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## Variations between Adult Day Care and Adult Day Health Care

Long Term Services and Supports (LTSS)  
Division of Health Care Financing and Policy

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# Objectives

- Policy highlights for Adult Day Care (ADC) and Adult Day Health Centers (ADHCs)
- Regulatory Oversight
- Differences between the two models
- CMS requirements or limitations
- Discussion



# Policy Highlights

- Service are provided in a non-institutional community based setting
- Needs Based- directed by Plan of Care
- Authorized for four or more hours a day, one or more days per week.
  - Per diem rate (six hours)
  - Unit rate (less than 6 hours).



# Regulatory Oversight

- Nevada Revised Statute Chapter 449
- Nevada Administrative code Chapter 449
- Inspections:
  - Initial licensure
  - Every six years
  - Compliant driven



# Differences Between the Models

## **ADC (PT 48)**

- Age- 65 years and older
- Social Model
- Eligibility- FFS and Home and Community Based Waiver for Frail Elderly

## **ADHC (PT39)**

- Age-18 years and older
- Medical Model
- Eligibility- FFS and Managed Care



# CMS Guidance

- Social Security Act (i)
- Social Security Act (c)
- HCBS Final Rule CFR 42
  - Services offered in most integrated setting
  - Applicable to both ADC and ADHC



# Open Discussion