#### Division of Health Care Financing and Policy (DHCFP) HCB Settings Heightened Scrutiny Questionnaire

Setting: Skyline Estate (Carson City Assisted Living)

Location: 2861 Mountain Street Carson City, NV

#### What are the licensure requirements or regulations for the setting?

This provider is required to obtain and maintain licensure from the State of Nevada's Bureau of Health Care Quality and Compliance (HCQC). Licensure regulations are dictated by Nevada Revised Statutes (NRS), specifically NRS 449.017, 449.030 – 449.094, 449.186, 449.199 and by Nevada Administrative Code (NAC), specifically 449.011 – 449.0119, 449.156 – 449.2768. These regulations can be found at <a href="http://www.leg.state.nv.us/law1.cfm">http://www.leg.state.nv.us/law1.cfm</a> and within Appendix A.

## How do the licensure requirements or regulations differ from institutional requirements and regulations?

The State of Nevada's Bureau of Health Care Quality and Compliance (HCQC) licenses institutional settings as well, with some similar requirements and some differences. Nursing facility guidelines for obtaining and maintaining licensure are dictated by Nevada Revised Statutes (NRS), specifically 449.089 and 449.119 and by Nevada Administrative Code (NAC), specifically 449.016, 449.2748, 449.644, 449.797, and 449.744-449.74549. These regulations can be found at <a href="http://www.leg.state.nv.us/law1.cfm">http://www.leg.state.nv.us/law1.cfm</a> and within Appendix B.

Differences in the requirements include service definitions, required content of clinical records, and numerous administrative based regulations, including quality assurance requirements; admission, transfer and discharge requirements; plan of care requirements; financial requirements; medical based quality of care requirements; physical environment requirements; and medical personnel requirements.

#### Residential housing or zoning requirements.

This business is run in Carson County and is in a part of town zoned for single family residences. A business license is required per City Code CCMC 4.04.010.

### The proximity to and scope of interactions with community settings used by individuals not receiving Medicaid funded HCBS.

This residence is located in a city of approximately 54,000 people. Carson City has all the amenities seen within an urban area, including a variety of shopping, restaurants, and recreational and social activities, including movie theaters, parks, library, multi-use community center, golfing, and museums.

This residence is centrally located in the city. The provider offers three scheduled outings per week into the community. The provider has three homes in this location and each house's

activities differ. The provider will provide transportation or will assist recipients to use public transportation. Residents however can come and go as they please and do not have to adhere to a schedule.

### Is public transportation easily accessible? Or, if public transportation is limited, what options are provided for transportation?

The facility does provide recipients with transportation, or they are helped to use public transportation. In Carson City, public transportation consists of fixed-route buses and a door to door dial-a-ride service for individuals with disabilities. There are also taxi and Uber services.

## Provider qualifications for staff employed in the setting. Demonstrate that staff are trained specifically for HCB support in a manner consistent with the HCB settings regulations.

All agency personnel, including owners, officers, administrators, managers, employees and consultants must undergo State and Federal Bureau of Investigation (FBI) background check upon licensure as a provider and then at a minimum of every five (5) years thereafter to ensure no convictions of applicable offenses have been incurred and the safety of recipients is not compromised. The DHCFP policy requires all waiver providers have State and Federal criminal history background checks completed. Criminal background checks must be conducted through the Nevada Department of Public Safety (DPS). Providers are required to initiate diligent and effective follow up for results of background checks within 90 days of submission of prints and continue until results are received.

Providers are responsible for maintaining certification, including the use of tax credits, as an assisted living facility in accordance with the provisions of NRS 319.147. Assisted Living staff providing direct care and support to residents will be trained in the functional care skills needed to care for each recipient. Training will include, but not be limited to, techniques such as transfers, mobility, positioning, use of special equipment, identification of signs of distress, First Aid and cardiopulmonary resuscitation (CPR). Within 60 days of employment, the Assisted Living staff must receive not less than 4 hours of training related to the care of the residents. Additionally, Assisted Living staff must receive annually not less than eight (8) hours of training related to providing for the needs of the residents of the Assisted Living facility. If an Assisted Living staff assists a resident of the Assisted Living facility in the administration of any medication, including, without limitation, an over-the-counter medication or dietary supplement, the caregiver must receive training in medication administration/management. The training must include not less than three (3) hours of instruction in medication administration/management. The caregiver must receive such training at least every three (3) years, and must provide the facility with the documentation that the training requirements were satisfactorily met. Interpersonal and communication skills and appropriate attitudes for working effectively with recipients including: understanding care goals; respecting recipient's rights and needs; respect for age, cultural and ethnic differences; recognizing family relationships; respecting personal property; ethics in dealing with the recipient, family and other providers; handling conflicts and complaints and other topics that are pertinent. Assisted Living staff providing direct care and

support to recipients must: be at least 18 years of age, be responsible, mature, and have the personal qualities enabling him or her to understand the problems of the aged and disabled; demonstrate the ability to read, write, speak and understand the English language; possess the appropriate knowledge, skills and abilities to meet the needs of the residents of the Assisted Living facility; and must be knowledgeable about the use of any prosthetic devices or dental, vision, or hearing aids that the recipient is using.

## What services are offered in the setting? Explain how these services support community integration and/or maximize autonomy.

This facility provides assisted living in a group setting for functionally impaired elderly recipients. These services ensure that recipients of the facility are safe, secure and adequately supervised. This includes assistance with basic self care and activities of daily living that include homemaker services; personal care services; chore services; companion services; therapeutic social and recreational services; meal preparation; and medication oversight.

These crucial services allow recipients to avoid institutional care while being able to continue to live in their community. Without these services, community integration and autonomy would be limited or non-existent in a nursing facility setting. Assistance with the upkeep of their physical environment, their personal care, nutritional needs, social needs, and medical needs allow recipients to maintain their autonomy to their maximum ability.

# What procedures are used to ensure recipients are able to participate in activities in the greater community according to their preferences and interests? How is staff trained to support individual choice?

This facility has a Life Enrichment Coordinator who plans recreational activities. The provider has a dedicated community van. Community activities include trips to local stores, movies, and church. The provider has formed a Resident Council to ensure residents can speak their minds regarding individual preferences and interests. There are set activities that are planned, but residence do not have to adhere to these activities and can deviate to more desired ones.