

Brian Sandoval  
Governor



Marta Jensen  
Administrator  
Division of Health Care Financing and  
Policy

# Public Workshop Intensive Outpatient Program (IOP)

June 26<sup>th</sup>, 2018



# Objectives

- What is an Intensive Outpatient Program
- Proposed Policy Clarifications
  - Group Size
  - Service Limitations
  - Direct Service and Supervision
  - All Inclusive Services
  - Non-Covered Services



# What is an Intensive Outpatient Program (IOP)

Medicaid Services Manual (MSM), Chapter 400

MSM MSM 403.4(d)(2).

**Intensive Outpatient Program (IOP)** – A comprehensive interdisciplinary program of an array of direct mental health and rehabilitative services which are expected to improve or maintain an individual's condition and functioning level for prevention of relapse or hospitalization. The services are provided to individuals who are diagnosed as severely emotionally disturbed or seriously mentally ill.

**Billing Code: S9480**



## Proposed Clarifications – Group Size

**Group Size:** An Intensive Outpatient Program may only have a group size of a minimum of four (4) and a maximum of 15 recipients.



## Proposed Policy Clarifications – Service Limitations

**Service Limitations:** IOP services are direct services provided no more or less than three (3) days a week, with a minimum of three (3) hours a day, and not to exceed six (6) hours a day. IOP services may not exceed the day and hour limitations. Services that exceed this time frame indicate a higher level of care and the recipient should be reevaluated.



## Proposed Clarifications – Direct Services and Supervision

Direct services are face-to-face interactive services spent with licensed staff. Interns and Assistants enrolled as a QMHP can provide IOP services while under the direct and clinical supervision of a licensed clinician. Direct supervision requires the licensed clinical supervisor to be on-site where services are rendered.



## Proposed Policy Clarifications – What is Included?

- IOP includes: outpatient mental health services; rehabilitative mental health services; diagnostic testing and evaluations, including neuro-psychological testing; lab tests including drug and alcohol tests; medication management; medication training and support; crisis intervention; and supplies. IOP requires the availability of 24/7 psychiatric and psychological services. These services may not be billed separately as IOP is an all-inclusive rate.



# Proposed Policy Clarifications – Non-Covered Services

- Non-Covered services in an IOP include, but are not limited to:
  - Non-evidence based models;
  - Transportation or services delivered in transit;
  - Club house, recreational, vocational, afterschool, or mentorship program;
  - Routine supervision, monitoring or respite;
  - Participating in community based, social based support groups (i.e. Alcoholics Anonymous, Narcotics Anonymous)
  - Watching films or videos;
  - Doing assigned readings; and
  - Completing inventories or questionnaires.





# Anticipated Implementation

The anticipated implementation date for this will be July 27<sup>th</sup>, 2018 after the Public Hearing date of July 26<sup>th</sup>, 2018.



# Questions?