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| NCC - white oval_bevel_shadow_transp.png***State of Nevada******Department of Health and Human Services******Aging and Disability Services Division******rt Division Here>***ConsumerFACT SHEET |

**COMMUNITY OPTIONS PROGRAM FOR THE ELDERLY (COPE)**

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| **Purpose** |

To provide non-medical services to seniors to help maintain their independence in their own homes to avoid nursing home placement

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| **Target Population** |

Seniors at risk of being placed into a nursing home. Age 65 or older and current Nevada residents.

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| **Eligibility** |

Must be 65 years or older; Be at risk of institutionalization; Financially eligible (call for current income guidelines)

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| **Services** |

* **Case Management** -Case management provided by licensed social workers who monitor and document monthly the quality of care the recipient receives.
* **Personal Care (Attendant Services)** - Provides assistacne with bathing, dressing, grooming/hygiene, mobility, transfers. These services are normally limited to 4 days per week.
* **Homemaker**-Includes meal preparation, laundry services, light housekeeping and essential services. Normally limited to 4 days per week.
* **Social Adult Day Care** -Provides socialization, supervision, and meals Monday thru Friday, 4-8 hours per day for clients who cannot be left alone for long periods of time. Some providers arrange transportation to and from client's home.
* **Adult Companion** -Non-medical care/supervision and socialization. May assist with meal preparation, clean-up, light housekeeping, shopping and transportation as needed.
* **Personal Emergency Response System** - Lifeline unit to summon assistance if client falls or experiences other emergencies. Can be landline or cellular based.
* **Chore Service**-Cleaning windows/walls, shampooing carpets, tacking loose rugs, moving heavier items, packing/unpacking for relocation, minor home repair and/or removing trash/debris from the yard.
* **Respite** (Limited to 336 hrs per year.) Short term relief for basis of primary caregiver. May only occur in recipient's home or place of residence. Respite can be completed hourly or per-diem 24 hour period not to exceed $65.00 for payment and is dependent upon agency acceptance.

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| **Program Policies and Procedures** |

Must be 65 years or older; Be at risk of institutionalization; Financially eligible (call for current income guidelines)

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| **How to Apply** |

 To apply, contact the Aging and Disability Services Division; Once a referral is made a social worker will contact the individual to determine appropriate services

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| **For Information** |
| Contact your nearest office:**Carson City Office**3416 Goni Rd, Suite D-132, Carson City, NV 89706(775) 687-4210 | **Las Vegas Office**1860 East Sahara Ave, Las Vegas, NV 89104(702) 486-3545 |
| **Elko Office**1010 Ruby Vista Dr, Suite 104, Elko, NV 89801(775) 738-1966 | **Reno Office**9670 Gateway Drive, Suite 200, Reno, Nevada 89521(775) 688-2964 |

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| **Website** |
| <http://adsd.nv.gov/Programs/Seniors/COPE/COPE_Prog/>  |  |
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*Last Updated: 5/27/16 EK*