

Screening Tools for Children and Youth Behavioral Health

Tool	Description	Age	Website
Adolescent Health Review (AHR)	The Adolescent Health Review is designed to assist health care professionals in screening adolescents for risks to their physical and emotional health. The AHR is designed for use only as an adjunct to standard clinical practice. This instrument is not recommended for children under age 12, adolescents with limited English proficiency, or other adolescents who have reading difficulties.	12 and up	http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&Redirected=true&dDocName=id_021361
Adolescent Substance Abuse Subtle Screening Inventory (SASSI-A2)	Identifies high or low probability of substance dependence and substance abuse disorders for clients 12 to 18 years of age. The SASSI-A2 also provides clinical insight into family and social risk factors, level of defensive responding, and consequences of substance misuse.	12-18	http://www.sassi.com/products/SASSIA2/shopSA2-pp.shtml
Ages & Stages Questionnaire – Social Emotional (ASQ-SE)	Quick social-emotional screen; can be administered by a paraprofessional; has parent component; available in English and Spanish	6 months – 5 years	www.brookespublishing.com
Behavioral and Emotional Rating Scales (BERS-2)	Designed for use in schools, mental health clinics, juvenile justice settings, and child welfare agencies, the BERS-2 helps to measure the personal strengths and competencies of children ages 5-0 through 18-11 in interpersonal strength, involvement with family, intrapersonal strength, school functioning, affective strength, and career strength.	5-18	http://www.proedinc.com/customer/ProductView.aspx?ID=3430&sSearchWord=
Behavioral and Emotional Screening System (BESS)	The BESS has a combination of advantages that are not matched by other screening tools: it collects information from three sources: parents, teachers, and youth, it comes with companion assessment tools (Behavior Assessment System for Children-2 nd edition (BASC-2), includes validity scales to check for response biases, measures strengths in addition to weaknesses, it can be used for children as young as 3 years of age.	3-18	http://www.pearsonassessments.com/HAIWEB/Cultures/en-us/Productdetail.htm?Pid=PAaBASC2bess

Brief Psychiatric Rating Scale – Children (BPRS-C)	A 21-item, clinician-based rating scale that is designed for use in evaluating psychiatric problems of children and adolescents. Ratings are based on a 7-point Likert scale, from “Not Present” to “Extremely Severe.” Seven relatively independent factors are represented by three items each. The BPRS-C is an efficient way to document the complete symptom and behavior picture.	3-18	www.commondataelements.ninds.nih.gov/.../
Child and Adolescent Functional Assessment Scale (CAFAS)	Assessing a youth's day-to-day functioning across critical life subscales and for determining whether a youth's functioning improves over time (problem behaviors, strengths, and goals).	5-19 (preschool scale available)	http://www.fasoutcomes.com/Content.aspx?ContentID=12
Child and Adolescent Needs and Strengths Assessment-Mental Health (CANS-MH)	CANS-MH could be used as a functional assessment of both the child's and the caregiver's needs and strengths to summarize results of the mental health assessment and guide intervention planning.	Birth through adolescence	http://www.praedfoundation.org/CANS-MH%20Form.pdf http://www.praedfoundation.org/CANS-MH%20Manual.pdf
Child Behavior Checklist (CBCL/6-18)	The school-age assessment forms are the CBCL/6-18, completed by parents or surrogates; the TRF/6-18, completed by teachers and other school staff; and the YSR/11-18 completed by youths.	6-18	http://www.aseba.org/schoolage.html
Connor's Rating Scales-revised (CRS-R)	An instrument that uses observer ratings and self-report ratings to help assess attention deficit/hyperactivity disorder (ADHD) and evaluate problem behavior in children and adolescents.	3-17; self-report 12-17	http://psychcorp.pearsonassessments.com/HAIWEB/Cultures/en-us/Productdetail.htm?Pid=PAg116
Global Appraisal of Individual Needs – Short Screener (GAINS-SS)	Primarily designed for three things: first, it serves as a screener in general populations to quickly and accurately identify clients who would be flagged as having one or more behavioral health disorders on the GAIN-I, suggesting the need for referral to some part of the behavioral health treatment system; it also rules out those who would not be identified as having behavioral health disorders. Second, it serves as an easy-to-use quality assurance tool across diverse field-assessment systems for staff with minimal training or direct supervision. Third, it serves as a	Adolescents and adults	http://www.gaincc.org/GAINSS

	periodic measure of change over time in behavioral health.		
Guidelines for Adolescent Preventative Services (GAPS)	Questionnaires for younger adolescent, middle/older adolescents, and parents to screen for depression, substance abuse, suicide and behavioral health.	11-21	http://www.ama-assn.org/ama/pub/physician-resources/public-health/promoting-healthy-lifestyles/adolescent-health/guidelines-adolescent-preventive-services.page
Parent's Evaluation of Developmental Status (PEDS)	This is a screen for the behavioral and developmental status of children birth to eight years. There is one form for use with all ages. It consists of 10 questions about specific concerns. The form can be completed by parents in about five minutes and takes a brief time for staff to score	Birth-8	http://www.pedstest.com/default.aspx
Pediatric Symptom Checklist (PSC)	a psychosocial screen designed to facilitate the recognition of cognitive, emotional, and behavioral problems so that appropriate interventions can be initiated as early as possible. Included are two versions, the parent-completed version (PSC) and the youth self-report (Y-PSC)	4-16 (use Y-PSC for ages 11 and up)	http://www.brightfutures.org/mentalhealth/pdf/professionals/ped_sympton_c_hklst.pdf
Personal Experience Screening Questionnaire	Quick and cost-effective, the PESQ allows routine screening of adolescents for substance abuse	12-18	http://portal.wpspublish.com/portal/page?_pageid=53,69732&_dad=portal&_schema=PORTAL
Preschool and Kindergarten Behavior Scales (PKBS-2)	a behavioral rating instrument for use in evaluating social skills and problem behavior patterns of preschool and kindergarten aged children. There are two major scales: social skills and problem behavior. The social skills scale measures positive social skill characteristics of well-adjusted children. The problem behavior scale measures problem behaviors with young children who are experiencing adjustment problems. The PKBS can be used as a screening tool for at risk children; for formally identifying and classifying children with severe behavioral and emotional problems; as a tool for developing appropriate interventions; and as a	3-6	http://www.proedinc.com/customer/ProductLists.aspx?SearchType=All&SearchWords=preschool+and+kindergarten+behavior+scale&SearchWordModifier=All&CategoryID=0

	research instrument. Reliability and validity are discussed. Norms are provided.		
Revised Behavior Problem Checklist – PAR edition (RBPC)	Used to screen for behavioral disorders in schools, as an aid in clinical diagnosis, to measure behavioral change associated with psychological or pharmacological interventions, as part of a battery to classify juvenile offenders, and to select participants for research on behavior disorders in children and adolescents.	5-18	http://www4.parinc.com/Products/Product.aspx?ProductID=RBPC
Reynolds Adolescent Adjustment Screening Inventory (RAASI)	Appropriate for use with adolescents in school and in clinical use, as well as youth in juvenile detention, correctional facilities, and substance abuse treatment programs	12-19 years	http://www4.parinc.com/Products/Product.aspx?ProductID=RAASI
Rutter Questionnaires	The Rutter Questionnaires are designed to assess the social skills of children ages 9 to 13. Children undergo a brief screening and a longer assessment. Parents complete a 54-item questionnaire and teachers complete a 26-item questionnaire.	9-13	Couldn't locate website
Strengths & Difficulties Questionnaire	A brief behavioral screening questionnaire about 3-16 year olds, it exists in several versions to meet the needs of researchers, clinicians and educationalists.	3-16	http://www.sdqinfo.org/
Teen Screen (long form)	22 questions to assess risk behaviors (English and Spanish)		www.teenscreen.org
Teen Screen (short form)	10 questions to assess risk behaviors (English and Spanish)		www.teenscreen.org
Trauma Symptoms Checklist for Children (TCCC)	The TSCC allows you to measure posttraumatic stress and related psychological symptomatology in children ages 8-16 years who have experienced traumatic events, such as physical or sexual abuse, major loss, or natural disasters, or who have been a witness to violence	8-16	http://www4.parinc.com/Products/Product.aspx?ProductID=TSCC

Sources and Resources:

Adolescent Screening, Brief Intervention, and Referral for Treatment for Alcohol and Other Drug Use: Using the CRAFFT Screening Tool <http://www.mcpap.com/pdf/CRAFFT%20Screening%20Tool.pdf>

Adolescent Substance Abuse and Mental Health: A Public Health Priority <http://www.plndp.org/Resources/GenericGuideFinal.pdf>

Development, Validation, and Utility of Internet-Based, Behavioral Health Screen for Adolescents
<http://pediatrics.aappublications.org/content/126/1/e163.full.pdf+html>

Identifying Mental Health and Substance Use Problems in Children and Adolescents, SAMHSA
http://www.samhsa.gov/children/508compliant_Identifying_MH_and_SU_Problems_1-30-2012.pdf

Massachusetts General Hospital, School of Psychiatry http://www2.massgeneral.org/schoolpsychiatry/screeningtools_table.asp list of screening tools for specific mental health conditions and disabilities

Mental Health Screening and Assessment Tools for Children: A Literature Review
<http://humanservices.ucdavis.edu/academy/pdf/final2mentalhealthlitreview.pdf>

Mental Health Screening and Assessment Tools for Primary Care <http://www.heardalliance.org/wp-content/uploads/2011/04/Mental-Health-Assessment.pdf>

Minnesota Department of Health <http://www.health.state.mn.us/youth/providers/screening.html>

TeenScreen®, promotes the integration of mental health in primary care <http://www.teenscreen.org/wp-content/uploads/Management-of-MH-in-PC-2.28.12.pdf>

The Action Signs Project: *A toolkit to help parents, educators and health professionals identify children at behavioral and emotional risk* <http://www.thereachinstitute.org/files/documents/action-signs-toolkit-final.pdf>