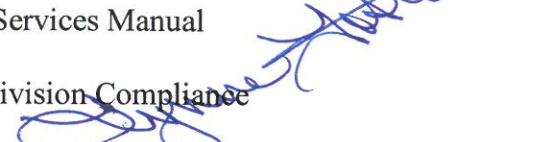


MEDICAID SERVICES MANUAL
TRANSMITTAL LETTER

October 25, 2018

TO: Custodians of Medicaid Services Manual

FROM: Lynne Foster, Chief of Division Compliance 

SUBJECT: Medicaid Services Manual Changes
Chapter 400 – Mental Health and Alcohol/Substance Abuse Services

BACKGROUND AND EXPLANATION

Revisions to Medicaid Services Manual (MSM) Chapter 400 – Mental Health and Alcohol/Substance Abuse Services are being proposed to clarify service limitations for psychotherapy services and neurotherapy services, MSM 403.4(C) and 403.5(C). The proposed policy changes are to rescind the Prior Authorization (PA) requirements for all psychotherapy services including individual, group, family therapy and neurotherapy. Additional services above the service limitations may be requested with a PA demonstrating medical necessity.

Entities Financially Affected: Providers of Behavioral Health Services, including but not limited to: Behavioral Health Outpatient Treatment (Provider Type (PT) 14), and Behavioral Health Rehabilitative Treatment (PT 82).

Financial Impact on Local Government: None.

These changes are effective October 26, 2018.

The Division Administrator may choose to not implement a policy that would be more restrictive to providers if deemed appropriate. The previously approved policy for prior authorization after five sessions for psychotherapy and neurotherapy for the period of October 1, 2018 to October 25, 2018 will not be implemented to reduce impact to providers and recipients.

MATERIAL TRANSMITTED

MTL 17/18
Mental Health and Alcohol/Substance Abuse
Services

MATERIAL SUPERSEDED

MTL 13/18
Mental Health and Alcohol/Substance Abuse
Services

| Manual Section | Section Title | Background and Explanation of Policy Changes, Clarifications and Updates |
|-----------------------|--|---|
| 403.4(C)(4)(b) | Outpatient Mental Health (OMH) Services | Removed language indicating PA requirements after five neurotherapy sessions. |

| Manual Section | Section Title | Background and Explanation of Policy Changes, Clarifications and Updates |
|-----------------------|---|---|
| 403.5(C)(2)(b) | Outpatient Mental Health (OMH) Services – Utilization Management | Removed language indicating PA requirements after five sessions of any combination of psychotherapy. |
| 403.5(C)(4) | Outpatient Mental Health (OMH) Services – Utilization Management | <p>Removed language indicating PA requirements after five sessions of any combination of psychotherapy.</p> <p>Removed language indicating PA requirements after five sessions of neurotherapy.</p> |
| 403.5(C)(5) | Outpatient Mental Health (OMH) Services – Utilization Management | <p>Removed language indicating PA requirements after five sessions of any combination of psychotherapy.</p> <p>Removed language indicating PA requirements after five sessions of neurotherapy.</p> |