Division of Health Care Financing and Policy (DHCFP) HCB Settings Heightened Scrutiny Questionnaire

Setting: Highland Manor of Fallon

Location: 550 North Sherman St Fallon, NV 89406

#### What are the licensure requirements or regulations for the setting?

This provider is required to obtain and maintain licensure from the State of Nevada's Bureau of Health Care Quality and Compliance (HCQC). Licensure regulations are dictated by Nevada Revised Statutes (NRS), specifically NRS 449.017, 449.030 – 449.094, 449.186, 449.199 and by Nevada Administrative Code (NAC), specifically 449.011 – 449.0119, 449.156 – 449.2768. These regulations can be found at <u>http://www.leg.state.nv.us/law1.cfm</u> and within Appendix A.

# How do the licensure requirements or regulations differ from institutional requirements and regulations?

The State of Nevada's Bureau of Health Care Quality and Compliance (HCQC) licenses institutional settings as well, with some similar requirements and some differences. Nursing facility guidelines for obtaining and maintaining licensure are dictated by Nevada Revised Statutes (NRS), specifically 449.089 and 449.119 and by Nevada Administrative Code (NAC), specifically 449.016, 449.2748, 449.644, 449.797, and 449.744-449.74549. These regulations can be found at <a href="http://www.leg.state.nv.us/law1.cfm">http://www.leg.state.nv.us/law1.cfm</a> and within Appendix B.

Differences in the requirements include service definitions, required content of clinical records, and numerous administrative based regulations, including quality assurance requirements; admission, transfer and discharge requirements; plan of care requirements; financial requirements; medical based quality of care requirements; physical environment requirements; and medical personnel requirements.

#### **Residential housing or zoning requirements:**

The zoning for this Assisted Living setting is Residential Commercial (RC) – Transition Use Residency District.

# The proximity to and scope of interactions with community settings used by individuals not receiving Medicaid funded HCBS.

The proximity with community setting by individuals living in the Assisted Living home is within 3.649 squares miles. The recipients have access to activities performed at the Assisted Living home and offsite such as: shopping trips and church service. There are schedule activities within the Assisted Living facility, where all recipients are integrated. The schedule of all the activities is posted on a board accessible to every recipient. The activities within the home includes: Music time, game time, dancing, fitness, bingo, movie matinee. All of the recipients have the option to choose an activity.

# Is public transportation easily accessible? Or, if public transportation is limited, what options are provided for transportation?

Public transportation is limited; however there is one option for local transportation available. Churchill Area Regional Transportation: provides paratransit - demand response transportation to seniors and disabled persons but not limited to the general public. It operates Monday thru Friday excluding holidays. To schedule transportation call (775)428-2988 Monday thru Friday with at least one day notice and up to two weeks in advance to schedule your ride. Service area is about a 12 mile radius from downtown Fallon; service must be on County maintained roads for safety. Also provides transportation to Reno for senior medical appointments once per week call (775)867-4498 for more information.

The Assisted Living facility provides transportation to doctor's appointments, shopping, and outside activities. Families take recipients on outings.

### Provider qualifications for staff employed in the setting: Demonstrate that staff is trained specifically for HCB support in a manner consistent with the HCB settings regulations.

All agency personnel, including owners, officers, administrators, managers, employees and consultants must undergo State and Federal Bureau of Investigation (FBI) background check upon licensure as a provider and then at a minimum of every five (5) years thereafter to ensure no convictions of applicable offenses have been incurred and the safety of recipients is not compromised. The DHCFP policy requires all waiver providers have State and Federal criminal history background checks completed. Criminal background checks must be conducted through the Nevada Department of Public Safety (DPS). Providers are required to initiate diligent and effective follow up for results of background checks within 90 days of submission of prints and continue until results are received.

Providers are responsible for maintaining certification, including the use of tax credits, as an assisted living facility in accordance with the provisions of NRS 319.147. Assisted Living staff providing direct care and support to residents will be trained in the functional care skills needed to care for each recipient. Training will include, but not be limited to, techniques such as transfers, mobility, positioning, and use of special equipment, identification of signs of distress, First Aid and cardiopulmonary resuscitation (CPR). Within 60 days of employment, the Assisted Living staff must receive not less than 4 hours of training related to the care of the residents.

Additionally, Assisted Living staff must receive annually not less than eight (8) hours of training related to providing for the needs of the residents of the Assisted Living facility. If an Assisted Living staff assists a resident of the Assisted Living facility in the administration of any medication, including, without limitation, an over-the-counter medication or dietary supplement, the caregiver must receive training in medication administration/management. The training must include not less than three (3) hours of instruction in medication administration/management. The caregiver must receive such training at least every three (3) years, and must provide the facility with the documentation that the training requirements were satisfactorily met. Interpersonal and communication skills and appropriate attitudes for working effectively with recipients including: understanding care goals; respecting recipient's rights and needs; respect for age, cultural and ethnic differences; recognizing family relationships; respecting personal property; ethics in dealing with the recipient, family and other providers; handling conflicts and complaints and other topics that are pertinent. Assisted Living staff providing direct care and support to recipients must: be at least 18 years of age, be responsible, mature, and have the personal qualities enabling him or her to understand the problems of the aged and disabled; demonstrate the ability to read, write, speak and understand the English language; possess the

appropriate knowledge, skills and abilities to meet the needs of the residents of the Assisted Living facility; and must be knowledgeable about the use of any prosthetic devices or dental, vision, or hearing aids that the recipient is using.

### What services are offered in the setting? Explain how these services support community integration and/or maximize autonomy.

The following services are provided at this Assisted Facility home:

#### Provider Type (PT) 057: Adult Group Care Waiver

This service is provided in a licensed residential facility for groups or an assisted living facility. It is a 24-hour in-home service that provides assistance with basic self-care and activities of daily living, including homemaker services; personal care services; chore services: companion services; therapeutic social and recreational programming; medication oversight; and services to ensure safety, security and adequate supervision. This service is over and above the mandatory service provision required by regulation, which includes the provision of transportation to and from the facility to the hospital, a nursing facility, to routine medical appointments and for social outings organized by the facility. This service includes 24-hour inhome supervision to meet scheduled or unpredictable needs.

#### PT 034: Therapy - Per the Nevada Medicaid Service Manual (MSM) Chapter 1700:

"Nevada Medicaid reimbursement for outpatient Physical Therapy (PT), Occupational Therapy (OT), Speech/Communication Therapy (ST) and Respiratory Therapy/Care (RT) is based on the provision of medically necessary therapy services for an illness or injury resulting in functional limitations which can respond or improve as a result of the prescribed therapy treatment plan in a reasonable, predictable period of time. Therapy services must be prescribed by a physician, physician's assistant or an Advanced Practitioner of Nursing (APN)."

#### PT 19: Nursing Facility - Specialty: 184 - Free standing

A nursing facility provides 24-hour skilled and intermediate nursing services to individuals who, due to medical disorders, injuries, developmental disabilities and/or related cognitive and behavioral impairments, exhibit the need for medical, nursing, rehabilitative and psychosocial management above the level of room and board.

The layout of this setting encompasses Independent Living, Assisted Living and a Nursing Facility. These services support community integration as it allows the recipients to remain in a community they feel comfortable with and age in place. This also maximizes autonomy as the recipients are able to live on their own with minimal help and only requires supervision.

# What procedures are used to ensure recipients are able to participate in activities in the greater community according to their preferences and interests? How is staff trained to support individual choice?

Some of the procedures used by the Assisted Living facility staff to ensure that recipients are able to participate in activities in the community include: Activities Assessment by face to face interviews and regular communication with the recipients to find out about their interests. Staff is trained to support individual choice by acknowledging and handling requests received from the recipients, and making arrangements for transportation as needed.