# Welcome to the **Community**.

#### Nevada

Health Plan of Nevada Nevada Check Up





Health Plan of Nevada does not treat members differently because of sex, age, race, color, disability or national origin. We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call **toll-free 1-800-962-8074**, **TTY 711**, Monday through Friday, 8:00 a.m. to 5:00 p.m. PT.

If you think you weren't treated fairly because of your sex, age, race, color, disability or national origin, you can send a complaint to:

Civil Rights Coordinator UnitedHealthcare Civil Rights Grievance P.O. Box 30608 Salt Lake City, UT 84130

## UHC\_Civil\_Rights@uhc.com

If you need help with your complaint, please call **toll-free 1-800-962-8074**, **TTY 711**, Monday through Friday, 8:00 a.m. to 5:00 p.m. PT.

You must send the complaint within 60 days of the event. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

## Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

## Phone: Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, D.C. 20201

### English

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-962-8074 (TTY: 711).

#### Español

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-962-8074 (TTY: 711).

#### Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-962-8074 (TTY: 711).

#### 繁體中文

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電1-800-962-8074 (TTY: 711)。

#### 한국어

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-962-8074 (TTY: 711)번으로 전화해 주십시오.

### Tiếng Việt

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-962-8074 (TTY: 711).

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### ภาษาไทย

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-962-8074 (TTY: 711).

### 日本語

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。 1-800-962-8074 (TTY: 711) まで、お電話にてご連絡ください。

#### العربية

ملحوظة: إذا كنت تتحدث اذكر اللغة, فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 8074-962-800 (رقم هاتف الصم والبكم: 711).

#### Русский

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-962-8074 (телетайп: 711).

### Français

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-962-8074 (ATS : 711).

### فارسى

توجه: اگر به زبان فارسی گفتگو می کنید. تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 8074-962-962 (TTY: 711) تماس بگیرید.

### Gagana fa'a Sāmoa

MO LOU SILAFIA: Afai e te tautala Gagana fa'a Sāmoa, o loo iai auaunaga fesoasoan, e fai fua e leai se totogi, mo oe, Telefoni mai: 1-800-962-8074 (TTY: 711).

## Deutsch

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-962-8074 (TTY: 711).

## Ilokano

PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-800-962-8074 (TTY: 711).

This document is also available in other formats like large print. To request the document in another format, please call **1-800-962-8074**, **TTY 711**, Monday through Friday, 8:00 a.m. to 5:00 p.m.

# Welcome.

## Welcome to Health Plan of Nevada.

Health Plan of Nevada is the largest and most experienced health plan in Nevada. Please take a few minutes to review this Member Handbook. We're ready to answer any questions you may have. You can find answers to most questions at **myhpnmedicaid.com**. Or you can call Member Services at **1-800-962-8074**, **TTY 711**, 8:00 a.m. to 5:00 p.m. Monday through Friday.

You can also use our concierge, or personalized, in-person services. Stop by our offices and a member of our team would be happy to assist you.

Our offices are located at: 2720 N. Tenaya Way, Suite 102 Las Vegas, NV 89128

This handbook is not a Certificate of Insurance and shall not be construed or interpreted as evidence of insurance coverage between the Managed Care Organization (MCO) Health Plan of Nevada and the member.



HEALTH PLAN OF NEVADA A UnitedHealthcare Company

# **Getting started.**

We want you to get the most from your health plan right away. Start with these three easy steps:



**Call your Primary Care Provider (PCP) and schedule a checkup.** Regular checkups are important for good health. Your child's PCP phone number should be listed in the PCP assignment letter that you recently received in the mail. The PCP listed in this letter is not the only provider that you can see. You can access care at any participating provider. If you don't know your child's PCP number, or if you'd like help scheduling a checkup, call Member Services at **1-800-962-8074**, **TTY 711**. Or stop by our offices for concierge, personalized, in-person services. We're here to help.



**Take your Health Survey.** This is a short and easy way to get a big picture of your current lifestyle and health. This helps us match you with the benefits and services available to you. Go to **myhpnmedicaid.com** to complete the Health Survey today. Also, we will call you soon to welcome you to the Health Plan of Nevada. During this call, we can explain your health plan benefits. We can also help you complete the Health Survey over the phone. See page 14.



**Get to know your health plan.** Start with the Health Plan Highlights section on page 10 for a quick overview of your child's new plan. And be sure to keep this booklet handy, for future reference.

**Oral interpretation** services in languages other than English are available through our Member Services department. Please call **1-800-962-8074** for help.

Hearing impaired members may contact us at 1-800-962-8074 by calling through the 711 relay service.

**Visually impaired** members may call our Member Services department for help at **1-800-962-8074**. We can also give you documents in larger print for easier reading.

# Thank you for choosing **Health Plan of Nevada** for your child's health plan.

We're happy to have you as a member. Health Plan of Nevada is the largest and most experienced health plan in Nevada. You've made the right choice for you and your family.

Health Plan of Nevada gives you access to many health care providers — doctors, nurses, hospitals and drugstores — so you have access to all the health services you need. We cover preventive care, checkups and treatment services. We're dedicated to improving your health and well-being.

Remember, answers to any questions you have are just a click away at **myhpnmedicaid.com**. Or, you can call Member Services at **1-800-962-8074**, **TTY 711**, 8:00 a.m. to 5:00 p.m., Monday through Friday.

You can also use our concierge, or personalized, services. Stop by our offices and a member of our team would be happy to assist you.

Our offices are located at: 2720 N. Tenaya Way, Suite 102 Las Vegas, NV 89128



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# ) Health Plan Highlights

# **Health Plan ID Cards**

You will get a health plan ID card for each of your children who receive Nevada Check Up benefits. You should:

- Take both your child's health plan ID card and State Medicaid ID card to his/her appointments.
- Show it when you fill a prescription.
- Have it ready when you call Member Services; this helps us serve you better.
- Do not let someone else use this card(s). It is against the law.



## Lost your child's Health Plan ID card?

If you lose your child's ID card, you can print a new one at **myhpnmedicaid.com**, or call Member Services at **1-800-962-8074**, **TTY 711**.

Benefits

# **Nevada State Medicaid ID Card**

You will also get a Medicaid ID card from the State for each of your family members who receive Medicaid benefits.

		_
Gender	BIN #	
	Gender	Gender BIN #

If you need a replacement or have not received your child's Medicaid ID card, please contact the Division of Welfare and Supportive Services (DWSS) for assistance. Please see contact information below:

- For Northern Nevada: 775-684-7200
- For Southern Nevada: 702-486-1646
- Option 1 for English, Option 2 for Spanish
- Option 5 to speak to an Agent

## Show both cards.

Always show your child's health plan ID card and your State Medicaid ID card when he/she gets care. This helps ensure you get all the benefits available to you. And prevents billing mistakes.

## **Discover Your Plan Online**

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## Manage your child's health care information 24/7 on myhpnmedicaid.com.

As a member of Health Plan of Nevada, you're just a click away from everything you need to take charge of your child's health benefits. Register on **myhpnmedicaid.com**. The tools and new features can save you time and help you stay healthy. Using the site is free.

## Great reasons to use myhpnmedicaid.com.

- Look up your child's benefits.
- Find a doctor.
- Find a hospital.
- Take your Health Survey.
- Keep track of your medical history.
- View claims history.
- Learn how to stay healthy.

## Register on myhpnmedicaid.com today.

Registration is easy and fast. Sign up today! Just visit **myhpnmedicaid.com**. Select "Register" on the Home Page. Follow the simple prompts. Have your child's State Medicaid ID card with you, as you enter in the information. You will need to provide your child's Medicaid ID number, in order to register for an account. You're just a few clicks away from access to all types of information. Get more from your child's health care.

# **Benefits at a Glance**

As a Health Plan of Nevada member, you have a variety of health care benefits and services available to your child. Here is a brief overview. You'll find a complete listing in the Benefits section.



## Primary Care Services.

Your child is covered for all visits to your Primary Care Provider (PCP). Your child's PCP is the main doctor he/she will see for most of their health care. This includes checkups, treatment for colds and flu, health concerns and health screenings.



## Large Provider Network.

You can choose any PCP from our large network of providers. Our network also includes specialists, hospitals and drug stores — giving you many options for your health care. Find a complete list of network providers at **myhpnmedicaid.com** or call **1-800-962-8074**, **TTY 711**.



## Telephone Advice Nurse.

Our Telephone Advice Nurse Line gives you 24/7 telephone access to experienced registered nurses. They can give you information, support and education for any health-related question or concern. Call **1-800-288-2264**.



## Specialist Services.

Your child's coverage includes services from specialists. Specialists are doctors or nurses who are highly trained to treat certain conditions. You may need a referral from your PCP first. See page 24.



## Medicines.

Your child's plan covers prescription drugs with no copays for members of all ages. Also covered: insulin, needles and syringes, birth control, and select over-the-counter products.



## Hospital Services.

Your child is covered for hospital stays. You're also covered for outpatient services. These are services you get in the hospital without spending the night.

## **Health Plan Highlights**



## Laboratory Services.

Covered services include tests and X-rays that help find the cause of illness.



## Well-Child Visits.

All well-child visits and immunizations are covered by this plan.



## Maternity and Pregnancy Care.

Your child is covered for doctor visits before and after the baby is born. That includes hospital stays. If needed, we also cover home visits after the baby is born.



## Family Planning.

Your child is covered for services that help manage the timing of pregnancies. These include birth control products and procedures.



## Ocular Care.

Your child's vision benefits include routine eye exams and glasses. See page 39.

# Your Child's Health Survey

A Health Survey is a short and easy survey that asks you simple questions about your child's lifestyle and health. When you fill it out and mail it to us, we can get to know your child better. And it helps us match your child with the many benefits and services available to him/her.

Please take a few minutes to fill out the Health Survey at **myhpnmedicaid.com**. Click on the Health Survey button on the right side of the page, after you register and/or log in. Or call Member Services at **1-800-962-8074, TTY 711** to complete it by phone.

# **Member Support**

We want to make it as easy as possible for your child to get the most from his/her health plan. As our member, your child will have many services available to him/her, including transportation and interpreters, if needed. And if you have questions, there are many places to get answers.



## Website offers 24/7 access to plan details.

Go to myhpnmedicaid.com to sign up for web access to your child's account. This secure website keeps all of your child's health information in one place. In addition to plan details, the site includes useful tools that can help you:

- Find a provider or pharmacy.
- Search for a medicine in the Preferred Drug List or Formulary.
- Get benefit details.
- Download a new Member Handbook.



## Member Services is available Monday – Friday 8:00 a.m. to 5:00 p.m.

Member Services can help with your questions or concerns. This includes:

- Understanding your child's benefits.
- Finding a doctor or urgent care clinic.
- Scheduling an appointment with your child's PCP.

Call 1-800-962-8074, TTY 711. You can also use our concierge, or personalized, services. Stop by our offices and a member of our team would be happy to assist you.

Our offices are located at:

2720 N. Tenaya Way, Suite 102 Las Vegas, NV 89128



## Disease Management program.

If your child has a chronic health condition, like asthma or diabetes, you may benefit from our Disease Management program. We can help with a number of things, like scheduling doctor appointments and keeping all your providers informed about the care your child gets. To learn more, call **1-877-692-2059**.



### We speak your language.

If you speak a language other than English, we can provide translated printed materials. Or we can provide an interpreter who can help you understand these materials. You'll find more information about Interpretive Services and Language Assistance in the section called Other Plan Details. Or call Member Services at **1-800-962-8074**, **TTY 711**.

Si usted habla un idioma que no sea inglés, podemos proporcionar materiales impresos traducidos. O podemos proporcionar un intérprete que puede ayudar a entender estos materiales. Encontrará más información acerca de servicios de interpretación y asistencia lingüística en la sección Otros detalles del plan. O llame a Servicios para Miembros al **1-800-962-8074**, **TTY 711**.



## Emergencies.

case of emergency, call	1
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## Other important numbers.

Medical Benefits.	1-800-962-8074
Telephone Advice Nurse Line (available 24 hours a day, 7 days a week).	1-800-288-2264
Pharmacy Benefits	1-800-962-8074
Mobile Medical Clinic	1-800-382-0870
Mental Health/Substance Abuse Hotline	1-800-873-2246
NowClinic	1-877-550-1515

Other Plan Details

# You can start using your pharmacy benefit right away.

Your child's plan covers a long list of medicines, or prescription drugs. Medicines that are covered are on the plan's Preferred Drug List or Formulary. There is also the Preferred Drug List (PDL). The PDL list is a subset of all drugs covered under the plan. Your child's doctor uses these lists to make sure the medicines your child needs are covered by their plan. You can find both the Preferred Drug List and the formulary list online at **myhpnmedicaid.com**. You search for a medicine name on the website. It's easy to start getting your prescriptions filled. Here's how:



# Are your child's medicines included on the Preferred Drug List or Formulary?



## Yes.

If your child's medicines are included on the Preferred Drug List or Formulary, you're all set. Be sure to show your pharmacist your child's State Medicaid ID card every time you get prescriptions filled.



## No.

If your child's prescriptions are not on the Preferred Drug List or Formulary, schedule an appointment with his/her doctor within the next 30 days. They may be able to help you switch to a drug that is on the Preferred Drug List or Formulary. Your child's doctor can also help you ask for an exception if they think your child will need a medicine that is not on the list.



## Not sure.

View the Preferred Drug List or Formulary online at **myhpnmedicaid.com**. You can also call Member Services. We're here to help.

## **Health Plan Highlights**



## Do you have a prescription?

When you have a prescription from your doctor, or need to refill a prescription, go to a network pharmacy. Show the pharmacist your child's State Medicaid ID card. You can find a list of network pharmacies in the Provider Directory online at **myhpnmedicaid.com**, or you can call Member Services.

## **Attention Pharmacist**

Please process this Health Plan of Nevada member's claim using: **BIN:** 610494

Processor Control Number: 9999

Group: SIE

If you receive a message that the member's medication needs a prior authorization or is not on our formulary, please call HPN Medicaid Pharmacy Services at **1-800-443-8197**, **option #6**.

# Going to the Doctor

# Your Primary Care Provider (PCP)

We call the main doctor your child sees a Primary Care Provider, or PCP. When your child sees the same PCP over time, it's easier to develop a relationship with them. Each family member can have their own PCP, or you may all choose to see the same person. Your child will see a PCP for:

- Routine care, including yearly checkups.
- Coordinate your care with a specialist.
- Treatment for colds and flu.
- Other health concerns.

## You have options.

You can choose between many types of network providers for your child's PCP. Some types of PCPs include:

- Family doctor (also called a general practitioner) cares for children and adults.
- Gynecologist (GYN) cares for women.
- Internal medicine doctor (also called an internist) cares for adults.
- Nurse Practitioner (NP) cares for children and adults.
- Obstetrician (OB) cares for pregnant women.
- Pediatrician cares for children.
- Physician Assistant (PA) cares for children and adults.

## Choosing your PCP.

If your child has been seeing a doctor before becoming a Health Plan of Nevada member, check to see if his/her doctor is in our network. If you're looking for a new PCP, consider choosing one who's close to your home or work. This may make it easier to get to appointments.

## What is a Network Provider?

Network Providers have contracted with Health Plan of Nevada to care for our members. You don't need to call us before your child sees one of these providers. There may be times when you need to get services outside of our network. If a needed and covered service is not available in-network, it will be covered out-of-network at no greater cost to you than if provided in-network. Call Member Services to learn if they are covered in full. You may have to pay for those services.

### Availability of services.

Your child can see a specialist, and get routine and preventive care services in addition to services provided by your child's PCP.

There are four ways to find the right PCP for your child.

- 1. Look through our Provider Directory.
- 2. Use the Find-a-Doctor search tool at **myhpnmedicaid.com**.
- Call Member Services at 1-800-962-8074, TTY 711.
   We can answer your questions and help you find a PCP close to you.
- Stop by our offices for in-person assistance. We are located at: 2720 N. Tenaya Way, Suite 102 Las Vegas, NV 89128

# Learn more about network doctors.

You can learn information about network doctors, such as board certifications, medical school and residency program attended, and languages they speak, at **myhpnmedicaid.com**, or by calling Member Services.

Once you choose a PCP, call Member Services and let us know. We will make sure your child's records are updated. If you don't want to choose a PCP, Health Plan of Nevada can choose one for your child, based on your location and language spoken.

## Changing your PCP.

It's important that you like and trust your child's PCP. You can change PCPs at any time. Call Member Services or stop by our offices and we can help you make the change.

## Your provider directory.

You can search for a provider by logging onto our website at **myhpnmedicaid.com**. If the doctor you are seeing now is on the list, you can stay with him/her. If you want more information about any of the doctors in our network, or you need a hard copy of the provider directory to be mailed to you, call our Member Services staff at **1-800-962-8074**.

# **Annual Checkups**

## The importance of your child's annual checkup.

Your child doesn't have to be sick to go to the doctor. In fact, yearly checkups with your child's PCP can help keep him/her healthy. In addition to checking on your child's general health, your child's PCP will make sure he/she gets the screenings, tests and shots he/she needs. And if there is a health problem, it is usually much easier to treat when caught early.

Here are some important screenings. How often your child gets a screening is based on his/her age and risk factors. Talk to your child's doctor about what's right for your child.

### Checkup schedule.

It's important to schedule well-child visits for these ages:

3 to 5 days	15 months
1 month	18 months
2 months	24 months
4 months	30 months
6 months	3 years
9 months	4 years
12 months	Once a year after age 5

## Well-child visits.

Well-child visits are a time for a PCP to see how your child is growing and developing. They will also give the needed screenings, like speech and hearing tests, and immunizations during these visits. These routine visits are also a great time for you to ask any questions you have about your child's overall well-being, including:

- Eating.
- Sleeping.
- Behavior.
- Social interactions.
- Physical activity.

Here are shots the doctor will likely give, and how they protect your child:

- Hepatitis A and Hepatitis B: prevent two common liver infections.
- Rotavirus: protects against a virus that causes severe diarrhea.
- Diphtheria: prevents a dangerous throat infection.
- Tetanus: prevents a dangerous nerve disease.
- Pertussis: prevents whooping cough.
- HiB: prevents childhood meningitis and severe lung and throat infections.
- Meningococcal: prevents bacterial meningitis.
- Polio: prevents a virus that causes paralysis.
- MMR: prevents measles, mumps and rubella.
- Varicella: prevents chickenpox.
- Influenza: protects against the flu virus.
- Pneumococcal: prevents ear infections, blood infections, pneumonia and bacterial meningitis.
- HPV: protects against a sexually transmitted virus that can lead to cervical cancer in women and genital warts in men.

## **Going to the Doctor**

# Keeping your children healthy through the Early Periodic Screening, Diagnostic and Treatment (EPSDT) program.

One of the most important things you can do to keep your children healthy is to make sure they get regular checkups. Have your child seen early and often; after age 5, they should be seen yearly for a well-child exam and any shots he/she needs. Your child's doctor will help you arrange the checkups and shots that are right for each child's age group. These services are free of charge. If you need help scheduling an appointment, call Member Services at **1-800-962-8074**, **TTY 711**. Or you can come into our office for concierge/in-person services. Our office is located at:

2720 N. Tenaya Way, Suite 102 Las Vegas, NV 89128

### Special checkups for children from the EPSDT program.

Children under the age of 21 may receive well-child doctor visits as part of Nevada Medicaid's EPSDT program. These visits are offered to help your children stay healthy, provide required shots and to catch and treat health problems early. Included in the visit are the following:

- A health history.
- A physical exam.
- Immunizations (shots).
- Laboratory tests.
- Health education.
- Vision services.
- Hearing services.
- Other needed health care services and treatment.

It is very important that you bring your children in to see the doctor when they are due for this special testing. Health Plan of Nevada will let you know when your children need to come in for these screenings. You will receive a postcard in the mail as a reminder. Call your child's doctor's office directly. When you call to make an appointment, be sure to tell the office what you're coming in for. This will help make sure your child gets the care he/she needs, when he/she needs it. This is how quickly you can expect your child to be seen:

How long it should take to see your PCP:		
Emergency	Immediately or sent to an emergency facility.	
Urgent (but not an emergency)	Within 1 day or 24 hours.	
Routine	Within 1 week or 7 days.	
Preventive, Well-Child and Regular	Within 1 month.	

# **Preparing for Your Child's PCP Appointment**

2

Make note of any

new symptoms

and when they

started.

## Before the visit.



Go in knowing what you want to get out of the visit (relief from symptoms, a referral to a specialist, specific information, etc.).

## During the visit.

When you are with the doctor, feel free to:

- Ask questions.
- Take notes if it helps you remember.
- Ask the doctor to speak slowly or explain anything you don't understand.
- Ask for more information about any medicines, treatments or conditions.



Make a list of any drugs or vitamins your child takes on a regular basis.

## Going to the Doctor



# **Telephone Advice Nurse – Your 24-Hour Health Information Resource**

When your child is sick or injured, it can be difficult to make health care decisions. You may not know if you should go to the emergency room, visit an urgent care center, make a provider appointment or use self-care. An experienced Telephone Advice Nurse can give you information to help you decide.

Nurses can provide information and support for many health situations and concerns, including:

- Minor injuries.
- Common illnesses.
- Self-care tips and treatment options.
- Recent diagnoses and chronic conditions.
- Choosing appropriate medical care.

- Illness prevention.
- Nutrition and fitness.
- Questions to ask your provider.
- How to take medication safely.
- Men's, women's and children's health.

You may just be curious about a health issue and want to learn more. Experienced registered nurses can provide you with information, support and education for any health-related question or concern.

**The 24-hour Telephone Advice Nurse phone number is 1-800-288-2264.** You can call the toll-free Telephone Advice Nurse number anytime, 24 hours a day, 7 days a week. And there's no limit to the number of times you can call.

# **Referrals and Specialists**

A referral is when your PCP says your child needs to go to another doctor who focuses on caring for a certain part of the body or treating a specific condition. This other doctor is called a specialist. It is a good idea to see your child's PCP before you see a specialist. Your child's PCP can help coordinate your medical needs. If your child's doctor wants your child to see a specialist that you do not want to see, you can ask him/her to give you another name. A couple of examples of specialists include:

- Cardiologist for problems with the heart.
- Pulmonologist for problems with the lungs and breathing.

## You do not need a referral from your child's PCP for:

- Emergency services.
- Behavioral health.
- Sexually transmitted disease (STD) testing and treatment includes annual exam and up to five gynecologist (GYN) visits per year.
- Routine eye exams.
- Education classes including parenting, smoking cessation and childbirth.

# **Member Advocate**

The Member Advocate is another person at Health Plan of Nevada who can help you. The Member Advocate can:

- Help you figure out how things work at Health Plan of Nevada. This may be things like filing a grievance, changing Care Coordinators or getting the care you need.
- Refer you to the right Health Plan of Nevada staff.
- Help solve problems with your child's care.

To reach the Health Plan of Nevada Member Advocate, call Health Plan of Nevada at **1-800-962-8074**, **TTY 711**. Ask to speak with the Member Advocate.

# **Getting a Second Opinion**

A second opinion is when you want to see a second doctor for the same health concern. You can get a second opinion from a network provider or non-network provider for any of your child's covered benefits. This is your choice. You are not required to get a second opinion. If the type of doctor needed is not available in-network for a second opinion, we will arrange for a second opinion out-of-network at no more cost to you than if the service was provided in-network.

# **Prior Authorizations**

In some cases, your child's provider must get permission from the health plan before giving your child a certain service. This is called prior authorization. This is your provider's responsibility. If they do not get prior authorization, your child will not be able to get those services.

You do not need prior authorization for advanced imaging services that take place in an emergency room, observation unit, urgent care facility or during an inpatient stay. You do not need a prior authorization for emergencies. You also do not need prior authorization to see a women's health care provider for women's health services or if your child is pregnant.

## A prior authorization may be needed.

Some services that need prior authorization include:

- Hospital admissions.
- Certain outpatient imaging procedures, including PET scan imaging procedures.
- Some Durable Medical Equipment services.
- Some prescription medications.
- Weight loss surgery.

# **Continued Care if Your PCP Leaves the Network**

Sometimes PCPs leave the network. If this happens to your child's PCP, you will receive a letter from us letting you know. Sometimes Health Plan of Nevada will pay for your child to get covered services from doctors for a short time after they leave the network. Your child may be able to get continued care and treatment when your doctor leaves the network if your child is being actively treated for a serious medical problem. For example, you may qualify if your child is getting chemotherapy for cancer or are at least six months pregnant when their doctor leaves the network. To ask for this, please call your child's doctor. Ask them to request an authorization for continued care and treatment from Health Plan of Nevada.

# **Behavioral Health Services**

As a Health Plan of Nevada member, your child is eligible for Behavioral Health Services. These can help with personal problems that may affect him/her or your family. These include stress, depression, anxiety, a gambling problem, or using drugs or alcohol.

To find a Behavioral Health provider, call the Behavioral Healthcare Options (BHO) team at **1-800-873-2246**.

Benefits

Other Plan Details

Get care 24/7 without leaving your home! With the NowClinic, you can talk to a NowClinic provider just like you would in an exam room. Just connect by secure mobile app, webcam, chat or phone.

NowClinic providers can diagnose, provide care recommendations and prescribe medication if appropriate<sup>\*</sup>, for common illnesses. No appointment is necessary and you can connect from the comfort of your home, work or anywhere else that is convenient for you.

NowClinic is a part of your health plan benefits and there is no cost to you!

To enroll, visit **NowClinic.com** or download the NowClinic mobile app for iOS<sup>®</sup> and Android<sup>SM</sup> devices from the App Store<sup>SM</sup> online store or Google Play<sup>™</sup> store. You will need your child's Nevada Check Up ID card to complete the enrollment process.

NowClinic may be able to help with common illnesses such as:

- Allergies.
- Bronchitis.
- Cough, Cold.
- Eye Infection, Pink Eye, Sty.
- Fever, Chills, Runny Nose.

- Headache.
- Laryngitis.
- Nausea.
- Skin Inflammation, Rash.
- Sore Throat.

For any additional assistance or if you have any questions, please call Member Services at 1-800-962-8074.

\*The conditions treated are subject to NowClinic provider discretion and may require a visual interaction such as a webcam. Video may be required for prescribing.

# **Emergency Transportation**

Emergency transportation is a covered benefit for Health Plan of Nevada members. If you have a medical emergency, call 911. An ambulance will drive you to a hospital for emergency medical care. Remember to only call 911 for true medical emergencies.

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# 日 Hospitals and Emergencies

# **Emergency Care**

Hospital emergency rooms are there to offer emergency treatment for trauma, serious injury and life-threatening symptoms. Reasons to go to the ER include:

- Serious illness.
- Broken bones.
- Heart attack.
- Poisoning.
- Severe cuts or burns.

## Don't wait.

If your child needs emergency care, call 911 or go to the nearest hospital.

Health Plan of Nevada covers any emergency care your child may need throughout the United States and its territories. Within 24 hours after your child's visit, call Member Services at **1-800-962-8074**, **TTY 711**. You should also call your child's PCP and let them know about his/her visit so they can provide follow-up care if needed.

## What is an emergency?

Emergency services means covered inpatient or outpatient services that are as follows: (1) Furnished by a provider qualified to furnish these services under this title. (2) Needed to evaluate or stabilize an emergency condition.

# Maintenance Care and Post-Stabilization Care Services

Post-stabilization care means covered services, related to an emergency medical condition, that are provided after a member is stabilized in order to maintain the stabilized condition, or, under the circumstances, to improve or resolve the member's condition.

Hospitals & Emergencies

Pharmacy

Benefits

# **Urgent Care**

Urgent care clinics are there for you when your child needs to see a doctor for a non-life-threatening condition, but your child's PCP isn't available or it is after clinic hours. Your child can get care at a freestanding Urgent Care location, such as **Southwest Medical Associates (SMA)** or **University Medical Center (UMC)** Quick Care clinics. Common health issues ideal for urgent care include:

- Sore throat.
- Flu.
- Ear infection.

• Minor cuts or burns.

Sprains.

• Low-grade fever.

After office hours, call our Telephone Advice Nurse at **1-800-288-2264**. The nurse will help you decide the best place to get help.

If your child has an urgent problem, call his/her PCP first. The doctor can help you get the right kind of care for your child. Your doctor may tell you to take your child to an urgent care or the emergency room.

# **Hospital Services**

There are times when your child's health may require you to go to the hospital. There are both inpatient and outpatient hospital services.

**Outpatient services** include X-rays, lab tests and minor surgeries. Your child's PCP will tell you if he/she will need outpatient services. Your child's doctor's office can help you schedule them.

**Inpatient services** require your child to stay overnight at the hospital. These can include serious illness, surgery or having a baby.

Inpatient services require your child to be admitted (called a hospital admission) to the hospital. The hospital will contact Health Plan of Nevada and ask for authorization for your child's care. If the doctor who admits your child to the hospital is not your child's PCP, you should call your child's PCP and let them know he/she is being admitted to the hospital.

## Going to the hospital.

You should go to the hospital only if your child needs emergency care or if your child's doctor told you to go.

## No Medical Coverage Outside of U.S.

If you are outside of the United States and your child needs medical care, any health care services your child receives will not be covered by Health Plan of Nevada. Medicaid cannot pay for any medical services your child gets outside of the United States.

# **Out-of-Area Health Care Services**

The Health Plan of Nevada service area covers metropolitan, Clark and Washoe Counties. When you are out of the service area during an emergency, you should seek attention at the nearest hospital emergency room or Urgent Care Center. Make sure you tell them your child is a Health Plan of Nevada member. Also, tell your child's doctor he/she went to an emergency room while your family was away.

If your child is being treated for a medical problem and going to be away for more than a few days, let your child's doctor know. If you have any questions while you are away, call Member Services at **1-800-962-8074**.

R×

# Pharmacy

# **Prescription Drugs**

## Your child's benefits include prescription drugs.

Health Plan of Nevada covers hundreds of prescription drugs from hundreds of pharmacies. A list of commonly covered drugs is on the Preferred Drug List or Formulary. You can fill your child's prescription at any in-network pharmacy. All you have to do is show your child's State Medicaid ID card.

## Generic and brand name drugs.

Health Plan of Nevada requires all members to use generic drugs. Generic drugs have the same ingredients as brand name drugs – they often cost less, but they work the same.

In some cases, a limited number of brand name drugs are covered. These are limited to certain classes (or types) of drugs. Some of these may require prior authorization by Health Plan of Nevada.

## What is the Preferred Drug List or Formulary?

The **Preferred Drug List (PDL)** is a list of covered drugs under your plan. The PDL is a subset of all drugs covered under the plan. The full list of covered drugs is called the **Formulary**. You can find both the Preferred Drug List and the Formulary online at **myhpnmedicaid.com**.

If the medicine your child's doctor is prescribing is not on the preferred drug list, Health Plan of Nevada may not pay for it or the medicine might require prior approval. If it does, your child's doctor may call our Pharmacy Services department at **1-800-443-8197**, **option #6**, or send a Prior Authorization Fax to 1-800-997-9672. The form can be found at **myhpnmedicaid.com**.

## Changes to the Preferred Drug List or Formulary.

The list of covered drugs is reviewed by the State of Nevada on a regular basis and may change when new generic drugs are available.

## Getting your prescription filled.

As a Health Plan of Nevada member, your child can get your prescriptions filled at any **Kmart, Walmart, Sav-On, Albertsons, Vons, Safeway, Smiths, CVS/Target** or **Walgreens stores**. If you need help finding a drug store or pharmacy, ask at the doctor's office or call Member Services at **1-800-962-8074**.

# **Over-the-Counter (OTC) Medicines**

Health Plan of Nevada also covers many over-the-counter (OTC) medications. An in-network provider must write you a prescription for the OTC medication your child needs. The supply is limited to 30 days. Then all you have to do is take your child's prescription and State Medicaid ID card into any network pharmacy to fill the prescription. OTCs include:

- Pain relievers.
- Cough medicine.
- First-aid cream.
- Cold medicine.
- Contraceptives.

## **Injectable Medicines**

Injectable medications are medicines given by shot, and they are a covered benefit. In some cases, your child will need to get a prior authorization for an injectable medicine. In some cases, you will need to fill the medication at one of our Specialty Pharmacies.

"Specialty Drugs" are high-cost oral, injectable, infused or inhaled Covered Drugs as identified by Health Plan of Nevada's Pharmaceutical & Therapeutics Committee that are either self-administered or administered by a health care Provider and used or obtained in either an outpatient or home setting. Health Plan of Nevada may direct you to a Designated Plan Pharmacy with whom Health Plan of Nevada has an arrangement to provide those Specialty Drugs.

## **Pharmacy Home**

Some Health Plan of Nevada members will be assigned a pharmacy home (Lock-in). In this case, members must fill prescriptions at a single pharmacy location. This is based on prior medication use, including overuse of pharmacy benefit, narcotics, pharmacy locations and other information.

Members of this program will be sent a letter with the name of the pharmacy they are required to use. If you get this letter, you have 30 days from the date of the letter to request a change of pharmacy. To change pharmacies during this time, call Member Services at **1-800-962-8074**, **TTY 711**. After 30 days from the date of the letter, you will need to make your request in writing. Send your request to:

Health Plan of Nevada 2720 North Tenaya Way, 1st Floor Las Vegas, Nevada 89128 B

# **Benefits**

# **Benefits Covered by Health Plan of Nevada**

## **Medical Benefits**

As a Health Plan of Nevada member, your child gets all the basic Nevada Check Up benefits at no cost to you. Your child's PCP will arrange for his/her care. You will need to use a Health Plan of Nevada approved health care facility and medical provider for most of these services, including:

Benefit Se	ervices Included
(for Emergency	Medically necessary ground or air ambulance. CLUDES: Non-emergency medical transportation.
Ambulatory Surgery Centers	Medically necessary surgeries that can be performed on an outpatient basis where the member can safely return home within 24 hours or less. <i>CLUDES: Cosmetic surgeries, fabric wrapping of abdominal</i> <i>eurysm, intestinal bypass surgery for treatment of obesity, transvenous</i> <i>theter pulmonary embolectomy, extracranial-intracranial arterial bypass,</i> <i>east reconstruction for cosmetic purposes only (allowed following</i> <i>astectomy), stereotactic cingulotomy, LASIK and other eye surgeries</i> <i>treat vision disorders, non-FDA approval implants, transsexual surgery,</i> <i>ochleostomy with neurovascular transplant for Meniere's Disease,</i> <i>on-medically necessary, non-effective or investigational surgeries</i>

## Benefits

Benefit	Services Included
Applied Behavior Analysis (ABA)	Coverage for those under 21 years of age.
	<ul> <li>Must be diagnosed with Autism Spectrum Disorder (ASD) and medically necessary.</li> </ul>
	Must be prior authorized.
	EXCLUDES: Services which do not meet medical necessity criteria, services used to reimburse parent/guardian for participation in the treatment plan, services given by the parent/guardian, services that are repetitive under an Individual Family Service Plan (IFSP) or an Individual Education Plan (IEP), vocational therapy, recreational therapy, respite services, child care services, services for education, equine therapy, hippotherapy, phone consultation services, care coordination and treatment planning billed independently of direct service and ABA services cannot be reimbursed on the same day as other rehabilitative mental health services. This is not an all-inclusive list.
Botulinum Toxin Type A (Botox)	<ul> <li>Injections are covered for certain spastic conditions including cerebral palsy, stroke, head trauma, spinal cord injuries and multiple sclerosis.</li> </ul>
Chiropractors	<ul> <li>Treatment limited to the following when referred through the Well-Baby/Well-Child (EPSDT) program:</li> <li>Office visits.</li> <li>Physical therapy.</li> <li>X-ray.</li> <li>Spinal manipulation.</li> </ul>
Cochlear Implants	<ul> <li>Hearing evaluation, surgical implantation of the device, follow-up care and service.</li> <li>Equipment and supplies with some limits.</li> <li>Repairs, adjustments and replacement with some limits.</li> <li>Damage or loss, insurance required at the time of implant.</li> </ul>

Benefit	Services Included
Diabetic Services	<ul><li>Diabetes management training.</li><li>Diabetic supplies with some limits.</li><li>Insulin pump.</li></ul>
Durable Medical Equipment	<ul> <li>Equipment and supplies for medical purposes.</li> <li>May include, but are not limited to: oxygen tank concentrators, ventilators, wheelchairs, crutches and canes, orthotic devices, prosthetic devices, pacemakers, incontinence and medical supplies.</li> <li>Prior authorization may be required.</li> <li><i>EXCLUDES: Deluxe equipment when standard equipment meets the need, motorized scooters, liquid oxygen, breast pumps, air conditioners, dehumidifiers, humidifiers, car seats, elevators, stair lifts, exercise equipment, household equipment, hygiene equipment, motorized lifts for vehicles, ramps, traction devices, TENS units and reachers. Replacement of lost, damaged or stolen equipment. This is not an all-inclusive list.</i></li> </ul>
Early Periodic Screening, Diagnosis and Treatment (EPSDT)	<ul> <li>Limited to members under age 21.</li> <li>Includes health and development history, unclothed exam, immunizations, lab procedures, health education, vision and hearing screenings.</li> </ul>
Emergency Room Services (Plan and Out-of-Plan)	<ul> <li>Hospital and physician services for medical emergencies.</li> <li>Post-stabilization services for medical emergency.</li> </ul>
End Stage Renal Disease	<ul><li>Hemodialysis, peritoneal dialysis and other dialysis procedures.</li><li>Certain nutritional supplies.</li></ul>

## Benefits

Benefit	Services Included
Family Planning Services and Supplies	Medical office visits.
	Counseling.
	Physical examinations.
	<ul> <li>Birth control devices and supplies.</li> </ul>
	<ul> <li>Tubal ligations and vasectomies for eligible persons 21 years of age or older.</li> </ul>
	Missed abortions.
	EXCLUDES: Infertility services, undoing of sterilization services, hysterectomies and abortions unless the mother's life is in danger if the fetus is carried to term or the pregnancy resulted from rape or incest.
Gastric Bypass Surgery	<ul> <li>Coverage for members who meet the criteria.</li> </ul>
	EXCLUDES: Coverage for pregnant women, women less than 6 months partum, or women who plan to become pregnant within 18 – 24 months post gastric bypass surgery.
Hearing Aids and Services	<ul> <li>Hearing aid(s) and related supplies.</li> </ul>
	Hearing aid testing and repairs.
	<ul> <li>Replacement of broken/lost hearing aid(s) only if covered by insurance purchased with original hearing aid(s).</li> </ul>
	<ul> <li>Replacement of lost or damaged ear mold(s).</li> </ul>
	EXCLUDES: Eyeglass/hearing aid unit combined, replacement of lost/broken hearing aid(s) if replacement is not covered by insurance purchased with original aid.
Benefit	Services Included
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Home Health Care	Skilled nursing services with limits.
	<ul> <li>Physical therapy visits, occupational therapy visits, speech therapy visits, respiratory therapy visits.</li> </ul>
	Registered dietician visits.
	<ul> <li>Limited personal care services with a skilled service as ordered by a physician.</li> </ul>
	EXCLUDES: Respite, homemaker, companion, social work or sitter service, and routine personal supplies.
Immunizations — Ages 0 – 21	<ul> <li>All childhood immunizations covered under EPSDT including Varicella, TDaP, Flu, Hepatitis A, B and C, HiB MMR, HPV, Pneumonia, Polio, Rotavirus and Meningitis.</li> </ul>
Inpatient Hospital Services	<ul> <li>Acute care admissions including all necessary physician care, testing, surgery and anesthesia when ordered by a physician.</li> </ul>
	<ul> <li>Out-of-state inpatient hospital services for emergencies and when care is unavailable in service area.</li> </ul>
	<ul> <li>Observation stays up to 48 hours.</li> </ul>
	<ul> <li>Swing bed stays up to 45 days.</li> </ul>
	EXCLUDES: Swing bed stays over 45 days, when medical condition or treatment needs do not meet acute care guidelines or services can be provided in a less restrictive setting, certain administrative days, residential treatment center placement after the first month.
Inpatient and Outpatient	<ul> <li>Physical, occupational or speech evaluations.</li> </ul>
Rehabilitation Services	<ul> <li>Medically necessary physical, occupational or speech therapy with limits.</li> </ul>
	<ul> <li>High-dose oxygen treatment for wounds.</li> </ul>
	EXCLUDES: Non-medically necessary therapy and personal comfort items.

Benefit	Services Included
Laboratory Services	Includes all medically necessary diagnostic tests.
	<ul> <li>There are some tests that may require prior authorization.</li> </ul>
	<ul> <li>Genetic testing will require prior authorization. It is limited to BRCA I and II only.</li> </ul>
	<ul> <li>You do not need prior authorization for emergencies.</li> </ul>
	<ul> <li>You do not need prior authorization to see a women's health provider for women's health or if you are pregnant.</li> </ul>
	EXCLUDES: Post death exams, fertility tests and genetic testing for BRCA I and II only.
Medical Supplies	• Disposable medical supplies to treat a medical condition including diabetic syringes and needles, dressings, pads, diapers for members over age 3 (use of multiple types of briefs, diapers, pullons, or protective underwear in any size combination cannot exceed the maximum limit either 100 units or 186 units per month, depending on the item, without prior authorization), catheter and irrigation items, ostomy supplies, saline, sterile and nonsterile gloves.
	<ul> <li>Authorize one month's supply at a time.</li> </ul>
	EXCLUDES: Sanitary napkins, band-aids, cosmetics, personal hygiene items, rubbing alcohol, hydrogen peroxide, Neosporin and other topical preparations.
Mental Health and	Inpatient Mental Health Services.
Substance Abuse Services	Substance use disorder treatment services.
	Rehabilitative services.
	Outpatient counseling.
	<ul> <li>Psychological testing and/or evaluation prescribed by a physician.</li> </ul>
	Crisis intervention therapy.
	Case management services for some illnesses.

Benefit	Services Included
Ocular Care	Exam and glasses every 12 months.
	<ul> <li>Repairs and replacement for damaged eyeglasses.</li> </ul>
	<ul> <li>Lightweight lenses to balance the weight of the glasses.</li> </ul>
	Glass or plastic lenses.
	<ul> <li>Bifocals and trifocals in some instances.</li> </ul>
	<ul> <li>Contact lenses for treatment of a medical condition.</li> </ul>
	Plastic or metal frame.
	EXCLUDES: Sunglasses or cosmetic lenses; contact lenses; replacement of lenses; blended or progressive multifocal lenses; ultra-lightweight plastic lenses for adults; cost of an extended warranty to repair/replace glasses/frames with ornamentation, eyeglass frames which attach to or act as a holder for hearing aids; any surgical procedure to improve vision, when vision is OK using glasses.
Orthotics	Tools needed to straighten or correct a deformity such as braces, special shoes, elastic stockings, back support/corsets, splints, cervical collars and burn garments.
Parenteral Therapy	<ul> <li>Fluids with vitamins and nutrients given through veins.</li> </ul>
	<ul> <li>Infusion pump one at a time.</li> </ul>
	<ul> <li>One supply kit and one administration kit per day.</li> </ul>
	EXCLUDES: Nutritional aids for the elderly, infants with allergies who can use soy formula, diabetic diets and supplements to ulcer diets.

#### Benefits

Benefit	Services Included
Pharmacy (Generic drug required unless physician requests a brand name with prior authorization request)	<ul> <li>Drugs approved by the Food and Drug Administration and part of the Health Plan of Nevada Medicaid Drug List.</li> </ul>
	<ul> <li>Family planning items, such as condoms, diaphragms, oral contraceptives, foams and jellies.</li> </ul>
	<ul> <li>Over-the-counter drugs ordered by the doctor.</li> </ul>
	Prenatal vitamins.
	Smoking cessation products.
	EXCLUDES: Appetite suppression or weight loss drugs, fertility drugs, drugs used for cosmetic purposes or hair growth, experimental drugs, replacements for lost, stolen, broken or destroyed medications, medications for the treatment of erectile dysfunction or sexual dysfunction, non-FDA approved medications, or unit dose packaging of prescription drugs.
Physician, Physician	<ul> <li>Medically necessary primary care and specialist office visits.</li> </ul>
Assistant and Nurse Practitioner Services	Urgent care services.
and Consultations	Emergency room services.
(Surgical and	<ul> <li>Services to diagnose and treat an illness or injury.</li> </ul>
Non-Surgical)	Preventive services covered under EPSDT.
	• Well-child care.
	Immunizations.
	Sports physicals.
	Well-woman care.
	EXCLUDES: Investigational or experimental procedures not approved by the FDA, clinical trials and investigational studies.
Podiatry	EXCLUDES: Preventive care such as cleaning and soaking of feet, applying creams and routine foot care.

Benefit	Services Included
Pregnancy and	<ul> <li>Doctor or nurse midwife visits for prenatal care and testing.</li> </ul>
Maternity Services	Specialist care for complications.
	<ul> <li>Delivery services in a hospital or birthing center.</li> </ul>
	After-delivery care.
	Treatment for pre-term labor.
	<ul> <li>Treatment of incomplete, missed or septic abortions, when medically necessary.</li> </ul>
	<ul> <li>Abortions to end pregnancies resulting from rape or incest.</li> </ul>
Prostheses and Prosthetic Supplies	<ul> <li>Tool necessary to replace missing body parts, such as false limbs and eyes.</li> </ul>
	<ul> <li>Adjustments and repairs.</li> </ul>
	<ul> <li>Replacement when ordered by a doctor.</li> </ul>
	EXCLUDES: Routine testing and cleaning.
Radiology (X-Ray) Services	<ul> <li>Medically necessary X-ray services ordered by a doctor such as MRI or PET scans, ultrasounds.</li> </ul>
Skilled Nursing Facility Care	<ul> <li>All medically necessary care for the first 45 days. Nevada Medicaid covers the cost of care as of the 46th day.</li> </ul>
Substance Use Disorder	Inpatient substance use disorder treatment.
Services	<ul> <li>Office/clinic visits provided by medical personnel.</li> </ul>
	Outpatient counseling.
	Methadone therapy.
	EXCLUDES: Some services are excluded. For more information, please contact Behavioral Healthcare Options at 1-800-873-2246.

Benefit	Services Included
Surgical Services	<ul> <li>Medically necessary surgeries.</li> <li>Inpatient/Outpatient/Ambulatory facility services.</li> <li>Physician services.</li> <li>Surgical assistant services.</li> <li>Anesthesia services including nurse anesthetist.</li> <li>Circumcisions for newborns under 1 month of age, no prior authorization required.</li> <li>Circumcisions for non-newborns, prior authorization is required.</li> <li><i>EXCLUDES: Medically unnecessary cosmetic procedures to improve appearance.</i></li> </ul>
Transportation	• Emergency transportation only (see Ambulance Services). <i>EXCLUDES: Non-emergency transportation to medical services, transportation to non-covered services, travel to visit a hospitalized patient, transport of a deceased person, transports between facilities and cost of a car rental.</i>
Transplants (Organ)	<ul> <li>Medically necessary organ transplants that are not experimental.</li> <li>Familial and unrelated bone marrow donor search and match services are covered.</li> <li>Meals and lodging to and from, and while receiving medical services and transportation to and from medical services.</li> <li><i>EXCLUDES: Transplants for some illnesses and stages of illnesses, experimental organ transplants, organ transplants that will not make a difference in the patient's health, and unsafe organ transplants.</i></li> </ul>

This is just a basic list of the covered medical services your child may receive from Health Plan of Nevada. Services that are not allowed by the State of Nevada Medicaid Program are excluded from coverage.

Keep in mind, you must have approval from your child's PCP and Health Plan of Nevada before your child receives some health services. These include specialist visits and hospital stays. Your child's PCP or our Member Advocates are available to answer questions you may have about these services. Feel free to call Member Services at 1-800-962-8074 or stop by our offices for concierge, in-person assistance. Our offices are located at 2720 N. Tenaya Way, Suite 102, Las Vegas, NV 89128.

## A Special Note About Family Planning Services

Family planning services help people of childbearing age who do not want to get pregnant. These services include:

- Counseling.
- Various kinds of birth control, including over-the-counter and prescription birth control supplies.

#### You can get family planning services:

- From your child's PCP, or
- From any doctor, clinic or family planning center that takes Nevada Check Up patients.

You do not have to get family planning services from a doctor in the Health Plan of Nevada Provider Directory. You do not need a referral from your child's PCP, but please bring your child's Nevada Check Up ID card with you. **Always tell your child's PCP when he/she is using birth control pills or other family planning methods.** 

## A Special Note About Mental Health and Substance Abuse Benefits

Mental health benefits are available to Health Plan of Nevada Check Up members. There is a special process to identify and care for Seriously Emotionally Disturbed (SED) children and the Severely Mentally III (SMI). The Health Plan of Nevada staff, our doctors and other health care providers will help these members through the process.

If your child needs mental health or substance abuse services or is receiving these services and would like to change his/her therapist, please call Behavioral Healthcare Options at **1-800-873-2246**. If you have questions about your child's mental health benefits, please call Member Services at **1-800-962-8074**. A Serious Mental Illness is not a determining factor for disenrollment from the plan for members age 21 and older. If you have questions regarding your child's options, please contact Member Services at **1-800-962-8074**.

## **Special Added Benefits for Health Plan of Nevada Members**

Health Plan of Nevada provides several added benefits to assist each of our plan members in staying healthy and well. The following are examples of benefits for you.

#### • Member Services: 1-800-962-8074. Office Address: 2720 N. Tenaya Way, Suite 102, Las Vegas, NV 89128

Our friendly staff will help with any questions you have about your benefits. They can help if you have a problem getting health care. You should also tell them about any suggestions or grievances you have.

- 24-hour Telephone Advice Nurse: 1-800-288-2264. Having a sick child or getting sick yourself can be very frightening in the middle of the night. But as a Health Plan of Nevada member, you can call our Telephone Advice Nurse. The nurse can tell you what you need to do for your problem and whether you need to follow up with your PCP. Also, you can call the nurse with questions that you don't think are serious enough to ask your doctor.
- SafeLink wireless cell phones: You can apply to receive a free phone and 350 monthly minutes. You will have unlimited text messages and calls made to the 24-hour Telephone Advice Nurse will not count toward your 350 minutes. From time to time, you will receive text messages from us with Health Tips and Reminders. For more information, call SafeLink at **1-877-631-2550**.
- **NowClinic:** Get care 24/7 without leaving your home! With the NowClinic, you can talk to a NowClinic provider just like you would in an exam room. Just connect by secure mobile app, webcam, chat or phone. You do not need an appointment and you can easily connect from the comfort of your home, work or anywhere else that's convenient for you. For more information about the NowClinic, call Member Services at **1-800-962-8074**.
- Health education classes. As a Health Plan of Nevada member, you can take special classes to help you learn good health habits and manage illnesses. We have the following classes to help people with health problems take better care of themselves so they can stay as active as possible:
  - ADA Diabetes.
  - Cancer Nutrition.
  - Diabetes.
  - Grocery Shopping Tours.
  - Exercise.
  - Healthy Nutrition Children.
  - Healthy Nutrition Pre-teens and Teens.
  - Healthy Nutrition Toddlers and Preschoolers.
  - Heart Failure.
  - Heart Health.
  - Medical Nutrition Therapy.

- Nutrition Basics.

- Online Classes.
- Prediabetes.
- Pregnancy and Lactation.
- Sports Nutrition.
- Stress Management.
- Tobacco Cessation Program.
- Understanding Insulin.
- Weight Management.
- Weight Management Support Group.

If you want your child to take a class, call the Health Education and Wellness department at 1-800-720-7253. The classes are free. You may find more information about these programs on our website, myhpnmedicaid.com. Click on the "I Need Help With" link and then click on "Health Education and Wellness."

#### If your child has asthma.

Health Plan of Nevada has a special program called the Pediatric Asthma Program, to help children with asthma and their families. This is offered to children between the ages of 5 and 18, whose parents would like to know how to control their asthma by using a Peak Flow Meter. The meter is provided for free and it is monitored by a registered nurse that has a certification in asthma education. Fun printed material and incentives can also be won if your child follows the program accordingly.

## **Pregnancy Care and Services**

Your child's unborn baby is very special. We are here to help your child during her pregnancy and after the baby is born so both mom and baby will be strong and healthy. It is very important to your child's health and her baby to see a doctor early in her pregnancy. The best way to give your child's baby a good start in life is to get prenatal care right away.

#### Take care of your child during her pregnancy.

Tell your child's PCP if she is pregnant. If you think your child might be pregnant but are not sure, the PCP can give your child a guick, easy test to find out. If your child is pregnant, choose an obstetrician from the HPN Provider Directory for the Nevada Check Up program. If you need help, call Member Services at 1-800-962-8074. We will help you choose an obstetrician. These specially trained doctors provide care during pregnancy and deliver babies.

#### Benefits

Make an appointment to see your child's obstetrician right away for a complete checkup. A referral or prior authorization is not required for your child to see the obstetrician. The doctor will tell your child what to expect during her pregnancy and how to take care of herself and her unborn baby. The obstetrician will check to see if your child's unborn baby might need special care. The obstetrician will stay in touch with your child's PCP in case she has other health needs.

#### Educational programs for moms-to-be.

If your child is pregnant, call our Obstetrical Case Management team at **1-877-487-6659**. The registered nurses will answer any questions you may have and send you information on having a healthy pregnancy. She may also attend a free Healthy Pregnancy class, "Healthy Expectations." During the class, the health educator provides information on:

- Nutrition.
- Exercise.
- Safety for you and the baby.
- Proper weight gain.
- Stress, emotions and hormonal changes.
- Breastfeeding and formula feeding.

#### Prizes for getting prenatal care.

Your child may receive a gift of baby goods for completing her prenatal care. **The number of needed prenatal visits is based on when she became a member of Health Plan of Nevada.** If she joined Health Plan of Nevada in her:

9th month of pregnancy	1 prenatal visit is needed
8th month of pregnancy	5 prenatal visits are needed
7th month of pregnancy	7 prenatal visits are needed
6th month of pregnancy	8 prenatal visits are needed
5th month of pregnancy	9 prenatal visits are needed
4th month of pregnancy	11 prenatal visits are needed
3rd month of pregnancy	12 prenatal visits are needed
2nd month of pregnancy	13 prenatal visits are needed
1st month of pregnancy	14 prenatal visits are needed

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#### Avoiding a premature birth.

Premature babies have lots of health problems from birth and for many years later. To avoid having a premature baby, it is important to know about premature labor. Premature labor occurs before the 37th week of pregnancy. The signs of premature labor are:

- Menstrual-like cramping.
- Contractions.
- Lower backache.
- Abdominal, thigh or back pressure.
- Increase or change in vaginal discharge.

If you are having signs of pre-term labor, call your child's obstetrician right away. There are treatments available to stop pre-term labor which will help your child have a full-term, healthy baby.

#### Delivering the baby.

Your child will probably have the baby in the hospital. The obstetrician your child usually works with will deliver the baby. Some mothers want to have a certified nurse-midwife deliver the baby. If your child wants her baby to be delivered this way, ask the obstetrician to help you find a certified nurse-midwife, who is in the HPN Provider Directory for the Nevada Check Up program. You can search for a provider by logging onto our website, myhpnmedicaid.com.

#### Baby blues.

Babies need lots of care, but so does the new mom. Some women have postpartum depression after the baby is born. Some signs of postpartum depression are feeling sad, crying a lot, having trouble sleeping or just not feeling like yourself. If the new mom has any of these symptoms, please call her doctor or call Behavioral Healthcare Options at 1-800-873-2246.

#### Birth control after the baby is born.

A new mom's body needs to rest after pregnancy. Pregnancies too close together increase the chance of having a premature or low-birth-weight baby. It is recommended that your child wait at least one year before becoming pregnant again. Talk to your child's doctor about birth control methods that are right for her.

#### A healthy start for your child's new baby.

Your child's baby may become an HPN member from the date of birth if the pregnancy is reported to both the Welfare Office and HPN prior to and within 14 days of the baby's birth. If this notification is not provided to both offices, the baby will not be a member as of the date of birth. Instead, the baby may become a member the first day of the next month following the birth. **Make sure you call our Member Services department at 1-800-962-8074 and the Welfare Office at 1-877-543-7669 to report the pregnancy and birth of the child.** 

If your child is pregnant and has other children on Nevada Check Up, the Welfare Office needs to be informed that she is pregnant. Please call **1-877-543-7669** to inform that office. If your child has other health insurance, the baby will be covered under that health insurance for the first month of life. The baby will be covered by Nevada Check Up after the first month. If your child does not have other health insurance, the baby will be covered by Nevada Check Up from the date of birth, but only if you inform the office of the pregnancy prior to the birth of the baby or within 14 days of the baby's birth.

One of the most important things your child will need to do right after childbirth is to choose a PCP for her baby. The baby should receive a checkup within the first week after birth and circumcisions for baby boys are usually a part of this visit. If your child needs help choosing a PCP for the baby, call Member Services at **1-800-962-8074** or visit our website, **myhpnmedicaid.com**. Your child may choose either a pediatrician or a family practice doctor. Please let us know your child's choice by calling **1-800-962-8074**. If we don't hear from your child, we will assign the baby to a PCP. Your child can change the PCP by calling Member Services.

## **Disease and Care Management**

If your child has a chronic health condition like asthma or diabetes, Health Plan of Nevada has a program to help you live with your child's condition and improve the quality of your child's life. These programs are voluntary and available to you. The programs give you important information about your child's health condition, medications, treatments and the importance of follow-up visits with your child's physician.

A team of registered nurses and social workers will work with your child, your child's PCP, other health care providers and community resources to design a plan of care to meet your child's needs in the most appropriate setting. They can also help your child with other things like weight loss, stopping smoking, making appointments with your child's doctor and reminding you about special tests that your child might need.

You or your doctor can call us to ask if our care management or disease management programs could help your child. If you or your doctor thinks a Care Manager could help your child, or if you want more information about our care management or disease management programs, call us at **1-877-692-2059**.

## Wellness Programs

Health Plan of Nevada has many programs and tools to help keep your child healthy, including:

- Classes to help quit smoking.
- Pregnancy care and parenting classes.
- Nutrition classes.
- Well-care reminders.

Your child's provider may suggest one of these programs for him/her. If you want to know more, or to find a program near you, talk to your child's PCP or call Member Services at **1-800-962-8074**, **TTY 711**.

## Services You Receive Directly Through Nevada Check Up

Some services that Nevada Check Up pays for are not part of your HPN benefit package. You do not have to see your child's PCP or dentist first.

#### Some services you get directly through Nevada Check Up are:

- Indian Health Services and Tribal Clinics.
- Non-emergency medical transportation for transportation to medical and dental care when it is not an emergency.
- School-based health services for certain children who have an Individual Education Plan so they can get special care in the school.
- The cost of care in a special facility like an institution for people who are intellectually disabled or a residential treatment facility for alcoholism, drug abuse or behavioral health conditions.
- Services for people who need long-term care like staying in a nursing home longer than 45 days.
- Orthodontic Services braces for members under the age of 21, who meet the criteria.

If you have questions about these services, please contact Nevada Check Up at 1-877-543-7669.

# i Other Plan Details

## **Finding a Network Provider**

We make finding a network provider easy. To find a network provider or a pharmacy close to you:



Visit **myhpnmedicaid.com** for the most up-do-date information. Click on "Find a Doctor/Pharmacy."



Call Member Services at **1-800-962-8074**, **TTY 711**. We can look up network providers for you. Or, if you'd like, we can send you a Provider Directory in the mail.

## **Provider Directory**

You have a directory of providers available to you in your area. The directory lists names, addresses, phone numbers, professional qualifications, specialty and board certification status of our in-network providers.

Provider information changes often. Visit our website for the most up-to-date listing at **myhpnmedicaid.com**. To search for a provider, click on "Find a Doctor/Pharmacy" to use our online searchable directory.

If you would like a printed copy of our directory, please call Member Services at **1-800-962-8074**, **TTY 711**, and we will mail one to you.

## **Medicaid Estate Recovery**

When you enroll in a Managed Care Organization (MCO), are age 55 or older and are subject to Medicaid estate recovery upon death, please note that all premium payments (capitation fees) made by Medicaid to the MCO are subject to recovery by Medicaid per Section 3810 of the Center for Medicaid and Medicare's State Medicaid Manual, and will be included in addition to any other Medicaid payments as a claim against your estate. Medicaid cannot recover from the estates of deceased Medicaid recipients if there is a surviving spouse, a child under the age of 21, or a disabled or blind child of any age. Also Medicare Part A and B copayments paid after January 1, 2010, are not recoverable.

## If You Get a Bill for Services

It is very important that you follow the rules when getting medical care for your child so you are not billed for services. Your child must get care from the doctors and other medical providers listed in the HPN Provider Directory for the Nevada Check Up program. You must get a referral from your child's PCP to see a specialist or get certain services. The only exception is during a medical emergency.

It is also important to know your child's benefits. If your child gets medical care that is not a benefit, you may be billed for those services. For example, if you pick a pair of glasses that cost more than the benefit, you will need to pay the difference.

You may also get a bill for medical care your newborn gets, if you don't tell the Welfare Office that the baby was born. Services received outside the country are not covered benefits. HPN will not pay for these services.

## Other Health Insurance (Coordination of Benefits – COB)

If you or anyone in your family has other health insurance, you must call Member Services and tell us about it. For example, if you have a health plan at work or if your children have insurance with their other parent, call Member Services.

If you have other insurance, Health Plan of Nevada and your other plan will share the cost of your care. This is called **Coordination of Benefits**. Together, both plans will pay no more than 100 percent of the bill.

If we pay the full bill and another party should pay part, we will contact the other plan. For example, if you are hurt in a car accident, auto insurance may pay some of your bills. You will not get a bill for covered services. We get the bill. If you get the bill by mistake, call **Member Services at 1-800-962-8074**, **TTY 711**.

## **Updating Your Child's Information**

To ensure that the personal information we have for your child is correct, please tell us if and when any of the following changes:

- Marital status.
- Address.
- Member name.
- Phone number.
- Your child becomes pregnant.
- Family size (new baby, death, etc.).
- Other health insurance.

Please call Member Services at **1-800-962-8074**, **TTY 711**, if any of this information changes. Health Plan of Nevada needs up-to-date records to tell you about new programs, to send you reminders about healthy checkups, and to mail you member newsletters and other important information.

#### Other insurance.

If your child has any other insurance, call Member Services and let us know.

- If you are a Health Plan of Nevada member, your other health insurance will have to pay your health care bills first.
- When your child gets care, always show both your child's State Medicaid ID card and your member ID card from your other insurance.

## **Your Opinion Matters**

Do you have any ideas about how to make Health Plan of Nevada better? There are many ways you can tell us what you think.

- Call Member Services at 1-800-962-8074, TTY 711.
- Visit us or write to us at:

Health Plan of Nevada 2720 North Tenaya Way, Suite 102 Las Vegas, Nevada 89128

#### Member Advisory Committee.

We also have a Member Advisory Committee who meets every three months. If you'd like to join us, call Member Services. Benefits

## **Informed Consent**

Consent means you say "yes" to treatment. Informed consent means:

- The treatment was explained to you and you understand.
- You say yes before getting any treatment.
- You may need to say yes in writing.
- If you do not want the treatment, your PCP will tell you about other options.
- You have the right to say yes or no.

**Privacy of Records** 

Health Plan of Nevada takes privacy issues and laws seriously. Safeguards are in place to protect information about your child. We don't share private information without your written okay unless there is a legal reason.

## **How We Pay Our Providers**

Health Plan of Nevada pays our network PCPs, specialists, hospitals and all other types of providers every time they see one of our members. This is known as fee-for-service. If you have any questions on provider reimbursements or incentive programs, you can call Member Services at **1-800-962-8074**, **TTY 711**.

## **Utilization Management**

Health Plan of Nevada does not want your child to get too little care or care your child doesn't need. We also have to make sure that the care your child gets is a covered benefit. Decisions about care are based only on appropriateness of care and coverage. We use a process called utilization management (UM). It helps us make sure your child gets the right care, at the right time and in the right place.

Only doctors and pharmacists do UM. We do not reward anyone for saying no to needed care. We do not give incentives to our reviewers for decisions that result in not enough care. If you have questions about UM, talk to our Medicaid Case Management staff. Call during normal business hours. TTY 711 and language help are available.

## **Quality Program**

Our Quality program can help your child stay healthy by working with his/her doctor. It reminds you to get your child to complete preventive tests and shots. We send reminders to you and your child's providers. These include lead tests, Pap tests, mammograms and shots to prevent diseases like polio, mumps, measles and chickenpox.

Health Plan of Nevada uses HEDIS<sup>®</sup> (Healthcare Effectiveness Data and Information Set) standards to help measure how we are doing with our quality program. HEDIS gives performance scores to help people compare managed care plans. HEDIS studies many areas, such as prenatal care and disease prevention.

Health Plan of Nevada wants to make sure you and your child are happy with the services your child gets from his/her doctor and from us. To do this, we look at CAHPS® data. CAHPS stands for Consumer Assessment of Healthcare Providers and Systems. This survey asks questions to see how happy you are with the care your child gets. If you get a member survey in the mail, please fill it out and return it to us.

Health Plan of Nevada looks at the results of HEDIS and CAHPS. Then we share the results with our providers. We work with providers to make sure services add to your health care in a positive way.

If you want to know more about the Quality program, call Member Services at 1-800-962-8074, TTY 711.

## **Safety and Protection From Discrimination**

Patient safety is very important to us. Although we do not direct care, we want to make sure that our members get safe care. We track quality-of-care, develop guidelines on safe care and give information on patient safety. We also work with hospitals, doctors and others to improve coordination between sites of care. If you want more information, call Member Services at **1-800-962-8074**, **TTY 711**.

## **Clinical Practice Guidelines** and New Technology

Health Plan of Nevada gives our providers clinical guidelines. These have information on the best way to provide care for some conditions. Each guideline is a standard of care in the medical profession. This means other doctors agree with that approach.

If you have any questions about Health Plan of Nevada's clinical guidelines or would like a copy of the guidelines, call Member Services at **1-800-962-8074**, **TTY 711**. You can also find the clinical guidelines on our website at **myhpnmedicaid.com**.

#### New Technology Assessment.

Some medical practices and treatments are not yet proven to be effective. New practices, treatments, tests and technologies are reviewed nationally by Health Plan of Nevada to decide on coverage. They are reviewed by a committee of Health Plan of Nevada doctors, nurses, pharmacists and guest experts. They make the final decision about coverage. If you want more information, call us at **1-800-962-8074**, **TTY 711**.

## **Advance Directives**

Nevada law states you have the right to make decisions about your health care if you are 18 years of age and older as long as you are able to do so. If your child becomes sick, his/her doctor will tell you what is wrong with your child, the types of treatment your child can choose and what might happen if your child does not get care. A child who is age 18 has the right to refuse care, even if the doctor feels the child needs it in order to save his/her life.

Sometimes when people get very sick, they are not able to make decisions or tell doctors what they want. For example, if there is no hope that they will get well again, some people don't want the doctor to keep them alive by feeding them through a tube or putting them on machines. If your child feels this way, **it is very important that your child tells the doctor and his/her family about this while he/she is still healthy and able. This is done by a written "advance directive."** 

#### There are two main types of advance directives:

- A "Living Will" (also called a "Declaration") tells the doctor and your family what kind of health care your child wants, or does not want, if he/she becomes unable to tell them.
- A "Durable Power of Attorney for Health Care" names someone your child chooses to make health care decisions for him/her if he/she cannot make his/her own decisions.

An advance directive must be in writing and you must sign it. It must also be signed by a notary public or by two other people as witnesses. Make sure your family and your PCP have copies so they will know how to help your child.

Your child may change his/her advance directive at any time. Put the change in writing in the same way your child did the first time. Make sure your child's PCP and family knows about the change. Make sure the date is on it so others will know which directive is the most recent.

If your child needs to, he/she can have both types of advance directives. And if he/she chooses, **he/she does not have to have an advance directive.** It is totally up to him/her.

We want to know what kind of medical care your child wants. If your child wants to make an advance directive, a lawyer can write one for him/her. If your child can't see a lawyer, the people in the PCP's office have forms and can help him/her. Or, you can call our Member Services staff at **1-800-962-8074**.

Nevada Check Up requires that we keep information in your medical file telling us whether or not your child has an advance directive. Please talk with your child's PCP about adding this information to your child's medical record.

If your child's PCP will not follow an advance directive because of his/her conscience, please contact Member Services at **1-800-962-8074**.

#### **Other Plan Details**

If you have a complaint about the Advance Directive information, please call the Division of Health Care Financing and Policy, **1-800-360-6044** or **1-877-453-7669**.

Health Plan of Nevada does not discriminate on the basis of whether members have or do not have advance directives.

## Fraud, Waste and Abuse (FWA)

Fraud is lying with the knowledge that the lie could result in a benefit to someone. Waste and Abuse are practices that result in unnecessary cost to health programs, or payment for services that are not medically necessary. Health Plan of Nevada makes every effort to identify, prevent and investigate Fraud, Waste and Abuse (FWA). It is also your right and responsibility to inform us if you notice FWA. Please call our Health Care Fraud Tip Line at 1-866-242-7727 or email at **HPNFWA@sierrahealth.com** if you are aware of any of the following:

- Falsifying claims/encounters.
- Alteration of claim.
- Double billing.
- Billing for services not provided.
- Denying access to services/benefits.
- Failure to refer for needed services.
- Member eligibility fraud.
- Physical abuse.
- Mental abuse.
- Emotional abuse.
- Neglect.
- Failure to report third party liability.
- Misrepresentation of medical condition.
- And other types of fraud, waste or abuse.

You may also write to:

Health Plan of Nevada P.O. Box 15645 Las Vegas, NV 89114-5645 Attn: Medicaid Compliance Officer, 2720-5

Benefits

#### How Member Services can help you:

Call and talk to a Member Advocate whenever you have a problem of any kind with Health Plan of Nevada or any of our doctors, providers or services. The phone number is **1-800-962-8074**.

Our Member Services team is here to help you. They will listen to your concerns and try their best to solve your problems. If after that, you feel your problem has not been solved, you may have the right as a Health Plan of Nevada member to file an appeal or grievance.

## Appeals

You have the right to file an **appeal** within 90 days of receiving a notice for any of the following issues:

- The services you requested were denied or limited.
- The services your child was receiving are reduced, suspended or stopped.
- Part or all of the payment for a service you received is denied.
- Your request for services was not responded to timely.
- Health Plan of Nevada does not resolve your grievance or appeal timely.

#### There are two kinds of appeals you can file:

**Standard (30 days)** – You can ask for a standard appeal. We will send you a letter letting you know we received your appeal within **three calendar days**. We must give you a written decision no later than 30 days after we get your appeal. We may extend this time by up to 14 days if you request an extension, or if we need additional information and the extension benefits you. If you disagree with the extended time frame, you may file a grievance with Health Plan of Nevada.

**Expedited (72-hour review)** — You may ask for an expedited appeal if your PCP believes that your child's health could be seriously harmed by waiting too long for a decision and is willing to support this.

We must decide on an expedited appeal no later than 72 hours, **three calendar days** after we get your appeal. We may extend this time by up to 14 days if you request an extension, or if we request an extension from the State, in order to obtain additional information, and the extension benefits you.

If you disagree with the extended time frame, you may file a grievance with Health Plan of Nevada. We will call you whenever possible to let you know the decision. If we are unable to contact you, you will receive written notice of our decision within 2 days of making the decision.

#### **Other Plan Details**

If we decide your request for an expedited appeal does not meet the criteria, we will change it to a standard appeal. We will let you know verbally, whenever possible, and send you written notice within 2 calendar days. If any doctor asks for an expedited appeal for you, or supports you in asking for one, and the doctor indicates that waiting for 30 days could seriously harm your child's health, we will automatically give you an expedited appeal.

#### What do I include with my appeal?

You should include your child's name, address, member ID number, reasons for appealing, and any evidence you wish to attach. You may send in supporting medical records, doctors' letters, or other information that explains why we should provide the service. Call your child's doctor if you need this information to help you with your appeal. You may send in this information or present this information in person if you wish or you may authorize another adult to do so on your child's behalf.

How to file a Standard Appeal: You or your authorized representative should mail or deliver your written appeal to:

Health Plan of Nevada 2720 North Tenaya Way P.O. Box 14865 Las Vegas, NV 89114-4865

Standard appeals may be filed by calling our Member Services department at **1-800-962-8074**, but must be followed by a written, signed appeal request.

How to file an expedited appeal: You or your doctor acting on your behalf, or your authorized representative should contact us by telephone or fax:

Fax #: **702-266-8813** TTY/TTD: **1-800-349-3538** Toll-Free: **1-800-962-8074** 

## **State Fair Hearing**

If you still do not agree with our decision, after all of Health Plan of Nevada's appeals have been completed, you can ask for a **State Fair Hearing** by contacting the Nevada Medicaid Hearings Unit at **1-775-684-3704** or 1100 East William Street, Suite 204, Carson City, NV 89701. You must ask for this hearing within 90 days of receiving the final Appeal Notice from Health Plan of Nevada. You may also request a State Fair Hearing if we fail to make our decision in a timely manner that is within the time frames described in this section.

If you need information or help, call the State Medicaid Office at:

Las Vegas: **702-668-4200** or **1-800-992-0900** Carson City: **775-684-3651** or **1-800-992-0900** 

If you need legal assistance, call the Legal Services Program:

Clark County: 702-386-0404 or 1-866-432-0404

Washoe County: 775-284-3491 or 1-800-323-8666

If you need information or help, call us at:

Toll-Free: **1-800-962-8074** TTY/TTD 711: **1-800-349-3538** 

We can help you through the grievance and appeals process. Interpreter services are available. **We are available from 8:00 a.m. to 5:00 p.m., Monday through Friday.** You have a right to review your case file, including medical records and any other documents and records used during the appeals process.

## **Continuation of Service**

If you would like to appeal a Notice of Action or Adverse Determination you have received from Health Plan of Nevada, you can request to have services you are receiving continued during the appeal process.

You will need to make the request for continuation of services within ten (10) calendar days of the date of the Notice of Action if your Appeal involves the following:

- The termination of services,
- The suspension of services, or
- The reduction of services.

Your request for continuation of services can be made as long as the continued services were ordered by an authorized provider. Your request will be considered as long as the original periods covered by the original authorization have not expired or your request has not exceeded the intended effective date of Health Plan of Nevada's proposed action.

If your child's benefits are continued by Health Plan of Nevada pending the outcome of an Appeal, they will be continued until one of the following occurs:

- You withdraw your Appeal;
- Ten (10) calendar days pass after the notice of action is mailed (unless the enrollee requests an Appeal and continuation of benefits until the hearing decision is reached);
- The hearing officer issues an adverse decision to the enrollee; or
- The time period governing service limits of a previously authorized service have been met.

If the final decision is adverse to you, Health Plan of Nevada may recover the cost of services in dispute furnished during the Appeal to the extent they were furnished solely because of the requirements pertaining to the continuation of services pending the Appeal outcome decision.

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## Grievances

You have the right to file a grievance if you have an issue with:

- Services you received through Health Plan of Nevada.
- The care or services you received from one of our doctors or other health care providers.
- You disagree with our decision to extend the time frame up to 14 days to resolve your appeal.
- You need to file your grievance within 90 days.
- You may file a grievance in two ways:
  - Call us at 1-800-962-8074, or
  - Write to:
     Health Plan of Nevada
     P.O. Box 14865
     Las Vegas, NV 89114

We take your grievance seriously and will try to get it settled to your satisfaction. If you need help filing a grievance, just call our Member Services department at **1-800-962-8074**. Our representatives will be happy to help you. Oral interpreter services are also available. Once we receive your grievance, the following will occur:

- You will receive a letter from us **within three calendar days** telling you we have received your grievance. Our staff may also contact you to make sure they understand the situation.
- Within 90 days of the day we receive your grievance, we will send you a letter letting you know the outcome. We may extend this time up to 14 calendar days if additional information is needed and the extension will benefit you.

Benefits

## **Your Child's Rights and Responsibilities**

#### Your child has the right:

- To be treated with respect, to be listened to and to be a part of decisions that affect his/her health care.
- To be treated with consideration for his/her dignity and privacy.
- To get the information on available treatment options and alternatives presented in an easily understood manner.
  - All members have the right to request and obtain this information at least once per year.
- To refuse care from doctors and other health care workers your child does not like.
- To be able to make a grievance or appeal that is listened to and promptly responded to.
- To tell us in advance how your 18-year-old child would like to be cared for if he/she is terminally ill or injured (see next page).
- To request and receive a copy of his/her medical records and ask that they be amended or corrected.
- To have all information about his/her health and medical care kept private. The only times we release this information are:
  - When it needs to be shared with others for important medical or legal reasons;
  - To help us improve the quality and cost-effectiveness of the care we give your child;
  - When you tell us in writing we can give it to someone else.
- To choose a PCP for your child from the HPN Provider Directory, who speaks your language and understands your culture, whenever possible.
- To get a second opinion from a qualified contracted provider.
- To be provided with information about the health plan, its services, the providers and your child's rights and responsibilities.
- To get oral interpretation services free of charge.
- To get timely services from a non-contracted provider, if the services are not available from a contracted provider.
- To have direct access to women's health specialists for female members.

#### Your responsibilities as a Parent/Guardian:

- To tell HPN, and the doctors and other health care providers, things we need to know to give your child good health care.
- To make an appointment when your child needs routine care.
- To keep your child's medical appointments.
- To be on time for your child's appointments.
- To ask questions about your child's health if you don't understand the doctor's instructions.

#### **Other Plan Details**

- To follow your child's doctor advice about taking care of your child.
- To follow directions about taking medications and what to do when your child is sick.
- To get a referral from your child's PCP before getting any health services, unless:
  - It is an emergency, or
  - Your child is getting certain kinds of services like family planning.

## If You No Longer Want Your Child to Be a Member of Nevada Check Up

If your child is new to Nevada Check Up or if your child loses his/her Nevada Check Up coverage for 2 months or more, you can switch health plans within the first 90 days of enrollment. After 90 days, your child will be locked into his/her health plan until the next open enrollment period or you must show good cause for switching health plans.

If you choose to cancel your enrollment with our health plan, you will be required to submit, in writing, a request for disenrollment. The health plan will determine if there is "good cause" for switching plans.

Please mail your request for disenrollment to:

HPN Enrollment P.O. Box 15645 Las Vegas, NV 89114-5645

Information to include in your request for disenrollment is:

- Member Name.
- Member Medicaid Number.
- Member Social Security Number.
- Member Date of Birth.
- Head of Household Name.
- Head of Household Medicaid Number.
- Head of Household Social Security Number.
- Head of Household Date of Birth.
- Current Contact Information.
  - Address and Telephone Number.

If your request for change in health plans is approved, you will be notified by HPN. Your child will be disenrolled no later than the first day of the second month following the request.

Members will be allowed to change plans once per year, for any reason, during an "open enrollment" period. The open enrollment period is usually April to June each year or as determined by the State of Nevada.

We hope you will want to stay with Health Plan of Nevada as long as you are on Medicaid, and that you will let us know how we can serve you better.

## If Your Child is No Longer on Nevada Check Up

Your child must be on Nevada Check Up to be enrolled in HPN's Nevada Check Up plan. If your child loses his/her coverage and are disenrolled from Health Plan of Nevada, the Nevada Check Up office will let us know. Once your child is reinstated, he/she may be auto-assigned as follows: by family affiliation (if other family members are enrolled into a certain health plan); by history (if your child was previously enrolled with Health Plan of Nevada, he/she will be assigned back to us); or randomly assigned. Premium payments are due on the first day of each quarter, January 1, April 1, July 1 and October 1. Failure to pay the quarterly premium will result in loss of insurance coverage under Nevada Check Up.

When You Should Contact Us

As you look through this handbook, you will probably notice that we urge you to call us or your child's PCP often. We are better able to help you when you stay in touch with us. Every year you may ask us for:

- A provider list.
- Your rights and responsibilities as a member of HPN.
- Information on grievances and appeals.
- Benefits, including how to get them.
- Prior authorization requirements.
- Family planning services.
- After-hours and emergency services information, including how, where and when to get services.
- Referral to specialists.
- Post-stabilization services.
- How to get medical benefits that are not available through HPN.
- Information on the structure and operations of our health plan.
- Information on quality performance indicators.
- Member satisfaction survey information.
- Physician incentive plans.

#### **Other Plan Details**

#### Here are some examples of when you should contact us (call Member Services at 1-800-962-8074):

- When you are already getting care when you join Health Plan of Nevada.
- With any questions about your Health Plan of Nevada benefits.
- If you need an updated copy of this handbook.
- If you want to change your child's PCP.
- Whenever you move, even if you still live within the Health Plan of Nevada service area. Let us know if you plan to leave the service area for more than a month, or move away.
- If your phone number changes.
- If your child is pregnant, or has a baby.
- If your child is covered by any health benefits, in addition to your HPN. For example, tell us:
  - If you have a health insurance policy for your child.
  - If you receive a settlement for your child after being in an accident.
- If you have a problem getting the health care your child needs.
- With an issue or concern about Health Plan of Nevada or one of our doctors or other health care providers.
- If you think you want to leave the Health Plan of Nevada plan.
- If you have a suggestion you think would improve Health Plan of Nevada services or programs.

## When We Might Contact You

From time to time, we will send you important information that you should keep with this handbook – like news about:

- Changes to the medical benefits or plan;
- · Changes to the list of doctors and network of providers your child can use; or
- Information about our special programs and benefits.

We may also call you or send you a survey form to ask how you like the Health Plan of Nevada plan and what you think of your doctor and other health services. What you think is very important to us.

We may also send you a letter if your child is hurt or injured in a motor vehicle accident through no fault of your own. This letter will ask you to call us and let us know if there is another insurance company that might help pay for your child's medical care. We call this situation Third Party Liability. All we ask is that you call us and let us know if there is another insurance company; we will contact them. If there isn't, we will pay for the medical care. You are not responsible for the cost of this care.

## HEALTH PLAN NOTICES OF PRIVACY PRACTICES

THIS NOTICE SAYS HOW YOUR <u>MEDICAL INFORMATION</u> MAY BE USED. IT SAYS HOW YOU CAN ACCESS THIS INFORMATION. READ IT CAREFULLY.

Effective January 1, 2017.

By law, we<sup>1</sup> must protect the privacy of your health information ("HI"). We must send you this notice. It tells you:

- How we may use your HI.
- When we can share your HI with others.
- What rights you have to access your HI.

By law, we must follow the terms of this notice.

HI is information about your health or health care services. We have the right to change our privacy practices for handling HI. If we change them, we will notify you by mail or email. We will also post the new notice at this website **(www.myhpnmedicaid.com)**. We will notify you of a breach of your HI. We collect and keep your HI to run our business. HI may be oral, written or electronic. We limit employee and service provider access to your HI. We have safeguards in place to protect your HI.

#### How We Use or Share Your Information We must use and share your HI with:

- You or your legal representative.
- Government agencies.

We have the right to use and share your HI for certain purposes. This must be for your treatment, to pay for your care, or to run our business. We may use and share your HI as follows.

- For Payment. We may use or share your HI to process premium payments and claims. This may include coordinating benefits.
- For Treatment or Managing Care. We may share your HI with your providers to help with your care.
- For Health Care Operations. We may suggest a disease management or wellness program. We may study data to improve our services.
- To Tell You about Health Programs or Products. We may tell you about other treatments, products, and services. These activities may be limited by law.
- For Plan Sponsors. We may give enrollment, disenrollment, and summary HI to your employer. We may give them other HI if they properly limit its use.

#### **Other Plan Details**

- For Underwriting Purposes. We may use your HI to make underwriting decisions. We will not use your genetic HI for underwriting purposes.
- For Reminders on Benefits or Care. We may use your HI to send you appointment reminders and information about your health benefits.

#### We may use or share your HI as follows.

- As Required by Law.
- To Persons Involved With Your Care. This may be to a family member in an emergency. This may happen if you are unable to agree or object. If you are unable to object, we will use our best judgment. If permitted, after you pass away, we may share HI with family members or friends who helped with your care.
- For Public Health Activities. This may be to prevent disease outbreaks.
- For Reporting Abuse, Neglect or Domestic Violence. We may only share with entities allowed by law to get this HI. This may be a social or protective service agency.
- For Health Oversight Activities to an agency allowed by the law to get the HI. This may be for licensure, audits and fraud and abuse investigations.
- For Judicial or Administrative Proceedings. To answer a court order or subpoena.
- For Law Enforcement. To find a missing person or report a crime.
- For Threats to Health or Safety. This may be to public health agencies or law enforcement. An example is in an emergency or disaster.
- For Government Functions. This may be for military and veteran use, national security, or the protective services.
- For Workers' Compensation. To comply with labor laws.
- For Research. To study disease or disability.
- To Give Information on Decedents. This may be to a coroner or medical examiner. To identify the deceased, find a cause of death, or as stated by law. We may give HI to funeral directors.
- For Organ Transplant. To help get, store or transplant organs, eyes or tissue.
- To Correctional Institutions or Law Enforcement. For persons in custody: (1) to give health care; (2) to protect your health and the health of others; and (3) for the security of the institution.
- To Our Business Associates if needed to give you services. Our associates agree to protect your HI. They are not allowed to use HI other than as allowed by our contract with them.

Benefits

• Other Restrictions. Federal and state laws may further limit our use of the HI listed below.

- 1. HIV/AIDS
- 2. Mental health
- 3. Genetic tests
- 4. Alcohol and drug abuse
- 5. Sexually transmitted diseases and reproductive health
- 6. Child or adult abuse or neglect or sexual assault

We will follow stricter laws that apply. The attached "Federal and State Amendments" document describes those laws.

We will only use your HI as described here or with your written consent. We will get your written consent to share psychotherapy notes about you. We will get your written consent to sell your HI to other people. We will get your written consent to use your HI in certain promotional mailings. If you let us share your HI, the recipient may further share it. You may take back your consent. To find out how, call Member Services at 1-800-962-8074, TTY 771.

#### Your Rights

You have the following rights.

- To ask us to limit use or sharing for treatment, payment, or health care operations. You can ask to limit sharing with family members or others. We may allow your dependents to ask for limits. We will try to honor your request, but we do not have to do so.
- To ask to get confidential communications in a different way or place. For example, at a P.O. Box instead of your home. We will agree to your request when a disclosure could endanger you. We take verbal requests. You can change your request. This must be in writing. Mail it to the address below.
- To see or get a copy of certain HI. You must ask in writing. Mail it to the address below. If we keep these records in electronic form, you can request an electronic copy. You can have your record sent to a third party. We may send you a summary. We may charge for copies. We may deny your request. If we deny your request, you may have the denial reviewed.
- To ask to amend. If you think your HI is wrong or incomplete you can ask to change it. You must ask in writing. You must give the reasons for the change. Mail this to the address below. If we deny your request, you may add your disagreement to your HI.
- To get an accounting of HI shared in the six years prior to your request. This will not include any HI shared for the following reasons. (i) For treatment, payment, and health care operations; (ii) With you or with your consent; (iii) With correctional institutions or law enforcement. This will not list the disclosures that federal law does not require us to track.
- To get a paper copy of this notice. You may ask for a paper copy at any time. You may also get a copy at our website, (www.myhpnmedicaid.com).

#### **Using Your Rights**

- To Contact your Health Plan. Contact Member Services at 1-800-962-8074, or TTY 711.
- To Submit a Written Request. Mail to:

UnitedHealthcare Privacy Office MN017-E300 P.O. Box 1459 Minneapolis MN 55440

• To File a Complaint. If you think your privacy rights have been violated, you may send a complaint at the address above.

You may also notify the Secretary of the U.S. Department of Health and Human Services. We will not take any action against you for filing a complaint.

<sup>1</sup> This Medical Information Notice of Privacy Practices applies to the following health plans that are affiliated with UnitedHealth Group: AmeriChoice of New Jersey, Inc.; Arizona Physicians IPA, Inc.; Health Plan of Nevada, Inc.; Unison Health Plan of Delaware, Inc.; UnitedHealthcare Community Plan of Ohio, Inc.; UnitedHealthcare Community Plan of Texas, L.L.C.; UnitedHealthcare Community Plan, Inc.; UnitedHealthcare Insurance Company; UnitedHealthcare of Florida, Inc.; UnitedHealthcare of Louisiana, Inc.; UnitedHealthcare of the Mid-Atlantic, Inc.; UnitedHealthcare of the Midlands, Inc.; UnitedHealthcare of the Mid-Atlantic, Inc.; UnitedHealthcare of New England, Inc.; UnitedHealthcare of New Mexico, Inc.; UnitedHealthcare of New York, Inc.; UnitedHealthcare of Pennsylvania, Inc.; UnitedHealthcare of Washington, Inc.; UnitedHealthcare of Wisconsin, Inc.; UnitedHealthcare Plan of the River Valley, Inc.

#### **Financial Information Privacy Notice**

#### THIS NOTICE SAYS HOW YOUR <u>FINANCIAL INFORMATION</u> MAY BE USED AND SHARED. REVIEW IT CAREFULLY.

Effective January 1, 2017.

We<sup>2</sup> protect your "personal financial information" ("FI"). FI is non-health information. FI identifies you and is generally not public.

#### Information We Collect

- We get FI from your applications or forms. This may be name, address, age and social security number.
- We get FI from your transactions with us or others. This may be premium payment data.

#### Sharing of FI

We will only share FI as permitted by law.

We may share your FI to run our business. We may share your FI with our Affiliates. We do not need your consent to do so.

- We may share your FI to process transactions.
- We may share your FI to maintain your account(s).
- We may share your FI to respond to court orders and legal investigations.
- We may share your FI with companies that prepare our marketing materials.

#### **Confidentiality and Security**

We limit employee and service provider access to your FI. We have safeguards in place to protect your FI.

#### **Questions About This Notice**

Please contact Member Services at 1-800-962-8074 or TTY 711.

<sup>2</sup> For purposes of this Financial Information Privacy Notice, "we" or "us" refers to the entities listed in footnote 1, beginning on the last page of the Health Plan Notices of Privacy Practices, plus the following UnitedHealthcare affiliates: Alere Women's and Children's Health, LLC; AmeriChoice Health Services, Inc.; Connextions HCl, LLC; Dental Benefit Providers, Inc.; gethealthinsurance.com Agency, Inc. Golden Outlook, Inc.; HealthAllies, Inc.; LifePrint East, Inc.; Life Print Health, Inc.; MAMSI Insurance Resources, LLC; Managed Physical Network, Inc.; OneNet PPO, LLC; OptumHealth Care Solutions, Inc.; OrthoNet, LLC; OrthoNet of the Mid-Atlantic, Inc.; OrthoNet West, LLC,; OrthoNet of the South, Inc.; Oxford Benefit Management, Inc.; Oxford Health Plans LLC; Spectera, Inc.; UMR, Inc.; Unison Administrative Services, LLC; United Behavioral Health, United Behavioral Health of New York I.P.A., Inc.; United HealthCare Services Company of the River Valley, Inc. This Financial Information Privacy Notice only applies where required by law. Specifically, it does not apply to (1) health care insurance products offered in Nevada by Health Plan of Nevada, Inc. and Sierra Health and Life Insurance Company, Inc.; or (2) other UnitedHealth Group health plans in states that provide exceptions.

Benefits

Other Plan Details

#### UNITEDHEALTH GROUP HEALTH PLAN NOTICE OF PRIVACY PRACTICES: FEDERAL AND STATE AMENDMENTS

Revised: January 1, 2017.

The first part of this Notice (pages 67 – 70) says how we may use and share your health information ("HI") under federal privacy rules. Other laws may limit these rights. The charts below:

- 1. Show the categories subject to stricter laws.
- 2. Give you a summary of when we can use and share your HI without your consent.

Your written consent, if needed, must meet the rules of the federal or state law that applies.

#### SUMMARY OF FEDERAL LAWS

#### **Alcohol and Drug Abuse Information**

We are allowed to use and disclose alcohol and drug abuse information that is protected by federal law only (1) in certain limited circumstances, and/or disclose only (2) to specific recipients.

#### **Genetic Information**

We are not allowed to use genetic information for underwriting purposes.

#### SUMMARY OF STATE LAWS

General Health Information	
We are allowed to disclose general health information only (1) under certain limited circumstances, and/or (2) to specific recipients.	AR, CA, DE, NE, NY, PR, RI, VT, WA, WI
HMOs must give enrollees an opportunity to approve or refuse disclosures, subject to certain exceptions.	KY
You may be able to restrict certain electronic disclosures of health information.	NC, NV
We are not allowed to use health information for certain purposes.	CA, IA
We will not use and/or disclosure information regarding certain public assistance programs except for certain purposes.	KY, MO, NJ, SD
We must comply with additional restrictions prior to using or disclosing your health information for certain purposes.	KS

Prescriptions			
We are allowed to disclose prescription-related information only (1) under certain limited circumstances, and/or (2) to specific recipients.	ID, NH, NV		
Communicable Diseases			
We are allowed to disclose communicable disease information only (1) under certain limited circumstances, and/or (2) to specific recipients.	AZ, IN, KS, MI, NV, OK		
Sexually Transmitted Diseases and Reproductiv	e Health		
We are allowed to disclose sexually transmitted disease and/or reproductive health information only (1) under certain limited circumstances and/or (2) to specific recipients.	CA, FL, IN, KS, MI, MT, NJ, NV, PR, WA, WY		
Alcohol and Drug Abuse			
We are allowed to use and disclose alcohol and drug abuse information (1) under certain limited circumstances, and/or disclose only (2) to specific recipients.	AR, CT, GA, KY, IL, IN, IA, LA, MN, NC, NH, OH, WA, WI		
Disclosures of alcohol and drug abuse information may be restricted by the individual who is the subject of the information.	WA		
Genetic Information			
We are not allowed to disclose genetic information without your written consent.	CA, CO, KS, KY, LA, NY, RI, TN, WY		
We are allowed to disclose genetic information only (1) under certain limited circumstances and/or (2) to specific recipients.	AK, AZ, FL, GA, IA, IL, MD, MA, ME, MO, NJ, NV, NH, NM, OR, RI, TX, UT, VT		
Restrictions apply to (1) the use, and/or (2) the retention of genetic information.	FL, GA, IA, LA, MD, NM, OH, UT, VA, VT		

We are allowed to disclose HIV/AIDS-related information only (1) under certain limited circumstances and/or (2) to specific recipients.	AZ, AR, CA, CT, DE, FL, GA, IA, IL, IN, KS, KY, ME, MI, MO, MT, NY, NC, NH, NM, NV, OR, PA, PR, RI, TX, VT, WV, WA, WI, WY
Certain restrictions apply to oral disclosures of HIV/AIDS- related information.	CT, FL
We will collect certain HIV/AIDS-related information only with your written consent.	OR
Mental Health	
We are allowed to disclose mental health information only (1) under certain limited circumstances and/or (2) to specific recipients.	CA, CT, DC, IA, IL, IN, KY, MA, MI, NC, NM, PR, TN, WA, WI
Disclosures may be restricted by the individual who is the subject of the information.	WA
Certain restrictions apply to oral disclosures of mental health information.	СТ
Certain restrictions apply to the use of mental health information.	ME
Child or Adult Abuse	
We are allowed to use and disclose child and/or adult abuse information only (1) under certain limited circumstances, and/or disclose only (2) to specific recipients.	AL, CO, IL, LA, MD, NE, NJ, NM, NY, RI, TN, TX, UT, WI

HIV/AIDS

Other Plan Details

# We're here for you.

Remember, we're always ready to answer any questions you may have. Just call Member Services at **1-800-962-8074**, **TTY 711**. You can also visit our website at **myhpnmedicaid.com**.

Health Plan of Nevada 2720 North Tenaya Way, Suite 102 Las Vegas, Nevada 89128

myhpnmedicaid.com

1-800-962-8074, TTY 711



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