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### DIAGNOSIS

Diagnosis means determination of the nature or cause of physical or mental disease or abnormality through the combined used of health history, physical and developmental examination, and laboratory tests.

## DIAGNOSTIC AND STATISTICAL MANUAL (DSM) OF MENTAL DISORDERS

The latest text revision of the DSM of Mental Disorders published by the American Psychiatric Association (APA).

DIAGNOSTIC CLASSIFICATION: 0-3 (DC:0-3)

The determination of a mental or emotional disorder for a childbirth through 48 months of age as described in the latest text version of the Manual for DC:0-3 published by the National Center for Clinical Infant Programs.

#### DIALYSIS

A process of removing waste products from the body by diffusion from one fluid compartment to another across a semi-permeable membrane.

#### DIRECT CARE COMPONENT

Direct care component means the portion of Medicaid reimbursement rates that are attributable to the salaries and benefits of RNs, Licensed Practical Nurses (LPNs), certified nursing assistants, rehabilitation nurses and contracted nursing services.

#### DIRECT SERVICE CASE MANAGEMENT

Direct service case management assists individuals who receive waiver services in gaining access to needed waiver and other State plan services, as well as needed medical, social, educational and other services, regardless of the funding source for the services to which access is gained.

#### DIRECT SERVICES

Direct services assist in the acquisition, retention and improvement of skills necessary for the person to successfully reside in the community. Direct services are individualized hours that are not shared. Direct services providers participate in the ISP meetings.

#### DIRECT SUPERVISION

Direct Supervision – Independent Professionals, QMHPs, and/or QMHAs may function as Direct Supervisors within the scope of their practice. Direct Supervisors must have the practice-specific education, experience, training, credentials, and/or licensure to coordinate an array of OMH and/or RMH services. Direct Supervisors assure servicing providers provide services in compliance with the established treatment plan(s). Direct

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Supervision is limited to the delivery of services and does not include treatment and plan(s) modification and/or approval. If qualified, Direct Supervisors may also function as Clinical Supervisors. Direct Supervisors must document the following activities:QMHP or QMHA may function as Direct Supervisors. Direct Supervisors must have the practice specific education, experience, training, credentials and/or licensure to coordinate an array of mental and/or behavioral health services. Direct Supervisors assure servicing providers provide services in compliance with the established treatment/rehabilitation plan(s). Direct Supervision is limited to the delivery of services and does not include Treatment and/or Rehabilitation Plan(s) modification and/or approval. If qualified, Direct Supervisors may also function as Clinical Supervisors. Direct Supervisors must document the following activities:

- 1. Their face-to-face and/or telephonic meetings with Clinical Supervisors.
  - a. These meetings must occur before treatment begins and periodically thereafter;
  - b. The documentation regarding this supervision must reflect the content of the training and/or clinical guidance; and
  - c. This supervision may occur in a group and/or individual settings.
- 2. Their face-to-face and/or telephonic meetings with the servicing provider(s).
  - a. These meetings must occur before treatment/rehabilitation begins and, at a minimum, every 30 days thereafter;
  - b. The documentation regarding this supervision must reflect the content of the training and/or clinical guidance; and
  - c. This supervision may occur in group and/or individual settings;
- 3. Assist the Clinical Supervisor with Treatment and/or Rehabilitation Plan(s) reviews and evaluations.

# DIRECT SUPPORTS

Direct supports are the hours allocated in the participant's ISP for protective oversight. Protective oversight is supervision hours provided to ensure the health, safety and welfare of an individual who cannot be left alone for an extended period of time. Direct support is funded to individuals residing in a non-family host home that may not have a second person or 24-hour homes which require that the hours be shared with two or more individuals unless the person requires the one to one direct hours as a result of medical or clinical necessity, as determined by the Regional Center Psychologist and Regional Center Nurse.

#### DISABILITY

Disability means (with respect to a person):

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- 1. a physical or mental impairment that substantially limits one or more of the major life activities of the person;
- 2. a record of such an impairment; or