capita number of physicians. Further, input from stakeholders suggests that some Medicaid providers no longer actively accept Medicaid patients, or only accept very limited numbers of Medicaid patients.

### **DHCFP Medicaid Access Study**

According to DHCFP's commissioned evaluation of the Nevada Medicaid provider network, Medicaid MCOs had lower provider-to-recipient ratios compared to the general population, but higher ratios compared to the Medicaid FFS ratio. The Nevada Medicaid study also found that the MCOs' PCP ratios far exceeded the standards established in the MCO contract (Amerigroup and HPN had ratios of 1:211 and 1:228 respectively, compared to the Medicaid MCO contract requirement of 1:1,500).<sup>17</sup> It is important to note that the study did not consider whether a provider is accepting new Medicaid patients or how active the provider is in the Medicaid program, so it is possible that these ratios overstate the availability of providers.

DHCFP's access study also identified a few areas where at least one of the MCO's ratios was higher (i.e., worse) than that for the general Nevada population. This occurred for:

- Dentists
- Mental health outpatient services

<sup>14</sup> Primary care HPSAs are based on a physician to population ratio of 1:3,500. Mental health HPSAs are based on a psychiatrist to population ratio of 1:30,000. Dental HPSAs are based on a dentist to population ratio of 1:5,000.

<sup>15</sup> University of Nevada School of Medicine. (January 2015). *Nevada Rural and Frontier Health Data Book*. Retrieved from: [http://med.unr.edu/Documents/unsom/statewide/rural/data-book-2015/Nevada\\_Rural\\_and\\_Frontier\\_Health\\_Data\\_Book\\_2015DraftEmbedOpt.pdf/](http://med.unr.edu/Documents/unsom/statewide/rural/data-book-2015/Nevada_Rural_and_Frontier_Health_Data_Book_2015DraftEmbedOpt.pdf/).

<sup>16</sup> Sommers, B.D. & Kronick K. (January 5, 2016). Measuring Medicaid Physician Participation Rates and Implications for Policy. *Journal of Health Politics, Policy and Law*.

<sup>17</sup> Health Services Advisory Group. (July 2015). *Division of Health Care Financing and Policy State Fiscal Year 2014–2015 Provider Network Access Analysis*. July 2015. Retrieved from: <http://dhcfp.nv.gov/uploadedFiles/dhcfpnhgov/content/Members/BLU/2014-2015%20Network%20Adequacy%20Report.pdf>.



- Pediatric mental health specialists
- Home health providers
- Psychiatric inpatient hospitals

Because the Medicaid MCO program does not cover most HCBS and nursing facility services, the study did not evaluate availability of most of these provider types.

As the number of providers in a network does not always provide a full picture of access, DHCFP's access study also evaluated appointment availability by conducting "secret shopper"<sup>18</sup> telephone surveys of contracted MCO and FFS providers' offices. The surveys evaluated the average length of time it takes for a Medicaid recipient to schedule an appointment with a Nevada-licensed provider. Across the four categories evaluated in the study (i.e., PCPs, prenatal care providers, specialists and dentists), nearly 50 percent of the calls ended without a scheduled appointment. For the calls that ended in a scheduled appointment, less than three-quarters of the appointments were scheduled within contract timeliness standards.

### Urban and Frontier/Rural Provider-to-Recipient Ratios

DHCFP's access study did not break out provider-to-recipient ratios separately for urban and frontier/rural areas of the State. This is likely due in part to the fact that MCOs currently only enroll Medicaid recipients in the urban areas of Clark and Washoe counties. The Nevada Rural and Frontier Data Book illustrates that provider ratios are generally higher (i.e., worse) in rural areas as compared to urban areas. Below are ratios for a sample of licensed provider types in rural vs. urban areas of Nevada.

**Table 5. Provider Ratios in Nevada Rural and Urban Counties**

| Licensed Health Professional          | Number per 100,000 Population |                |
|---------------------------------------|-------------------------------|----------------|
|                                       | Rural Counties                | Urban Counties |
| Allopathic Physicians (MDs)           | 72.8                          | 183.4          |
| Osteopathic Physicians (DOs)          | 15.8                          | 21.6           |
| Primary Care Physicians (MDs and DOs) | 49.6                          | 90.4           |
| Dentists                              | 38.0                          | 56.8           |
| Psychiatrists                         | 0.7                           | 7.0            |
| Psychologists                         | 6.0                           | 14.0           |

Source: Nevada Rural and Frontier Data Book. 2015.

### Telemedicine

In 2015, DHCFP modified its telemedicine reimbursement policies to apply to all qualified providers for all appropriate services.<sup>19</sup> DHCFP employs a broad policy to encourage use of telemedicine and allows for the originating site (i.e., the location of the patient) to be anywhere the patient is located. This includes a provider's office, as well as a patient's home through

<sup>18</sup> A secret shopper is a person employed to pose as a shopper, client or patient to evaluate the quality of customer service or the validity of information. The study's secret shopper telephone survey allowed for objective data collection from healthcare providers without potential biases introduced by knowing the identity of the caller.

<sup>19</sup> Division of Health Care Financing and Policy. (November 12, 2015). *Medicaid Services Manual Changes – Chapter 3400 Telehealth Services*. Retrieved from: [http://dhcfp.nv.gov/uploadedFiles/dhcfp\\_nvgov/content/Resources/AdminSupport/Manuals/MSM/C3400/MSM\\_3400\\_12\\_01\\_15.pdf](http://dhcfp.nv.gov/uploadedFiles/dhcfp_nvgov/content/Resources/AdminSupport/Manuals/MSM/C3400/MSM_3400_12_01_15.pdf).

technology such as an iPad or Smartphone or home computer via a Health Insurance Portability and Accountability Act-compliant platform at both locations.<sup>20</sup> In interviews, DHCFP staff report that uptake in telemedicine utilization has been slower than expected.

The Nevada State Office of Rural Health reports that the telemedicine technology has allowed for over 100 hours of contact time for specialty consults with University of Nevada, Reno School of Medicine physicians on behalf of rural Nevadan's and between 70 and 180 classes and training programs.<sup>21</sup>

## Relationships with State Divisions and Counties

### Case Management Services

In Nevada, State divisions and counties agencies provide waiver or targeted case management services and a few other direct services for select populations. Revenue generated from providing targeted case management services plays a large role in funding county programs.

Targeted case management is defined as services which assist individuals in gaining access to needed medical, social, educational and other services.<sup>22</sup> Currently, there are eight target groups eligible to receive this service in Nevada, which are listed in Table 6 below, along with the State division and county agencies responsible for providing those services. State and county providers of targeted case management certify their costs through a cost reporting process that allows them to receive the federal share of the difference between their Medicaid cost and the interim rates paid for targeted case management services.<sup>23</sup>

**Table 6. Groups Receiving Medicaid Targeted Case Management and Responsible State and County Providers**

| Target Group   | Responsible State Division                      | Responsible County Agencies |
|--|---|-----------------------------|
| Children and adolescents who are Non-Severely Emotionally Disturbed with a mental illness* | DPBH (rural counties) and DCFS (urban counties) | NA                          |
| Children and adolescents who are Severely Emotionally Disturbed                            | DPBH (rural counties) and DCFS (urban counties) | NA                          |
| Adults who are Non-Seriously Mentally Ill with a mental illness*                           | DPBH  | NA                          |
| Adults who are Seriously Mentally Ill  | DPBH  | NA                          |
| Persons with intellectual disabilities or related conditions                               | ADSD  | NA                          |

<sup>20</sup> Division of Health Care Financing and Policy. (May 2016). *DHCFP Telehealth Policy Legislative Update*. Retrieved from: <http://dpbh.nv.gov/uploadedFiles/dpbhnavgov/content/Programs/PCO/DHCFP%20Telehealth%20Policy%20Legislative%20Update.pdf>.

<sup>21</sup> Nevada State Office of Rural Health. *Telehealth*. Retrieved from: <http://med.unr.edu/rural-health/telehealth>.

<sup>22</sup> State of Nevada Purchasing Division. (July 1, 2016). *Request for Proposal 3260 for Managed Care Organizations*.

<sup>23</sup> Nevada Medicaid State Plan Attachment 4.19-B. Medicaid State Plan current as of June 6, 2016.

| Target Group   | Responsible State Division | Responsible County Agencies  |
|--|----------------------------|--|
| Developmentally delayed infants and toddlers under age three | ADSD                       | NA   |
| Juvenile Probation Services                                  | DCFS                       | Clark County Juvenile Justice<br>Washoe County Juvenile Services<br>Any rural county |
| Child Protective Services                                    | DCFS                       | Clark County Family Services<br>Washoe County Social Services<br>Any rural county    |

\* Private providers may also provide targeted case management services these target groups.

In addition to State divisions and county agencies providing targeted case management, state divisions and counties also serve in the following roles related to the Medicaid program:

- **ADSD** provides case management services to individuals on HCBS waivers
- **ADSD** operates three facilities that provide services for persons with intellectual disabilities and persons with related conditions (Desert Regional Center, Sierra Regional Center, Rural Regional Center)
- **DPBH** operates and provides clinical behavioral health services through Southern Nevada Adult Mental Health, Northern Nevada Adult Mental Health, Lake Crossings and Rural Counseling and Supportive Services<sup>24</sup>
- All of the **17 counties in Nevada** reimburse DHCFP the non-federal share of expenditures for recipients that meet an institutional level of care whose income is at 142 percent to 300 percent of the Federal Benefit Rate up to the budgeted maximum cap
- **Washoe County Senior Services** provides an adult day health program, called Daybreak Adult Services; this is a licensed adult day program that supports the needs of frail, disabled and cognitively impaired adults 18 years and above by providing social, nursing and community support and serves as an alternative to institutional care<sup>25</sup>

## Supplemental Payment Programs

Nevada's supplemental payment programs are important to consider, as recent Medicaid managed care regulations severely limit a state's ability to continue distributing supplemental payments for services covered under a MCO program. Nevada has several supplemental payment programs that provide revenue to providers. If Nevada expands the reach of its MCO program to cover additional services and populations, it will no longer be able to consider those services and populations in the supplemental payment calculations. Without identifying replacement programs, this would reduce funding to providers, and impact funding to DHCFP

<sup>24</sup> Division of Public and Behavioral Health. (April 7, 2016). *Clinical Behavioral Services*. Retrieved from: [http://dpbh.nv.gov/Programs/ClinicalBehavioralServ/Clinical\\_Behavioral\\_Services\\_-\\_Home/](http://dpbh.nv.gov/Programs/ClinicalBehavioralServ/Clinical_Behavioral_Services_-_Home/).

<sup>25</sup> Washoe County Nevada. *Adult Day Health*. Retrieved from: [https://www.washoecounty.us/seniorsrv/adult\\_day\\_health/index.php](https://www.washoecounty.us/seniorsrv/adult_day_health/index.php).

as well. The following provider types receive payments from DHCFP in addition to claims payments:

**Table 7. Summary of Supplemental Payment Programs**

| Provider Type/ Service   | Qualifying Criteria   | Payment Methodology   |
|--|---|---|
| Public Hospitals, Inpatient Services   | All non-State government owned or operated acute hospitals  | <ul style="list-style-type: none"> <li>• Payments based on Medicaid FFS days</li> </ul>   |
| Public Hospitals, Outpatient Services  | Acute care hospitals that are non-State governmentally owned or operated  | <ul style="list-style-type: none"> <li>• Payments based on Medicare cost to charge ratio and Medicaid FFS outpatient adjudicated claims</li> </ul>  |
| Private Hospitals  | Private hospitals affiliated with a state or unit of local government through a Low Income and Needy Care Collaboration Agreement   | Payments based on the lesser of: <ul style="list-style-type: none"> <li>• Difference between the hospital's Medicaid inpatient billed charges and Medicaid payments the hospital receives for services processed for FFS recipients</li> <li>• For hospitals participating in the Nevada Medicaid Disproportionate Share Hospital (DSH) program, the difference between the hospital's total uncompensated costs and the hospital's Medicaid DSH payments during the fiscal year</li> </ul> |
| Indigent Accident Fund   | Acute care hospitals that are not the following: critical access hospitals, inpatient psychiatric facilities, inpatient rehabilitation facilities or long-term acute care hospitals | <ul style="list-style-type: none"> <li>• Payments made based on a pre-determined total pool of money</li> <li>• A portion of the pool is divided between trauma centers, with Level I and Level II trauma centers receiving a higher weight than Level III trauma centers</li> <li>• Remaining portion of pool is distributed on a per diem basis based on the total days for each hospital adjusted by the hospital's Medicaid case mix</li> </ul>   |
| Free-Standing Nursing Facilities   | All free-standing nursing facilities except for nursing facilities owned by the State of Nevada or any of its political subdivisions  | Calculated to ensure that: <ul style="list-style-type: none"> <li>• 50 percent of the supplemental payment is based on Medicaid occupancy, MDS accuracy and quality measures</li> <li>• 50 percent of the payment is based on acuity</li> </ul>   |
| Practitioner Services Delivered by the University of Nevada School of Medicine | Select practitioners employed by the University Of Nevada School Of Medicine  | <ul style="list-style-type: none"> <li>• Payments consider difference between Medicare reimbursement rates and Medicaid base rates</li> </ul>   |

Source: Nevada Medicaid State Plan Attachment 4-19.

Appendix B provides a summary of State, county and provider revenue associated with the supplemental payment programs. In Section 7: Recommended Improvements to Nevada's Medicaid Delivery Model, we provide an analysis of the impact of MCO expansion scenarios on supplemental payment programs and a discussion of possible alternatives.

## Certified Public Expenditure Programs

Nevada's certified public expenditure (CPE) programs are also important to consider, as these programs can also be impacted by expanding the scope of MCOs. Under Nevada's CPE programs, governmental providers may certify that they expend public funds to support the full cost of providing Medicaid-covered services or program administrative activities. In turn, these expenditures are eligible for federal financial match.<sup>26</sup> Nevada's CPE programs include government units that provide:

- Targeted case management
- Adult day healthcare
- Public and mental health services
- Developmental services
- Emergency transportation services

In general, CPE providers certify their costs through a cost reporting process that allows the providers to receive the federal share portion of the difference between their Medicaid cost and the interim rates paid for services provided. The providers may also require DHCFP to either recoup total computable expenditures where interim rates exceed Medicaid cost or off-set future claims until the amount of the federal share has been recovered.<sup>27</sup> The CPE provider incurs the total cost of the service on behalf of DHCFP. CMS pays the federal share of the CPE to DHCFP.

If the CPE services bulleted above are carved in the MCO benefit package and paid for by MCOs, federal regulations do not allow Nevada to maintain these CPE programs, which would impact revenue to the government units that provide these services.

Appendix C provides a summary of State, county and provider revenue associated with the CPE programs. In Section 7: Recommended Improvements to Nevada's Medicaid Delivery Model, we provide an analysis of the impact of MCO expansion scenarios on CPE programs and a discussion of possible alternatives.

## Provider Payment Issues

### Critical Access Hospitals

There are twelve hospitals in Nevada that have been designated by Medicare as Critical Access Hospitals (CAHs).<sup>28</sup> CAHs must meet specific federal criteria, for example, they must be located in a rural area, maintain no more than 25 inpatient beds and furnish 24-hour emergency care

<sup>26</sup> Medicaid and CHIP Payment and Access Commission (MACPAC). *Non-federal financing*. Retrieved from: <https://www.macpac.gov/subtopic/non-federal-financing/>.

<sup>27</sup> Nevada Medicaid State Plan Attachment 4.19-B. Medicaid State Plan current as of June 6, 2016.

<sup>28</sup> Flex Monitoring Team. (April 6, 2016). *List of Critical Access Hospitals*. Retrieved from: <http://www.flexmonitoring.org/data/critical-access-hospital-locations/>.



seven days a week.<sup>29</sup> DHCFP reimburses these hospitals under Medicare's retrospective cost reimbursement methodology, as follows:

- On an interim basis, each hospital is paid for certified acute care at the lower of 1) billed charges, or 2) the rate paid to general acute care hospitals for the same services<sup>30</sup>
- The reasonable allowable costs of inpatient acute hospital services are “cost-settled,” – their costs are determined using the Medicare cost report and hospital-specific retrospective Medicare principles of reimbursement

Most CAHs are located in the rural and frontier regions of Nevada, areas that are not covered by MCO contracts. Therefore, CAHs have generally not had to contract with MCOs and receive a very limited proportion of payments from MCOs. If managed care were expanded statewide, MCOs would likely need to contract much more widely with CAHs to have sufficient hospital coverage.

### **Rural Health Clinics**

There are ten rural health clinics (RHCs) in Nevada, eight of which are owned by Nevada CAHs and two of which are owned by a Nevada rural sole community hospital.<sup>31</sup> RHCs are required to be staffed by a team that includes one mid-level provider that must be on-site to see patients at least 50 percent of the time the clinic is open, and a physician to supervise the mid-level provider. RHCs are required to provide outpatient primary care services and basic laboratory services, and must be located within non-urban rural areas that have healthcare shortage designations.<sup>32</sup>

RHCs are located in the rural and frontier regions of Nevada, areas that are not covered by MCO contracts. Therefore, RHCs have generally not received payments from MCOs. If managed care were expanded statewide, MCOs would likely need to contract with RHCs to have sufficient networks and RHCs would receive a much greater proportion of their payments from MCOs.

RHCs are unique among providers because federal law specifies the way they are to be reimbursed and sets a floor for payment. Medicare and Medicaid programs pay a facility-specific all-inclusive per visit payment that covers all services provided to a single patient on a single day of service.<sup>33 34</sup> DHCFP reimburses RHCs based on a prospective payment system and sets the baseline rate based on the reasonable and allowable costs of services. DHCFP annually

<sup>29</sup> Centers for Medicare and Medicaid Services. *Critical Access Hospitals*. Retrieved from: <https://www.cms.gov/medicare/provider-enrollment-and-certification/certificationandcompliance/cahs.html>.

<sup>30</sup> Nevada Medicaid State Plan Attachment 4.19-B. Medicaid State Plan current as of June 6, 2016.

<sup>31</sup> Nevada Rural Hospital Partners. (May 7, 2014). *Rural Health Clinics*. Retrieved from: <http://www.leg.state.nv.us/Interim/77th2013/Exhibits/HealthCare/E050714G.pdf>.

<sup>32</sup> Health Resources and Services Administration. *What Are Rural Health Clinics?* Retrieved from: <http://www.hrsa.gov/healthit/toolbox/RuralHealthITtoolbox/Introduction/ruralclinics.html>.

<sup>33</sup> Section 702 of the Benefits Improvement and Protection Act of 2000 states that Medicaid programs provide payments to FQHCs and RHCs in an amount based on a per-visit basis equal to the reasonable cost of services documented for a baseline period (with adjustments) or based on an alternative payment methodology to reimburse for these services.

<sup>34</sup> Centers for Medicare and Medicaid Services. (2001). *New FQHC/RHC Payment Provisions*. Retrieved from: <https://downloads.cms.gov/cmsgov/archived-downloads/SMDL/downloads/smd011901d.pdf>.

updates the rate by applying the Medicare Economic Index for primary care services. Consistent with federal requirements, DHCFP makes additional adjustments as needed to account for any increase or decrease in the scope of services provided by an RHC during the fiscal year.

CMS provided guidance related to RHCs under a State Health Official letter related to network sufficiency and wraparound payments under Medicaid managed care.<sup>35</sup> The letter states that RHC services “furnished through Medicaid managed care programs, requires that state plans provide for supplemental [wraparound] payments from states to FQHCs and RHCs equal to the amount or difference between the payment under the prospective payment system (PPS) methodology and the payment provided under the managed care contract.” The use of the wraparound payment approach allows states to comply with Social Security Act §1902(bb)(5) regardless of the Medicaid delivery system.

Nevada’s Medicaid State Plan states that RHCs that provide services under contract with an MCO will receive quarterly or monthly (as agreed upon between the provider and the state) wraparound payments for furnishing services. The wraparound payments are a calculation of the difference between the MCO payments and the payments the RHC would have received under the FFS methodology. At the end of each payment period, the total amount of MCO payments received by the RHC would be reviewed against the payments that the RHC would have received under the FFS methodology, based on the actual number of visits provided. If the amount exceeds the total amount of MCO payments, DHCFP would pay the RHC the difference, and if the amount is less, the RHC would refund the difference to DHCFP.<sup>36</sup>

### Impact on Drug Rebates

DHCFP currently carves in pharmacy into the MCO benefit package, but requires MCOs to submit all pharmacy encounters and outpatient administered drug encounters to DHCFP. DHCFP then submits these encounters to drug manufacturers to collect rebates. If DHCFP were to expand the populations and geographic areas enrolled in MCOs, MCOs would be responsible for paying for prescriptions for a greater proportion of Nevada’s Medicaid recipients.

Expanding MCOs to cover these additional populations could reduce the pharmacy rebates that DHCFP collects, however evidence from other states suggests that overall costs for pharmacy may decrease as well. A 2015 study found that states that carved-in pharmacy experienced a net savings of \$6.33 per prescription compared to states that carved out pharmacy, due in part to the lower pre-rebate prescription costs for states that carved-in pharmacy.<sup>37</sup> This suggests that DHCFP could experience reduced pharmacy costs for populations newly covered by MCOs, despite potentially collecting less rebates.

<sup>35</sup> Vikki Wachino. (April 26, 2016). *RE: FQHC and RHC Supplemental Payment Requirements and FQHC, RHC, and FBC Network Sufficiency under Medicaid and CHIP Managed Care*. SHO #16-006.

<sup>36</sup> Nevada Medicaid State Plan. Medicaid State Plan current as of June 6, 2016.

<sup>37</sup> The Menges Group. (April 2015). *Comparison of Medicaid Pharmacy Costs and Usage in Carve-In Versus Carve-Out States*. Retrieved from: <https://www.ahip.org/wp-content/uploads/2015/04/Medicaid-Pharmacy-Carve-In-Final-Paper-The-Menges-Group-April-2015.pdf>.

## Section 5: Stakeholder Input

DHCFP has held dozens of listening sessions and focus groups since January 2016, to receive input about a possible expansion of the MCO program and the unique considerations for Nevada, including those listed above. DHCFP first held a series of stakeholder meetings between January and May 2016 to introduce the concept of MCO expansion and hear comments from the public. When Navigant's contract with DHCFP began in summer 2016, we conducted interviews with staff from DHCFP, other State divisions and the Governor's office to gather information about the current MCO and FFS programs and considerations for potential modifications to the delivery system. Following these meetings, Navigant identified seven potential delivery system options for Nevada:

1. Expand the MCO program statewide
2. Carve in additional populations to MCOs (e.g., MAABD population)
3. Contract with a managed long-term services and supports MCO
4. Contract with an administrative services organization
5. Develop accountable care organizations
6. Implement a PCMH program
7. Maintain current delivery systems

We presented high-level descriptions of these options at a series of listening sessions and focus groups in September and October 2016 and requested input into how these options may work in Nevada, noting that options could be combined in different ways. Stakeholders providing input included providers, Medicaid recipients and their families, advocacy organizations and representatives of State divisions and county agencies. Appendix D provides a list of the stakeholder meetings.

Below, we provide a summary of stakeholder comments. ***Stakeholders commonly expressed that it is necessary to address issues with the current system (e.g., provider access; reimbursement rates; accountability and collaboration structures) before expanding the MCO program to additional, more vulnerable populations.***

- **Provider access.** Provider access was repeatedly named as a major concern across the State for both the Medicaid FFS and MCO programs. Specific comments include:
  - Some services are only available out-of-state, while others have waiting lists or require long travel distances
  - Patients sometimes cannot be discharged to a less intensive setting because there are no beds available (e.g., cannot be discharged from an acute care hospital to a rehab facility)
  - Some FFS Medicaid recipients are unaware of how to find a participating Medicaid FFS provider; contact information for both FFS and MCO Medicaid providers is sometimes out-of-date or they are not accepting new Medicaid patients
  - Concern that provider access issues will intensify with MCO expansion, since MCOs choose not to contract with some providers and some providers elect not to not contract with Medicaid MCOs



- FFS Medicaid recipients and their families are concerned that they will have a limited choice of providers and will not be able to see their current providers under an MCO model
- Stakeholders are concerned that MCOs sometimes exclude community providers from their network and instead use providers employed by the MCO
- Stakeholders expressed that they have experienced reliability and service issues with the Medicaid transportation providers; MCOs report that they sometimes cover transportation services for their members even though they are not paid to do so to ensure their members have transportation
- Individuals commented that telemedicine should be part of any Medicaid program going forward to increase access to providers and support PCPs by connecting them with specialists
- **Provider reimbursement.** Stakeholders expressed concern with reimbursement rates and potential delays in payment under MCOs and suggest that more provider payments be tied to value
  - Stakeholders expressed that reimbursement rates are not sufficient and have not been increased in over ten years for some provider types; some are also concerned that if managed care is expanded without first increasing FFS rates, MCO rates will also be too low
  - Providers are concerned that MCOs will take longer to pay them than the FFS system, and that more staff will be required to confirm that providers receive correct payments from MCOs
  - For both the FFS and MCO programs, stakeholders suggested that more payments to providers need to be based on quality and value, as opposed to the volume of services delivered
  - Stakeholders are concerned that the introduction of managed care will impact supplemental payment and CPE programs (and therefore funding) for a variety of provider types, as well as impact county funding
  - Some provider types, such as CAHs, RHCs and hospital-based nursing facilities are reliant on cost-based reimbursement, and are concerned that if the reimbursement method changes under MCOs, providers will not be able to sustain operations and access issues will worsen
- **Navigating the system.** The Medicaid system is complex, and recipients and providers may be challenged in understanding and adhering to DHCFP and MCO materials and policies
  - Both Medicaid FFS and MCO recipients sometimes have difficulty understanding what providers they may see and who to call with issues
  - For some providers and recipients, the MCO process to obtain prior authorization has been a negative experience
  - Providers feel it is expensive to become an MCO provider due to the rigorous credentialing process; several providers reported that it took more than one year to become enrolled with an MCO

- **Evidence-based models.** Stakeholders commented that the Medicaid program and providers should more widely incorporate evidence-based models, such as PCMHs, Health Homes and complex care management
- **Supportive housing, long-term supports and other services.** Stakeholders reported that there needs to be more community-based programs and programs offering supportive housing, employment, crisis intervention and stabilization centers and long-term supports; stakeholders also expressed the need for enhanced coverage of dental services, prescriptions and durable medical equipment for adults
- **Appropriate use of emergency departments.** In both urban and rural areas of the State, providers noted that there are challenges with Medicaid recipients using the emergency department for non-emergent needs
- **Data and performance monitoring.** Stakeholders noted that strong state oversight is essential and there is currently limited ability to measure and monitor the quality and satisfaction of the Medicaid programs
  - There needs to be strong state oversight to ensure MCOs are compliant with federal regulations and State requirements, with enforceable sanctions if MCOs are not compliant
  - Contact information for Medicaid recipients is sometimes inaccurate, leading to challenges reaching Medicaid recipients for case management and care delivery
  - Stakeholders requested that more information be publicly available regarding both the Medicaid FFS and MCO programs to increase transparency
  - Individuals suggested that more performance measures are needed to evaluate care and outcomes for special populations, such as individuals with developmental disabilities, individuals with behavioral health conditions and children receiving foster care
  - Stakeholders want to see more information on network adequacy for certain provider types, such as behavioral health providers, substance use providers and autism services providers and request that this information should include community experience of accessing various types of providers
- **Customer service and communications.** Stakeholders are concerned that Hewlett Packard Enterprise and MCO customer service are not always responsive to providers' and recipients' questions and sometimes provide incorrect responses; materials can be difficult to understand and interpret
- **State employees.** State employees are concerned that changes to the delivery system will impact their jobs and they wish to continue working for the State
- **Stakeholder involvement.** Regardless of the Medicaid delivery model selected, stakeholders emphasized the need for robust involvement of a wide array of stakeholders in the design, implementation and monitoring of Medicaid programs to assure the model meets the needs of all populations

In addition to the comments above, stakeholders also provided considerations for specific populations, such as children receiving foster care and individuals receiving long-term services. Appendix E provides a summary of these considerations.

## Section 6: Objectives and Evaluation Criteria for Delivery System Options

Considering DHCFP's Medicaid program goals and the stakeholder feedback summarized above, we identified objectives for enhancing the Nevada Medicaid program and strategies for achieving those objectives. We also consolidated the seven delivery model options discussed with stakeholders and assessed how well each option could accommodate the strategies.

### Objectives and Strategies for Enhancing the Medicaid Program

Table 8 below provides a list of the objectives and associated strategies for enhancing the Medicaid program.

**Table 8. Objectives and Strategies for Enhancing the Medicaid Program**

| Objective  | Strategy  |
|--|---|
| Ensure appropriate use of healthcare services                                | <ul style="list-style-type: none"> <li>• Connect Medicaid recipients with a dedicated PCP</li> <li>• Provide targeted outreach to frequent emergency department users and other high utilizers</li> <li>• Provide transition support to beneficiaries when changing care settings</li> <li>• Provide coaching, education and support for patient self-management</li> <li>• Help individuals access and use home and community-based services rather than institutional services, if desired</li> </ul>                                 |
| Enhance access to quality care for Medicaid recipients                       | <ul style="list-style-type: none"> <li>• Create incentives to increase the number of providers participating in Medicaid</li> <li>• Hold providers to higher quality standards</li> <li>• Maintain or increase choice of Medicaid providers compared to current state</li> <li>• Reduce the length of time between scheduling an appointment and seeing a provider</li> <li>• Evaluate increase in provider reimbursement rates</li> <li>• Increase use of telemedicine to support PCPs and connect recipients with services</li> </ul> |
| Maintain access to, and viability of, safety net providers                   | <ul style="list-style-type: none"> <li>• Assist safety net providers in developing financially sustainable models</li> <li>• Support full choice of safety net providers, including community-based providers</li> <li>• Maintain supplemental payment programs to safety net providers</li> </ul>  |
| Streamline Medicaid provider administrative responsibilities                 | <ul style="list-style-type: none"> <li>• Streamline provider credentialing process across entities</li> <li>• Streamline prior authorization process across entities</li> </ul>   |
| Improve the ability of Medicaid recipients to navigate the healthcare system | <ul style="list-style-type: none"> <li>• Provide more resources to help recipients find providers and services</li> <li>• Provide more resources to help recipients manage their health conditions</li> <li>• Provide enhanced support to recipients when they experience problems with quality, access or level of services provided</li> </ul>  |
| Increase use of evidence-based practices                                     | <ul style="list-style-type: none"> <li>• Increase education and technical assistance to providers regarding evidence-based practices</li> <li>• Require providers to use evidence-based practices as a condition of model participation</li> </ul>  |
| Allow for integrated delivery of services and person-centered                | <ul style="list-style-type: none"> <li>• Require development of a person-centered plan and regular updates</li> <li>• Use interdisciplinary care teams, including family members</li> </ul>   |

| Objective  | Strategy   |
|--|--|
| planning, particularly for complex populations   | <ul style="list-style-type: none"> <li>• Provide a dedicated case manager for high risk individuals</li> <li>• Integrate physical, behavioral and long-term services</li> <li>• Provide support for recipients' social needs (e.g., housing, employment)</li> </ul>  |
| Improve ability to monitor quality measures for all Medicaid recipients                              | <ul style="list-style-type: none"> <li>• Dedicate resources for data collection, measure calculation and auditing</li> </ul>   |
| Achieve a sustainable business model for the State   | <ul style="list-style-type: none"> <li>• Maintain funding streams to finance the Medicaid program</li> <li>• Provide budget predictability to the State</li> </ul>   |
| Support operational feasibility from a State administrative and oversight perspective                | <ul style="list-style-type: none"> <li>• State staff monitor the program and enforce accountability of vendors/providers</li> <li>• Allow for phased implementation</li> <li>• Allow for modifications to model based on implementation experience</li> <li>• Realign jobs for State employees to improve efficiency</li> </ul>  |
| Align provider and/or vendor payments with the value generated for the State and Medicaid recipients | <ul style="list-style-type: none"> <li>• Increase the percentage of Medicaid providers that have payments based on quality improvements (incentives)</li> <li>• Increase the percentage of Medicaid providers whose payments include down-side risk (e.g., capitated payments, bundled arrangements)</li> <li>• If using vendors, condition a portion of vendor payment on agreed-upon outcomes</li> </ul> |

## Consolidated Options

For the purposes of evaluating Medicaid delivery model options, we consolidated the seven Medicaid delivery model options presented at the September/October 2016 stakeholder meetings into three major program approaches and two models for coordinating care among providers. The three major program approaches are:

- Unmanaged FFS program (most similar to Nevada's current FFS program, with limited numbers of recipients eligible for case management services)
- Managed FFS program (most similar to Nevada's HCQP; administrative service organizations can fit into this category)
- MCO program (most similar to Nevada's current MCO program)

For the managed FFS program and the MCO program approaches, we assume strong contracts between DHCFP and the vendor; we also recommend the implementation of robust monitoring, oversight and enforcement activities, which we discuss in more detail in Section 7:

Recommended Improvements to Nevada's Medicaid Delivery Model.

In addition to these three program approaches, we evaluated how well two popular models for coordinating care among providers – PCMHs and accountable care organizations (ACOs) – could achieve these strategies. Both PCMHs and ACOs can be used in conjunction with an unmanaged FFS program, a managed FFS program and a MCO program. See Appendix F for a description of other Medicaid delivery system options considered.

## Rating Approach

We assigned a rating to each program approach and provider-level model based on how well positioned it is to achieve each strategy. If, with the appropriate contracts and oversight in place, the program approach or provider-level model could generally achieve the strategy we assigned three points, if it would have a limited impact, we assigned two points and if it would have little or no impact we assigned one point. Based on this analysis, we found that the MCO program, followed by the managed FFS program, were the best equipped to achieve the identified strategies for the Nevada Medicaid program.

Although the MCO program received the highest score, the score assumes that the MCO program is implemented with strong contract oversight and monitoring infrastructure and practices, which will require increased funding and take time to achieve. Therefore, in Section 7: Recommended Improvements to Nevada's Medicaid Delivery Model, we suggest implementing a new managed FFS program in CY 2018, followed by expansion of the MCO program in CY 2021, assuming DHCFP has implemented the contract oversight and monitoring changes and MCOs experience improved performance and satisfaction measures. As the managed FFS program shares many of the same program elements of the MCO program, and would be run by MCOs, it is well positioned to provide case and care management and integrated care to the FFS population. We discuss this recommendation in more detail in the next section. The PCMH and ACO models had similar ratings to each other. Appendix G provides more information on this evaluation.

## Section 7: Recommended Improvements to Nevada's Medicaid Delivery Model

Based on interviews conducted with State staff, dozens of listening sessions and focus groups and the results of the evaluation described above, we recommend a phased approach to modifying Nevada's current Medicaid FFS and MCO programs.

This phased approach will allow DHCFP to implement program changes gradually, to allow for additional stakeholder involvement and time for adequate preparation of providers, Medicaid recipients, state divisions and other stakeholders regarding the program changes. Rather than implementing a number of large changes at once, a phased approach will allow DHCFP to address challenges with the current systems and build upon positive program aspects, while preparing for more significant modifications in the future. Further, the recommended approach would only expand MCOs to additional populations and geographic areas if there are sustained improvements in performance (e.g., HEDIS measures), access and availability of appropriate providers and satisfaction among recipients and providers.

Interviews and stakeholder communications suggest that there may be managed care program features that could benefit additional Nevada Medicaid populations and service areas. These program features include care and case management programs; an emphasis on integrated care across the physical health, behavioral health and long-term care settings; support to providers; and assistance in accessing the most appropriate care and services within a complex



healthcare delivery system.<sup>38</sup> Although there are advantages to implementing many managed care features, there are a number of systemic issues that the State should address before moving forward with MCO expansion; stakeholders have also noted many of these issues as areas of concern, particularly in regard to vulnerable populations.

We recommend that Nevada take a series of steps to prepare for the implementation of additional managed care program features, working in collaboration with Medicaid providers, Medicaid MCOs, the Nevada Legislature, Medicaid recipients and advocacy organizations. These steps are designed to address performance, access and satisfaction issues that exist in the current program. In developing these recommended steps, we looked at all options, regardless of funding issues; however it is important to note that a number of the recommendations will require additional funding. The recommended steps fall into four primary phases:

- **Phase 1:** Build state capacity for additional oversight to assure that the current MCO program is compliant with State and federal requirements and encourages appropriate utilization, enhances continuity of care, ensures a medical home for recipients and confirms that recipients can access high quality, comprehensive healthcare services. To appropriately assess these areas, it is essential that data related to utilization, access, quality, satisfaction and other issues are available. Stakeholders report both positive and negative feedback about MCOs, and without more in-depth monitoring and reporting, it is difficult to identify what is fact versus anecdote.
- **Phase 2:** Develop a strategy and implement changes to improve access to Medicaid services by making it easier for providers to actively participate in Medicaid, evaluating Medicaid reimbursement rates and promoting use of telemedicine to expand the reach of providers. Provider access was repeatedly raised by stakeholders as a barrier to quality care in the State. While DHCFP can implement program changes to help alleviate some access concerns, it seems evident that additional workforce development policies are needed to increase the number of providers in the State and account for the unequal geographic distribution of providers.
- **Phase 3:** Develop and enhance the capabilities of Nevada providers to offer high quality, integrated care to patients in the most appropriate setting by supporting PCPs to become PCMHs and equipping providers to enter into value-based payment (VBP) arrangements with payers.

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<sup>38</sup> For the purposes of this report, we define care management and case management using definitions from the Technical Assistance Collaborative, Inc. Care management is defined as a set of activities by which a system of care assures that every person served by the system has a single approved care plan that is coordinated and not duplicative and within prescribed parameters designed to assure cost effective and good outcomes. Care management is often done intermittently, when the individual first comes into the system of care and at critical treatment junctures. In contrast, case management is a clinical service focused on higher need individuals. Case management is provided continuously, even if there is no immediate need for services, so long as the individual is determined to need the assistance from a case manager.

- **Phase 4:** Offer care management, case management and support services to FFS populations, while increasing MCOs' experience with these populations (e.g., individuals who are aged, blind and disabled; individuals in frontier areas), by including MCO(s) in a managed FFS program. This managed FFS program would provide additional services to these FFS populations without limiting their choice of providers or requiring providers to contract with MCOs. As one or more MCOs would serve as the managed FFS vendor, this program would be significantly different from other programs tested in Nevada, and would serve as pathway to prepare MCOs to take on full-risk for additional populations and services.

Appendix H provides a high level timeline of activities associated with each of these phases.

### **Phase 1: Build State Capacity**

DHCFP does not currently have enough resources devoted to managed care monitoring. In 2015, DHCFP paid MCOs over \$1.2 billion in capitation payments.<sup>39</sup> With contracts of this size, it is essential that states be effective monitors to confirm contracted services are provided in accordance with contract requirements and generate value to the State and other stakeholders. Effective monitoring can also lead to program improvements and measurable savings. This requires staff to have sufficient time, resources and training to conduct strong oversight and enforcement activities.

Navigant recommends increasing the number of staff assigned to monitor and enforce Medicaid contracts and equipping these staff with the appropriate training and tools. It is also important that these staff have the authority to enforce contract requirements, such as imposing sanctions. It is our experience that when states move to enroll nearly all Medicaid recipients in some type of managed care program, states can retrain existing resources to carry out the managed care oversight and monitoring functions.

A sample of suggested activities for DHCFP includes:<sup>40</sup>

- **Implement managed care oversight team.** We recommend that DHCFP use a multi-disciplinary team to oversee MCOs. This team may consist of an operations manager, as well as a support team that works across all MCOs. The operation manager's primary responsibility would be to oversee the performance of all MCOs and provide comparative information to identify issues that impact all MCOs. The support team would be responsible for reviewing MCO reports and data in functional areas, such as quality, clinical management, operations and finance. All members of the managed care oversight team will require sufficient training and resources. Currently, DHCFP does not have a formal managed care oversight team.
- **Update reporting requirements.** As managed care programs evolve, reporting needs sometimes change. Some reports may no longer be needed (or may be needed at a reduced frequency), while other reports may need to be added. We recommend

<sup>39</sup> DHCFP data. Received July 12, 2016.

<sup>40</sup> Navigant is contracted with DHCFP to recommend further revisions to DHCFP's MCO oversight process, and this activity will be conducted outside the scope of this report.

reviewing the reports MCOs are currently required to submit and assessing whether each one provides DHCFP with the information necessary to monitor and enforce contract requirements that are most meaningful to program success and improvements in recipient outcomes. In addition, we recommend assessing whether there are any gaps in reporting. For example, from our high-level review of reports, it did not appear that MCO reports provide data to understand utilization or performance outcomes or issues for special populations (e.g., adults with serious mental illness) or reports to assess operations or outcomes associated with MCO case management activities.<sup>41</sup>

DHCFP currently provides report instructions and templates for many of its required reports. Navigant recommends reviewing these report instructions and templates to ensure they provide comprehensive instructions and easy-to-use formats. For example, our high-level review of selected reports found that some reports requiring calculations were in Word templates, which makes it harder to input numbers and analyze data. In addition, some reports only included very high-level instructions, and lacked specific details on what should be included in particular fields. We also recommend providing training to MCOs on the updated reporting requirements, to ensure that, when completed by MCOs, the reports will provide the required information.

- Develop standard operating procedures for reviewing reports.** Standard operating procedures can help ensure that DHCFP staff reviewing reports do so in a consistent manner. The standard operating procedures would provide a set of designated steps, specific to each report, to confirm that the reports are not only complete, but also to identify potential performance issues to escalate. DHCFP staff do not currently use standard operating procedures to guide their review of MCO reports.
- Implement P4P programs.** The Nevada MCO contract beginning July 1, 2017 allows for (but does not require) a P4P program. Navigant recommends implementing this program as another step to increase the accountability of MCOs. We also suggest exploring increasing the amount of the P4P withhold from 1.25 percent to create a more meaningful consequence, while staying within bounds of what is actuarially permitted. Based on Navigant's review of nine states with MCO quality withhold programs, seven states had a quality withhold of 1.5 percent or greater.<sup>42</sup> The current P4P measures do not cover behavioral health, and we therefore suggest adding a behavioral health measure to assess performance, as stakeholder feedback suggests that behavioral health services have been an area of concern, particularly with the expansion of the Medicaid program to low-income adults. DHCFP may also consider including a P4P measure related to improvements in member satisfaction ratings.

The P4P program can also be used to align incentives among DHCFP, MCOs and providers and generate forums for collaboration and shared goals, as a number of

<sup>41</sup> Based on Navigant review of Managed Care Organization RFP, Attachment T, released July 1, 2016.

<sup>42</sup> Based on most recent data publicly available, Illinois, Indiana, Kansas, Minnesota, New Mexico, Oregon and Tennessee had withholds of at least 1.5 percent in at least one contract year. Michigan and Washington had withholds of 1 percent.



stakeholders expressed that relationships between MCOs and some providers are not very collaborative.

In addition to recommendations related to state oversight of the MCO program, we also recommend that DHCFP:

- **Increase communications and transparency regarding the Medicaid FFS and MCO programs.** Some stakeholders reported that they were unsure if they were part of the FFS or MCO programs. DHCFP may consider modifying existing communications with recipients to provide clear information about what program they are in, as well as what services are available to them under that program, and requiring MCOs to do so as well.

There is also an opportunity to make more information available through the DHCFP website, such as information about MCOs' value-added programs and more frequent data about MCO performance. Providing more information about these accomplishments can provide an additional perspective on the MCO program of which many stakeholders are unaware. For example, the Florida Agency for Health Care Administration provides the following snapshot of value-added benefits available through its MCOs (but not the Medicaid FFS program) in its overview of its managed care program:<sup>43</sup>

**Figure 3. Florida's MCO Value-Added Benefits**

| List of Expanded Benefits                | Amerigroup | Better | Coventry | Humana | Molina | Prestige | SF CCA | Simply | Staywell | Sunshine | United |
|--|------------|--------|----------|--------|--------|----------|--------|--------|----------|----------|--------|
| Adult dental services                    | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Adult hearing services                   | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Adult vision services                    | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Art therapy                              | Y          |        |          | Y      | Y      |          |        |        | Y        | Y        |        |
| Equine therapy                           |            |        |          |        |        |          |        |        | Y        |          |        |
| Home health care for non-pregnant adults | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Influenza vaccine                        | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Medically related lodging & food         |            | Y      |          | Y      | Y      | Y        |        | Y      | Y        | Y        |        |
| Newborn circumcisions                    | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Nutritional counseling                   | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        |        |
| Over the counter medication and supplies | Y          | Y      | Y        | Y      | Y      | Y        |        | Y      | Y        | Y        | Y      |
| Pet therapy                              |            |        |          | Y      | Y      |          |        |        | Y        |          |        |
| Physician home visits                    | Y          | Y      | Y        | Y      | Y      | Y        |        | Y      | Y        | Y        | Y      |

<sup>43</sup> Florida Agency for Health Care Administration. (December 2015). *A Snapshot of the Florida Statewide Medicaid Managed Care Program*. Retrieved from: [https://ahca.myflorida.com/Medicaid/statewide\\_mc/pdf/mma/SMMC\\_MMA\\_Snapshot.pdf](https://ahca.myflorida.com/Medicaid/statewide_mc/pdf/mma/SMMC_MMA_Snapshot.pdf).

| List of Expanded Benefits                   | Amerigroup | Better | Coventry | Humana | Molina | Prestige | SF CCN | Simply | Staywell | Sunshine | United |
|---|------------|--------|----------|--------|--------|----------|--------|--------|----------|----------|--------|
| Pneumonia vaccine                           | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Post-discharge meals                        | Y          | Y      | Y        | Y      | Y      |          |        | Y      | Y        | Y        | Y      |
| Prenatal/Perinatal visits                   | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Primary care visits for non-pregnant adults | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Shingles vaccine                            | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Waived co-payments                          | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |
| Physical, Occupational, & Speech Therapy    | Y          | Y      | Y        | Y      | Y      | Y        | Y      | Y      | Y        | Y        | Y      |

- Increase data collection and monitoring among FFS populations.** There is currently limited data readily available to understand recipient satisfaction, quality of care and outcomes for the FFS populations. In contrast to MCO programs, Medicaid FFS programs are generally not federally required to monitor performance data. However, to be equipped with data to support decision-making, we recommend increasing quality data analysis for the FFS populations, either through State employees or through a contracted vendor. Collecting data for the FFS populations will also provide DHCFP with a performance baseline, if FFS populations are moved into MCOs in the future and will allow DHCFP to proactively identify areas of strength and weakness among the FFS population. For example, DHCFP may begin by collecting a small number of HEDIS measures for the entire FFS population, combined with additional measures to evaluate care for special populations.<sup>44</sup>

### FFS Measurement in Colorado

Colorado uses its external quality review organization to calculate HEDIS rates for its FFS population, using nearly all of the same measures as reported by MCOs. The vendor also trends FFS performance year over year.

Source: Health Services Advisory Group. (December 2014.) *Colorado Medicaid HEDIS 2014 Results Statewide Aggregate Report*.

### Phase 2: Improve Medicaid Access

It is well recognized that there are network adequacy challenges across Nevada, in both the FFS and MCO programs. Nevada ranks 47 out of 50 states in terms of active physicians per 100,000 population.<sup>45</sup> Some Nevada providers do not participate in the Medicaid program; for example, a study found that approximately 75 percent of Nevada physicians accept Medicaid.<sup>46</sup> Further, some Nevada Medicaid providers do not accept new Medicaid patients or do not

<sup>44</sup> Center for Health Care Strategies. (October 2010). *Performance Measurement in Fee-For-Service Medicaid: Emerging Best Practices*. Retrieved from: [http://www.chcs.org/media/CA\\_FFS\\_Performance\\_Measures\\_Final\\_102610.pdf](http://www.chcs.org/media/CA_FFS_Performance_Measures_Final_102610.pdf).

<sup>45</sup> Association of American Medical Colleges. (November 2015). *2015 State Physician Workforce Data Book*. Retrieved from: [http://members.aamc.org/eweb/upload/2015StateDataBook%20\(revised\).pdf](http://members.aamc.org/eweb/upload/2015StateDataBook%20(revised).pdf).

<sup>46</sup> Sommers, B.D. & Kronick K. (January 5, 2016). Measuring Medicaid Physician Participation Rates and Implications for Policy. *Journal of Health Politics, Policy and Law*.

participate in MCO networks, either because they do not wish to or because the MCO chooses not to contract with them. Reasons cited for providers not participating in Nevada Medicaid and Medicaid MCOs include low reimbursement rates, lengthy and resource-intensive provider credentialing processes, burdensome prior authorization procedures and no-shows and lack of compliance among Medicaid recipients.

DHCFP can pursue several strategies to encourage providers to participate in the Medicaid FFS and MCO programs, thereby increasing access and choice for Medicaid recipients.

### **Administrative Simplification**

First, DHCFP should consider implementing strategies to simplify administrative responsibilities for Medicaid providers such as:

- **Design and implement a centralized credentialing process.** DHCFP could contract with an organization to perform credentialing for both the FFS and MCO programs and provider enrollment for the FFS program. This type of central process could result in a single application to become a Medicaid provider, regardless of whether the provider wishes to participate in the FFS program, one MCO or all MCOs. Benefits of this approach include the ability to save time, increase efficiency, eliminate duplication of data and reduce the time period for providers to receive credentialing decisions. Arizona and Georgia are examples of states that have centralized credentialing vendors.<sup>47 48</sup>
- **Design and implement a prior authorization simplification process.** DHCFP could design a standard prior authorization request process for providers. For example, DHCFP could implement a portal through which providers would submit all prior authorization requests, for the FFS and MCO programs. For providers requesting prior authorization for MCO members, this information would be provided to the appropriate MCO. The MCOs would retain authority for prior authorization review and approval.

Using such a portal would allow for some standardization and create efficiencies for providers. This system would also allow for additional reporting to increase DHCFP's oversight of the prior authorization process (e.g., prior authorization response times, percent approvals and denials, etc.). In addition, several states have developed standard prior authorization forms that Medicaid providers are required or encouraged to use, and/or MCOs are required to accept.<sup>49</sup>

<sup>47</sup> Arizona Association of Health Plans. (October 2012). *Announcing New Coordinated Credentialing Process to Ease the Credentialing Burden on Arizona Providers*. Retrieved from: <https://www.azahcccs.gov/shared/downloads/news/credentialingalliance.pdf>.

<sup>48</sup> Georgia Department of Community Health. *Centralized CVO*. Retrieved from: <https://dch.georgia.gov/centralized-cvo>.

<sup>49</sup> Ohio, Texas and New Hampshire

As a MCO contracting strategy to support access to providers and choice of providers, DHCFP may consider including an “any willing provider” clause in its MCO contracts. “Any willing provider” clauses would require MCOs to allow providers to become network providers if they meet certain conditions. These clauses are often grounded in state law, and can be limited to certain types of providers or be applied broadly. Approximately 27 states have “any willing provider” statutes.<sup>50</sup> It should be noted that while these clauses are

sometimes perceived as a protection to providers or recipients, these laws could interfere with MCO efforts to develop provider networks that deliver greater efficiency and higher quality, and insurers argue that these laws limit their contracting flexibility and increase costs.<sup>51</sup>

## Reimbursement Rates

DHCFP may consider conducting a Medicaid reimbursement rate study to evaluate the sufficiency of current rates across provider types. Based on the results of the rate study, DHCFP could recommend rate changes to the Legislature through its 2019-2021 biennium budget. Low provider reimbursement was a common theme across listening sessions and focus groups among multiple provider types. Increasing reimbursement rates may increase provider participation in the program, which could help with access issues.

## Increasing Provider Capacity in Hawaii

Hawaii’s Section 1115 demonstration waiver states that Hawaii’s MCO contracts may contain financial incentives for expanded HCBS capacity beyond annual thresholds established by the State. Contracts may also contain sanctions penalizing MCOs that fail to expand community capacity at an appropriate pace. Hawaii MCOs must share a portion of any incentives with providers to ensure that provider capacity is maintained and improved.

Source: CMS Special Terms and Conditions. (October 26, 2015.) *QUEST Integration Medicaid Section 1115 Demonstration*.

<sup>50</sup> National Conference of State Legislators. *Any Willing or Authorized Providers*. Retrieved from: <http://www.ncsl.org/research/health/any-willing-or-authorized-providers.aspx>.

<sup>51</sup> The Urban Institute. (May 2014). *Narrow Provider Networks in New Health Plans: Balancing Affordability with Access to Quality Care*. Retrieved from: <http://www.urban.org/sites/default/files/alfresco/publication-pdfs/413135-Narrow-Provider-Networks-in-New-Health-Plans.PDF>.

## Telemedicine

In addition to examining reimbursement rates and administrative policies, telemedicine is another strategy to increase access to providers and specialists. In particular, nationally, telemedicine for mental health assessment and treatment has been found to be effective and to increase access to care.<sup>52</sup>

DHCFP and its contracted vendors can employ strategies to educate providers about this option and provide technical assistance and training to promote telemedicine's use. For example, the State of New Mexico has leveraged its MCO contracts to require MCOs to:

- Identify, develop and implement training for telemedicine practices
- Participate in the needs assessment of the organizational, developmental and programmatic requirements of telemedicine programs
- Participate in Project ECHO, in collaboration with the University of New Mexico; Project ECHO employs videoconferencing to conduct virtual clinics with community providers, which allows primary care doctors, nurses and other clinicians to expand their capacity to provide specialty care to patients in their own communities<sup>53</sup>

### New Mexico Project ECHO Results

After implementation of Project ECHO at the University of New Mexico, wait times for rheumatology appointments declined from six months to one month. Project ECHO also trained PCPs on how to treat hepatitis C, and found that patients had outcomes comparable to those of patients treated by specialists.

Source: Agency for Healthcare Research and Quality. (July 2013). *Improving Access to Specialty Care for Medicaid Patients*.

## Phase 3: Enhance Provider Capabilities

During the listening sessions and focus groups, a number of participants expressed that more Medicaid provider payments should be tied to value and quality, and not simply the amount of services provided. This principle is consistent with CMS' goal to tie 50 percent of traditional FFS Medicare payments to quality or value through alternative payment models by the end of 2018.

### Patient-Centered Medical Homes

Stakeholders also expressed the desire for using evidence-based models, such as PCMHs to deliver more integrated care to Medicaid recipients. A PCMH is an enhanced model of primary care in which care teams, led by a PCP, respond to the needs of patients and provide whole-person, comprehensive, coordinated and patient-centered care. PCMHs typically receive per member per month payments, ranging from \$2 to \$10 dollars. States may also employ value-based payments in which practices that meet performance criteria can share in any savings that they generate.<sup>54</sup>

PCMHs are becoming more common among Medicaid programs; 29 states reported having PCMH programs in state fiscal year 2015, 11 states reported having adopted or expanded PCMHs in state fiscal year 2016 and 13 states indicated plans to do so in state fiscal year

<sup>52</sup> Hilty, D. M. & Ferrer, D.C. (June 2013). The Effectiveness of Telemental Health: A 2013 Review. *Telemedicine Journal and E-Health*. 9(6): 444-454.

<sup>53</sup> State of New Mexico Human Services Department. *Medicaid Managed Care Agreement*.

<sup>54</sup> Takach, M. (2011). Reinventing Medicaid: State Innovations To Qualify And Pay For Patient-Centered Medical Homes Show Promising Results. *Health Affairs*. 30, no.7:1325-1334.



2017.<sup>55</sup> A study of four state-sponsored PCMH initiatives found that each initiative reported improvement in one or more cost metrics. In North Carolina, a state auditor report found that Community Care of North Carolina resulted in reductions in emergency department visits, inpatient admissions and readmissions.<sup>56</sup> PCMH clinics in California reduced emergency department visits by 70 visits per 1,000 members per year and also increased office visits relative to non-PCMH clinics.<sup>57</sup>

Navigant recommends that DHCFP use its vendor contracts to provide support to primary care practices to develop PCMH capabilities and provide enhanced payments to those practices that develop PCMH capabilities and achieve quality metrics. To receive PCMH per member per month payments, provider groups should be certified and enrolled in Medicaid as PCMHs based on recognition by an accrediting entity such as the National Committee for Quality Assurance (NCQA) or by achieving other DHCFP requirements. Recognizing the varied level of readiness among primary care practices in Nevada, practices should not be required to become PCMHs, but instead should be incentivized to do so through these payments. It is important to note that, while PCMHs are a good option for Nevada, significant funding is needed to support PCMH development, and the benefits of PCMH programs often take several years to materialize.

Table 9 below describes advantages and disadvantages associated with a PCMH model.

**Table 9. PCMH Model Advantages and Disadvantages**

| Key Advantages  | Key Disadvantages   |
|---|---|
| <ul style="list-style-type: none"> <li>Teams of healthcare providers can address the whole scope of recipients' needs and provide an enhanced level of care coordination</li> <li>PCMHs can contract with other payers and provide enhanced care coordination services to other populations, therefore impacting care delivery for populations beyond Medicaid</li> <li>Potential to increase use of early intervention and preventive services, while reducing avoidable emergency department visits and inpatient admissions</li> <li>Allows for value-based payment components</li> <li>Can help increase the sophistication and readiness of providers for other alternative delivery systems and payments in the future</li> </ul> | <ul style="list-style-type: none"> <li>There are currently limited PCMHs in Nevada</li> <li>Many providers may not have resources or infrastructure to become PCMHs, which take significant amounts of time to develop</li> <li>Typically requires states to appropriate new funding to pay for increased payments to providers and offer practice support; states have used federal State Innovation Model (SIM) funding to develop and implement PCMH programs, however there are currently no additional SIM funding opportunities<sup>58</sup></li> <li>Adds administrative responsibilities for DHCFP (e.g., recognizing PCMHs, developing systems for PCMH payments (PMPM and incentive-</li> </ul> |

<sup>55</sup> Kaiser Family Foundation and Health Management Associates. (October 2016). *Implementing Coverage and Payment Initiatives: Results from a 50-State Medicaid Budget Survey for State Fiscal Years 2016 and 2017*. Retrieved from: <http://files.kff.org/attachment/Report-Implementing-Coverage-and-Payment-Initiatives>.

<sup>56</sup> Patient-Centered Primary Care Collaborative. (February 2016). *The Patient-Centered Medical Home's Impact on Cost and Quality. Annual Review of the Evidence 2014-2015*. Retrieved from: <https://www.pcpcc.org/sites/default/files/resources/The%20Patient-Centered%20Medical%20Home%27s%20Impact%20on%20Cost%20and%20Quality%2C%20Annual%20Review%20of%20Evidence%2C%202014-2015.pdf>.

<sup>57</sup> Chu, L, & Tu, M. (2016). The Impact of Patient-Centered Medical Homes on Safety Net Clinics. *American Journal of Managed Care*. Retrieved from: <http://www.ajmc.com/journals/issue/2016/2016-vol22-n8/the-impact-of-patient-centered-medical-homes-on-safety-net-clinics>.

<sup>58</sup> State Health Access Data Assistance Center. (August 2015). *State Medicaid Reforms Aimed at Changing Care Delivery at the Provider Level: Final Report*. Retrieved from: <https://www.macpac.gov/wp-content/uploads/2015/08/State-Medicaid-Reforms-Aimed-at-Changing-Care-Delivery-at-the-Provider-Level.pdf>.

| Key Advantages | Key Disadvantages   |
|----------------|---|
|                | <ul style="list-style-type: none"> <li>based payments), monitoring quality measures, etc.)</li> <li>Limited additional budget predictability as a stand-alone strategy</li> </ul> |

We recommend that DHCFP focus on development of PCMHs rather than ACOs, as PCMHs require less infrastructure development than ACOs and could serve as a building block for ACOs in the future. Although practices require resources to develop into PCMHs, DHCFP can use its vendor contracts to provide support to practices wishing to provide advanced primary care. For example, states have used the following vendor requirements regarding medical home development and support.

**Table 10. Vendor Requirements for Medical Home Development and Support**

| State and Program  | Requirement   |
|--|---|
| Connecticut Administrative Services Organization Program | Contractor provides a statewide team of Regional Network Managers to: <ul style="list-style-type: none"> <li>Identify and recruit potential practices</li> <li>Evaluate readiness to apply for PCMH</li> <li>Work in collaboration with the practice to fulfill PCMH application requirements</li> <li>Provide data and analytics support to providers and guide primary care practices towards improved patient outcomes<sup>59</sup></li> </ul>   |
| Oregon Coordinated Care Organization Program             | <ul style="list-style-type: none"> <li>Contractor shall provide support for moving providers along the spectrum of the Patient Centered Primary Care Home (PCPCH) model (from Tier 1 to Tier 3)</li> <li>Contractor shall assist providers within its delivery system to establish PCPCHs</li> <li>Contractor shall promote and assist other providers to communicate and coordinate care with the PCPCH in a timely manner using electronic health information technology to the maximum extent feasible<sup>60</sup></li> </ul> |
| Pennsylvania HealthChoices Program                       | MCOs are expected to participate in the following as part of the Enhanced Medical Home model: <ul style="list-style-type: none"> <li>Embed care managers in high volume practices</li> <li>Work with high volume practices to achieve NCQA Medical Home recognition</li> <li>Participate with regional learning network collaboratives<sup>61</sup></li> </ul>  |

DHCFP could employ contract language with both managed FFS vendors and MCOs regarding PCMH development and support.

## Other Alternative Payment Models

Within the MCO program, DHCFP can use its contracts with MCOs to increase the proportion of Medicaid provider payments that are tied to value and quality, rather than the amount of services provided. A recent study found that, in fiscal year 2016, 12 states had contracts that encouraged or required MCOs to adopt alternative provider payment models. Examples include:

<sup>59</sup> Connecticut Department of Social Services. (December 2015). *The DSS Glide Path to PCMH and MCQA 2014 Standards*. Retrieved from: [http://www.huskyhealthct.org/pathways\\_pcmh/pcmh\\_postings/webinars/DSS\\_Glide\\_Path\\_PCMH\\_WebinarPresentation12-9-15.pdf](http://www.huskyhealthct.org/pathways_pcmh/pcmh_postings/webinars/DSS_Glide_Path_PCMH_WebinarPresentation12-9-15.pdf).

<sup>60</sup> Oregon Health Authority. *Oregon Health Plan, Health Plan Services Contract*.

<sup>61</sup> Pennsylvania Department of Public Welfare. *HealthChoices Agreement*.

- Arizona has a target of five percent for the share of each MCO's total payments to providers made under alternative payment models; Arizona intends to raise this target to 50 percent by 2018 for acute care payments
- Iowa has a target of 40 percent for the share of an MCO's membership to be covered by a value-based payment arrangement by fiscal year 2018
- Nebraska targets 30 percent of a plan's provider network to be under alternative payment models by year three of its contract, and 50 percent by year five<sup>62</sup>

Although Nevada MCOs report that they currently use performance incentive models with their provider network, DHCFP may consider implementing formal contract requirements to encourage a phased approach to increase the proportion of Medicaid providers receiving payments that are tied to value and quality.

### **Phase 4: Expand Care and Case Management and Support Services**

As described above, there are currently Medicaid recipients across Nevada that have limited access to care and case management, integrated care, education regarding disease management, dedicated PCPs and assistance on where to seek care, among other topics. As states typically do not have enough staff and resources to provide these services themselves,

we discuss how Nevada can use both a managed FFS approach and MCOs to expand these types of care and case management and support services to Medicaid recipients. Nevada's HCGP provides some of these services for FFS recipients; however, despite achieving savings, it has had limited success in improving healthcare outcomes. It appears that the HCGP does not have the level of oversight we would

It is important to note that strong oversight, technical assistance and collaboration among the State, MCOs/vendors, providers and community organizations is essential to the success of both a managed FFS and an expanded MCO approach. A number of managed care features are currently included in the HCGP and the MCO program design. However, based on stakeholder input, it appears that not all of these components are working as anticipated; activities in Phase 1 through 3 above are aimed to address some of these challenges.

recommend of such a program, which may contribute to its limited success in improving healthcare outcomes. We recommend ending the HCGP when the Section 1115 demonstration waiver period ends June 30, 2018 and replacing it with a new managed FFS program.

### **Managed FFS Program**

The new managed FFS program could expand the availability of care and case management and support services among FFS populations, including those served through the HCGP. The new program would serve all Medicaid recipients remaining in the FFS program, regardless of their county of residence. The program would address issues associated with the HCGP and would be designed to increase the value and reach of the program, as well as prepare the vendor, Medicaid recipients and providers for potential expansion of the MCO program in the future.

<sup>62</sup> Kaiser Family Foundation and Health Management Associates. (October 2016). *Implementing Coverage and Payment Initiatives: Results from a 50-State Medicaid Budget Survey for State Fiscal Years 2016 and 2017*. Retrieved from: <http://files.kff.org/attachment/Report-Implementing-Coverage-and-Payment-Initiatives/>.



We recommend that DHCFP contract with one or more the MCOs participating in the MCO program to serve as the vendor for the managed FFS program. With this approach, DHCFP can:

- Leverage its relationships with current vendor(s)
- Benefit from MCOs' skill set in providing care and case management and integrated care
- Allow MCOs to strengthen experience with FFS populations
- Allow new populations to gain familiarity with MCOs and the components of managed care models, without limiting the provider network or imposing additional prior authorization requirements

By using one or more MCOs as the managed FFS vendor, this program would serve as pathway to prepare MCOs to take on full-risk for additional populations and services. Below, we describe elements of the new managed FFS program and contrast those elements with the current functions of the HCGP. The elements of the managed FFS program are designed to address limitations with the HCGP and support other state and county case management services. The new managed FFS program would also impact some of the services provided by Hewlett Packard Enterprise, such as prior authorization and conducting provider meetings. Therefore, modifications to Hewlett Packard Enterprise's contract would be required.<sup>63</sup>

It is important to note that the managed FFS program will not provide the same level of budget predictability for Nevada as a full-risk MCO program. However, the managed FFS program can help prepare for the successful implementation of an expanded MCO program in the near future that can provide improved budget predictability for the State. Further, an expanded MCO program that is implemented before the necessary groundwork is laid (e.g., adequate MCO monitoring and oversight infrastructure, sufficient provider access for complex populations) will experience challenges with sustainability.

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<sup>63</sup> Changes may also be required to Nevada's Medicaid Management Information Systems modernization. This is currently under review with DHCFP.

**Table 11. Comparison of Existing HCGP to Proposed Managed FFS Program**

|   | HCGP   | Proposed Managed FFS Program   |
|---|--|--|
| Geographic Area                                       | Statewide  | Statewide  |
| Eligible Recipients                                   | High cost/high need individuals in Medicaid and Nevada Check Up who are not enrolled in an MCO that have specific chronic conditions, mental health conditions or high utilization; certain groups excluded (discussed below)  | All Medicaid and Nevada Check Up recipients who are not enrolled in an MCO   |
| HCBS Waiver Recipients                                | Excluded   | Included; with assigned roles and responsibilities for vendor and waiver case manager and incentives for collaboration between vendor and waiver case manager  |
| Recipients Receiving Targeted Case Management         | Excluded   | Included; with assigned roles and responsibilities for vendor and targeted case manager and incentives for collaboration between vendor and targeted case manager  |
| Children Receiving Foster Care or Adoption Assistance | Excluded   | Included; with assigned roles and responsibilities for vendor and case manager and incentives for collaboration between vendor and case manager  |
| Full Benefit Dual Eligibles                           | Excluded   | Included   |
| Care and Case Management Services                     | <ul style="list-style-type: none"> <li>• Develop a care plan using a multi-disciplinary care planning team</li> <li>• Include medication monitoring in approach to care plan monitoring and reassessment</li> <li>• Provide reminders to enrollees</li> <li>• Establish and implement a disease management program targeted to the chronic population</li> <li>• Provide health coaching to facilitate enrollee behavioral changes to address underlying health risks such as obesity or weight management</li> <li>• Establish programs specific to certain groups (e.g., mental health program, oncology management program)</li> <li>• Coordinate hospital discharge planning and provide care transition services</li> <li>• Establish and implement programs that redirect inappropriate use from hospital emergency departments</li> </ul> | <ul style="list-style-type: none"> <li>• Cover similar services to the HCGP, with more specific contract requirements around: <ul style="list-style-type: none"> <li>– Timeframes for conducting assessments, developing care plans and contacting recipients</li> <li>– Face-to-face vs. telephonic interventions</li> <li>– Care plan development to consider long-term care services and social determinants (e.g., housing, employment, childcare)</li> </ul> </li> <li>• Expand medication monitoring into a medication therapy management program</li> </ul> |

|                           | HCGP   | Proposed Managed FFS Program  |
|---------------------------|--|---|
|                           | (EDs) for enrollees accessing EDs for non-emergent care that can be addressed in a primary care setting  |   |
| Other Recipient Services  | <ul style="list-style-type: none"> <li>Establish a usual source of primary care for all enrollees and assist enrollees in selecting a PCP (vendor does not assign PCPs)</li> <li>Provide referral and scheduling assistance for enrollees needing specialty healthcare or transportation services</li> <li>Provide health education, health promotion and patient education for all enrollees (e.g., appropriate use of healthcare services, tobacco cessation, self-care)</li> <li>Provide nurse call services 24 hours/ 7 days a week</li> <li>Maintain directory of community resources available to assist enrollees</li> <li>Have an enrollee services department to respond to enrollee inquiries</li> </ul> | <ul style="list-style-type: none"> <li>Cover similar services to the HCGP, with more specific contract requirements around: <ul style="list-style-type: none"> <li>Assignment of PCPs</li> <li>Timeframes for establishing a PCP relationship after recipient enters program</li> </ul> </li> <li>Provide general population health management services for all recipients, including reminders, EPSDT services confirmation, health education, wellness initiatives, etc.</li> <li>Conduct quality improvement projects and initiatives focused on improving quality of care and access to care, in collaboration with DHCFP and providers</li> </ul>  |
| Provider Support Services | <ul style="list-style-type: none"> <li>Provide feedback to enrollee's PCP and/or other treating providers regarding enrollee's adherence to care plan</li> <li>Routinely provide and collect pertinent clinical information to and from enrollee's PCP</li> <li>Monitor and provide reminders to enrollee's PCP and/or other treating provider(s)</li> <li>Educate providers on use of evidence-based practice guidelines</li> <li>Identify provider performance that suggests patterns of potential inappropriate utilization</li> </ul>  | <ul style="list-style-type: none"> <li>Cover similar services to the HCGP</li> <li>Provide case managers or other staff to work with providers and hospitals, to serve as a resource for providers to assist with transformation of service delivery and help recipients transfer to lower levels of care as appropriate</li> <li>Work with PCP practices to offer expanded hours</li> <li>Offer education about available telemedicine resources, how to bill for telemedicine, what technology is needed to use telemedicine, etc.</li> <li>Conduct provider workshops, trainings and technical assistance on clinical topics, including introducing evidence-based and emergency best practices and delivering a person-centered approach to care (current Hewlett Packard Enterprise service; however managed FFS program would expand this function)</li> <li>Develop and manage a P4P program for providers <ul style="list-style-type: none"> <li>Recruit providers</li> <li>Provide evidence-based practices and coding guidelines</li> <li>Report P4P performance</li> </ul> </li> </ul> |

|   | HCGP  | Proposed Managed FFS Program   |
|---|---|--|
|   |   | <ul style="list-style-type: none"> <li>– Perform outreach to under-participating P4P providers</li> </ul>  |
| Administrative Services Provided                      | <ul style="list-style-type: none"> <li>• Conduct a grievance, appeal and state fair hearing process</li> </ul>  | <ul style="list-style-type: none"> <li>• Cover similar services to the HCGP</li> <li>• Prior authorization of FFS program services (current Hewlett Packard Enterprise service)</li> <li>• Assist DHCFP in FFS network adequacy analysis and Medicaid provider network development (including network development for long-term services and supports services and in frontier/rural areas)</li> <li>• Conduct semi-annual community meetings to gather stakeholder input</li> </ul>   |
| Relationship with State Divisions and County Agencies | No specific requirements for coordination with other State divisions or county agencies   | <ul style="list-style-type: none"> <li>• HCBS waivers and targeted case management recipients retain current case managers, however DHCFP offers incentives for:               <ul style="list-style-type: none"> <li>– Vendor to provide State Division/county agency case managers with data on highest-risk recipients and proposed medical interventions</li> <li>– State Divisions/county agencies to act upon that data to improve their clients' medical outcomes</li> </ul> </li> <li>• Refer clients to waiver case management and targeted case management when they may meet eligibility criteria</li> <li>• Opportunity to participate with vendor in shared savings/incentive programs associated with improvements in quality and lower costs</li> </ul> |
| Payment Approach                                      | <ul style="list-style-type: none"> <li>• Per member per month payment, with 25 percent of monthly fees at risk based on annual net cost reduction</li> <li>• P4P bonus based on savings and quality scores</li> </ul> | <ul style="list-style-type: none"> <li>• Per member per month payment, with a withhold tied to savings and quality (not just savings); the quality component of the withhold should be based, in part, on metrics tied to care and case management and integrated care</li> </ul>  |
| Data Approach   | <ul style="list-style-type: none"> <li>• Measure quality performance related to specific conditions, care transitions, utilization, well care visits, etc.</li> </ul>   | <ul style="list-style-type: none"> <li>• Measure FFS program performance with respect to access, quality and cost for all FFS recipients and include stratification for special populations</li> <li>• Measure performance of PCMH providers, with respect to access, quality and cost</li> </ul>  |
| Program Authority                                     | 1115 demonstration waiver; expires June 30, 2018  | 1915(b) waiver or State Plan Amendment   |

## MCO Expansion Timing

After the implementation of the managed FFS program, Navigant recommends operating the MCO program and managed FFS program concurrently for at least two years, while closely monitoring and enforcing contract and performance requirements and evaluating results and trends in both programs. This timeframe is recommended due to the time it takes to obtain performance measure results; for example, audited HEDIS results for CY 2017 are generally not available until summer 2018 because of the time necessary for claims runout and audit activities. If DHCFP sees improvement in performance, access and availability of appropriate providers and satisfaction among recipients and providers, at that time it may consider re-evaluating whether to begin planning to expand MCOs' roles, by transitioning additional populations from the managed FFS program to the full-risk MCO program. We do not recommend expanding full-risk MCOs to additional populations and geographic areas until DHCFP sees trending improvements in these areas. If data supports moving forward with MCO expansion, DHCFP could award priority scoring to MCOs that participate in the managed FFS program. This would provide MCOs incentive to perform care and case management and quality improvement activities, both under the managed FFS program and under the current full-risk MCO program.

Figure 4 below presents a sample strategy for expansion of populations and services into the MCO program, if DHCFP sees sustained improvement in the above areas. Although we recommend next assessing readiness for MCO expansion in CY 2020, the following step-wise strategy could be implemented at a later date if it is determined in CY 2020 that the system is not yet ready for MCO expansion. We would recommend at least one year between each of these MCO program expansions, to allow for sufficient lead times for design, readiness assessment and testing, stakeholder education and incorporation of modifications based on experience.

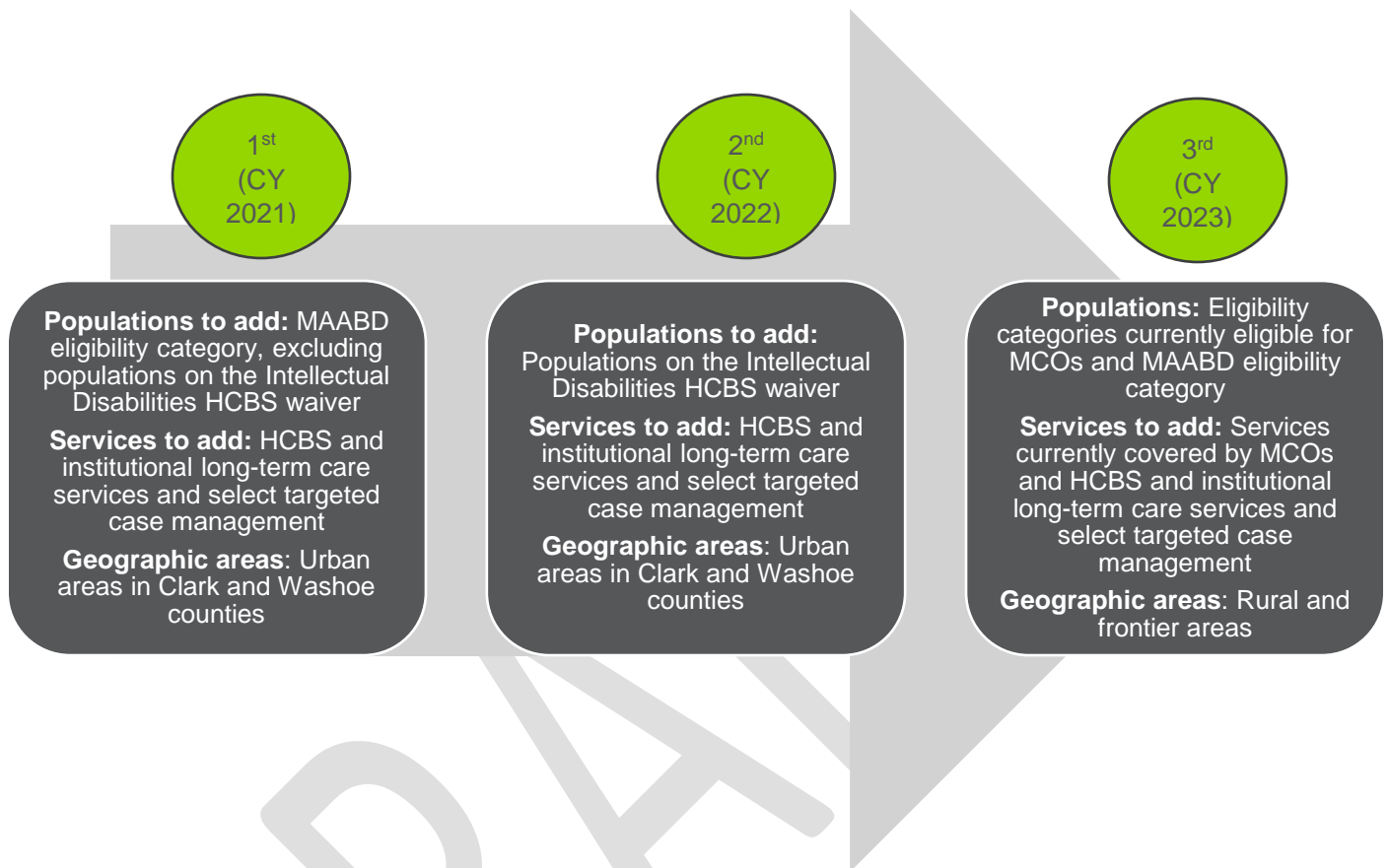
### Connecticut Administrative Services Organization

In 2012, Connecticut moved away from MCOs and used an administrative services organization that provides member support services (e.g., care coordination, intensive care management, call center), utilization management, provider support services (e.g., network development, PCMH transformation, call center) and data analytics, among other services.

Since implementing the administrative services organization model, the number of PCPs enrolled in Medicaid has increased by 15 percent, non-emergent medical visits have decreased by 14 percent and the average cost per patient per month has decreased from \$718 in 2012 to \$670 in 2015.

Sources: Beck, Melinda. Wall Street Journal. (March 18, 2016). *Connecticut Moves Away from Private Insurers to Administer Medicaid Program*; Connecticut Department of Social Services. (October 2014). *A Precipice of the Connecticut Medicaid Program*.

Figure 4. Example Progression of MCO Expansion



Note: Dates provided for discussion purposes only; only recommended after sustained improvements in the MCO program

By beginning MCO expansion with seniors and people with physical disabilities in the urban areas of Clark and Washoe counties, there is more opportunity for MCOs to contract with providers in the largest population centers to meet network adequacy requirements. Additionally, MCOs generally have more experience delivering services to seniors and people with physical disabilities as compared to individuals with intellectual or developmental disabilities. DHCFFP can work with MCOs and stakeholders to adjust the approach and build up staff capacity and collaboration processes before enrolling additional populations and expanding to new geographic areas. Education and outreach to any population newly included in the MCO program will be essential, as managed care is unfamiliar to many FFS recipients, particularly those with disabilities who have limited direct exposure to managed care.

Although it is possible to begin the MCO expansion phased approach earlier than CY 2021, this would require much more aggressive action by DHCFFP to complete the steps to build state capacity described in Phase 1 above. In addition, limited quality data on the two MCOs joining the MCO program in July 2018 will be available until summer 2019, due to the time it takes to obtain audited HEDIS performance measures. To illustrate the challenges of implementing an expanded MCO program more quickly, we provide a sample, high-level timeline of activities that



would be required to expand the MCO program to include the MAABD non-HCBS waiver population in MCOs by July 2018. These timeline steps are for example purposes only and are not inclusive of all the steps that would need to occur prior to an expansion of the MCO program:

- **March 2017:** Legislature approves MCO expansion plan and approves budget for contract oversight and monitoring and MCO expansion
- **April 2017 – May 2017:** DHCFP develops job descriptions for and hires three to six additional positions to support MCO oversight, monitoring and data analysis; develops revised MCO reporting templates and detailed instructions
- **May 2017 – June 2017:** DHCFP executes MCO contract amendment to modify MCO reporting requirements; conducts training with MCOs on revised MCO reporting templates and detailed instructions
- **June 2017 – July 2017:** DHCFP develops standard operating procedures for reviewing MCO reports and following up on MCO performance issues; develops databases for tracking and analyzing MCO reports; trains new hires and existing DHCFP staff who assume enhanced MCO oversight and monitoring responsibilities
- **July 2017:** DHCFP begins using new MCO reporting templates, standard operating procedures and tracking databases
- **July 2017 – Ongoing:** DHCFP continues training for new staff; reviews monthly, quarterly and annual MCO reports; provides feedback to MCOs both informally and through formal quarterly meetings; develops corrective action plans, as necessary
- **August 2017 – October 2017:** DHCFP develops MCO contract language with additional requirements for new populations and services to be covered by MCOs; develops federal approval documents to add new populations and services to managed care
- **February 2018 – April 2018:** DHCFP performs readiness reviews for MCOs to take on additional populations and services (desk and site reviews)
- **July 2018:** MCOs begin serving MAABD/non-HCBS waiver populations

Based on our experience with other states, we believe these timeframes are not reasonable to adequately prepare for an expanded MCO program. This timing typically does not allow for the time necessary to see trended improvements in performance, access and satisfaction measures to address stakeholders' concerns with some elements of the current MCO program. Further, it is unknown at this time whether DHCFP would be required to undergo a re-procurement if it decides to expand the MCOs' scope of services. If a re-procurement is necessary, it will extend these timeframes. Appendix I summarizes timing considerations under an accelerated MCO expansion timeline.

A phased approach to MCO expansion can help to alleviate cash flow issues that states can experience when contracting with a MCO as part of a Medicaid delivery model. MCOs are typically paid *prior* to the delivery of services (i.e., "prepaid"). At the same time, a Medicaid agency is still responsible for paying FFS claims that have occurred in the past (i.e., the FFS "tail"), a situation which can create short-term cash flow issues for around the time of

implementation.<sup>64</sup> By phasing in new populations over time, it can help to lessen the cash flow impact.

## **Mandatory and Voluntary Enrollment Recommendations**

If, based on sustained improvements in performance, access and satisfaction, Nevada elects to move forward with MCO expansion to the additional populations in Figure 4 above, we

recommend DHCFP use a mandatory enrollment approach. Mandatory enrollment can help ensure the MCOs will have enough enrollees to make their preparations for serving this population financially viable. Additionally, mandatory enrollment reduces the potential for MCOs to select Medicaid recipients with better health, leaving sicker recipients to be served by the FFS system, and would allow DHCFP to develop capitation rates that better support the expected cost of the program.<sup>65</sup>

If expanding MCOs to cover the additional populations in Figure 4, we also recommend DHCFP consider moving towards mandatory enrollment for adults with serious mental illness and children with severe emotional disturbance. As noted previously, MCO enrollment is currently optional for these populations, however these groups have the potential to receive more integrated and coordinated care, again, if DHCFP sees improvement among MCOs in performance, access and availability of appropriate providers and satisfaction among recipients and providers over the next several years. From a DHCFP monitoring perspective, it is essential that the managed care oversight team include individuals knowledgeable about the needs of people with mental illness and substance abuse issues to effectively monitor the quality and adequacy of the services provided by MCOs.

### **Phase-In Approaches**

States have used various approaches to phasing in managed long-term care.

- Florida introduced managed long-term care across the state over an eight month period
- Illinois added long-term services to its managed care program over the course of one year
- New York expanded managed long-term care to half of the state's 33 most populous counties over the course of two years and the remaining half over the subsequent year
- Through the CHOICES program, Tennessee brought managed long-term services into the existing MCO program, first in Middle Tennessee in March 2010 and then in East and West Tennessee in August 2010. In 2016, individuals with intellectual and developmental disabilities began enrollment into MCOs

Source: Mathematica Policy Research. (March 2016). *Medicaid Managed Long-Term Services and Supports: Themes from Site Visits to Five States*.

<sup>64</sup> In March 2015, the Nevada Assembly introduced Assembly Bill 310, which would have covered Medicaid recipients who are aged, blind or disabled and who reside in Clark and Washoe counties through a Medicaid managed care program. In response to this bill, DHCFP worked with its actuary to determine the cash flow implications of bringing in this new population into the MCO program on July 1, 2015. In an executive agency fiscal note, DHCFP summarized that this change to the MCO program would create a negative cash flow for DHCFP in the first year of the biennium and would require additional funds in SFY 2016 with a small savings in SFY 2017 and thereafter. Counties would also experience a cash flow issue, but on a smaller scale.

<sup>65</sup> Mathematica Policy Research. (March 2016). *Medicaid Managed Long-Term Services and Supports: Themes from Site Visits to Five States*. Retrieved from: <https://www.mathematica-mpr.com/-/media/publications/pdfs/health/2016/mltss-wp44.pdf>.

We also suggest that the following groups remain voluntary (i.e., have choice of either the FFS program of the MCO program), as federal regulations place limitations on enrolling these groups into MCOs on a mandatory basis. Although states can seek waivers to require mandatory enrollment for these groups, we do not recommend requiring enrollment of these populations into MCOs in the short-term because of the more stringent process to receive federal approval and because there is little interest across the State and stakeholders to make these populations mandatory.

- Native Americans
- Children under 19 years of age who are eligible for SSI under Title XVI
- Children eligible under section 1902(e)(3) of the Act
- Children in foster care or other out-of-home placement
- Children receiving foster care or adoption assistance

### ***MCO Covered Services Considerations***

Carving out certain services from MCOs can create fragmentation in service delivery. Therefore, we suggest that, if expanding MCOs to additional populations, the MCOs continue to cover physical health, behavioral health and pharmacy services, in addition to expanding their services to also include HCBS and institutional long-term care services and targeted case management, as illustrated in Figure 4 above. As previously mentioned, DHCFP began a stand-alone contract with a statewide NET vendor in July 2016 and will implement a stand-alone contract with a dental vendor beginning in July 2017. Therefore, by CY 2020, DHCFP will have had at least three years of experience with each of these vendors. We recommend that DHCFP closely monitor the outcomes of these contracts and recipient and provider satisfaction with their services before determining whether NET and dental services should remain outside of the MCO contract.

Appendices J, K and L provide a discussion of advantages and disadvantages associated with carving in additional populations into the MCO program, carving in services that are currently excluded from the MCO benefit package and expanding the MCO program statewide.

## Managed Care for Seniors and People with Disabilities

### ***Kansas: KanCare***

Kansas implemented the KanCare managed care program in January 2013, which includes primary and specialty care and long-term services and supports, including for those on HCBS waivers for people with physical disabilities and the frail elderly. The State extended KanCare to approximately 8,000 individuals with intellectual and developmental disabilities (I/DD) in February 2014. This extension was delayed about a year to accommodate a pilot program, which allowed I/DD beneficiaries to begin full participation in KanCare on a voluntary basis. The goal of the pilot was to help I/DD beneficiaries and their family members and providers to become accustomed to working within a managed care system, while providing more training for direct support workers.

Kansas is still evaluating KanCare for HCBS waiver populations, including the percent of waiver participants whose service plans address their assessed needs; the percent of waiver participants who received services as specified in their service plans; and total dollars spent on HCBS compared to institutional care. Available KanCare data specific to HCBS populations includes:

- The percentage of HCBS members who had an annual preventive health visit increased from 92 percent in 2013 to 93 percent in 2014
- Individuals on the physical disability, I/DD and frail elderly waivers experienced:
  - Decreases in emergency department visits between 2012 and 2014
  - Slight increases in inpatient admissions and readmissions between 2012 and 2014

Source: Kansas Department of Health and Environment. *Annual Report to CMS Regarding Operation of 1115 Waiver Demonstration Program – Year Ending 12.31.15.*

### ***Tennessee: TennCare CHOICES***

In 2010, Tennessee integrated HCBS and nursing facility services for the elderly and adults with physical disabilities into the three existing MCOs through TennCare CHOICES. This program has demonstrated:

- Increase in the share of long-term services and supports population using HCBS from 17 percent before program implementation to 30 percent after the first year
- A 37-day reduction in average nursing facility length of stay
- 129 nursing facility-to-community transitions in 2009 compared to 740 in 2012

Beginning in July 2016, certain individuals with I/DD could also enroll in two of the three TennCare MCOs through the Employment and Community First program. This program has a tiered benefit structure based on the needs of individuals enrolled in each group, which is designed to provide more cost-effective services to serve more people over time. Benefits include:

- Employment services and supports (e.g., employment discovery, benefits counseling)
- Individual services and supports (e.g., independent living skills training, community integration support services, community transportation)
- Family caregiver supports (e.g., family caregiver stipend, respite, family caregiver education and training)

The Tennessee Department of Intellectual and Developmental Disabilities continues to have a role in person-centered planning training, intake, quality assurance and critical incident management.

Sources: Department of Intellectual and Developmental Disabilities. *Renewal and Redesign of Tennessee's LTSS Delivery System for Individuals with Intellectual and Developmental Disabilities*; Tennessee Division of Health Care Finance and Administration. *Employment and Community First CHOICES.*

### Modifications to Relationships with State Divisions and Counties

State divisions and counties are currently responsible for delivering case management services to Medicaid recipients. CMS will not pay for duplicate care or case management services provided through multiple systems. For example, if an MCO provides primary care and behavioral health case management services to an individual, CMS would not pay for that individual to also receive primary care and behavioral health case management services through another entity.

Therefore, when introducing vendors that provide care and case management services to additional Medicaid populations, whether provided by a full-risk MCO or other vendor, it is important to consider how beneficiaries receive their care and case management services so as not to provide duplicative services.

Under the proposed managed FFS program, we recommend a collaborative approach between the vendor and the State and county employees providing targeted case management or waiver case management services, as described in Table 11 above. The State and county employees providing these services would still retain primary responsibility for these services, but could receive additional support and data from the vendor to facilitate more timely and targeted interventions with Medicaid recipients.

If Nevada elects to expand the MCO program to include HCBS waiver populations and select targeted case management services, it will need to decide how MCOs will deliver care and case management to those individuals, so as not to duplicate case management services already provided by State and county employees. If MCOs are responsible for providing waiver case management and targeted case management services, Table 12 below summarizes three care/case management models generally employed by MCOs, all of which would be disruptive to current State and county case managers, some of whom could lose their jobs or be reassigned to new positions.<sup>66</sup> In practice, when states move HCBS waiver populations to MCOs, the MCOs hire many case managers previously working for the State or other local entities.<sup>67</sup>

**Table 12. MCO Care/Case Management Models**

| Model          | Model Description   | Implications for Current System   |
|----------------|---|---|
| In-house model | <ul style="list-style-type: none"> <li>MCO hires its own staff to conduct care and case management</li> <li>Staff can include nurses, social workers, behavioral health specialists, pharmacy consultants and others</li> <li>MCOs can still be required to collaborate and coordinate with State and local entities</li> </ul> | <ul style="list-style-type: none"> <li>State/county case managers would no longer be responsible for providing most case management functions to MCO enrollees (there can be exceptions if MCOs do not have responsibility for certain case management functions)</li> <li>State/county could provide training to case managers and reassign them to</li> </ul> |

<sup>66</sup> A legislative fiscal note found that including HCBS waiver services in MCOs would require ADSD to lay off 216 employees. These employees include administrative staff, social workers, developmental specialists, and other employees with ADSD's HCBS program, Desert Regional Center, and Sierra Regional Center.

<sup>67</sup> AARP Public Policy Institute. (July 2015). *Care Coordination in Managed Long-Term Services and Supports*. Retrieved from: <http://www.aarp.org/content/dam/aarp/ppi/2015/care-coordination-in-managed-long-term-services-and-supports-report.pdf>.



| Model                  | Model Description   | Implications for Current System   |
|------------------------|---|---|
|                        |   | <ul style="list-style-type: none"> <li>take on other responsibilities required by the new MCO model (as discussed below)</li> <li>MCOs could hire state/county case managers</li> </ul>   |
| Shared functions model | <ul style="list-style-type: none"> <li>MCO executes subcontracts with entities for some care and case management functions</li> <li>MCO retains other care and case management functions</li> </ul> | <ul style="list-style-type: none"> <li>State/county case managers could continue to provide some case management services, with the MCO as the lead</li> <li>Would need to develop clear roles for the MCO vs. the State/county case managers so as not to duplicate services</li> <li>MCOs rather than DHCFP would pay state/county case managers</li> </ul> |
| Delegated model        | <ul style="list-style-type: none"> <li>MCO delegates the entire care management function to an entity(ies)</li> <li>MCO retains monitoring and compliance functions</li> </ul>                      | <ul style="list-style-type: none"> <li>State/county case managers could continue to provide primary case management services for certain populations</li> <li>MCOs rather than DHCFP would pay state/county case managers</li> </ul>  |

Because MCOs would assume responsibility for the care and case management functions in each of these care/case management models, some of Nevada's CPE programs would be heavily impacted. Section 7: Recommended Improvements to Nevada's Medicaid Delivery Model, provides more details on how expansion of the MCO program would impact revenue associated with some CPE programs.

### ***Additional Roles for State/County Employees***

Under a MCO model that includes managed long-term services and supports, states are required to provide certain functions. These functions require new job positions, which could be fulfilled by State and county employees. State and county employees previously responsible for case management services could shift their responsibilities to cover these new functions to provide:

- An access point for complaints and concerns about MCO enrollment, access to covered services and other related matters
- Education on enrollees' grievance and appeal rights within the MCO; the State fair hearing process; enrollee rights and responsibilities; and additional resources outside of the MCO
- Assistance in navigating the grievance and appeal process within the MCO, as well as appealing adverse benefit determinations by the MCO to a State fair hearing
- Review and oversight of long-term services and supports program data to provide guidance to DHCFP on identification, remediation and resolution of systemic issues<sup>68</sup>

<sup>68</sup> Beneficiary Support System, 42 C.F.R. 438.71(d) (2016).



Other roles commonly performed by State and local entities include level of care assessments, referrals and ombudsman program management and operations. These types of activities can typically receive a 50 percent Medicaid administrative match.

### **Supplemental Payment and Certified Public Expenditure Programs**

As discussed previously, Nevada has a number of supplemental payment programs that are key in generating revenue for providers (i.e., hospitals, nursing facilities, select practitioners employed by the University of Nevada School of Medicine). These programs, however, are at risk under a Medicaid managed care expansion to new populations and new geographic areas.

In the past, when states have moved from FFS to managed care, they have often sought to continue supplemental payment programs by requiring MCOs to “pass-through” the supplemental payments from the Medicaid agency to the designated providers. However, with the recent *Medicaid and Children’s Health Insurance Program (CHIP) Managed Care Final Rule*, and further clarifying policies and proposed regulations, CMS has made it clear that states will not be permitted to add new or increased pass-through payments to their MCO programs.<sup>69</sup>

Nevada’s CPE programs may also be affected by a managed care expansion. Under Nevada’s CPE programs, State divisions and counties may certify that they expend public funds to support the full cost of providing Medicaid-covered services or program administrative activities. In turn, these expenditures are eligible for federal financial match.<sup>70</sup> Nevada’s CPE programs include government units that provide:

- Targeted case management
- Adult day healthcare
- Public and mental health services
- Developmental services
- Emergency transportation services

All of the above services are currently carved out of the MCO benefit package. However, if the MCO program were expanded to include these services, 42 CFR §438.6 would not allow Nevada to maintain these CPE programs, which in turn would affect revenue to the State divisions and counties that provide these services.

### **Impact of MCO Expansion on Supplemental Payment and CPE Programs**

The CMS regulations as described above create significant issues for Nevada as the State explores options for expanding Medicaid managed care. Navigant estimated the financial impact

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<sup>69</sup> The *Medicaid and CHIP Managed Care Final Rule* provides a 10-year transition period to phase-out pass-through payments for hospitals. The regulations also provide a 5-year transition period to phase out pass-through payments to physicians and nursing facilities. After those transition periods, the pass-through payments will no longer be permitted. CMS clarified the *Final Rule* in a July 2016 Informational Bulletin, stating that adding new or increased pass-through payments beyond what was included as of July 5, 2016, into Medicaid managed care contracts would exacerbate a problematic practice. CMS later issued a proposed rule in November 2016 that would prevent the addition of new or increased pass-through payments beyond those in place on July 5, 2016.

<sup>70</sup> Medicaid and CHIP Payment and Access Commission (MACPAC). *Non-federal financing*. Retrieved from: <https://www.macpac.gov/subtopic/non-federal-financing/>.

associated with reductions in the scope of the supplemental payment and CPE programs as a result of managed care expansion, assuming three different expansion alternatives as follows:

- **Scenario 1.** MCO geographic area expanded statewide, but no additional eligibility categories or services are added
- **Scenario 2.** MCO populations expanded to enroll all individuals in the MAABD eligibility category and cover all long-term services (institutional and HCBS, including waivers) and select targeted case management, only in Clark and Washoe counties
- **Scenario 3.** MCO geographic area expanded statewide and MCO populations expanded to enroll all individuals in the MAABD eligibility category and cover all long-term services (institutional and HCBS, including waivers) and select targeted case management

We found that under each of these scenarios, there would be a negative multi-million dollar impact to state divisions (ranging from \$6.5 million in Scenario 1 to \$9.8 million in Scenario 3). There would be a total negative impact to affected providers (e.g., hospitals, nursing facilities, select practitioners employed by the University of Nevada School of Medicine) ranging from \$59 million in Scenario 1 to \$127 million in Scenario 3. Counties would see a positive impact (ranging from \$26 million in Scenario 1 to \$38 million in Scenario 3) because the amount of funds they currently supply to DHCFF as intergovernmental transfers (IGTs) for non-federal share would be reduced. These amounts are based on the impact of the supplemental payment loss under 42 CFR §438.6 and do not account for any change in base payments. Appendix M provides more detailed information by supplemental payment program for each of the three scenarios, as well as a description of the methodology to arrive at these estimates.

DHCFF is not the only State division that would experience a loss. Because CMS regulations do not allow Nevada to maintain CPE programs for services that would be covered by the MCOs, the following State and county agencies would experience a negative financial impact because Medicaid services they currently provide would become the responsibility of MCOs:

**Table 13. Agencies Impacted by MCO Expansion Scenarios**

| State/County Agency                      | Affected Services  | Rationale for Negative Financial Impact                          |
|--|--|--|
| Aging and Disability Services Division   | Targeted case management for individuals with intellectual disabilities or related conditions  | MCOs would provide this service directly under Scenarios 2 and 3 |
| Division of Child and Family Services    | Targeted case management for children and adolescents who are Non-Severely Emotionally Disturbed with a mental illness (in urban counties)                   | MCOs would provide this service directly under Scenarios 2 and 3 |
| Division of Public and Behavioral Health | Targeted case management for: <ul style="list-style-type: none"> <li>• Children and adolescents who are Non-Severely Emotionally Disturbed with a</li> </ul> | MCOs would provide this service directly under Scenarios 2 and 3 |

| State/County Agency           | Affected Services  | Rationale for Negative Financial Impact   |
|-------------------------------|--|---|
|                               | mental illness (in rural counties) <ul style="list-style-type: none"> <li>Adults who are Non-Seriously Mentally Ill with a mental illness</li> </ul> |   |
| Washoe County Senior Services | Adult day healthcare services  | MCOs would contract for and pay providers for this service directly under Scenarios 2 and 3 |

The targeted case management programs administered by Clark County Family Services, Clark County Juvenile Justice, Washoe County Juvenile Services and Washoe County Social Services would not be affected by the MCO expansion scenarios, as we do not recommend that the foster care and juvenile justice populations be required to enroll in MCOs.

### ***Options for Replacing or Modifying Supplemental Payment and CPE Programs***

There are potential options for replacing the revenues lost through supplemental payment and CPE programs, however. We have identified two primary options:

#### ***Option 1: Delivery System Reform Incentive Payment Program***

DHCFP could develop a Delivery System Reform Incentive Payment (DSRIP)-like program. These programs pay additional funds to providers to support them in changing how they deliver care to Medicaid recipients. Payments are generally tied to outcome or quality achievements. To date, these programs have been implemented under a Section 1115 demonstration waiver. It is possible that CMS may allow similar outcome- or quality-based programs to be implemented under State Plan Amendment authority in the future, as the *Medicaid and CHIP Managed Care Final Rule* indicates that states may require MCOs to implement value-based purchasing models for provider reimbursement that recognize value or outcomes, and requiring Section 1115 demonstration waivers for all of these models could become onerous. The *Final Rule* also mandates that providers cannot be required to enter into or adhere to an IGT agreement as a condition of participating in such a program.<sup>71</sup>

This option allows states to support value-based purchasing and delivery reform, and provides the flexibility to target the programs to address states' most pressing healthcare needs. This option can also help providers develop the necessary infrastructure to deliver more efficient and higher quality care in the future, which can generate lasting value for states as well.

There are also potential disadvantages associated with this option. To date, CMS-approved DSRIP programs often have significant administrative and reporting requirements both for states and providers, and often require that providers have data systems and reporting capabilities to fulfill federal and state requirements. These programs also require a funding source to pay for the incentive payments. Additionally, since these programs only make payments based on outcome and quality achievements, there are no guarantees that providers

<sup>71</sup> Centers for Medicare and Medicaid Services. (May 6, 2016). *Medicaid and CHIP Managed Care Final Rule*.

will receive the same level of payments as they did under FFS supplemental payment programs. For example, in New York's Delivery System Reform Incentive Payment program, hospitals could apply for funding to integrate primary care and behavioral health services, but the amount of funding they receive is based on how fully they achieve certain milestones and metrics associated with the project, such as reducing potentially preventable emergency room visits for individuals with behavioral health diagnoses.<sup>72</sup>

### *Option 2: Development of Enhanced Rates*

DHCFP could increase FFS payment rates (base rates) for inpatient and outpatient hospital services, nursing facilities, services provided by select practitioners associated with the University of Nevada's School of Medicine and county or state government providers that participate in a CPE program. Combining the supplemental payment program amounts and base rates into an "enhanced rate" would allow providers to receive both types of payments in a single rate, and DHCFP could require that MCOs pay at least these minimum payment rates to providers. This approach could increase reimbursement to the providers because providers would receive the enhanced rate for services provided to all Medicaid recipients. The increased payment rates to county and state government providers could allow counties to provide additional funding through IGTs for other Medicaid services.

A potential disadvantage of this option is that Medicaid could not target the enhanced rates. Provider rates would be based on the payment methodology established in the State Plan and the provider's utilization. In other words, DHCFP could not arbitrarily pay one provider more or less than others, to create a payment equal to what is paid currently. Rather, DHCFP must create a reasonable methodology and follow that for all providers in a class. Given that the incentives in managed care are different from the incentives in FFS Medicaid (e.g., reduced inpatient utilization), there would likely be some shift in overall distribution of dollars across providers in comparison to current payments.

Navigant developed a simple model that estimated the effect of an enhanced rate on inpatient services provided by county-owned hospitals using payment per discharge.<sup>73</sup> We found that, overall, this group of hospitals would be able to maintain or increase the revenues from Medicaid recipients regardless of the MCO expansion scenario. We developed the model using county-owned hospitals because counties could provide IGTs to DHCFP. Because the higher rates would increase the MCO capitated rates paid by DHCFP, IGTs from the counties could provide the non-federal share of the change in MCO capitated rates.

An enhanced rate methodology could be applied to private hospitals if a source of non-federal share of matching funds could be identified. A healthcare related tax for private hospitals is one option to fund the non-federal share of the enhanced rates. With any healthcare related tax there are some potential disadvantages, however. For example, the federal government could

<sup>72</sup> New York State Department of Health. (February 25, 2016). *Delivery System Reform Incentive Payment (DSRIP): Measure Specification and Reporting Manual*. Retrieved from: [https://www.health.ny.gov/health\\_care/medicaid/redesign/dsrp/2016/docs/2016-02-25\\_measure\\_specific\\_rpting\\_manual.pdf](https://www.health.ny.gov/health_care/medicaid/redesign/dsrp/2016/docs/2016-02-25_measure_specific_rpting_manual.pdf).

<sup>73</sup> DHCFP currently reimburses hospitals using a per diem rate with five classifications. Implementation of an enhanced rate would calculate per diem rates based on these classifications at a hospital specific rate.

reduce the limit for hold harmless calculations to less than the six percent of net patient revenue that is currently allowed.<sup>74</sup> Such a reduction could require Nevada to find additional revenue sources to fund the enhanced rates to private hospitals that are incorporated into MCO capitated rates.

The enhanced rate methodology could also be enacted for other provider types (i.e., outpatient hospitals, nursing facilities, physicians, targeted case managers). To do so, DHCFP would need to estimate the amount of non-federal share necessary to implement the rates and determine if a source is available for the non-federal share increase.

As discussed above, DHCFP could require MCOs to adopt a minimum fee schedule for network providers to ensure that MCOs also use the enhanced rate with providers, unless otherwise agreed to with the provider. The enhanced rates would increase the MCO capitated rates that DHCFP would pay the MCOs. The non-federal share of these increases would be covered by the current mix of IGT agreements, provider taxes and other current sources of revenue or a new mix of these sources of revenues. It is important to note that requiring MCOs to adopt a minimum fee schedule limits the flexibility of MCOs to negotiate contracted rates with providers.

Appendix N provides more information about these two options for replacing the revenues lost through supplemental payment and CPE programs.

## Approach to Provider Payment Issues

### Critical Access Hospitals

If DHCFP were to expand managed care statewide, MCOs would likely need to contract with CAHs to have a sufficient network of hospitals in rural areas, and CAHs would receive a much greater proportion of payments from MCOs as opposed to payments directly from DHCFP. As discussed previously, most CAHs are located in the rural and frontier areas of the State, areas that are not currently covered by MCO contracts. If DHCFP expands MCO service areas statewide, to ensure that CAHs continue to receive the same rates for hospital services as they do under FFS, DHCFP may contractually require MCOs to pay CAHs using the FFS methodology, unless otherwise agreed to by the CAH and the MCO. This payment would be accomplished by creating a prospective cost based rate for CAHs and requiring MCOs to pay that rate. The MCO would then be responsible for the full payment to CAHs, without any additional wraparound payments from DHCFP to the CAHs. Table 14 includes example MCO contract language from other states regarding CAH payment.

**Table 14. Example MCO Contract Language on CAH Payment**

| State  | Contract Language   |
|--------|---|
| Hawaii | The health plan shall reimburse CAHs for hospital services and nursing home services at rates calculated prospectively by the DHS using Medicare reasonable cost principles <sup>75</sup> |

<sup>74</sup> Hold harmless means that the taxes are not paid directly or indirectly to the entity being taxed. 42 CFR §433.68(f)(3)(i)(A) allows for the tax to be exempt from the hold harmless qualification if the tax equals less than six percent of the net patient revenue for the entities being taxed.

<sup>75</sup> Hawaii Department of Human Services. *QUEST Integration Managed Care to Cover Medicaid and Other Eligible Individuals. RFP-MQD-2014-005.*



| State    | Contract Language   |
|----------|---|
| Kentucky | The Contractor shall reimburse CAHs at rates that are at least equal to those established by CMS for Medicare reimbursement to a critical access hospital <sup>76</sup>   |
| Oregon   | If Contractor has a contractual relationship with a designated Type A, Type B, or Rural CAH, the Contractor and each said hospital shall provide representations and warranties to OHA:<br>(1) That said contract establishes the total reimbursement for the services provided to persons whose medical assistance benefits are administered by the Contractor; and<br>(2) That hospital reimbursed under the terms of said contract is not entitled to any additional reimbursement from OHA for services provided to persons whose medical assistance benefits are administered by Contractor. <sup>77</sup> |

## Rural Health Clinics

Under a statewide managed care expansion, MCOs would likely need to contract with RHCs to have sufficient provider networks, and RHCs would receive a much greater proportion of payments from MCOs as opposed to payments directly from DHCFP. The Medicaid State Plan does allow for quarterly or monthly supplemental payments from DHCFP to RHCs to make up the difference between the MCO payments and the payments the RHC would have received under the FFS methodology. However, RHCs currently experience challenges with cash flow and according to the Nevada Rural Hospital Partners, RHCs would not be able to accommodate quarterly reimbursement from DHCFP to make up any difference between the MCO payments and the payments the RHC would have received under the FFS payment methodology.<sup>78</sup> Monthly reconciliation payments, on the other hand, create an administrative burden for DHCFP.

DHCFP has two better alternatives for RHC payment to alleviate RHCs' cash flow concerns. The first is to increase FFS payments to RHCs to the Medicare PPS rate, and require MCOs to pay RHCs at least this amount, unless otherwise agreed to between the MCO and the RHC based on 42 CFR §438.6(c)(iii)(A). Under this approach, RHCs would receive their full payment from the MCOs and would not need to wait until the end of the quarter to receive a supplemental payment from DHCFP.

The second option is to create an alternative payment methodology (APM). CMS acknowledged that RHCs have found supplemental payment programs to "have created many complex issues under Medicaid managed care programs, including reconciliation disputes and complaints regarding the timeliness of supplemental payments."<sup>79</sup> CMS describes the APM as follows:

"To accomplish this goal, a state could amend its state plan to implement an APM, which is an optional alternative to the PPS requirements, including the supplemental payment requirements described above, as authorized under section 1902(bb)(6) of the Act. In order to use an APM to accomplish this goal, two conditions must be met: (1) the state and FQHC or RHC agree to use the APM; and (2) the APM results in FQHCs or RHCs

<sup>76</sup> Kentucky Department of Medicaid Services. *Medicaid Managed Care Contract*.

<sup>77</sup> Oregon Health Authority. *Oregon Health Plan, Health Plan Services Contract*.

<sup>78</sup> Focus Group with Joan Hall, Nevada Rural Hospital Partners. (October 11, 2016).

<sup>79</sup> Vikki Wachino. (April 26, 2016). *RE: FQHC and RHC Supplemental Payment Requirements and FQHC, RHC, and FBC Network Sufficiency under Medicaid and CHIP Managed Care*. SHO #16-006.



receiving at least their full PPS reimbursement rate from the managed care organization.”

The APM would employ the Medicare PPS rate issued annually by Medicare.

Under both options, DHCFP would need to include a requirement in their MCO contracts that MCOs pay contracted RHCs at least the full Medicare PPS rate for covered services and DHCFP would include the full PPS payment rate in calculating the actuarially sound MCO capitation rates.<sup>80</sup> Table 15 includes RHC payment approaches that states have used with their MCOs.

**Table 15. Example State Approaches for RHC Payment**

| State     | Approach   |
|-----------|--|
| Texas     | The MCO must pay full encounter rates to FQHCs and RHCs for Medically Necessary Covered Services provided to Medicaid and CHIP Members using the prospective payment methodology described in Sections 1902(bb) and 2107(e)(1) of the Social Security Act. Because the MCO is responsible for the full payment amount in effect on the date of service, HHSC cost settlements (or “wrap payments”) will not apply. <sup>81</sup> |
| Minnesota | The State of Minnesota eliminated the issue related to supplemental payments by carving out payments to RHCs and FQHCs from Medicaid MCO capitated rates. The Medicaid MCOs adjudicate claims and then send them to the Minnesota Department of Human Services for payment. <sup>82</sup>  |

## Section 8: Conclusion and Next Steps

This report is intended to provide the Legislature with recommendations on modifications to Nevada’s Medicaid delivery system. Based on the direction the Nevada Legislature provides, DHCFP will need to conduct a planning process to further determine all key design features associated with the recommendations that DHCFP intends to implement. The options the State selects may require up front implementation funding, which is an important element to explore in the planning process. DHCFP should:

- Develop a high-level implementation timeframe
- Convene a team to develop recommendations for detailed program design features
- Convene advisory groups and/or task forces, as needed
- Assess the recommended program design features with stakeholders and modify the design features to incorporate stakeholder feedback
- Identify and develop strategies to mitigate risks
- Develop a detailed implementation plan and timeline, including steps to receive federal approval for the strategy and determine budgetary needs

<sup>80</sup> Vikki Wachino. (April 26, 2016). *RE: FQHC and RHC Supplemental Payment Requirements and FQHC, RHC, and FBC Network Sufficiency under Medicaid and CHIP Managed Care*. SHO #16-006.

<sup>81</sup> Texas Health and Human Services Commission. (2016). *Uniform Managed Care Terms and Conditions*. Version 2.17.

<sup>82</sup> Minnesota Department of Human Services. *Federally Qualified Health Center and Rural Health Clinics*. Retrieved from: [http://www.dhs.state.mn.us/main/idcplg?IdcService=GET\\_DYNAMIC\\_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16\\_155131#managed](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_155131#managed).

Continued use of a deliberate decision making strategy, combined with thorough planning and robust communication with stakeholders, will help DHCFP prepare for and implement modifications to the Nevada Medicaid delivery system to achieve its objectives.

DRAFT

## Appendix A: Comparison of Nevada's MCO, FFS and HCGP Program Components

| Program Component                        | MCO Program   | FFS Program  | HCGP Program <sup>83 84</sup>  |
|--|---|--|--|
| <b>Primary Care Provider</b>             | <ul style="list-style-type: none"> <li>Each member assigned to PCP</li> <li>Members with disabilities, chronic conditions or complex conditions can select specialist as PCP</li> </ul>   | <ul style="list-style-type: none"> <li>Except for individuals receiving services from HCGP, recipients generally do not receive assistance in locating or being assigned to a PCP</li> </ul>   | <ul style="list-style-type: none"> <li>Participants receive assistance with selection of a PCP</li> </ul>  |
| <b>Member Assessment</b>                 | <ul style="list-style-type: none"> <li>MCOs must arrange for or conduct an assessment of new members identified as potential candidates for case management</li> <li>Assessment must evaluate physical health, behavioral health, co-morbid conditions and psycho-social, environmental and community support needs</li> </ul>  | <p>A limited proportion of FFS recipients receive assessments related to:</p> <ul style="list-style-type: none"> <li>Pre-Admission Screening and Resident Review and Level of Care assessments</li> <li>HCBS waiver services</li> <li>Targeted case management services</li> </ul>   | <ul style="list-style-type: none"> <li>Vendor uses predictive modeling to assess potentially eligible recipients and identify their risk level and presence of qualifying conditions</li> </ul>  |
| <b>Care and Case Management Services</b> | <ul style="list-style-type: none"> <li>MCOs must offer and provide care and case management services which coordinate and monitor the care for those with specific diagnoses and/or who require high-cost or extensive services</li> <li>MCOs must develop and implement a care treatment plan, incorporating person centered planning and system of care principles</li> <li>Person centered care treatment plan should reflect the recipient's primary health condition, any co-morbidity, and psychological and community support needs</li> </ul> | <ul style="list-style-type: none"> <li>Individuals receiving HCBS waiver services, children receiving foster care and other select groups receive case management services</li> <li>Generally, FFS recipients do not receive care or case management services, unless they also qualify for targeted case management or HCBS waiver services or are eligible for the HCGP</li> </ul> | <ul style="list-style-type: none"> <li>Participants receive individualized care and case management services, based on their identified risk level</li> <li>Vendor offers help obtaining equipment, medications and coordinating transportation</li> </ul> |

<sup>83</sup> Division of Health Care Financing and Policy. (September 2014). *Nevada Health Care Guidance Program*. Retrieved from: <http://dhcfp.nv.gov/uploadedFiles/dhcfpnhgov/content/Pgms/IHS/CMO-FAQsSheetFinal-Final.pdf?n=6462>.

<sup>84</sup> Division of Health Care Financing and Policy. *Health Care Guidance Program Provider Manual*. Retrieved from: <http://dhcfp.nv.gov/uploadedFiles/dhcfpnhgov/content/Pgms/IHS/HCGP-ProviderManual.pdf?n=7647>.

| Program Component                         | MCO Program  | FFS Program  | HCGP Program <sup>83 84</sup>  |
|---|--|--|--|
| <b>Provider Network</b>                   | <ul style="list-style-type: none"> <li>MCOs must develop a network that includes an adequate number of PCPs, specialists and hospitals that are appropriately located in geographically and physically accessible locations</li> <li>Must meet provider ratio and appointment availability standards for select provider types<sup>85</sup></li> <li>MCOs may limit the providers their enrolled members may see</li> <li>Medicaid providers may elect not to contract with Medicaid MCOs</li> </ul> | <ul style="list-style-type: none"> <li>Any willing and qualified provider is permitted to participate in Medicaid</li> <li>Recipients can seek care from any Nevada Medicaid provider</li> </ul> | <ul style="list-style-type: none"> <li>Any willing and qualified provider is permitted to participate in Medicaid</li> <li>Recipients can seek care from any Nevada Medicaid provider</li> </ul> |
| <b>Evidence-based Clinical Guidelines</b> | <ul style="list-style-type: none"> <li>MCOs must implement mechanisms to educate and equip physicians with evidence-based clinical guidelines or best practice approaches</li> </ul>   | <ul style="list-style-type: none"> <li>Generally, no programs to educate physicians about evidence-based clinical guidelines or best practice approaches</li> </ul>                              | <ul style="list-style-type: none"> <li>HCGP Provider Portal supplies evidence-based clinical guideline information for providers</li> </ul>  |
| <b>Performance Measures</b>               | <ul style="list-style-type: none"> <li>MCOs are required to annually report on a set of HEDIS measures</li> <li>Limited data to assess performance for Medicaid sub-populations</li> </ul>   | <ul style="list-style-type: none"> <li>DHCFP does not calculate or monitor quality measures, if the recipient is not participating in another program</li> </ul>                                 | <ul style="list-style-type: none"> <li>Vendor is required to report on a number of HEDIS measures</li> </ul>   |
| <b>Member Satisfaction</b>                | <ul style="list-style-type: none"> <li>MCOs must annually collect and submit to DHCFP child and adult satisfaction surveys</li> </ul>  | <ul style="list-style-type: none"> <li>No formal programs to assess satisfaction among FFS recipients</li> </ul>   | <ul style="list-style-type: none"> <li>Vendor measures participant (and provider) satisfaction through a third party satisfaction survey</li> </ul>  |
| <b>Pay for Performance Program</b>        | <ul style="list-style-type: none"> <li>Beginning in July 2017, DHCFP's MCO contract will allow a P4P program to provide MCOs financial incentives<sup>86</sup></li> <li>The program would withhold 1.25 percent of the MCO's net premium and delivery payments</li> </ul>  | <ul style="list-style-type: none"> <li>No P4P programs with FFS providers</li> </ul>   | <ul style="list-style-type: none"> <li>Vendor may develop and implement P4P programs for PCPs, pending DHCFP approval</li> </ul>   |

<sup>85</sup> New federal regulations effective July 2018 also require states to have additional network adequacy standards for their MCO programs.

<sup>86</sup> State of Nevada Purchasing Division. (July 1, 2016). *Request for Proposal 3260 for Managed Care Organizations*.

| Program Component | MCO Program  | FFS Program | HCGP Program <sup>83 84</sup> |
|-------------------|--|-------------|-------------------------------|
|                   | <ul style="list-style-type: none"> <li>MCOs can earn back up to 100 percent of their withheld amount based on its performance on six HEDIS performance measures<sup>87</sup></li> <li>DHCFP does not employ P4P under the existing MCO contract</li> <li>MCOs employ P4P programs with some network providers</li> </ul> |             |                               |

<sup>87</sup> The six HEDIS measures are: Children and Adolescents Access to PCPs (12-24 Months); Children and Adolescents Access to PCPs (25 months-6 years); Children and Adolescents Access to PCPs (12-19 years); Childhood Immunization Status – Combo; Comprehensive Diabetes Care – HbA1c Testing; Frequency of Ongoing Prenatal Care (81-100% of visits).

## Appendix B: Summary of State, County and Provider Revenue from Supplemental Payment Programs

| Supplemental Payment Program  | Without MCO Expansion |                |                  |
|---|-----------------------|----------------|------------------|
|   | State Agency Revenue  | County Revenue | Provider Revenue |
| Direct Graduate Medical Education   | \$3,203,652           | (\$12,372,660) | \$26,003,995     |
| Inpatient Supplemental Payment for Non-State Governmentally Owned or Operated Hospitals           | \$7,277,726           | (\$28,106,937) | \$59,073,202     |
| Inpatient Supplemental Payment for Private Hospitals  | \$0                   | \$0            | \$0              |
| Indigent Accident Fund (IAF) Supplemental Payment   | \$0                   | (\$25,463,180) | \$72,215,486     |
| Outpatient Hospital Supplemental Payments   | \$2,903,705           | (\$8,785,016)  | \$16,679,840     |
| Supplemental Payment to Free-Standing Nursing Facilities  | \$327,040             | \$0            | \$59,119,466     |
| Enhanced Rates for Practitioner Services Delivered by the University of Nevada School of Medicine | (\$957,497)           | \$0            | \$2,717,105      |



## Appendix C: Summary of State, County and Provider Revenue from CPE Programs

| Supplemental Payment Program  | Without MCO Expansion |                |                  |
|---|-----------------------|----------------|------------------|
|   | State Agency Revenue  | County Revenue | Provider Revenue |
| Division of Child and Family Services: Targeted Case Management Services  | (\$31,498,710)        | \$0            | \$88,475,140     |
| Division of Public and Behavioral Health- Public & Mental Health Services | (\$6,459,751)         | \$0            | \$16,797,590     |
| Aging and Disability Services Division: Developmental Services            | (\$5,336,317)         | \$0            | \$16,736,776     |
| Clark County Family Services: Targeted Case Management Services           | (\$4,938,825)         | \$1,996,114    | \$14,006,878     |
| Clark County Juvenile Justice: Targeted Case Management Services          | (\$407,124)           | \$404,103      | \$1,154,633      |
| Washoe County Juvenile Services: Targeted Case Management Services        | (\$154,089)           | \$119,915      | \$437,007        |
| Washoe County Senior Services: Daybreak Adult Services                    | (\$100,134)           | (\$90,233)     | \$283,987        |
| Washoe County Social Services: Targeted Case Management Services          | (\$693,650)           | (\$220,322)    | \$1,967,242      |

The amounts reported above are based on the audited cost reports for SFY 2015. The State agency revenue for each row equals the State share amount for SFY 2017 for interim payments. The three State agencies have the State agency revenue adjusted by the federal share of the CPE amount. The county revenue represents the federal funds portion of the CPE amount for the county providers. The CPE amount is the difference between the adjusted cost of services and the interim payment of services provided by the entity. The provider revenue is the total of interim payments made by DHCFF.

Note: There is also a CPE program for fire districts providing emergency transportation services that began in 2016, however because this is a newer CPE program, data was not available to include this CPE program in the analysis.

## Appendix D: List of Stakeholder Meetings

| Meeting                                     | Date               |
|---|--------------------|
| Listening Session – Washoe County           | January 5, 2016    |
| Focus Group – Washoe County                 | January 20, 2016   |
| Listening Session – Clark County            | January 20, 2016   |
| Focus Group                                 | January 21, 2016   |
| Listening Session – Clark County            | February 1, 2016   |
| Listening Session – Clark County 1          | February 2, 2016   |
| Listening Session – Clark County 2          | February 2, 2016   |
| Focus Group – Washoe County                 | February 5, 2016   |
| Focus Group – Washoe County                 | February 9, 2016   |
| Listening Session – White Pine County       | February 17, 2016  |
| Listening Session – Elko 1                  | February 18, 2016  |
| Internal Listening Session – Elko           | February 18, 2016  |
| Internal Listening Session – Elko           | February 19, 2016  |
| Listening Session – Humboldt County         | February 19, 2016  |
| Focus Group – Carson City                   | February 25, 2016  |
| Listening Session – Washoe County           | March 7, 2016      |
| Listening Session – Lyon County             | March 10, 2016     |
| Listening Session – Clark County            | March 15, 2016     |
| Focus Group – Clark County                  | March 16, 2016     |
| Internal Listening Session – Clark County   | March 24, 2016     |
| Internal Listening Session – Clark County 1 | March 25, 2016     |
| Internal Listening Session – Clark County 2 | March 25, 2016     |
| Focus Group - Washoe County                 | April 6, 2016      |
| Focus Group – Washoe County                 | May 5, 2016        |
| Focus Group                                 | May 13, 2016       |
| DHCFP Representatives                       | July 13-15, 2016   |
| DPBH Representative                         | July 13, 2016      |
| Governor's Office Representative            | July 13, 2016      |
| DCFS Representative                         | July 14, 2016      |
| Nevadans for a Common Good and Easter Seals | September 12, 2016 |
| Nevada State Medical Association            | September 12, 2016 |

| Meeting   | Date               |
|---|--------------------|
| Listening Session – Las Vegas 1                               | September 12, 2016 |
| Listening Session – Las Vegas 2                               | September 13, 2016 |
| Listening Session – Las Vegas 3                               | September 13, 2016 |
| Listening Session – Reno 1                                    | September 14, 2016 |
| Listening Session – Reno 2                                    | September 14, 2016 |
| Nevada Association of Counties                                | September 14, 2016 |
| National Alliance on Mental Illness Nevada                    | September 14, 2016 |
| Nevada Governor's Council on Developmental Disabilities       | September 15, 2016 |
| Nevada Medicaid MCOs  | September 15, 2016 |
| Nevada Hospital Association                                   | September 15, 2016 |
| Nevadans for the Common Good                                  | October 11, 2016   |
| Nevada Hospital Association/Nevada Rural Hospital Association | October 11, 2016   |
| Children's Mental Health and Foster Care Focus Group          | October 14, 2016   |
| Frail Elderly Focus Group                                     | October 24, 2016   |
| Physical Disability Focus Group                               | October 24, 2016   |
| Nevada Association of Counties                                | October 26, 2016   |

## Appendix E: Summary of Stakeholder Comments Regarding Special Populations

|   |   |
|---|---|
| <b>Children Receiving Foster Care</b>                                     | <ul style="list-style-type: none"> <li>• <b>Access to services.</b> Children receiving foster care have difficulty accessing services currently, and some providers are unwilling to see this more challenging population. It is important for these children to receive timely access to screening, assessment, medications and therapy.</li> <li>• <b>Team meetings.</b> Children receiving foster care require child and family team meetings with various providers, but Nevada Medicaid only allows one provider to bill for this meeting.</li> <li>• <b>Challenges with transitions.</b> There are challenges transitioning health information and insurance coverage when children transition out of the foster care system or change placements.</li> <li>• <b>Coordination with court system.</b> Children receiving foster care often require coordination with the court system to receive authorization for medical services; there is concern that adding MCOs in the mix would further slowdown the service authorization process.</li> <li>• <b>Vulnerable population.</b> This population has history of trauma, behavioral health issues and other severe medical problems.</li> <li>• <b>Psychotropic medications.</b> This population is more likely to take multiple psychotropic medications compared to other children on Medicaid.</li> <li>• <b>Current initiatives.</b> There are multiple programs in Nevada designed to improve care for children receiving foster care including System of Care grants; these programs are having successes and there is concern that MCOs could interfere with this progress.</li> <li>• <b>MCO care management.</b> MCO care management should not replace the comprehensive case management currently provided by trained and licensed social workers and probation officers.</li> <li>• <b>Targeted case management.</b> Counties depend on revenue from targeted case management, provided by county employees, to support county programs.</li> </ul> |
| <b>Individuals Receiving Long-term Services and Supports<sup>88</sup></b> | <ul style="list-style-type: none"> <li>• <b>Complex needs.</b> Individuals receiving long-term services and supports often require care from a wide array of specialists and need specialized equipment. Stakeholders fear that their services will be delayed or denied under a MCO program. There is also concern that MCOs are not familiar with the non-medical services provided through HCBS waivers since managed care is typically a medical model.</li> <li>• <b>Relationships with providers.</b> Many vulnerable populations receiving long-term services and supports have long-standing and trusted relationships with their providers. There is concern that they would need to change providers under an MCO program, which could cause disruption and negative impacts to their health and progress.</li> <li>• <b>Person-centered planning.</b> Person-centered planning is an essential component of high quality healthcare and has shown the best outcomes for people with disabilities.</li> <li>• <b>Case management.</b> Some recipients receiving HCBS waiver services or targeted case management feel that they have unmet needs and that their case managers do not have a full understanding of the available resources.</li> <li>• <b>Involvement of caregivers.</b> Family caregivers should be included as part of the care team and should be provided training and support as needed. Caregivers need more assistance navigating the system and accessing resources.</li> <li>• <b>Accessibility.</b> Programs need to consider special outreach and accommodations to address communication and physical accessibility barriers, including providing materials in alternate formats.</li> </ul>   |

<sup>88</sup> Includes comments from focus groups specific to the frail elderly, individuals with physical disabilities and individuals with intellectual and developmental disabilities.

|  |   |
|--|---|
|  | <ul style="list-style-type: none"> <li>• <b>Recipient protections.</b> Individuals receiving long-term services and supports may have limited ability to advocate for themselves, which needs to be carefully considered in any Medicaid delivery model.</li> <li>• <b>Coordination among State divisions.</b> Coordination among State divisions can be challenging as multiple State divisions are involved in HCBS waivers, and coordination with the Nevada Division of Welfare and Supportive Services can be confusing to recipients.</li> <li>• <b>Community integration.</b> Individuals currently receiving care in their home or community want to continue to do so. The State should help individuals receiving care in institutional settings to move to the community, as appropriate.</li> <li>• <b>Dual eligibles.</b> Recipients who are also enrolled in Medicare have difficulty understanding what is covered by Medicaid versus Medicare, and how to access those services.</li> <li>• <b>Independence.</b> Recipients want to be more independent, but need more assistance with medical needs.</li> <li>• <b>Self-directed care.</b> HCBS waiver recipients want to maintain their option to self-direct their care and use family caregivers as paid providers.</li> <li>• <b>HCBS waitlists.</b> There are currently waitlists for each of the State's three HCBS waivers. Stakeholders feel that all HCBS waiver waitlists should be eliminated before any MCO expansion occurs.</li> </ul> |
| Individuals with Behavioral Health Needs | <ul style="list-style-type: none"> <li>• <b>Timely access to services.</b> Waitlists for children with severe emotional disturbance are lengthy and the intensity of services provided is not sufficient.</li> <li>• <b>Non-licensed providers.</b> Basic skills training providers, psychosocial rehab providers and Substance Abuse Prevention and Treatment Agency providers have had trouble being included in MCO networks because they are not licensed providers and do not always meet MCO credentialing standards.</li> <li>• <b>Integration.</b> Integration of physical and behavioral health is essential and should be a part of all Medicaid programs, including the MCO program.</li> <li>• <b>Level of services.</b> Stakeholders feel MCOs may not have sufficient experience with the seriously and chronically mentally ill and homeless populations to provide intensive care management and help them receive care in the right setting.</li> <li>• <b>Mental health parity.</b> The State needs to assure that its MCO and FFS programs are compliant with the Mental Health Parity law before expanding the MCO program to additional populations.</li> </ul>  |
| Frontier / Rural Area Residents          | <ul style="list-style-type: none"> <li>• <b>Provider access.</b> Provider access issues are heightened in the rural and frontier areas of the State. Rural health clinics have difficulty keeping staff.</li> <li>• <b>Service integration.</b> It can be more difficult to integrate care in rural areas as there are limited providers of different types and it is harder to connect behavioral health, physical health and dental providers.</li> <li>• <b>Enhanced service delivery.</b> Rural areas of the state also need enhanced levels of care coordination and support for providers and recipients, such as those provided through PCMH models.</li> <li>• <b>Connection with services.</b> There are challenges connecting recipients with available community resources.</li> <li>• <b>Transportation.</b> Transportation challenges are more prominent in rural and frontier areas, with long travel times and a cumbersome process to access transportation</li> </ul>  |

## Appendix F: Description of Other Delivery System Options Considered

### Accountable Care Organizations

An accountable care organization (ACO) is a payment and delivery model comprised of a network of doctors and hospitals with shared patient responsibility. ACOs aim to tie provider reimbursements to quality metrics and total cost of care reductions for an assigned population of patients. The structure of an ACO may vary (a hospital with employed physicians, a health system consisting of several hospitals and employed physicians, physician joint ventures or multi-provider networks). However, ACOs have some common elements, such as a focus on primary care and service integration, payment reform and accountability for quality and costs of care for a defined population.<sup>89</sup>

There are seven Medicare Shared Savings Program ACOs that include parts of Nevada in their service area.<sup>90</sup> Some of these ACOs also contract with other payers. Through its MCO contracts, DHCFP encourages its Medicaid MCOs to use ACOs when available and appropriate.

In addition to encouraging its MCOs to contract with ACOs, DHCFP may also develop a Medicaid ACO program, in which DHCFP certifies new or existing ACOs to serve the Medicaid population, using a shared savings arrangement. Under this agreement, ACOs that save money while also meeting quality targets would keep a portion of the savings. Medicaid providers would continue to be paid either by DHCFP or by MCOs (depending on the Medicaid recipient and the service provided). Key advantages and disadvantages associated with this model are shown below.

Ten states have launched Medicaid ACO programs. While Medicaid ACOs are relatively new and many states have not yet published results, some states have achieved promising findings. For example:

- All nine of **Minnesota's Integrated Health Partnerships** achieved shared savings, exceeded quality targets and reduced inpatient and emergency department utilization in the program's second year
- **Colorado** estimates its **Accountable Care Collaborative** has avoided a net total of \$139 million since the program began in 2011 and members who spent more time in the program used fewer high-cost services than members in the program for less than six months

Sources: Center for Health Care Strategies. (September 2016). *Medicaid Accountable Care Organizations: State Update*; Colorado Department of Health Care Policy and Financing. *Accountable Care Collaborative FY 2015-2016*.

| Key Advantages   | Key Disadvantages  |
|--|--|
| <ul style="list-style-type: none"> <li>• Providers may retain more control</li> <li>• Providers may be most familiar with recipient needs</li> </ul> | <ul style="list-style-type: none"> <li>• May lack provider capacity to develop ACOs</li> <li>• Significant provider start-up costs</li> <li>• May have limited ability to serve populations requiring long-term services and supports</li> <li>• Increased DHCFP administrative responsibilities</li> <li>• Limited evidence regarding outcomes for Medicaid ACOs</li> <li>• Limited additional budget predictability as a stand-alone strategy</li> </ul> |

<sup>89</sup> The Commonwealth Fund and the National Academy for State Health Policy. (February 2011). *On the Road to Better Value: State Roles in Promoting Accountable Care Organizations*. Retrieved from: [http://www.commonwealthfund.org/~media/files/publications/fund-report/2011/feb/on-the-road-to-better-value/1479\\_purinton\\_on\\_the\\_road\\_to\\_better\\_value\\_acos\\_final.pdf](http://www.commonwealthfund.org/~media/files/publications/fund-report/2011/feb/on-the-road-to-better-value/1479_purinton_on_the_road_to_better_value_acos_final.pdf).

<sup>90</sup> CMS. (Accessed October 6, 2016). *2015 Medicare Shared Savings Program Organizations*.



## Program of All-Inclusive Care for the Elderly

The Program of All-Inclusive Care for the Elderly (PACE) is a long-standing program for frail elders who need nursing home level of care that allows states to provide comprehensive Medicare and Medicaid medical and social services using an interdisciplinary team approach. States provide services through a PACE organization, which is a not-for-profit private or public entity that operates as an adult day health center. Payment is capitated and includes all preventive and primary care, acute medical care, pharmacy services, medical and assistive devices, mental and behavioral health services and long-term services and supports. Individuals can join PACE programs if they meet certain conditions:

- Age 55 or older
- Live in the service area of a PACE organization
- Eligible for nursing home care
- Be able to live safely in the community<sup>91</sup>

PACE generally targets small populations and so has not been used as a broad-based solution. As of September 2015, there were about 33 states with PACE programs and total enrollment was approximately 33,000.<sup>92</sup> Nevada does not currently have any PACE programs.

In November 2015, President Obama signed the PACE Innovation Act into law, which allows CMS to develop PACE pilot projects that could serve more seniors as well as younger individuals with disabilities that are in need of integrated care and services.<sup>93</sup> CMS has not yet released information on these pilot projects. Key advantages and disadvantages associated with the PACE model are shown below.

| Key Advantages   | Key Disadvantages  |
|--|--|
| <ul style="list-style-type: none"> <li>• Aligns Medicare and Medicaid services</li> <li>• Federal regulations require PACE entities to be not-for-profit, which is attractive to some stakeholders</li> <li>• Some evidence that PACE improves certain aspects of quality, such as pain management and enrollees have a lower mortality rate<sup>94</sup></li> </ul> | <ul style="list-style-type: none"> <li>• Pending additional guidance from CMS regarding expanded eligibility for PACE programs, there is limited ability to reach a large number of individuals through this model</li> <li>• Some evidence that PACE is associated with higher Medicaid costs; there is mixed evidence regarding the impact of PACE on Medicare costs, with some studies showing lower Medicare costs compared to FFS enrollees and others showing no significant difference compared to HCBS enrollees<sup>95</sup></li> </ul> |

<sup>91</sup> Centers for Medicare and Medicaid Services. *Program of All-Inclusive Care for the Elderly*. Retrieved from: <https://www.medicare.gov/medicaid/ltss/pace/index.html>.

<sup>92</sup> Integrated Care Resources Center. (September 2015). *Program of All Inclusive Care for the Elderly Enrollment by State and by Organization*. Retrieved from: <http://www.chcs.org/media/ICRC-PACE-program-enrollment-September-2015.pdf>.

<sup>93</sup> National PACE Association. (November 6, 2015). *President Signs PACE Innovation Act into Law*. Retrieved from: <http://www.npaonline.org/about-npa/press-releases/president-signs-pace-innovation-act-law>.

<sup>94</sup> Assistant Secretary for Planning and Evaluation Office of Disability, Aging and Long-Term Care Policy. (January 2014). *Evaluating PACE: A Review of the Literature*. Retrieved from: <https://aspe.hhs.gov/sites/default/files/pdf/76976/PACELitRev.pdf>.

<sup>95</sup> Assistant Secretary for Planning and Evaluation Office of Disability, Aging and Long-Term Care Policy. (January 2014). *Evaluating PACE: A Review of the Literature*. Retrieved from: <https://aspe.hhs.gov/sites/default/files/pdf/76976/PACELitRev.pdf>.

### Dual Eligible Special Needs Plans

Dual Eligible Special Needs Plans (D-SNPs) are a type of Medicare Advantage plan that serve recipients enrolled in both Medicare and Medicaid. D-SNPs must have a contract with a state in order to operate in the state. D-SNPs are federally required to perform actions to improve coordination of Medicare and Medicaid services for dual eligibles. In addition, states can require D-SNPs to perform additional coordination activities. In 2015, there were 210 D-SNPs across 38 states and the District of Columbia.<sup>96</sup> There are no D-SNPs in Nevada. States can require MCOs that provide long-term services and supports to have a companion D-SNP or to offer D-SNPs directly.

Fully Integrated Dual Eligible Special Needs Plans (FIDE SNPs) are a special type of D-SNP, which allow a greater degree of integration of Medicare and Medicaid services. FIDE SNPs must contract with the state to cover Medicaid long-term care services, using a capitated approach. They must also coordinate the delivery of Medicare and Medicaid health and long-term care services. D-SNPs must request CMS review and approval in order to obtain FIDE SNP status. As of January 2015, there were 37 FIDE SNPs operating in seven states.<sup>97</sup>

#### D-SNP Results

According to a 2013 study from the Medicare Payment Advisory Commission, overall D-SNPs tend to have average to below-average performance on quality measures compared with other Medicare Advantage Special Needs Plans and regular Medicare Advantage plans. However, D-SNPs with close integration with Medicaid performed well on the Medicare Star ratings.

Minnesota's Senior Health Options (MSHO) is one such D-SNP with close integration with Medicaid. MSHO began in 1995 and is a voluntary program, only available to dual eligibles. Findings from the program include:

- Approximately 98 percent of MSHO enrollees have annual primary care visits
- Hospital admissions for community seniors by risk adjusted categories are lower for in MSHO enrolls than for FFS Medicare or other Medicare Advantage members
- MSHO D-SNPs have had average Star ratings of 4.0 Stars
- MSHO is highest rated Medicaid program
- Despite voluntary enrollment, MSHO disenrollment is less than 2 percent

Sources: MedPAC. (March 2013). *Report to Congress: Medicare Payment Policy (Chapter 14)*; Minnesota Department of Human Services. (June 2013). *Minnesota's Alternative Demonstration for Persons with Medicare and Medicaid*.

Key advantages and disadvantages associated with the D-SNPs are shown below.

| Key Advantages  | Key Disadvantages   |
|---|---|
| <ul style="list-style-type: none"> <li>• Provides an opportunity for DHCFC to enter into arrangements to better integrate Medicaid and</li> </ul> | <ul style="list-style-type: none"> <li>• Enrollment in D-SNPs is voluntary, although DHCFC can mandate that individuals eligible for</li> </ul> |

<sup>96</sup> Kaiser Family Foundation. (2015). *Medicare Advantage: Special Needs Plans, by SNP Type*. Retrieved from: <http://kff.org/medicare/state-indicator/special-needs-plan-offerings/?currentTimeframe=0>.

<sup>97</sup> Integrated Resource Center. (November 2015). *State Contracting with Medicare Advantage Dual Eligible Special Needs Plans: Issues and Options*. Retrieved from: <http://www.chcs.org/media/ICRC-Issues-and-Options-in-Contracting-with-D-SNPs-FINAL.pdf>.

|   |   |
|---|---|
| <p>Medicare services without participating in the CMS Financial Alignment Initiative (which is not currently accepting new applications)</p> <ul style="list-style-type: none"> <li>• D-SNPs are complementary to MCO programs that include long-term services and supports since many of the recipients are also eligible for Medicare</li> <li>• Reduces complexity for recipients as they will no longer require two different ID cards, enrollee handbooks, etc.</li> <li>• Helps to coordinate provider activities and care plans</li> </ul> | <p>Medicare and Medicaid enroll in the Medicaid MCO<sup>98</sup></p> <ul style="list-style-type: none"> <li>• D-SNPs must tailor their Medicare Advantage applications, benefit packages and geographic service areas to be consistent with state requirements</li> <li>• Requiring Medicaid MCOs to be D-SNPs could limit the pool of eligible MCOs</li> <li>• Requires additional coordination and approval with other offices at CMS</li> <li>• As Nevada does not currently have any D-SNPs, resources are necessary to develop this product and design approach to coordinate with Medicaid</li> </ul> |
|---|---|

### Stand-Alone Managed Long-term Services and Supports MCO

A number of states have implemented managed care programs, specifically for recipients requiring long-term services and supports. Typically to qualify for enrollment in this type of program, Medicaid recipients must need a nursing facility level of care. In this program, the MCOs would be responsible for providing institutional and HCBS, and could also provide additional services such as medical, behavioral health and pharmacy services.

### Florida Managed Long-Term Care Program

Florida introduced its statewide managed long-term care program using a phased-in approach, between August 2013 and March 2014. Florida's program is mandatory for most people needing long-term services and supports and includes HCBS and institutional long-term care services. There are currently six MCOs operating in various regions across the State.

Since the program was implemented, overall, quality levels have remained the same or improved and 75 percent of satisfaction survey respondents indicated that their quality of life has improved and 60 percent reported that their overall health has improved.

Sources: Florida Agency for Health Care Administration. (October 2016). *A Snapshot of the Florida Statewide Medicaid Managed Care Program*; Florida Agency for Health Care Administration. (March 2016). *A Snapshot of the Florida Statewide Medicaid Managed Care Program*.

There has yet to be a comprehensive study of managed long-term services and supports outcomes due to program diversity across states and unreliable encounter data. While short term results like easier budgeting have been achieved for states, most savings and health outcomes may only be achieved in the long-term, if at all.<sup>99</sup> Additionally, there is not a national measure set for managed long-term services and supports, so it is more difficult to identify

<sup>98</sup> Integrated Resource Center. (November 2015). *State Contracting with Medicare Advantage Dual Eligible Special Needs Plans: Issues and Options*. Retrieved from: <http://www.chcs.org/media/ICRC-Issues-and-Options-in-Contracting-with-D-SNPs-FINAL.pdf>.

<sup>99</sup> American Health Care Association. *Future Spending Fears Spur Managed Care for Older Adults: A Risky Business with Challenges and Uncertainties for all Parties*. Retrieved from: [https://www.ahcancal.org/facility\\_operations/medicaid/Documents/MLTSS%20Analysis.pdf](https://www.ahcancal.org/facility_operations/medicaid/Documents/MLTSS%20Analysis.pdf).

national outcomes. CMS has commissioned a national evaluation of 1115 waivers that focus on long-term services and supports. The evaluation will attempt to examine:

- System-wide costs for long-term services and supports and whether institutional care costs decline relative to HCBS costs
- Beneficiary access, health services utilization and quality of long-term services and supports
- Program design characteristics<sup>100</sup>

The interim and final evaluations are expected to be complete in 2017 and 2019, respectively.

Key advantages and disadvantages associated with a stand-alone managed long-term services and supports model are shown below.

| Key Advantages   | Key Disadvantages   |
|--|---|
| <ul style="list-style-type: none"> <li>• Many of the same advantages of MCO models described previously in this report, such as improved care management and support services and integrated care</li> <li>• Opportunity to select MCOs with specific long-term services and supports expertise</li> </ul> | <ul style="list-style-type: none"> <li>• Many of the same disadvantages of MCO models described previously in this report, such as limited providers and lack of support from provider and advocacy communities</li> <li>• Number of recipients requiring long-term services and supports may not support a separate program</li> </ul> |

## Managed Care Programs for Children Receiving Foster Care and Youth Involved in the Juvenile Justice System

Children receiving foster care have significant physical, dental and behavioral health needs. Nationally, these children are more likely to use behavioral health services and psychotropic medications compared to children in Medicaid overall.<sup>101</sup> In Nevada, children receiving foster care have the option of enrolling in MCOs if they live in an MCO service area.

Youth involved in the juvenile justice system often have significant physical and behavioral health needs, with the majority having at least one mental health condition.<sup>102</sup> In Nevada, if youth involved in the juvenile justice system are in the custody of their parents and live in an MCO service area, they are enrolled in MCOs; however if they are in the custody of the State, they are served through the Medicaid FFS system. Additionally, if Nevada youth are committed to Youth Centers, they are terminated from Medicaid, as federal regulations do not allow for federal Medicaid matching funds for inmates of public institutions (although law permits states to suspend rather than terminate Medicaid eligibility during this time).<sup>103</sup>

<sup>100</sup> Mathematica Policy Research. (May 15, 2015). *Medicaid 1115 Demonstration Evaluation Design Plan*. Retrieved from: <https://www.medicaid.gov/medicaid-chip-program-information/by-topics/waivers/1115/downloads/evaluation-design.pdf>.

<sup>101</sup> Center for Health Care Strategies. (March 2013). *Medicaid and Children in Foster Care*. Retrieved from: <http://childwelfaresparc.org/wp-content/uploads/2013/03/medicaid-and-children-in-foster-care.pdf>.

<sup>102</sup> National Academy for State Health Policy. (December 2013). *Facilitating Access to Health Care Coverage for Juvenile-Justice Involved Youth*. Retrieved from: [http://www.nashp.org/sites/default/files/Facilitating Access to Health Care Coverage.pdf](http://www.nashp.org/sites/default/files/Facilitating%20Access%20to%20Health%20Care%20Coverage.pdf).

<sup>103</sup> Kaiser Family Foundation. (May 2014). *Health Coverage and care for Youth in the Juvenile Justice System: The Role of Medicaid and CHIP*. Retrieved from: <https://kaiserfamilyfoundation.files.wordpress.com/2014/05/8591-health-coverage-and-care-for-youth-in-the-juvenile-justice-system.pdf>.

Only a few states have developed separate MCO programs for children receiving foster care and youth involved in the juvenile justice system. Examples include TennCare Select in Tennessee, in which there is a single MCO for children who are in the custody of the State, children receiving SSI benefits, children in an institutional eligibility category, enrollees with intellectual disabilities and enrollees temporarily living out of State.<sup>104</sup> TennCare Select has special requirements such as:

- Provide customer service specific to the needs of Department of Child Services (DCS) family service workers and foster parents through a call center staffed by employees knowledgeable of DCS processes
- Work with Medicaid and DCS around issues of psychotropic medication use, informed consent and physical and behavioral health needs of children
- Meets with DCS to develop and implement strategies to improve care for children in state custody<sup>105</sup>

When children exit state custody, they remain enrolled in TennCare Select for a specified period of time and then are disenrolled. After disenrollment, they are either enrolled in a family member's MCO or are given the opportunity to select another MCO.<sup>106</sup>

In addition, the Georgia Families 360 program is served by a single MCO, which enrolls select youth involved in the juvenile justice system who are in non-secure settings, in addition to children receiving foster care and adoption assistance. Components of the Georgia Families 360 program include:

- Members have a medical and dental home to promote consistency and continuity of care
- Each member has an assigned care coordination team to work closely with Division of Family and Children Services and the Department of Juvenile Justice personnel and affiliated providers
- Care coordination teams and agency staff collaborate to develop care plans and monitor each member's health outcomes

### Georgia Families 360 Results

The Georgia Department of Community Health reported the following results from the first year of the program:

- 18 percent reduction in psychotropic medications
- 22 percent reduction in inpatient hospital admissions
- 14 percent reduction in emergency room visits
- 22 percent reduction in psychiatric residential treatment facility admissions
- HEDIS performance measure rates identified some successes and some areas needing improvement

Sources: Georgia Department of Community Health. Monitoring and Oversight Committee presentations. October 7, 2015 and January 20, 2015.

<sup>104</sup> BlueCare Tennessee. *TennCare Select*. Retrieved from: <http://bluecare.bcbst.com/Health-Plans/TennCareSelect.html>.

<sup>105</sup> Center for Health Care Strategies. (March 2013). *Medicaid and Children in Foster Care*. Retrieved from: <http://childwelfareparc.org/wp-content/uploads/2013/03/medicaid-and-children-in-foster-care.pdf>.

<sup>106</sup> Tennessee Department of Finance and Administration. (July 1, 2016). *Statewide Contract with Amendment 4*. Retrieved from: <https://www.tn.gov/assets/entities/tenncare/attachments/MCOStatewideContract.pdf>.



- Providers, foster parents, adoptive parents and other caregivers are involved in ongoing care plans
- 24/7 Intake Line for calls from foster and adoptive parents, caregivers, providers and members
- Medication management program that focuses on appropriate monitoring of psychotropic and ADD/ADHD medication use<sup>107</sup>

As a third example, the Milwaukee County Behavioral Health Division administers a county-based managed care program, Wraparound Milwaukee, for children in the child welfare or juvenile justice systems who have serious behavioral health needs placing them at risk of being placed in a residential treatment program. This program uses both capitation and case rate financing from multiple payers including Medicaid, mental health, child welfare and juvenile justice and has demonstrated reduced lengths of stay in intensive levels of treatment, improved clinical and functional outcomes and lower average per-client monthly costs compared to more costly settings that serve this high-risk, high-need population.<sup>108</sup>

Key advantages and disadvantages associated with a stand-alone managed care program for children receiving foster care and/or youth involved in the juvenile justice system are shown below.

| Key Advantages   | Key Disadvantages   |
|--|---|
| <ul style="list-style-type: none"> <li>• Many of the same advantages of MCO models described throughout this report, such as improved care management and support services and integrated care</li> <li>• Opportunity to select MCOs with specific expertise serving these population and familiarity with their unique needs</li> </ul> | <ul style="list-style-type: none"> <li>• Many of the same disadvantages of MCO models described throughout this report, such as limited providers</li> <li>• Number of youth involved in the juvenile justice system and/or children receiving foster care may not support a separate MCO program</li> <li>• Would require additional funding sources to cover services required for this population, but not covered by Medicaid</li> <li>• Little data is available regarding managed care programs for children receiving foster care and youth involved in the juvenile justice system</li> </ul> |

<sup>107</sup> Georgia Department of Community Health. *Foster Care, Adoption Assistance and Juvenile Justice – Georgia Families 360*. Retrieved from: <https://dch.georgia.gov/foster-care-adoption-assistance-juvenile-justice-%E2%80%93-georgia-families-360>.

<sup>108</sup> Wraparound Milwaukee. *2014 Year End Report*. Retrieved from: <http://wraparoundmke.com/wp-content/uploads/2013/09/2014-Annual-Report.pdf>.



## Appendix G: Summary Evaluation of Medicaid Program Approaches and Provider-Level Models Ability to Execute Strategies

| Objective  | Strategy   | State-Level Program Approach       |                     |             | Provider-Level Model |           |
|--|--|------------------------------------|---------------------|-------------|----------------------|-----------|
|  |  | Unmanaged FFS Program (no vendors) | Managed FFS Program | MCO Program | PCMH Model           | ACO Model |
| Ensure appropriate use of healthcare services              | Connect Medicaid recipients with a dedicated PCP   | No                                 | Yes                 | Yes         | Yes                  | Yes       |
|  | Provide targeted outreach to frequent emergency department users and other high utilizers                        | No                                 | Yes                 | Yes         | Yes                  | Yes       |
|  | Provide transition support to beneficiaries when changing care settings  | No                                 | Yes                 | Yes         | Yes                  | Yes       |
|  | Provide coaching, education and support for patient self-management  | No                                 | Yes                 | Yes         | Yes                  | Yes       |
|  | Help individuals access and use home and community-based services rather than institutional services, if desired | No                                 | Limited             | Yes         | Limited              | Limited   |
| Enhance access to quality care for Medicaid recipients     | Create incentives to increase the number of providers participating in Medicaid                                  | No                                 | Limited             | Yes         | No                   | No        |
|  | Hold providers to higher quality standards   | No                                 | No                  | Yes         | Yes                  | Yes       |
|  | Maintain or increase choice of Medicaid providers compared to current state                                      | Yes                                | Yes                 | Limited     | NA                   | NA        |
|  | Reduce the length of time between scheduling an appointment and seeing a provider                                | No                                 | Limited             | Limited     | Limited              | Limited   |
|  | Evaluate increase in provider reimbursement rates (budget authority issue)                                       | TBD                                | TBD                 | TBD         | TBD                  | TBD       |
|  | Increase use of telemedicine to support PCPs and connect recipients with services                                | Limited                            | Yes                 | Yes         | Limited              | Limited   |
| Maintain access to, and viability of, safety net providers | Assist safety net providers in developing financially sustainable models   | Limited                            | Limited             | Yes         | Limited              | Limited   |
|  | Support full choice of safety net providers, including community-based providers                                 | Yes                                | Yes                 | Limited     | NA                   | NA        |
|  | Maintain supplemental payment programs to safety net providers   | Yes                                | Yes                 | No          | Yes                  | Yes       |
| Streamline provider administrative responsibilities        | Streamline provider credentialing process across entities  | Yes                                | Yes                 | Yes         | NA                   | NA        |
|  | Streamline prior authorization process across entities   | Yes                                | Yes                 | Yes         | NA                   | NA        |
| Help Medicaid recipients to better                         | Provide more resources to help recipients find providers and services  | No                                 | Yes                 | Yes         | Yes                  | Yes       |
|  | Provide more resources to help recipients manage their health conditions   | No                                 | Yes                 | Yes         | Yes                  | Yes       |

| Objective  | Strategy  | State-Level Program Approach       |                     |             | Provider-Level Model |            |
|--|---|------------------------------------|---------------------|-------------|----------------------|------------|
|  |   | Unmanaged FFS Program (no vendors) | Managed FFS Program | MCO Program | PCMH Model           | ACO Model  |
| navigate the healthcare system   | Provide enhanced support to recipients when they experience problems with quality, access or level of services provided | No                                 | Yes                 | Yes         | Yes                  | Yes        |
| Increase use of evidence-based practices   | Increase education and technical assistance to providers regarding evidence-based practices                             | No                                 | Yes                 | Yes         | Yes                  | Yes        |
|  | Require providers to use evidence-based practices as a condition of model participation                                 | No                                 | No                  | Yes         | Yes                  | Yes        |
| Allow for integrated delivery of services and person-centered planning, particularly for complex populations | Require development of a person-centered plan and regular updates   | Limited                            | Yes                 | Yes         | Yes                  | Yes        |
|  | Use interdisciplinary care teams, including family members  | Limited                            | Yes                 | Yes         | Yes                  | Yes        |
|  | Provide a dedicated case manager for high risk individuals  | Limited                            | Yes                 | Yes         | Yes                  | Yes        |
|  | Integrate physical, behavioral and long-term services   | No                                 | Limited             | Yes         | Limited              | Limited    |
|  | Provide support for recipients' social needs (e.g., housing, employment)  | Limited                            | Limited             | Limited     | Limited              | Limited    |
| Improve ability to monitor quality for all Medicaid recipients   | Allow for resources for statewide data collection, measure calculation and auditing                                     | No                                 | Yes                 | Yes         | No                   | No         |
| Achieve a sustainable business model for the State   | Maintain funding streams to finance the Medicaid program  | Yes                                | Yes                 | No          | NA                   | NA         |
|  | Provide budget predictability to the State  | No                                 | No                  | Yes         | No                   | No         |
| Support operational feasibility from a State administrative and oversight perspective                        | Ensure State staff monitor the program and enforce accountability of vendors/providers                                  | Limited                            | Yes                 | Yes         | Limited              | Limited    |
|  | Allow for phased implementation   | NA                                 | Yes                 | Yes         | Yes                  | Yes        |
|  | Allow for modifications to model based on implementation experience   | Yes                                | Yes                 | Yes         | Yes                  | Yes        |
|  | Realign jobs for State employees to improve efficiency <sup>1</sup>   | Yes                                | Yes                 | Yes         | Yes                  | Yes        |
| Align provider and/or vendor payments with the value generated for the State and Medicaid recipients         | Increase the percentage of Medicaid providers that have payments based on quality improvements (incentives)             | No                                 | No                  | Yes         | Yes                  | Yes        |
|  | Increase percentage of Medicaid providers whose payments include down-side risk   | No                                 | No                  | Yes         | Yes                  | Yes        |
|  | If using vendors, condition a portion of vendor payment on agreed-upon outcomes   | NA                                 | Yes                 | Yes         | NA                   | NA         |
| <b>Overall Score</b>   |   | <b>1.7</b>                         | <b>2.5</b>          | <b>2.8</b>  | <b>2.6</b>           | <b>2.6</b> |

<sup>1</sup> Jobs may change and additional training may be required; impact on jobs is dependent upon decisions on case management models.

## Appendix H: High-Level Timeline for Delivery System Changes

| CY   | Phase 1: Build State Capacity  | Phase 2: Improve Medicaid Access  | Phase 3: Enhance Provider Capabilities   | Phase 4: Extend Care and Case Management and Support Services  |
|------|--|---|--|--|
| 2017 | <ul style="list-style-type: none"> <li>Strengthen current MCO program oversight and accountability with a focus on monitoring, oversight and enforcement of MCO contract requirements</li> <li>Implement MCO P4P program</li> <li>Increase transparency about the MCO program and highlight MCO program accomplishments to Medicaid recipients and stakeholders</li> </ul> | <ul style="list-style-type: none"> <li>Require MCOs to promote use of telemedicine in their provider network</li> <li>Identify Medicaid administrative program changes for providers</li> <li>Conduct Medicaid reimbursement rate study to evaluate sufficiency of current rates</li> </ul> | <ul style="list-style-type: none"> <li>Modify MCO contracts to increase providers' role in delivering value-based healthcare, such as: <ul style="list-style-type: none"> <li>Require MCOs to provide support and technical assistance to help providers develop PCMH capabilities</li> <li>Require MCOs to increase VBP arrangements with their provider network</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>Develop plan for managed FFS program that will serve the FFS populations/areas</li> </ul>   |
| 2018 | <ul style="list-style-type: none"> <li>Closely monitor, enforce and evaluate MCO and managed FFS programs</li> </ul>   | <ul style="list-style-type: none"> <li>Require managed FFS vendor to promote use of telemedicine</li> <li>Implement Medicaid administrative program changes</li> <li>Recommend any Medicaid reimbursement rate changes to the Legislature</li> </ul>  | <ul style="list-style-type: none"> <li>Require managed FFS vendor to help providers develop PCMH capabilities in frontier/rural areas</li> </ul>   | <ul style="list-style-type: none"> <li>Implement managed FFS program in last half of 2018</li> </ul>   |
| 2019 | <ul style="list-style-type: none"> <li>Closely monitor, enforce and evaluate MCO and managed FFS programs</li> </ul>   |   | <ul style="list-style-type: none"> <li>Continue activities above</li> </ul>  | <ul style="list-style-type: none"> <li>Allow managed FFS vendor to gain experience with frontier/rural and MAABD populations</li> </ul>                                    |
| 2020 | <ul style="list-style-type: none"> <li>Closely monitor, enforce and evaluate MCO and managed FFS programs</li> </ul>   |   | <ul style="list-style-type: none"> <li>Continue activities above</li> </ul>  | <ul style="list-style-type: none"> <li>Evaluate the ability of the managed FFS vendor to take on full-risk in rural/frontier areas and for the MAABD population</li> </ul> |

| CY   | Phase 1: Build State Capacity  | Phase 2: Improve Medicaid Access | Phase 3: Enhance Provider Capabilities                                      | Phase 4: Extend Care and Case Management and Support Services  |
|------|--|----------------------------------|---|--|
|      |  |                                  |   | <ul style="list-style-type: none"> <li>If the evaluation determines the vendor is prepared to take on full-risk, develop a detailed plan, with stakeholder input, for the design and implementation of an expanded full-risk MCO program</li> </ul>  |
| 2021 | <ul style="list-style-type: none"> <li>Closely monitor, enforce and evaluate MCO and managed FFS programs</li> </ul> |                                  | <ul style="list-style-type: none"> <li>Continue activities above</li> </ul> | <ul style="list-style-type: none"> <li>Begin transition from managed FFS program to MCO program for selected populations/geographic areas, based on results of evaluation and design efforts</li> <li>Continue managed FFS functions for individuals remaining outside of the MCO program</li> </ul> |

## Appendix I: Summary of Accelerated MCO Expansion Considerations

Navigant's recommendation suggests expanding the full-risk MCO program to include the MAABD population in MCOs in the urban areas of Clark and Washoe counties, beginning in CY 2021, assuming DHCFP sees improvement in performance, access and availability of appropriate providers and satisfaction among MCO members and providers. Although it is possible to begin the MCO expansion phased approach earlier than CY 2021, this would require much more aggressive action by DHCFP to complete the steps to build state capacity for MCO monitoring and oversight activities. To illustrate the challenges of implementing an expanded MCO program more quickly, we provide a sample, high-level timeline of activities that would be required to expand the MCO program to include the MAABD non-HCBS waiver population in MCOs by July 2018. These timeline steps are for example purposes only and are not inclusive of all the steps that would need to occur prior to an expansion of the MCO program:

- **March 2017:** Legislature approves MCO expansion plan and approves budget for contract oversight and monitoring and MCO expansion
- **April 2017 – May 2017:** DHCFP develops job descriptions for and hires three to six additional positions to support MCO oversight, monitoring and data analysis; develops revised MCO reporting templates and detailed instructions
- **May 2017 – June 2017:** DHCFP executes MCO contract amendment to modify MCO reporting requirements; conducts training with MCOs on revised MCO reporting templates and detailed instructions
- **June 2017 – July 2017:** DHCFP develops standard operating procedures for reviewing MCO reports and following up on MCO performance issues; develops databases for tracking and analyzing MCO reports; trains new hires and existing DHCFP staff who assume enhanced MCO oversight and monitoring responsibilities
- **July 2017:** DHCFP begins using new MCO reporting templates, standard operating procedures and tracking databases
- **July 2017 – Ongoing:** DHCFP continues training for new staff; reviews monthly, quarterly and annual MCO reports; provides feedback to MCOs both informally and through formal quarterly meetings; develops corrective action plans, as necessary
- **August 2017 – October 2017:** DHCFP develops MCO contract language with additional requirements for new populations and services to be covered by MCOs; develops federal approval documents to add new populations and services to managed care
- **February 2018 – April 2018:** DHCFP performs readiness reviews for MCOs to take on additional populations and services (desk and site reviews)
- **July 2018:** MCOs begin serving MAABD/non-HCBS waiver populations

Based on our experience with other states, we believe these timeframes are not reasonable to adequately prepare for an expanded MCO program. This timing typically does not allow for the time necessary to see trended improvements in performance, access and satisfaction measures to address stakeholders' concerns with some elements of the current MCO program. Further, it is unknown at this time whether DHCFP would be required to undergo a re-procurement if it decides to expand the MCOs' scope of services. If a re-procurement is necessary, it will extend these timeframes.

When states have implemented MCO programs under aggressive timelines, they have experienced issues related to topics such as: recipients finding appropriate providers; recipients receiving medications and equipment; providers and recipients obtaining timely and accurate responses on MCO program questions; providers understanding new MCO payment requirements; and states providing meaningful MCO oversight.

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## Appendix J: Advantages and Disadvantages to Carving in Additional Populations into MCO Program

The following table provides key advantages and disadvantages associated with carving in additional populations into the MCO program on a mandatory basis. Several of these populations are currently eligible to enroll in MCOs on a voluntary basis (e.g., adults with serious mental illness, children with severe emotional disturbance, Native American tribes). Additionally, youth involved in the juvenile justice system are required to enroll in MCOs if they are in the custody of their parents, but are served through FFS if they are in the custody of the State.

Although not separately listed for each population, concerns about sufficient MCO provider networks and stakeholder concern regarding transitioning to a new system are common across all of the populations.

| Population  | Key Advantages  | Key Disadvantages   |
|---|---|---|
| MAABD Population  | <ul style="list-style-type: none"> <li>Population would have access to intensive clinical case and care management with the potential to improve outcomes and decrease costs of physical healthcare</li> <li>Care for whole person managed by one MCO that contracts with providers to deliver comprehensive Medicaid services</li> <li>Can improve the ability to share information among providers to improve coordination and avoid duplication of services for recipients, through MCO contract provisions that facilitate or require data sharing across entities</li> </ul> | <ul style="list-style-type: none"> <li>Population typically needs other types of providers and specialized services and time is needed for MCOs to contract with these additional provider types and build infrastructure</li> <li>MCOs may need time to strengthen experience with this population to assess their medical and non-medical needs and provide special outreach and accommodations to ensure meaningful access and adequate care</li> <li>DHCFP would have the increased burden of oversight and monitoring over a broader scope of vendor responsibilities, and oversight for this population is critical to success</li> </ul> |
| HCBS waiver population (advantages and disadvantages in addition to those for general MAABD population) | <ul style="list-style-type: none"> <li>HCBS services managed by the same entity managing other physical, behavioral health and long-term services to provide more integrated care for the whole person</li> <li>Potential to reduce HCBS waitlists through savings generated or by receiving federal approval for MCOs to provide HCBS as a cost-effective alternative<sup>109</sup></li> </ul>   | <ul style="list-style-type: none"> <li>Population currently receives case management services through the HCBS waivers and transition of these populations to MCOs may require them to change their case manager</li> <li>If MCOs take over case management functions, must determine new roles and responsibilities for State employees previously providing waiver case management services as their functions will transition to the MCOs</li> </ul>   |

<sup>109</sup> Tennessee's 1115 demonstration waiver permits MCOs to offer HCBS as a cost-effective alternative to TennCare enrollees who meet the criteria for CHOICES 2 but who cannot enroll because the enrollment target has been met. CHOICES 2 is the group of individuals who meet the nursing facility level of care, but choose to receive HCBS instead.

| Population  | Key Advantages   | Key Disadvantages   |
|---|--|---|
| Dual eligibles (advantages and disadvantages in addition to those for general MAABD population) | <ul style="list-style-type: none"> <li>• Programs that coordinate Medicare and Medicaid benefits for individuals enrolled in both programs have the potential to improve access to services and quality of care</li> <li>• Opportunities to achieve greater financial and service integration between the Medicare and Medicaid programs</li> <li>• Greater integration by requiring the MCOs to be D-SNPs, a type of Medicare Advantage plan that serves recipients dually enrolled in Medicare and Medicaid (Appendix F provides more information about D-SNPs)</li> </ul>   | <ul style="list-style-type: none"> <li>• As HCBS waiver populations often have more complex needs than the general MAABD population, the need for special outreach and accommodations is heightened</li> <li>• As individuals eligible for Medicare and Medicaid often have more complex needs than the general MAABD population, the need for special outreach and accommodations is heightened</li> <li>• Early savings typically accrue to Medicare, as Medicare is responsible for primary and acute care services<sup>110</sup></li> </ul>   |
| Children receiving foster care  | <ul style="list-style-type: none"> <li>• Maintain continuity of clinical care and case management regardless of child's custody arrangement</li> <li>• Streamlined care coordination</li> <li>• MCOs are accountable for making sure members receive required services</li> <li>• Allows availability of clinical information when authorizing services and for considering coordination of physical and behavioral healthcare needs</li> <li>• Allows leverage with providers to enforce coordination of care requirements and to hold them accountable for outcomes using P4P and VBP</li> <li>• MCOs could be required to partner with existing initiatives to expand their reach, such as programs geared at reducing unnecessary psychotropic medications and System of Care initiatives</li> <li>• Changing to a different delivery system when transitioning out of foster care is not necessary</li> </ul> | <ul style="list-style-type: none"> <li>• MCOs may face challenges recruiting providers experienced with managing care for and delivering services to children receiving foster care</li> <li>• MCOs may be unfamiliar with the court systems and requirements for court systems to authorize certain services</li> <li>• If targeted case management is carved into the MCO benefit package, children receiving foster care may need to change their case manager, although State/county employees could continue to provide other services if they are not duplicated by the MCO (Appendix K provides additional discussion about targeted case management services)</li> <li>• Because this population often requires services that are not covered by Medicaid, additional funding sources are often needed to provide wraparound services</li> <li>• Because there is a relatively small number of children receiving foster care, MCOs might not be incentivized to build the infrastructure necessary to address the unique needs of this population</li> </ul> |

<sup>110</sup> The Lewin Group. (November 2008). *Increasing Use of the Capitated Model for Dual Eligibles: Cost Savings Estimates and Public Policy Opportunities*. Retrieved from: [http://www.communityplans.net/portals/0/Policy/Medicare/Lewin%20dual%20eligibles%20cost%20savings%20report\\_463514.pdf](http://www.communityplans.net/portals/0/Policy/Medicare/Lewin%20dual%20eligibles%20cost%20savings%20report_463514.pdf).

| Population  | Key Advantages   | Key Disadvantages  |
|---|--|--|
| Adults with serious mental illness and children with severe emotional disturbance (currently eligible to enroll in MCOs on a voluntary basis) | <ul style="list-style-type: none"> <li>• Could provide a consistent model for all adults with serious mental illness and children with severe emotional disturbance, i.e., all will be served through MCOs</li> <li>• Population would have access to intensive clinical case and care management with the potential to improve outcomes and decrease costs of physical healthcare</li> <li>• Care for whole person managed by one MCO that contracts with providers to deliver comprehensive Medicaid services</li> <li>• MCOs accountable to ensure individuals receive services in a timely manner, which has been an issue for Nevada</li> <li>• MCOs can promote the use of evidence-based services among providers</li> <li>• MCOs have more flexibility to include other types of professionals, such as peer support specialist and community health workers in care model</li> </ul>  | <ul style="list-style-type: none"> <li>• Individuals may not be able to see their current providers if they are not contracted with MCOs (such as non-licensed providers)</li> <li>• If targeted case management is carved into the MCO benefit package, individuals may need to change their case manager, although State/county employees could continue to provide other services if they are not duplicated by the MCO (Appendix K provides additional discussion about targeted case management services)</li> <li>• Little data is available regarding the impact of managed care programs on adults with serious mental illness or children with severe emotional disturbance</li> <li>• Stakeholders have expressed issues with services received by these populations in Nevada's current MCO program</li> </ul>  |
| Native American Tribes (currently eligible to enroll in MCOs on a voluntary basis)  | <ul style="list-style-type: none"> <li>• Could provide a consistent model for all Native Americans, i.e., all will be served through MCOs</li> <li>• Could provide more opportunity to address health disparities among Native American tribes, as MCOs have more flexibility in how they pay providers and what they pay for, as compared to FFS</li> <li>• Could provide opportunities to strengthen relationships between Indian Health Service (IHS) and tribal providers, other providers and MCOs</li> <li>• Entire population would have access to intensive clinical case and care management with the potential to improve outcomes and decrease costs of healthcare</li> <li>• MCOs accountable to ensure individuals receive services in a timely manner</li> <li>• Under a Section 1115 demonstration waiver, states can have managed care programs that provide different benefit packages for Native American populations, such as those that include alternative nontraditional services</li> </ul> | <ul style="list-style-type: none"> <li>• MCOs may be unfamiliar with the unique differences among Native American tribes in Nevada; understanding the culture of particular tribes is essential to effective engagement</li> <li>• MCOs may be unfamiliar with the way the IHS system works</li> <li>• There may be difficulties providing access to culturally appropriate providers and achieving network sufficiency of IHS and tribal providers (although MCOs cannot refuse to enroll IHS or tribal providers and cannot pay rates lower than FFS rates)</li> <li>• IHS and tribal providers may experience challenges receiving timely and appropriate payment from MCOs (currently these providers are paid by DHCFF even for recipients enrolled in MCOs)</li> <li>• On a national level, many Native Americans populations are opposed to mandatory MCO enrollment</li> <li>• To require recipients to enroll in an MCO, DHCFF must obtain approval from CMS either through a Medicaid state plan amendment, a 1915(b) waiver or through a section</li> </ul> |

| Population                                    | Key Advantages   | Key Disadvantages  |
|---|--|--|
| Youth involved in the juvenile justice system | <ul style="list-style-type: none"> <li>• Maintain continuity of clinical care and case management regardless of child's custody arrangement</li> <li>• MCOs can be required to perform additional functions for this population (e.g., assessment when youth first encounters juvenile justice system)</li> <li>• Streamlined care coordination</li> <li>• MCOs can promote the use of evidence-based services among providers</li> <li>• MCOs are accountable for making sure members receive required services</li> <li>• Allows ability for improved coordination of physical and behavioral healthcare needs</li> <li>• Allows leverage with providers to enforce coordination of care requirements and to hold them accountable for outcomes using P4P and VBP</li> </ul> | <p>1115 demonstration waiver; CMS typically does not grant approval unless mandatory enrollment is agreed to through State/tribal consultation</p> <ul style="list-style-type: none"> <li>• MCOs may face challenges recruiting providers experienced with managing care for and delivering services to youth involved in the juvenile justice system</li> <li>• MCOs may be unfamiliar with the court systems and requirements for court systems to authorize certain services</li> <li>• If targeted case management is carved into the MCO benefit package, youth involved in the juvenile justice system may need to change their case manager, although State/county employees could continue to provide other services if they are not duplicated by the MCO (Appendix K provides additional discussion about targeted case management services)</li> <li>• Because there are a relatively small number of youth involved in the juvenile justice system on Medicaid, MCOs might not be incentivized to build the infrastructure necessary to address the unique needs of this population</li> <li>• Because this population often requires services that are not covered by Medicaid, additional funding sources are often needed to provide wraparound services</li> <li>• Little data is available regarding managed care programs for youth involved in the juvenile justice system</li> </ul> |

## Appendix K: Advantages and Disadvantages to Carving in Services Currently Excluded from MCO Benefit Package

The following table provides key advantages and disadvantages associated with carving in additional services into the MCO program. We have not included in this table services that are currently carved into the MCO benefit package. Although not separately listed for each service, concerns about sufficient MCO provider networks and stakeholder concern regarding transitioning services to a new system are common across all of the services.

|  | Key Advantages   | Key Disadvantages  |
|--|--|--|
| Long-term Services and Supports (we have combined the excluded long-term services and supports for discussion purposes)          | <ul style="list-style-type: none"> <li>• Intensive clinical care case management offer potential to improve outcomes and decrease cost of physical healthcare, especially for members receiving long-term services and supports who also have chronic diseases</li> <li>• Potential for quality management through use of quality measures and P4P measures in provider contracts</li> <li>• Care for whole person managed by one vendor that contracts with all levels of providers to deliver the full scope of Medicaid services</li> <li>• When MCOs are at risk for both community-based and institutional long-term care services, MCOs have a financial incentive to help individuals remain in or transfer to less costly community placements</li> <li>• Research indicates that managed long-term services and supports programs reduce the use of institutional services and increase access to HCBS<sup>111</sup></li> <li>• Offers budget predictability, as it uses a capitated payment structure</li> </ul> | <ul style="list-style-type: none"> <li>• Time needed for MCOs to contract with nursing facilities and HCBS providers and to build infrastructure</li> <li>• MCO learning curve may be steep</li> <li>• Model is largely untested, and so findings to date regarding the impact of such a model are somewhat inconclusive, particularly as they relate to cost</li> <li>• Some long-term services and supports providers, particularly Nevada HCBS providers, may not be equipped to bill for services as required by MCOs</li> <li>• DHCFS would have the increased burden of oversight and monitoring over a broader scope of vendor responsibilities, and oversight for these services is critical to success</li> </ul> |
| Dental and Orthodontia<br>Note: Since dental services will be carved out of the MCO contract and delivered through a dental PAHP | <ul style="list-style-type: none"> <li>• Allows enhanced coordination of care by having health and dental services provided through one entity, particularly related to EPSDT services</li> <li>• Aligns incentives to treat the “whole person” from a clinical and cost perspective</li> <li>• Allows access to dental and medical claims data for care management purposes and for identifying quality initiatives</li> </ul>  | <ul style="list-style-type: none"> <li>• May create some administrative burden for dentists participating in multiple MCOs</li> <li>• Since dental services are not the sole focus of the MCO, may not have the level of focused experience as a dental vendor</li> </ul>  |

<sup>111</sup> Kaiser Family Foundation. (February 2012). *People with Disabilities and Medicaid Managed Care: Key Issues to Consider*. Retrieved from: <https://kaiserfamilyfoundation.files.wordpress.com/2013/01/8278.pdf>.

|   | Key Advantages  | Key Disadvantages  |
|---|---|--|
| beginning in July 2017, this row presents advantages and disadvantages of carving dental services in a MCO as opposed to a dental PAHP  | <ul style="list-style-type: none"> <li>• Benefits administered by one entity may be less confusing to members</li> <li>• Streamlines the number of contracts for which DHCFP must provide administration and oversight</li> <li>• May avoid increased costs to the State due to one dental vendor having more negotiating leverage</li> </ul>   |  |
| Non-emergency transportation<br>Note: Since non-emergency transportation services are delivered through a separate vendor, this row presents advantages and disadvantages of carving non-emergency transportation services in a MCO as opposed to a separate vendor | <ul style="list-style-type: none"> <li>• MCOs would have more “stake” in increasing transportation availability to impact service utilization and care management</li> <li>• Allows coordination of care, so that MCOs may more fully meet member care needs</li> <li>• Allows MCOs to directly monitor transportation providers, which enhances opportunities to identify inappropriate utilization and improve coordination</li> <li>• MCOs have sole responsibility for helping members access services</li> <li>• Streamlines the number of contracts for which DHCFP must provide administration and oversight</li> <li>• Current MCOs report that they provide transportation services because the current transportation vendor is sometimes not reliable</li> </ul> | <ul style="list-style-type: none"> <li>• May create additional administrative costs because transportation providers must contract with multiple MCOs</li> <li>• MCOs may not have as much experience managing recipient transport</li> </ul>  |
| Targeted case management  | <ul style="list-style-type: none"> <li>• Less complex and confusing for recipients to have single case manager, if those recipients are enrolled in an MCO</li> <li>• Streamlines administration of case management services, as CMS will not pay for duplicate case management services delivered by different entities</li> <li>• MCOs have a financial incentive to provide case management services to improve care delivery across services</li> </ul>   | <ul style="list-style-type: none"> <li>• Recipients may be required to change their targeted case manager</li> <li>• Will need to determine new roles and responsibilities for State and county employees providing targeted case management services</li> <li>• Transition of targeted case management to MCOs would impact county revenue (Section 7 provides more information)</li> </ul> |



## Appendix L: Advantages and Disadvantages of Expanding Program Statewide

|                  | Key Advantages  | Key Disadvantages   |
|------------------|---|---|
| Expand statewide | <ul style="list-style-type: none"> <li>• Ability for DHCFP to hold MCOs accountable for quality and financial outcomes</li> <li>• Reduced churn when recipients move out of current MCO service areas</li> <li>• MCOs could be incentivized to increase the number of current providers participating in Medicaid</li> <li>• Recipients living outside of the urban areas of Clark and Washoe counties would have access to more care and case management services</li> <li>• MCOs have more tools/incentives to encourage preventive and early intervention services to avoid emergency department visits and inpatient admissions</li> <li>• Option for MCOs to provide value-added services to recipients not available through the FFS system</li> <li>• MCOs could provide more support to providers in frontier communities to help them adopt evidence-based practices, improve data and reporting, and fulfill other business functions, etc.</li> <li>• Increased budget predictability for the State</li> </ul> | <ul style="list-style-type: none"> <li>• Lack of support from provider and advocacy communities</li> <li>• Limited FFS providers in frontier areas to support adequate MCO networks</li> <li>• MCO network adequacy has been an area of increased focus for CMS, who may question access in frontier areas</li> <li>• Increased DHCFP oversight and monitoring of MCOs needed, and currently limited resources</li> </ul> |

## Appendix M: Estimated Impact of MCO Expansion Scenario on Supplemental Payment Programs

### Scenario 1

| Supplemental Payment Program  | Under MCO Expansion Scenario        |                               |                                |
|---|-------------------------------------|-------------------------------|--------------------------------|
|   | Impact on Revenue to State Agencies | Impact on Revenue to Counties | Impact on Revenue to Providers |
| Direct Graduate Medical Education   | (\$1,630,336)                       | \$6,296,438                   | (\$13,233,415)                 |
| Inpatient Supplemental Payment for Non-State Governmentally Owned or Operated Hospitals           | (\$3,602,478)                       | \$14,207,205                  | (\$30,075,802)                 |
| Inpatient Supplemental Payment for Private Hospitals  | \$0                                 | \$0                           | \$0                            |
| Indigent Accident Fund Payment  | \$0                                 | \$0                           | (\$13,237,684)                 |
| Outpatient Hospital Supplemental Payments   | (\$1,688,374)                       | \$5,108,092                   | (\$1,688,374)                  |
| Supplemental Payment to Free-Standing Nursing Facilities  | \$0                                 | \$0                           | \$0                            |
| Enhanced Rates for Practitioner Services Delivered by the University of Nevada School of Medicine | \$371,660                           | \$0                           | (\$1,054,751)                  |

### Scenario 2

| Supplemental Payment Program  | Under MCO Expansion Scenario        |                               |                                |
|---|-------------------------------------|-------------------------------|--------------------------------|
|   | Impact on Revenue to State Agencies | Impact on Revenue to Counties | Impact on Revenue to Providers |
| Direct Graduate Medical Education   | (\$2,274,287)                       | \$8,783,409                   | (\$18,460,358)                 |
| Inpatient Supplemental Payment for Non-State Governmentally Owned or Operated Hospitals           | (\$5,020,960)                       | \$19,801,321                  | (\$41,918,209)                 |
| Inpatient Supplemental Payment for Private Hospitals  | \$0                                 | \$0                           | \$0                            |
| Indigent Accident Fund Supplemental Payment   | \$0                                 | \$0                           | (\$27,091,753)                 |
| Outpatient Hospital Supplemental Payments   | (\$1,531,437)                       | \$4,633,288                   | (\$1,531,437)                  |
| Supplemental Payment to Free-Standing Nursing Facilities  | (\$256,504)                         | \$0                           | (\$20,718,164)                 |
| Enhanced Rates for Practitioner Services Delivered by the University of Nevada School of Medicine | \$703,948                           | \$0                           | (\$1,997,558)                  |

## Scenario 3

| Supplemental Payment Program  | Under MCO Expansion Scenario        |                               |                                |
|---|-------------------------------------|-------------------------------|--------------------------------|
|   | Impact on Revenue to State Agencies | Impact on Revenue to Counties | Impact on Revenue to Providers |
| Direct Graduate Medical Education   | (\$2,333,166)                       | \$9,010,802                   | (\$18,938,275)                 |
| Inpatient Supplemental Payment for Non-State Governmentally Owned or Operated Hospitals           | (\$5,154,433)                       | \$20,327,703                  | (\$43,032,528)                 |
| Inpatient Supplemental Payment for Private Hospitals  | \$0                                 | \$0                           | \$0                            |
| Indigent Accident Fund Supplemental Payment   | \$0                                 | \$0                           | (\$34,108,140)                 |
| Outpatient Hospital Supplemental Payments   | (\$2,731,590)                       | \$8,264,291                   | (\$2,731,590)                  |
| Supplemental Payment to Free-Standing Nursing Facilities  | (\$325,218)                         | \$0                           | (\$26,268,283)                 |
| Enhanced Rates for Practitioner Services Delivered by the University of Nevada School of Medicine | \$764,861                           | \$0                           | (\$2,170,382)                  |

## Methodology and Limitations

Navigant obtained the most recent submitted UPL models from DHCFP to calculate the impact of various MCO expansion scenarios. We used the following UPL models in the analysis:

- Inpatient Non-State Government Owned and Operated Hospitals – SFY 2017 Model
- Inpatient Privately Owned and Operated Hospitals – SFY 2017 Model
- Outpatient Non-State Government Owned and Operated Hospitals – SFY 2017 Model
- Outpatient Privately Owned and Operated Hospitals – SFY 2017 Model
- University of Nevada School of Medicine Physicians and Other Practitioners – SFY 2016 Model
- Free-Standing Nursing Facilities – Payment Calculation Spreadsheet for the 2nd Quarter of SFY 2017

Additionally, DHCFP provided detail information by billing provider for services provided within each zip code within Nevada and the eligibility category for recipients receiving services. Below we describe the geographical indicators and the eligibility categories used in the MCO expansion scenarios.

## Geographical Indicators

Currently, MCOs operate in the following zip codes within Clark and Washoe counties, according to the information provided by DHCFP.

| City           | County       | Zip Codes |
|----------------|--------------|-----------|
| Blue Diamond   | Clark County | 89004     |
| Boulder City   | Clark County | 89005-06  |
| Bunkerville    | Clark County | 89007     |
| Cal Nev Ari    | Clark County | 89039     |
| Coyote Springs | Clark County | 89037     |

| City            | County        | Zip Codes  |
|-----------------|---------------|--|
| Henderson       | Clark County  | 89002, 89009, 89011, 89012, 89014-16, 89044, 89052-53, 89074, 89077        |
| Indian Springs  | Clark County  | 89070  |
| Jean            | Clark County  | 89019, 89026   |
| Las Vegas       | Clark County  | 89101-166, 89169-70, 89173, 89177-80, 89183, 89185, 89193, 89195, 89199    |
| Laughlin        | Clark County  | 89028-29   |
| Logandale       | Clark County  | 89021  |
| Mesquite        | Clark County  | 89024, 89027, 89034  |
| Moapa           | Clark County  | 89025  |
| Nellis AFB      | Clark County  | 89191  |
| North Las Vegas | Clark County  | 89030-34, 89036, 89081, 89084-87   |
| Overton         | Clark County  | 89040  |
| Searchlight     | Clark County  | 89046  |
| Sloan           | Clark County  | 89054  |
| The Lakes       | Clark County  | 88901, 88905   |
| Crystal Bay     | Washoe County | 89402  |
| Empire          | Washoe County | 89405  |
| Gerlach         | Washoe County | 89412  |
| Incline Village | Washoe County | 89450-52   |
| Nixon           | Washoe County | 89424  |
| Reno            | Washoe County | 89501-13, 89515, 89519-21, 89523, 89533, 89555, 89557, 89570, 89595, 89599 |
| Sparks          | Washoe County | 89431-32, 89434-36, 89441  |
| Sun Valley      | Washoe County | 89433  |
| Verdi           | Washoe County | 89439  |
| Wadsworth       | Washoe County | 89442  |
| Washoe Valley   | Washoe County | 89704  |

## Eligibility Categories

Currently, the following aid categories are eligible for mandatory enrollment into MCOs, according to the information provided by DHCFP. Certain groups are not required to enroll in MCOs even if they have one of the following aid codes (e.g., children determined severely emotionally disturbed, adults determined seriously mentally ill [unless they are part of the Medicaid expansion population], Native Americans), however because this information is not captured by the eligibility category, the analysis assumes all recipients in the following aid categories would enroll in MCOs.

| Aid Category Code | Aid Category Description             |
|-------------------|--------------------------------------|
| AM                | TANF Medicaid                        |
| AM1               | AM Expanded Medicaid                 |
| AM5               | TANF Medicaid - OBRA baby            |
| AO                | Aged Out of Foster Care Medical Only |
| CA                | Childless Adult                      |
| CH                | CHAP                                 |
| CH1               | CH Expanded Medicaid                 |
| CH5               | CHAP - OBRA baby                     |
| EM5               | Emergency Illegal alien – OBRA       |
| SN                | Sneede vs. Kizer                     |

| Aid Category Code | Aid Category Description         |
|-------------------|----------------------------------|
| SN5               | Sneede vs. Kizer - OBRA baby     |
| TR                | Transitional medical             |
| TR5               | Transitional medical - OBRA baby |

## Description of MCO Expansion Scenarios

As described in Section 7, Navigant assessed three MCO expansion scenarios to determine the potential impact on supplemental payments to providers. These scenarios were:

- **Scenario 1.** MCO geographic area expanded statewide, but no additional eligibility categories or services are added.

For this scenario, we applied the eligibility categories in the current MCO program to all geographical locations within Nevada.

- **Scenario 2.** MCO populations expanded to enroll all individuals in the MAABD eligibility category and cover all long-term services (institutional and HCBS, including waivers) and select targeted case management, only in Clark and Washoe counties.

For this scenario, we used the geographical locations within Clark and Washoe counties identified above, however we expanded the eligibility categories that would be eligible for the MCO program to include MAABD aid codes.

- **Scenario 3.** MCO geographic area expanded statewide and MCO populations expanded to enroll all individuals in the MAABD eligibility category and cover all long-term services (institutional and HCBS, including waivers) and select targeted case management.

For this scenario, we applied the eligibility categories in the current MCO program plus the MAABD aid codes included in Scenario 2 to all geographical locations within Nevada.

## Methodology of Reducing Supplemental Payments

The inpatient UPL for county-owned hospitals is the basis for payments made to these hospitals for CAH cost settlements and payments for direct graduate medical education, Indigent Accident Fund and inpatient supplemental payments. When applying the MCO expansion scenarios to the UPL calculation, we used the following methodology:

- The inpatient UPL model provided by DHCFFP included discharges increased by a growth factor from 2015 to 2017. We applied the same growth factor to the discharges in our calculation.
- The inpatient UPL program for county-owned hospitals receive payments for direct graduate medical education, Indigent Accident Fund payments and supplemental inpatient payments. To the degree possible, we maintained each payment type at its percentage of the UPL for the current FFS program (with no MCO expansion). We

adopted this methodology due to the various funding sources used to make payments allowable under the inpatient UPL.

- We decreased Indigent Accident Fund payments based on the percentage of payments paid to the hospitals under the current FFS parameters to the UPL calculated in the DHCFP model.
- We decreased direct graduate medical education payments based on the percentage of payments paid to the hospitals under the current FFS parameters to UPL calculated in the DHCFP model reduced by Indigent Accident Fund payments.
- No inpatient supplemental payments are made to privately owned hospitals except for payments from the Indigent Accident Fund. We adjusted the Indigent Accident Fund payments to privately owned hospitals if the recalculated UPL for the option was less than the Indigent Accident Fund payments made to the hospitals under the current FFS methodology.
- We decreased the supplemental payments to county-owned hospitals for outpatient services based on the reduction of UPL under each MCO expansion scenario.
- We did not make adjustments for privately owned hospitals for outpatient supplemental payments because the hospitals do not receive any outpatient supplemental payments.
- DHCFP determines the supplemental payments to nursing facilities on a quarterly basis. For purposes of this analysis, we determined the impact of the three MCO expansion scenarios by annualizing DHCFP's calculations for the 2nd quarter of SFY 2017, because this was the most current model available for the nursing facilities.
- We calculated the impact of the three MCO expansion scenarios on the supplemental payments for practitioners associated with the University of Nevada School of Medicine by using the SFY 2016 model. The model determines the difference between the Medicare rate payment multiplied by an equivalent ratio less the amount paid by Medicaid. The Medicare rate payment was not provided in the detail data. Therefore, we determined a ratio of Medicaid payments to Medicare payments for each quarter and used the allowable payments from each quarter under the applicable MCO expansion scenario to determine the Medicare payments under the scenario.
- We identified in the detail data for the various models instances where an individual should have been considered in the current MCO program based on the category of service and the geographical location. We incorporated these individuals into our adjustments under the various options.

## *Funding of Supplemental Payments*

We based the split between federal share and non-federal share for this analysis on one quarter of Federal Medical Assistance Percentage (FMAP) for Federal Fiscal Year (FFY) 2016 and three quarters of the FMAP for FFY 2017.<sup>112 113</sup> We used a combined FMAP of 64.74 percent in the calculation for all payment programs except for the supplemental payment program for practitioners associated with the University of Nevada School of Medicine. This program's data is provided by quarter, so we were able to apply the applicable FMAP percentages by quarter.

<sup>112</sup> The FFY 2016 FMAP for Nevada is 64.93 percent.

<sup>113</sup> The FFY 2017 FMAP for Nevada is 64.67 percent.



Currently, the non-federal share of the supplemental payments is generated from different sources as follows:

| Supplemental Payment Program  | Source of Non-Federal Share   |
|---|---|
| Direct Graduate Medical Education   | Clark County provides an IGT for the non-federal share of the direct graduate medical education payments. Based on the first two quarters of SFY 2017, Clark County pays an additional IGT to DHCFP for use as non-federal share for other Medicaid expenditures.   |
| Inpatient Supplemental Payment for Non-State Governmentally Owned or Operated Hospitals           | Clark County provides an IGT for the non-federal share of the inpatient supplemental payments. Based on the first two quarters of SFY 2017, Clark County pays an additional IGT to DHCFP for use as non-federal share for other Medicaid expenditures.  |
| Indigent Accident Fund (IAF) Supplemental Payment   | The Board of the Nevada Association of Counties transfers "agreed upon amount of money each year from the [Indigent Accident] Fund to DHHS to include in the State Plan for Medicaid an enhanced rate of reimbursement for hospital care provided to recipients of Medicaid or to make supplemental payments to the hospital for the provision of such hospital care through increased federal financial participation." <sup>114</sup> |
| Outpatient Hospital Supplemental Payments   | The counties that have non-State government owned and operated hospitals located with the county provide an IGT for the non-federal share of the inpatient supplemental payments. Based on the first two quarters of SFY 2017, these counties pay an additional IGT to DHCFP for use as non-federal share for other Medicaid expenditures.  |
| Supplemental Payment to Free-Standing Nursing Facilities  | A provider tax "is assessed on all free-standing nursing facilities within Nevada on all non-Medicare bed days at a rate which cannot exceed 6% of net revenues for all facilities. The proceeds of the tax are placed in a special fund and then used to pay out the monthly provider tax supplemental payments to all qualified free standing nursing facilities in Nevada." <sup>115</sup>   |
| Enhanced Rates for Practitioner Services Delivered by the University of Nevada School of Medicine | IGT from the University of Nevada School of Medicine is used to support the non-federal share.  |

We made the following assumptions related to the non-federal share for this analysis:

- The percentage of additional amount of IGT funds paid by counties for hospital services will remain constant. Therefore, the decrease in supplemental payments results in a decreased need of non-federal share from the counties and a reduction in the amount that DHCFP can use for other services.
- The nursing facility provider tax must be used for supplemental payments to nursing facilities with one percent of the tax being used as an administrative charge to DHCFP for administration of the supplemental programs. Any tax paid by the nursing facilities

<sup>114</sup> Nevada Association of Counties. *Indigent Accident Fund (IAF)*. Retrieved from: <http://www.nvnaco.org/programs/indigent-accident-fund-iaf/>.

<sup>115</sup> Division of Health Care Financing and Policy. *Provider Tax*. Retrieved from: <http://dhcfp.nv.gov/Resources/Rates/RAPProviderTax/>.

that would not support payments under the MCO expansion scenario would be returned to the nursing facilities. This tax amount returned would include the one percent administrative charge related to the returned tax amounts.

- Funds transferred to DHCFP for the Indigent Accident Fund would continue to be used to pay hospitals under the MCO expansion scenarios. Therefore, any non-federal share not used to make payments under the inpatient UPLs would be paid to the applicable hospital as a state funds only payment. No funds from the Indigent Accident Fund would remain with DHCFP.
- Because the University of Nevada School of Medicine is a State agency, the non-federal share is reported as a state government obligation. Any reductions in the non-federal share would reduce the state government obligation.

DRAFT

## Appendix N: Additional Information on Options for Replacing Revenues Lost Through Supplemental Payment and CPE Programs

This appendix provides additional information about the two potential options for replacing the revenues lost through supplemental payment and CPE programs, described in Section 7.

### Option 1: DSRIP-like Programs

The following table includes examples of outcome- or quality-based programs approved in other states through Section 1115 demonstration waivers, including DSRIP programs.

### Example Outcome- or Quality-Based Programs Approved through 1115 Demonstration Waivers

| Program Name (Year of Approval)   | Program Description  |
|---|--|
| California Public Hospital Redesign and Incentives Program (PRIME) (2016) | <ul style="list-style-type: none"> <li>Builds on previous DSRIP program (approved in 2010) <ul style="list-style-type: none"> <li>PRIME entities include Designated Public Hospital systems and District/Municipal Public Hospitals</li> <li>Program provides incentives to accelerate efforts among PRIME entities to change care delivery and strengthen the ability to successfully perform under risk-based alternative payment models<sup>116</sup></li> </ul> </li> </ul>  |
| California Global Payment Program (2016)                                  | <ul style="list-style-type: none"> <li>Establishes a statewide funding pool for the remaining uninsured in California by combining disproportionate share hospital and uncompensated care funding</li> <li>Select Designated Public Hospital systems receive payments calculated using a value-based point methodology that incorporates factors to shift the overall delivery of services to more appropriate settings and reinforce structural delivery system changes<sup>117</sup></li> </ul>  |
| New Jersey DSRIP Program (2012)   | <ul style="list-style-type: none"> <li>Hospitals develop DSRIP Plans that are consistent with the hospital's mission and quality goals and CMS's aims for improving health care through better care for individuals, better health for the population and lower cost through improvement<sup>118</sup></li> <li>DSRIP payments are not considered direct payments for services but "are intended to support and reward hospital systems and other providers for improvements in their delivery systems that support the simultaneous pursuit of improving the experience of care, improving the health of populations and reducing per capita costs of health care"<sup>119</sup></li> </ul> |
| New York DSRIP Program (2014)   | <ul style="list-style-type: none"> <li>Created DSRIP program for hospital and non-hospital safety net providers</li> <li>Providers may select from projects focusing on system transformation and clinical and population-wide improvements, and receive incentive payments for meeting milestones and improvement goals</li> </ul>  |

<sup>116</sup> California Medi-Cal 2020 Demonstration (11-W-00193/9). Demonstration Approval Period: December 30, 2015 through December 31, 2020.

<sup>117</sup> California Medi-Cal 2020 Demonstration (11-W-00193/9). Demonstration Approval Period: December 30, 2015 through December 31, 2020.

<sup>118</sup> New Jersey Comprehensive Waiver Demonstration (11-W-00279/2). Demonstration Approval Period: October 1, 2012 through June 30, 2017.

<sup>119</sup> New Jersey Comprehensive Waiver Demonstration (11-W-00279/2). Demonstration Approval Period: October 1, 2012 through June 30, 2017.

| Program Name (Year of Approval) | Program Description   |
|---------------------------------|---|
|                                 | <ul style="list-style-type: none"> <li>Program's objective is reducing avoidable hospital use by 25 percent over five years</li> </ul>  |
| Texas DSRIP Program (2011)      | <ul style="list-style-type: none"> <li>CMS approved using UPL supplemental payments (along with DSH payments and managed care savings) to fund an uncompensated care pool and a DSRIP pool to incentivize improvements in service delivery</li> <li>DSRIP program open to virtually all Medicaid providers, including community mental health centers, physicians, and local health departments<sup>120</sup></li> <li>DSRIP payments contingent on demonstrated improvements in care coordination and quality based on predefined metrics<sup>121</sup></li> </ul> |

## Option 2: Development of Enhanced Rates

We provide below an analysis of the impact of an enhanced rate on the current MCO program (with no MCO expansion) and the impact under each MCO expansion scenario for inpatient services for the county-owned hospitals. This impact assumes utilization and expenditures as seen in the current MCO program.

### Summary of Impact of Enhanced Rate for County-Owned Hospitals

| Scenario         | Estimated Payment Per Discharge <sup>122</sup> | MCO Discharges <sup>123</sup> | Estimated Payments <sup>124</sup> | Current Payments from MCOs <sup>125</sup> | Increased Payments to Providers from MCOs <sup>126</sup> |
|------------------|--|-------------------------------|-----------------------------------|---|--|
| No MCO expansion | \$14,416.05                                    | 4,907                         | \$70,739,557                      | \$27,029,536                              | \$43,710,021   |
| Scenario 1       | \$14,416.05                                    | 8,834                         | \$127,351,386                     | \$48,660,877                              | \$78,690,509   |
| Scenario 2       | \$14,416.05                                    | 9,563                         | \$137,860,686                     | \$52,676,473                              | \$85,184,213   |
| Scenario 3       | \$14,416.05                                    | 10,138                        | \$146,149,915                     | \$55,843,782                              | \$90,306,133   |

This analysis indicates that the county-owned hospitals will receive an increase in payments from MCOs due to the enhanced rate. To illustrate the ability to reduce the impact of lost supplemental payments to the providers by adopting an enhanced rate, the following table

<sup>120</sup> MACPAC. (June 2015). *Using Medicaid Supplemental Payments to Drive Delivery System Reform*. Retrieved from: <https://www.macpac.gov/wp-content/uploads/2015/06/Using-Medicaid-Supplemental-Payments-to-Drive-Delivery-System-Reform.pdf>.

<sup>121</sup> MACPAC. (November 2012). *Medicaid UPL Supplemental Payments*. Retrieved from: [https://www.macpac.gov/wp-content/uploads/2015/01/MACFacts-UPL-Payments\\_2012-11.pdf](https://www.macpac.gov/wp-content/uploads/2015/01/MACFacts-UPL-Payments_2012-11.pdf).

<sup>122</sup> "Estimated Payment per Discharge" is calculated using the total inpatient UPL less Indigent Accident Fund payments and direct graduate medical education payments divided by total discharges.

<sup>123</sup> "MCO Discharges" under Scenario 1 through Scenario 3 include the current discharges paid by MCOs plus the discharges that would be transferred from FFS to MCO under the particular scenario.

<sup>124</sup> "Estimated Payments" are the estimated payment per discharge multiplied by the MCO discharges under each scenario.

<sup>125</sup> "Current Payments from MCOs" for the current MCO program is determined from data obtained from Milliman for the reported MCO discharges. "Current Payments from MCOs" for Scenario 1 through Scenario 3 is calculated as the payment per discharge under the current MCO program (\$5,508.36) multiplied by the MCO discharges for the scenario.

<sup>126</sup> "Increased Payments to Providers from MCOs" is the difference between the "Estimated Payments" and "Current Payments from MCOs" columns and represents the increase in MCO payments due to the enhanced rates.

below shows that the county-owned hospitals would be able to maintain or increase the revenues from Medicaid recipients regardless of the MCO expansion scenario.

## Summary of Impact of Enhanced Rate for County-Owned Hospitals, Considering Adjusted Supplemental Payments

| Scenario         | Adjusted Supplemental Payments <sup>127</sup> | UPL Supplemental Payments (Current MCO Program with No MCO Expansion) <sup>128</sup> | Variance <sup>129</sup> | Increased Payments to Providers from MCOs <sup>130</sup> | Adjusted Variance After Enhanced Payments to Providers from MCOs <sup>131</sup> |
|------------------|---|--|-------------------------|--|---|
| No MCO Expansion | \$59,043,184                                  | \$59,043,184   | \$0                     | \$43,710,021   | \$43,710,021  |
| Scenario 1       | \$28,967,382                                  | \$59,043,184   | (\$30,075,802)          | \$78,690,509   | \$48,614,707  |
| Scenario 2       | \$17,124,975                                  | \$59,043,184   | (\$41,918,209)          | \$85,184,213   | \$43,266,004  |
| Scenario 3       | \$16,010,656                                  | \$59,043,184   | (\$43,032,528)          | \$90,306,133   | \$47,273,605  |

The calculations in two above tables are the aggregate amount for the entire class of county-owned hospitals. Additionally, we used calculations per discharge for illustration purposes only; to be more precise, it is necessary to calculate hospital-specific enhanced rates using the current per diem methodologies outlined in Attachment 4.19-A of the Nevada Medicaid State Plan.

As discussed in Section 7, an enhanced rate methodology could be applied to private hospitals if a source of non-federal share of matching funds could be identified. One option is the creation of a healthcare related tax for private hospitals to fund the non-federal share of the enhanced payment. Several states have established a provider tax for private hospitals only. These include the following:

## Examples of States with Healthcare Related Taxes on Private Hospitals Only

| State   | Private Hospital Tax   | Governmental Hospital Mechanism   |
|---------|--|---|
| Alabama | Privately owned and operated hospitals in the State of Alabama have an assessment imposed at 5.50 percent of net patient revenue based on hospitals 2011 fiscal year.<br><br>The Alabama Health Care Trust Fund is the depository fund for these taxes and | Code of Alabama §40-26B-77.1 details the intergovernmental transfer program for governmentally owned and operated hospitals as follows:<br><br>"Intergovernmental transfers to the Medicaid Agency. |

<sup>127</sup> "Adjusted Supplemental Payments" equals the "UPL Supplemental Payments (Current MCO Program with No MCO Expansion)" column less the reduction in UPL supplemental payments for each MCO expansion scenario.

<sup>128</sup> "UPL Supplemental Payments (Current MCO Program with No MCO Expansion)" equals the UPL less Indigent Accident Fund payments and direct graduate medical education payments under the current MCO program with no MCO expansion.

<sup>129</sup> "Variance" equals the difference between the "UPL Supplemental Payments (Current MCO Program with No MCO Expansion)" column and the "Adjusted Supplemental Payments" column.

<sup>130</sup> "Increased Payments to Providers from MCOs" is the increase in MCO payments to providers.

<sup>131</sup> "Adjusted Variance After Enhanced Payments to Providers from MCOs" is the "Increased Payments to Providers from MCOs" column less the "Variance" column and adjusts the increased MCO payments for the reduction in the UPL supplemental payments.

| State      | Private Hospital Tax   | Governmental Hospital Mechanism  |
|------------|--|--|
|            | <p>payments from this fund must be used as follows:</p> <ul style="list-style-type: none"> <li>To make inpatient and outpatient private hospital access payments</li> <li>To reimburse moneys collected by the department from hospitals through error or mistake<sup>132</sup></li> </ul>   | <p>(a) Beginning on October 1, 2013, publicly owned and state-owned hospitals will begin making intergovernmental transfers to the Medicaid Agency. The amount of these intergovernmental transfers shall be calculated by the Medicaid Agency to equal the amount of state funds necessary for the agency to obtain only those federal matching funds necessary to pay state-owned and public hospitals for direct inpatient and outpatient care and to pay state-owned and public hospital inpatient and outpatient access payments.</p> <p>(b) These intergovernmental transfers shall be made in compliance with 42 U.S.C. §1396b(w)."</p>   |
| California | <p>The California Hospital Assurance Fee provides funding to privately owned and operated hospitals for supplemental payments under Medicaid FFS and to increase capitation rates to Medicaid MCOs for increased reimbursement rates for privately owned and operated hospitals.<sup>133</sup> Exempted hospitals for the tax include public hospitals;<sup>134</sup> a tax-exempt non-profit hospital licensed to and owned by a local health district; a hospital designated as a specialty hospital that is not a hospital in the Charitable Research hospital group; a long-term acute care hospital per Medicare guidelines; and a small and rural hospital as specified in Section 124840 of the Health and Safety Code.<sup>135</sup></p> | <p>Public hospitals in California are divided into designated hospitals and non-designated hospitals.</p> <p>Non-designated hospitals participate in the Non-designated Public Hospital Intergovernmental Transfer Pool (Non-designated Public Hospital IGT Pool). This pool "shall be calculated based on the room under the federal UPL in the category of Non-State Government Owned Hospitals (Inpatient) which the department has determined is both attributable to the non-designated public hospitals."<sup>136</sup> As part of this program, the State of California retains "9 percent of each IGT amount to reimburse the department, or transfer to the General Fund, for the administrative costs of operating the Non-designated Public Hospital Intergovernmental Transfer Program and for the benefit of Medi-Cal children's health care programs."<sup>137</sup></p> |

<sup>132</sup> Code of Alabama §40-26B

<sup>133</sup> Per California Welfare and Institutions Code §14169.53, additional uses of funds from the Hospital Quality Assurance Revenue Fund include administrative expenses for administering the program and healthcare coverage for children.

<sup>134</sup> California Welfare and Institutions Code §14105.98(a)(25) defines a public hospital as the following: "licensed to a county, a city, a city and county, the State of California, the University of California, a local health care district, a local health authority, or any other political subdivision of the state."

<sup>135</sup> California Welfare and Institutions Code §14169.51(l)

<sup>136</sup> California Welfare and Institutions Code §14165.55(m)

<sup>137</sup> California Welfare and Institutions Code §14165.57(j))



| State   | Private Hospital Tax   | Governmental Hospital Mechanism   |
|---------|--|---|
| Wyoming | Privately owned and operated hospitals pay an assessment fee determined by Wyoming Department of Health “on a prospective basis and shall be based on the percentage of net hospital patient revenue needed to generate an amount not to exceed the nonfederal portion of the upper payment limit gap plus” a 1 percent administrative expense to the department for administering the program. <sup>138</sup> | Governmentally owned and operated hospitals participate in the Qualified Rate Adjustment (QRA) Program and the Secretary of the Department of Health has authority under Wyoming Statute §42-4-104(b)(ix) to “[e]nter into intergovernmental transfer arrangements with qualifying facilities in which all federal funding received as a result of the intergovernmental transfer arrangements shall be distributed to participating facilities.” |

<sup>138</sup> Wyoming Statute §42-9-104(b)