

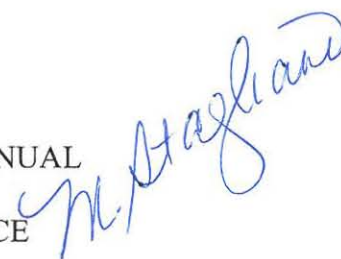
MEDICAID SERVICES MANUAL  
TRANSMITTAL LETTER

May 16, 2013

TO: CUSTODIANS OF MEDICAID SERVICES MANUAL

FROM: MARTA E. STAGLIANO, CHIEF, COMPLIANCE

SUBJECT: MEDICAID SERVICES MANUAL CHANGES  
CHAPTER 1500 – HEALTHY KIDS



**BACKGROUND AND EXPLANATION**

Revisions to MSM Chapter 1500 were made to update the immunization and periodicity schedules and revised various internet website addresses.

Throughout the chapter, grammar, punctuation, and capitalization changes were made, duplications removed, acronyms used and standardized, and language reworded for clarity. Renumbering and re-arranging of sections was necessary.

These changes are effective May 17, 2013.

**MATERIAL TRANSMITTED**

MTL 07/13  
Chapter 1500 – Healthy Kids

**MATERIAL SUPERSEDED**

MTL 25/03, 18/09, 26/10  
Chapter 1500 – Healthy Kids

Manual Section	Section Title	Background and Explanation of Policy Changes, Clarifications and Updates
1503.2A	Coverage and Limitations	Added hyperlink to the Bright Futures/AAP website: Recommendations for Preventive Pediatric Health Care.
1503.3	Comprehensive Screening Examination	Added hyperlink to Social Security Act §1905
1503.3A.2	Developmental/ Behavioral Assessment	Updated billing instructions link.

<b>Manual Section</b>	<b>Section Title</b>	<b>Background and Explanation of Policy Changes, Clarifications and Updates</b>
<b>1503.3A.4</b>	<b>Appropriate Immunizations</b>	Added link to the Advisory Committee on Immunization Practices (ACIP)
<b>1503.3A.6</b>	<b>Health Education</b>	Deleted reference to section 1503.4A
<b>1503.3B.9</b>	<b>Provider Responsibility</b>	Added link to Physician Billing Guide
<b>Attachment A</b>	<b>Periodicity Schedule</b>	Deleted
	<b>Immunization Schedule</b>	Deleted
<b>Attachment B</b>	<b>Recommended Childhood and Adolescent Immunization Schedule – United States, January-June 2004</b>	Deleted

# DIVISION OF HEALTH CARE FINANCING AND POLICY

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## 1500 INTRODUCTION

Early and **P**eriodic **S**creening, **D**iagnostic and **T**reatment (**EPSDT**) services are preventive and diagnostic services available to most recipients under age 21. In Nevada, the EPSDT program is known as Healthy Kids. The program is designed to identify medical conditions and to provide medically necessary treatment to correct such conditions. Healthy Kids offers the opportunity for optimum health status for children through regular, preventive health services and the early detection and treatment of disease.

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1501 AUTHORITY

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services are a mandatory benefit under the Medicaid program for categorically needy individuals under age 21.

Services available under the Healthy Kids Program are provided as defined in the following:

- a. Omnibus Budget Reconciliation Act of 1989,
- b. Social Security Act 1905 (a) and (r);
- c. Social Security Act 1902 (a);
- d. Social Security Act 1903 (i);
- e. 42 Code of Federal Regulations (C. F. R.), Subpart B, 441.50 – 441.62;
- f. State Medicaid Manual (Part 5); and
- g. Nevada Medicaid’s State Plan.

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1503 POLICY

1503.1 PERIODIC SCREENINGS

The Healthy Kids program has established a periodicity schedule for screening, vision, hearing and dental services based upon the American Academy of Pediatrics (AAP).

1503.1A COVERAGE AND LIMITATIONS

The Healthy Kids program encourages providers to follow the recommended schedule for developmental screenings offered by the American Academy of Pediatrics. Recipients will be sent letters by the division's Quality Improvement Organization (QIO)-like vendor reminding them to schedule a screening visit on a periodic basis.

Dental services are outlined in Medicaid Services Manual (MSM) Chapter 1000. Dental services can occur at intervals outside the established periodicity schedule when indicated as medically necessary to determine the existence of a suspected illness or condition. At a minimum, they must include relief of pain and infection, restoration of teeth, and maintenance of dental health. Generally, dental services must be provided at intervals which meet reasonable standards of medical practice as recognized by medical organizations involved with child health care and should be age appropriate.

Vision services are outlined in MSM Chapter 1100. Vision services can occur at intervals outside the established periodicity schedule when indicated as medically necessary to determine the existence of a suspected illness or condition. At a minimum, services must include diagnosis and treatment for defects in vision, including eye glasses. Generally, vision services must be provided at intervals which meet reasonable standards of medical practice as recognized by medical organizations involved with child health care and should be age appropriate.

Hearing services are outlined in MSM Chapter 1300 Hearing services can occur at intervals outside the established periodicity schedule when indicated as medically necessary to determine the existence of a suspected illness or condition. At a minimum, services must include diagnosis and treatment for defects in hearing, including hearing aids. Generally, hearing services must be provided at intervals which meet reasonable standards of medical practice as recognized by medical organizations involved with child health care and should be age appropriate.

1503.1B PROVIDER RESPONSIBILITY

The provider is expected to follow the periodicity guidelines as recommended when conducting Healthy Kids examinations whenever possible. The provider should offer services as deemed medically appropriate.

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## 1503.2 INTERPERIODIC SCREENINGS

Healthy Kids screenings **are** provided to all eligible persons under the age of 21, which may include medically necessary intervals that are outside an established periodicity schedule, also known as interperiodic screenings.

### 1503.2A COVERAGE AND LIMITATIONS

**The Division of Health Care Financing and Policy (DHCFP)** has identified a periodicity schedule that allows for access to screening, vision, hearing and dental services at intervals which meet reasonable standards of medical practice. **The periodicity schedule can be found at the Bright Futures/AAP website: <http://brightfutures.aap.org>.**

A recipient may request a health care screening or any component of the health screening at any time. Screening services which are medically necessary, such as when a new health problem has occurred or when a previously diagnosed condition has become more severe or changed sufficiently to require a new examination, will be offered, regardless of whether the request falls into the periodicity schedule established by the State.

### 1503.2B PROVIDER RESPONSIBILITY

The provider should complete screenings according to the periodicity schedule. The provider shall determine whether a screening request is medically necessary when it falls outside the periodicity schedule and will conduct the intervention necessary to address suspected medical problems.

### 1503.2C RECIPIENT RESPONSIBILITY

The recipient should report all suspected health problems as soon as possible to his/her treating provider.

## 1503.3 COMPREHENSIVE SCREENING EXAMINATION

A Healthy Kids screening examination must comply with § 1905(r) of the Social Security Act. [http://www.socialsecurity.gov/OP\\_Home/ssact/title19/1905.htm](http://www.socialsecurity.gov/OP_Home/ssact/title19/1905.htm)

### 1503.3A COVERAGE AND LIMITATIONS

Screening services are designed to evaluate the general physical and mental health, growth, development and nutritional status of infants, children and adolescents. This section describes the components of an exam.

Immunizations and laboratory tests should be billed separately from the screening visit. Objective vision and hearing testing performed during the same visit as the physical examination should not



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be billed separately. If hearing and vision testing needs to be performed separately from the exam, these procedures should be billed as outlined in applicable MSM chapters.

Nevada Medicaid does not cover “sick kid” visits under the Healthy Kids program. A majority of the screening elements should be completed during a screening appointment to be billed as a Healthy Kids screening. The screening visit should be rescheduled if the child is too ill to complete the examination and should be billed using a routine office visit code.

The following is a description of each of the required age appropriate screening components:

#### 1. COMPREHENSIVE HEALTH AND DEVELOPMENTAL/BEHAVIORAL HISTORY

At the initial screening, the provider must obtain a comprehensive health, developmental/behavioral, mental health and nutritional history from the child’s parents or a responsible adult familiar with the child, or directly from an adolescent, when appropriate. This history should be gathered through an interview or questionnaire. A comprehensive initial history includes a review of the:

- a. family medical history (health of the parents and current family members, identification of family members with chronic, communicable or hereditary diseases);
- b. patient medical history (prenatal problems, neonatal problems, neonatal problems, developmental milestones, serious illnesses, surgeries, hospitalizations, allergies, current health problems and medications);
- c. nutritional history;
- d. immunization history;
- e. environmental risk;
- f. family background of emotional problems, problems with drinking, or drugs or history of violence or abuse;
- g. patient history of behavioral and/or emotional problems;
- h. history of sexual activity, if appropriate; and
- i. menstrual and obstetrical history for females, if appropriate.

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## 2. DEVELOPMENTAL/BEHAVIORAL ASSESSMENT

Assessment of developmental and behavioral status should be completed at each visit by observation, interview, history and appropriate physical examination. The developmental assessment should include a range of activities to determine whether or not the child has reached an appropriate level of development for age.

Nevada Medicaid will reimburse separately for developmental screenings, provided that a valid, standardized developmental screening tool, (i.e. PEDS, Ages and Stages, Early Language Milestone Screen) has been utilized and entered into the child's health care record. Although the American Academy of Pediatrics recommends the use of a standardized screening tool at ages, **nine**, 18, 30 months, and **three** and **four** years of age, the exact frequency of standardized testing depends on the clinical setting and provider's judgment as to medical necessity. Asking questions about development as part of the general informal developmental survey or history is not a "standardized screening" and is not separately reportable. Providers may be subject to a random audit of records to assure the use of the screening tool. For billing instructions, see the **Hewlett Packard Enterprise Services (HPES)** billing manual at:  
<http://www.medicaid.nv.gov/providers/BillingInfo.aspx>

## 3. COMPREHENSIVE UNCLOTHED PHYSICAL EXAM

A completed unclothed physical examination must be performed at each screening visit. The examination must be conducted using observation, palpation, auscultation and other appropriate techniques. The examination must include all body parts and systems listed below:

- a. Cranium and face;
- b. Hair and scalp;
- c. Ears;
- d. Eyes;
- e. Nose;
- f. Throat;
- g. Mouth and teeth;
- h. Neck;

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- i. Skin and lymph nodes;
- j. Chest and back;
- k. Abdomen;
- l. Genitalia;
- m. Musculoskeletal system;
- n. Extremities; and
- o. Nervous system.

The examination should include screening for congenital abnormalities and responses to voices and other external stimuli.

#### 4. APPROPRIATE IMMUNIZATIONS

The child's immunization status must be reviewed each screening visit. Appropriate immunizations that are due must be administered during the screening visit and according to the schedule established by the Advisory Committee on Immunization Practices (ACIP) for pediatric vaccines. <http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html>

Nevada Medicaid cannot reimburse for immunizations (except administration fees) that are available through the State Health Division as part of the Vaccines for Children (VFC) program. Providers are encouraged to enroll with the VFC program which provides the VFC vaccines at no cost to eligible children. Medicaid cannot be billed for the cost of a vaccine obtained through VFC, (even if the provider is not enrolled with VFC) unless there is a documented statewide shortage. To become a VFC provider, please access the website via <http://health.nv.gov/>.

Nevada Check Up (NCU) provides the same vaccines through a different funding source, but providers must use the same billing guidelines.

For specific guidelines for the Human Papilloma Virus (HPV) vaccine, please refer to MSM Chapter 1200 – Pharmacy Services.

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## 5. LABORATORY PROCEDURES

Age-appropriate laboratory procedures must be performed at intervals in accordance with the Healthy Kids periodicity schedule. These include blood lead level assessment appropriate to age and risk, urinalysis, Tuberculin Skin Test (TST), Sickle-cell, hemoglobin or hematocrit and other tests and procedures that are age appropriate and medically necessary, such as Pap smears.

## 6. HEALTH EDUCATION

Health education related to the physical assessment should be provided at each screening visit. It is designed to help children and their parents understand the health status of the child as well as provide information which emphasizes health promotion and preventive strategies. Health education explains the benefits of a healthy lifestyle, prevention of disease and accidents, and normal growth and development, and age appropriate family planning services.

Anticipatory guidance should be offered which includes discussion of information on what to expect in the child's current and next developmental phase. It is given in anticipation of health problems or decisions which may occur before the next periodicity visit.

Information should also include a summarization of the results of the screening and laboratory tests, review of the child's health status, and discussion regarding any specific problems detected in the screening.

## 7. VISION SCREENING

The purpose is to detect potentially blinding diseases and visual impairments, such as congenital abnormalities and malformations, eye diseases, color blindness and refractive errors. The screening should include distance visual acuity, color perception and ocular alignment tests. The vision screening is part of the complete physical examination and should be given by age three.

## 8. HEARING SCREENING

The purpose is to detect sensorineural and conductive hearing loss, congenital abnormalities, noise-induced hearing loss, central auditory problems, or a history of conditions that may increase the risk for potential hearing loss. The examination must include information about the child's response to voice and other auditory stimuli, speech and language development, and specific factors or health problems that place a child at risk for hearing loss.

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## 9. DENTAL SCREENING

An oral inspection must be performed by the screening provider as part of each physical examination for a child screened at any age. Tooth eruption, caries, bottle tooth decay, developmental anomalies, malocclusion, pathological conditions or dental injuries should be noted. The oral inspection is not a substitute for a complete dental screening examination provided by a dentist. An initial dental referral should be provided on any child age three or older unless it is known that the child is already receiving regular dental care. When the screening indicates a need for dental services at an earlier age, referral must be made. The importance of regular dental care should be discussed with the family (and the child as appropriate) on each screening visit for children three years and older.

### 1503.3B PROVIDER RESPONSIBILITY

The provider should assure the above listed elements are included in a screening examination. The provider should seek out and incorporate information regarding the child's usual functioning from parents, teachers, and others familiar with the child when conducting an examination. Medical records should document the assessments and significant positive and negative findings. Discussions with the child and family about the findings should be an integral part of every examination and documented as well. A referral to another Medicaid provider should occur if the provider is unable to perform any screening component.

The screening provider must retain copies of all screening claims and other Medicaid claims as provided by applicable state and federal laws, whichever is longer. Medical records should contain the following information specific to **Early and Periodic Screening Diagnosis and Treatment (EPSDT)** screening services:

1. Reason for the visit.
2. The date screening services were performed, the specific tests or procedures performed, the results of these tests and the person who provided the service.
3. Documentation of medical contraindication or a written statement from a parent or a guardian **of** a child screened for whom immunizations were due and not given and attempts the screening provider made to bring the child up-to-date on immunizations.
4. Identification of any screening component not completed, the medical contraindication or other reason why it could not be completed, and attempts the screening provider made to complete the screening.
5. Documentation of a medical contraindication or other reason for delay in vision or hearing screening if not performed on the same day as **the** medical screening.

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6. Documentation of declination of screening services by the parent
7. Referrals made for diagnosis, treatment or other medically necessary health services for conditions found in the screenings
8. Date the next screening is due
9. Documentation of direct referral for age-appropriate dental services

Providers should submit claims using the established billing codes related to the Healthy Kids Screening examination. These examination codes can be found in [the HPES Billing Guide, Physician Billing Guide](#).

#### 1503.3C RECIPIENT RESPONSIBILITY

The recipient and/or the recipient's parent/legal guardian should supply information as proper to assist in the screening process.

#### 1503.4 FAMILY PLANNING

Family planning services are available to recipients.

#### 1503.4A COVERAGE AND LIMITATIONS

Family planning information should be offered during a Healthy Kids examination as appropriate and requested.

#### 1503.4B PROVIDER RESPONSIBILITY

The provider should request prior authorization when appropriate.

#### 1503.5 DIAGNOSTIC SERVICES

Nevada Medicaid provides diagnostic services as indicated through a Healthy Kids screening.

#### 1503.5A COVERAGE AND LIMITATIONS

Any condition discovered during a screening should be followed up for diagnosis. Prior authorization is not necessary for these diagnostic examinations if they are part of or referred through a Healthy Kids screening. Referrals can include but are not limited to:

1. Vision Services.

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2. Dental Services.
3. Hearing Services.
4. Other Necessary Health Care.

#### 1503.5B PROVIDER RESPONSIBILITY

The provider should make referrals for diagnostic testing after discussing the need for such services with the recipient/parent/legal guardian during a post screening interview. The physician's progress notes should indicate the need for such testing.

A dated written referral must be given to the recipient or parents or forwarded to the referral service provider. The referral must include the following information:

1. The name of the child;
2. The Medicaid ID number of the child;
3. The date of the screening;
4. The abnormality noted;
5. The name, address, telephone and fax number of the child's primary physician if different from the screening provider; and
6. The physician to whom the referral applies if known.

The provider should advise recipients of possible resources for obtaining testing as appropriate.

#### 1503.6 TREATMENT

Nevada Medicaid provides for medically necessary treatment as indicated through a Healthy Kids screening and diagnosis.

#### 1503.6A COVERAGE AND LIMITATIONS

Health care and treatment is available to correct or improve defects and physical and mental illnesses or conditions discovered by Healthy Kids screening and diagnostic services. Covered services include all mandatory and optional services that a state can cover under the benefit plan, whether or not such services are covered for adults. The scope of medical services available are described in **Social Security Act, Section 1905 (a)**.

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Services that are not medical in nature, including educational interventions are excluded. Treatment must be medically necessary and prior authorized if not typically included in the benefit plan. The QIO-like vendor will review the suggested treatment to ensure it meets with current medical practice standards for the given diagnosis.

When treatment is needed to correct or improve identified conditions, the **DHCFP's** established requirements for prior authorization apply. See the MSM Chapters related to the requested service to determine if prior authorization is needed before treatment is rendered.

#### 1503.6B PROVIDER RESPONSIBILITY

The provider should discuss the need for treatment services with the recipient/parent/legal guardian during a post referral interview. The physician's progress notes should indicate the need for such treatment.

The provider should request prior authorization when appropriate.

#### 1503.7 CLINICAL STUDIES

Nevada Medicaid covers the routine costs of qualifying phase III and IV clinical trials for children less than 21 years of age. Reasonable and necessary items and services used to diagnose and treat complications arising from participation in phase III and IV clinical trials are covered. These services must be a Nevada Medicaid covered service.

- a. Any clinical trial receiving Medicaid coverage of routine costs must meet the following requirements:
  1. The subject or purpose of the trial must be the evaluation of an item or service that is covered by Nevada Medicaid (e.g., physicians' service, **Durable Medical Equipment (DME)**, diagnostic test) and is not excluded from coverage (e.g., cosmetic surgery);
  2. The trial must not be designed exclusively to test toxicity or disease pathophysiology. It must have therapeutic intent;
  3. Trials of therapeutic interventions must enroll patients with diagnosed disease rather than healthy volunteers; and;
  4. The clinical trial is approved by one of the following:
    - a. National Institute of Health (NIH);
    - b. Department of Defense (DOD);



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- c. Veterans Affairs (VA);
  - d. Centers for Disease Control (CDC);
  - e. Centers for Medicare & Medicaid Services (CMS);
  - f. Agency for Healthcare Research & Quality (AHRQ); or
  - g. National Cancer Institute (NCI).
- b. Prior authorization is required. Clinical trials that meet the qualifying coverage criteria will receive Medicaid coverage of routine costs after prior authorization from the QIO-like vendor.
- c. Covered Services
  - 1. Items or services that are typically provided absent a clinical trial (e.g., conventional care);
  - 2. Items or services required solely for the provision of the investigational item or service (e.g., administration of a non-covered chemotherapeutic agent), the clinically appropriate monitoring of the effects of the item or service, or the prevention of complications; and
  - 3. Items or services needed for reasonable and necessary care arising from the provision of an investigational item or service--in particular, for the diagnosis or treatment of complications.
- d. Non-Covered Services
  - 1. Phase I or II clinical trials.
  - 2. Items and services provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient (e.g., monthly CT scans for a condition usually requiring only a single scan).
  - 3. Items and services customarily provided by the research sponsors free of charge for any enrollee in the trial.
  - 4. For items and services, including items and services for which Medicaid reimbursement is not available, Medicaid only covers the treatment of complications arising from the delivery of the non-covered item or service and unrelated reasonable and necessary care. However, if the item or service is not

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covered by Medicaid and is the focus of a qualifying clinical trial, the routine costs of the clinical trial (as defined above) will be covered by Medicaid but the non-covered item or service, itself, will not.

NOTE: For policy regarding pharmaceutical clinical studies, please refer to **MSM** Chapter 1200 – Prescribed Drugs.

#### 1503.8 EXPERIMENTAL TREATMENT

Nevada Medicaid does not cover any item or service that is not medically necessary, unsafe or experimental, or is not generally recognized as an accepted method of medical practice or treatment.

#### 1503.8A COVERAGE AND LIMITATIONS

Nevada Medicaid completes prior authorization on medical services to assure that the care and the services proposed are actually needed, are equally effective, less expensive alternatives have been given consideration, and the proposed service and materials conform to commonly accepted standards. If the services requested fall into the above mentioned categories, they are not reimbursable.

Nevada Medicaid's QIO-like vendor completes the authorization review.

#### 1503.8B PROVIDER RESPONSIBILITY

Providers should request prior authorization for services which may fall into the above category prior to rendering service.

#### 1503.9 TRANSPORTATION

Assistance with transportation is available to and from a Healthy Kids examination. (Please reference MSM Chapter 1900)

#### 1503.9A COVERAGE AND LIMITATIONS

Nevada Medicaid pays for transportation in order for a recipient to receive medically necessary care and services. Transportation requires prior authorization in all but emergency situations. The guidelines outlined in MSM Chapter 1900, Transportation, should be followed.

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1503.10 PREGNANCY RELATED ONLY

The Healthy Kids benefit package is not available to recipients who are eligible solely because of pregnancy.

1503.10A COVERAGE AND LIMITATIONS

A recipient who is less than 21 years old and whose eligibility status is pregnancy related only (P) is not eligible for Healthy Kids. She is eligible for pregnancy related services only, which includes prenatal care, labor and delivery services, and postpartum care for 60 days after the date of delivery, including the month in which the 60<sup>th</sup> day falls. The recipient may be eligible for services that relate to conditions that might complicate the pregnancy, but those services cannot be billed as a Healthy Kids service.

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1504 HEARINGS

Please reference **Medicaid Services Manual (MSM)** Chapter 3100 for Medicaid Recipient Hearing process policy.

**RESERVED**