

	<b>MTL 12/18</b>
DIVISION OF HEALTH CARE FINANCING AND POLICY	Section: 403
MEDICAID SERVICES MANUAL	Subject: POLICY

Prior authorization may be requested for additional services based upon medical necessity.

d. Mental Health Therapeutic Interventions

1. Partial Hospitalization Program (PHP) – Traditional – Services furnished under a medical model by a hospital, in an outpatient setting, which encompass a variety of psychiatric treatment modalities designed for recipients with mental or substance abuse disorders who require coordinated, intensive, comprehensive and multi-disciplinary treatment not generally provided in an outpatient setting. These services are expected to reasonably improve or maintain the individual’s condition and functional level to prevent relapse of hospitalization. The services are intended to be an alternative to inpatient psychiatric care and are generally provided to recipients experiencing an exacerbation of a severe and persistent mental illness. PHP services include active therapeutic treatment and must be targeted to meet the goals of alleviating impairments and maintaining or improving functioning to prevent relapse or hospitalization.
2. Intensive Outpatient Program (IOP) – A comprehensive interdisciplinary program of an array of direct mental health and rehabilitative services which are expected to improve or maintain an individual’s condition and functioning level for prevention of relapse or hospitalization. The services are provided to individuals who are diagnosed as severely emotionally disturbed or seriously mentally ill. **IOP group sizes are required to be within four to 15 recipients.**
  - a. **Service Limitations: IOP services are direct services provided no more or less than three days a week, with a minimum of three hours a day and not to exceed six hours a day. IOP services may not exceed the day and hour limitations. Services that exceed this time frame indicate a higher level of care and the recipient should be reevaluated.**
  - b. **Direct services are face-to-face interactive services spent with licensed staff. Interns and assistants enrolled as a QMHP can provide IOP services while under the direct and clinical supervision of a licensed clinician. Direct supervision requires the licensed clinical supervisor to be onsite where services are rendered.**
  - c. **IOP includes: outpatient mental health services, rehabilitative mental health services, diagnostic testing and evaluations including neuro-psychological testing, lab tests including drug and alcohol tests, medication management, medication training and support, crisis intervention and supplies. IOP requires the availability of 24/7 psychiatric and psychological services. These services may not be billed separately as IOP is an all-inclusive rate.**

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d. **Non-Covered services in an IOP include, but are not limited to:**

1. **Non-evidence-based models;**
  2. **Transportation or services delivered in transit;**
  3. **Club house, recreational, vocational, after-school or mentorship program;**
  4. **Routine supervision, monitoring or respite;**
  5. **Participating in community based, social based support groups (i.e. Alcoholics Anonymous, Narcotics Anonymous);**
  6. **Watching films or videos;**
  7. **Doing assigned readings; and**
  8. **Completing inventories or questionnaires.**
3. Medication Management – A medical treatment service using psychotropic medications for the purpose of rapid symptom reduction, to maintain improvement in a chronic recurrent disorder or to prevent or reduce the chances of relapse or reoccurrence. Medication management must be provided by a psychiatrist or physician licensed to practice in the State of Nevada and may include, through consultation, the use of a physician’s assistant or a certified nurse practitioner licensed to practice in the State of Nevada within their scope of practice. Medication management may be used by a physician who is prescribing pharmacologic therapy for a recipient with an organic brain syndrome or whose diagnosis is in the current ICD section of Mental, Behavioral and Neurodevelopmental Disorders and is being managed primarily by psychotropic drugs. It may also be used for the recipient whose psychotherapy is being managed by another mental health professional and the billing physician is managing the psychotropic medication. The service includes prescribing, monitoring the effect of the medication and adjusting the dosage. Any psychotherapy provided is minimal and is usually supportive only. If the recipient received psychotherapy and drug management at the same visit, the drug management is included as part of that service by definition and medication management should not be billed in addition.
4. Medication Training and Support – **This service must be** provided by a professional other than a physician **and** is covered for monitoring of compliance, side effects, recipient education and coordination of requests to a physician for changes in medication(s). **To be reimbursed for this service, the provider must be enrolled as:**