

## How to Pick a Health Plan & Free Extra Benefits

Open enrollment for **urban members** is from October 1st-December 26th, 2025. **Rural members** will be assigned a plan on January 1, 2026. All members that make a switch have 90 days to do one switch. After that, they must wait until the next Open Enrollment.








### All health plans offer the same basic services:

- Unlimited primary care visits
- Behavioral & mental health services
- Durable medical equipment, prosthetics & orthotics
- Family planning services
- Immunizations/vaccines
- Inpatient & outpatient hospital services
- Women's health services
- Early periodic screening, diagnostic, treatment/well-child visits
- Emergency medical services
- Laboratory tests and X-rays
- Care management
- Pregnancy & newborn care
- Prescription medicines
- Substance use treatment
- Medical transportation

### Here are the differences that can help you choose a health plan that meets your needs.

Check which plans are available where you live. Visit the health plan's website to check if it offers the hospitals, pharmacies, doctors, urgent care, and mental health services you need. Look at the free extra benefits to find ones that are right for you.

Urban Clark	Urban Washoe	Rural Nevada	Health Plan Name & Contact Information	Some of the Free Extra Benefits
✓	✓	Not available	<b>Anthem</b> 844-396-2329 <a href="https://ChooseAnthem.com/nv">ChooseAnthem.com/nv</a> 	Free Costco Gold Star or Sam's Club, \$200 for daycare services, \$150 for swim lessons, home-delivered meals for pregnant and new moms, employment solutions: GED, HIsSet tests, industry certification, money for work clothes; \$100 gym membership & Weight Watchers voucher; online fitness & mental health apps.
✓	✓	✓	<b>CareSource</b> (Starts 1, 2026) 833-230-2058 <a href="https://CareSource.com/nv/plans/medicaid">CareSource.com/nv/plans/medicaid</a> 	Sams Club Annual Membership, Boys and Girls Club Annual Fee, Pack and Play or Car Seat for Pregnant Members, Postpartum Home Delivered Meals, Member Assistance for education funds: (expungement, traditional medicine), free cell phone unlimited talk and text, 25GB, no-cost tobacco cessation programs.
✓	Not available	Not available	<b>Health Plan of Nevada</b> 800-962-8074 <a href="https://MyHPNMedicaid.com/member">MyHPNMedicaid.com/member</a> 	Sam's Club Membership, Childcare Navigation Support, On My Way Life Skills Program, \$75 Baby Essentials Gift Card, \$50 Instacart cart and \$25 Healthy Food Card, Gym Membership: Including Anytime Fitness, Planet Fitness, YMCA Family Plan, Club Pilates, virtual classes and more!
✓	✓	Not available	<b>Molina</b> 833-685-2102 <a href="https://MeetMolina.com/nv-medicaid">MeetMolina.com/nv-medicaid</a> 	FREE Sam's Club membership, \$100 gym membership, FREE phone w/ talk, text, calling to 5 countries, Mirza app for childcare subsidies, bus passes to social services, \$30/quarter for over-the-counter items, Boys & Girls Club membership, support for pregnant members (baby shower, car/booster seat, meals).
✓	✓	✓	<b>SilverSummit</b> 844-366-2880 <a href="https://SilverSummitHealthplan.com">SilverSummitHealthplan.com</a> 	Gym membership; transportation or gas card; \$30 every 3 months for use at CVS; Costco membership; cell phone unlimited talk and text; Children: summer camp, swim lessons, Boys and Girls club, YMCA; Maternity: crib and car seat, delivered meals, 4 weeks of licensed childcare, \$45/month for diapers.

For help, contact the health plan. If you need assistance from Nevada Medicaid, call **(866) 569-1746 (TTY: 7-1-1)**, or email [Medicaid@nvha.nv.gov](mailto:Medicaid@nvha.nv.gov).